10/03/2015

Northern Lights Area of Narcotics Anonymous Area Service Committee (NLANA ASC)

Meeting called to order at 12:50 PM, Sue J., Chair presiding.
Meeting location: 1111 N. 11th Ave. E., Duluth, MN

Members present:

1. Sue J - Chair/Meeting List Manager
2. Caitlin M - Secretary
3. Sheila F – Treasurer
4. Matthew W - RCMA
5. Tracy P - Vermilion Co-Chair
6. Megan M- Rompin' Stompin' GSRA
7. David C - Cloquet Group GSR
8. Lindsey H - Strength in Numbers GSR
9. Joe M - NA Time of Day GSR
10. Tim A – T.G.I.F. GSR
11. Kodty B - Carry the Message Project Manager
12. Terry - Member
13. Rochelle - Member
14. Neldon H - Member
15. Josiah M - Member

Groups not represented:

- New Horizons
- Step Towards Recovery
- Hope Not Dope
- Candlelight Group
- Living Clean
- Saturday Night NA

Reading of the 12 Traditions, Joe M, and the 12 Concepts, Josiah M

Agenda review. Treasurer Audit and Subcommittee Budgets Turn In ASAP for Budget Committee Before Next ASC

08/02/15 minutes review. Motion made by Matthew W and seconded by Neldon H to approve the minutes. Motion accepted.

Open Forum

- Hoping GSRs will discuss with groups the importance of following formats. Following guidelines and formats established by group conscience, keeps meetings safe and attending addicts feeling comfortable. May wat to look at who is chairing the meeting, length of clean time and experience, may have the chair postion be a none roting trusted servants position like Secretary or GSR. Reminder of who leads the meeting leads the atmosphere of recovery.
- Reminder to GSRs to announce issues and happenings at Area at their groups. Maybe the ASC can send out a recap within a week of ASC meeting.

Elections

- Chair – Lindsey H nominated and elected by a majority of all members present.
- Co-Chair – Caitlin M nominated and elected by a majority of all members present.
- Secretary – Rochelle B nominated and elected by a majority of all members present.
- Treasurer – OPEN – Sheila will be interim treasurer until position is filled.
- RCM – Matthew W nominated and elected by a majority of all members present.
- RCMA – Sue J nominated and elected by a majority of all members present.
- Web Publisher – OPEN – Caitlin, as Co-Chair, will be interim until position is filled.

Group Reports:

- Rompin' Stompin'
    - GSR: Megan M- present
    - $10 donation

- Cloquet Group (Sunday, Wednesday, and Friday)
    - GSR: David C. - present
    - No donation
    - Attendance has grown!!!!
- Step Toward Recovery
    - Acting GSR: Charles C – not present
    - No donation
    - No Report
- New Horizons
    - Secretary: Joe M - not represented
    - $17 donation
    - Looking for a GSR
- Strength in Numbers
    - GSR: Lindsey H - present
    - $20 donation
    - Nothing to report
- Hope Not Dope
    - GSR: - not present
    - No donation
    - Needs Secretary and GSR
- Candlelight NA
    - GSR: - not present
    - No donation
    - David to see if they will email or mail a report
- NA Time of Day
    - GSR: Joe M - present
    - No Donation
    - Looking for GSRA
- Living Clean
    - GSR Fill In: Julie M - not present
    - No donation
    - Needs childcare person - 18 years or older, if in recovery over a year clean
- T.G.I.F.
    - GSR: Tim A - present
    - $50 donation
    - Monthly speaker reminder
- Language of Recovery
    - GSR: None
    - No donation
    - Needs attendance, feel it will pick up in the colder months
- Saturday Night NA
    - GSR: None
    - No Donation
    - Meeting going well, may need GSR

Motion made by Lindsey and seconded by Matthew W to approve the Group Report. Motion accepted.

Executive Committee Reports:

- Treasurer: Sheila F. - Present
    - Current balance of $10,860.90
- RCMA: Matthew W - present
    - See Attached Report
- Vermilion: Tracy P. - present
    - Read report, see attached.
- Webmaster: Val D. - Not present
    - No report

Motion made by Sheila and Tracy seconded by to approve the Executive Reports. Motion accepted.

Project Reports:

- Meeting List Coordinator: Open

- Robin, Sue and Val to coordinate
- Radio PSA: Open
  - Need to get and submit letter and CD/MP3 to Radios stations
- Capture the Banner: Daniel D. Manager - not present
  - Rompin won 75
- Carrying the Message: Robin E - present
  - Going very well
  - Need help to promote
- Douglas County Jail H&I Panel – Matthew W
  - See Report
- SC Human Service Conference - Robin/Marvella Managers - present
  - Passing out signup sheets to run booth Oct 15-16 in two person sets for one hour increments
  - Needs to find who is providing literature and meeting lists (ASC vs Region)
- Bimonthly CADT Meeting - Charles C Manager – Not present
  - Wed at 7pm

Old Business:

- None

New Business:

- Motion made by Caitlin M and seconded by Kodty B
  - Motion reads: Have Megan M be Project Manager for Capture the Banner
  - Intent: To Fill Position
  - Financial impact: None
    - Motion passed.
- Motion made by Caitlin M and seconded by Sheila F
  - Motion reads: Have Robin E be Project Manager for Carry the Message with Kodty B as Co-PM
  - Intent: To Fill Position
  - Financial impact: None
    - Motion passed.
- Motion made by Robin E and seconded by Matthew W
  - Motion reads: Have Joe M be Project Manager for Meeting List Coordinator
  - Intent: To Fill Position
  - Financial impact: None
    - Motion passed.
- Motion made by Robin E and seconded by Matthew W
  - Motion reads: Have Neldon H be Project Manager for PSA Radio
  - Intent: To Fill Position
  - Financial impact: None
    - Motion passed.
- Motion made by Sheila F and seconded by Sue J
  - Motion reads: To put on a Halloween Function on Sat 10/31
  - Intent: To provide a safe fun place to celebrate Halloween and have an atmosphere of recovery
  - Financial impact: $800.00
    - Motion passed.
- Motion made by Robin E and seconded by Neldon H
  - Motion reads: The NLANA share SC Human Service Conference Public Relations Booth on 10/15-16 with NARANON. NARANON will contribute 100.00 towards the 250.00 registration fee
  - Intent: To support NARANON without affiliation
  - Financial impact: None
    - Motion passed.
- Motion made by Robin E and seconded by Caitlin M
  - Motion reads: Adapt a budget for SC Human Service Conference Public Relations Booth on 10/15-16

1	Registration Booth	250.00
500	NA: A Resource in Your Community .37 ea	185.00
700	NLA meeting lists .05 ea 30.00	75.00
500	MN State meeting lists .08 ea 20.00	100.00
1	Candy	35.00
1	Bridging the Gap Business Cards	
1	Helpline Business Cards	
1	MN Region Reimbursement	-500.00

1	NARANON share of booth fee	-100.00
	TOTAL COST	$42.00

    - Intent: To establish a
    - Financial impact: $42
        - Motion passed.
- Project Plan – Strike Out the Drugs
    - Location: Incline Station
    - Family Friendly: Yes
    - Starting 10/24 12pm
    - Project Purpose: Fun in recovery, fellowship, unity
    - Project Objectives: Meet new addicts, have fun, unity
    - Project Managers: Josiah M
    - Approved: Yes
    - Budget: $75.00
- Project Plan – Drug Court Contact
    - Location: Drug Court Duluth Courthouse
    - Family Friendly: No
    - Starting 11/01 1pm Fridays
    - Project Purpose: To carry the message to fellow addicts
    - Project Objectives: To introduce fellow addicts to resources available in Duluth, possible have speakers in the future. Provide NA IP's and meeting lists to Drug Court and provide Bridging the Gap information.
    - Project Managers: Tracy P
    - Approved: Yes
    - Budget: $100.00
- Project Plan – NALANA presents the Adventure Zone Laser Tag Family Friendly Fellowship Fun Nights
    - Location: Adventure Zone
    - Family Friendly: Yes
    - Starting 12/05 or 12/12 7pm
    - Project Purpose: Promote Unity within area groups
    - Project Objectives: Have fun, promote unity, expand the fellowship
    - Project Managers: Neldon H
    - Approved: Yes
    - Budget: $0.00
- Project Plan – MN Region COCW
    - Location: Duluth TBD
    - Family Friendly: No
    - Starting TBD
    - Project Purpose: To host the event and more FULLY participate in Region
    - Project Objectives: Promote Cooperation, attract the newcomers to service, have fun with Regional Members
    - Project Managers: Robin E and Matthew W
    - Approved: Yes
    - Budget: TBD

Meeting adjourned at 4:37 p.m.

Minutes prepared by Caitlin M, Secretary

Douglas County Jail H&I Panel

10/03/15

Dear Northern Lights:

Douglas County Jail has officially had two meetings brought in by Narcotics Anonymous. Jay, John, Charles, Matthew, and Joe have spent time discussing H&I materials, meeting format, and supporting one another to make this meeting available. After our first meeting, attendance more than doubled in size, and I was told there are more men asking to sign up. We have made a literature purchase of 6 soft cover basic text and staple less IP's. So far we've been in IP study meeting, however we are discussing other formats. We do need a starter kit, if possible for the readings and more IP's but we do not use key chains. Our hope is that more men will join us in making this meeting possible and support will continue from NLANA. Douglas County Jail is so grateful to be working with us and we are grateful to carry the NA message to them. One of the worries brought up is that the reason Narcotics Anonymous wasn't in Douglas County was because no one could stay clean long enough to bring it. So when four of us brought the first meeting in, it carried a very powerful message. We are so grateful for this opportunity to be of service.

In loving service,
Matthew John Charles Joe and Jay

RCM Report

October 3 2015

First I want to thank the Northern Lights in trusting me with the service. I have learned many things on how the Region and the World and our own AREA need to all work together to better the carry the message to the suffer addict. I do recommend that Matthew become the RCM as I believe he would strive in his service and his own commitment to recovery. So here, is my last report. Sorry I am not there to deliver as I am work.

In Loving Service
Marvella D

Report

The last time we meet as a Region was May 9th 2015. We meet again in November 14th. In open forum we talked about are we as NA welcoming people who are on medication assist therapy. Sometimes you don't know they are and some you can tell that they are. Do we treatment them any different than anyone else. Just food for thought.

At the COCW we talked about a map of service and this is mainly for the cites it can get crazy and to where do we send someone who is looking for answer mainly for professional people. Thinking that if there was single point accountability within the metro area it would help in this process of where to send individuals looking for help within the Metro area. The ultimate goal is to help professional with access NA within the Metro area.

Transition Fairs:

Did one in Fairbault in May and if anyone is ever interested in doing this. Which means that you sit at a table and talk about Bridging the GAP and NA. They do feed also. Must be able to pass a background. And not know anyone who maybe in a State Facility. Please go to our web site at www.naminestoa.org

Rush City was in June, Lino Lakes was held in June. Moose Lake is done on October 2, 2015 I will be doing this one so anyone has any question I will be able to share my experience about doing the transition fairs. We do these once a year

Midwest Zonal forum:

For the past 3 years the MZF has not done anything beside talking about issues and concern they have. We has Region would like to create discussion and get another region go with us for Zonal seating at the World Conference. The ultimate goal is to cut down cost for as it typically cost thousands of dollars to send delgates to the conference.

Creating Our Common Welfare Bids for 2016. We are still look for an AREA to take this on. At this we will talk about the Conference Agenda Report (COCW).

Recovery in the Park May 22nd – A sober high schools contacted NA to see if we would be willing to set up a booth at the there event. And the cost for the Region was for literature and a tent.

Hennepin County New Comer Orientation:

During the orientation the individual is to follow a format that is already set up. This format includes going over the step and discussing it. Maybe we should look at doing something like this at Drug Court. Just food for thought.

NA Games:

There was no name decided. They want this event to become a Region event every year. This year it was a free event did cost money for food pop, carnival games, T-shirts, drink is how they were able to recoup the cost. We held elections for the Region. Our new Chair is Kit E, Vice Chair Jay L, on the Fellowship team (which is the work horse) and it is a 2 year commitment Lucy K, Jeff S, Joshua E, Tammy M, and Dan K, and Marvella term will be up next May.

In Loving Service

Marvella D