CMASC Minutes June 20, 2010

Next ASC July 18, 2010

- **Moment of silence; Serenity prayer; 12 Traditions;12 Concepts; Service Prayer;**
- **Introductions:** Not recorded. I'll do better next time.
- **Establish quorum:** yes
- **Approval of minutes:** yes
- **Recognition of new members:** Dexter,
- **Executive Reports:**
- **Chair; Tommy S.**
  Good morning CMASC & Happy Father's Day!
  I would like to start out by expressing what an honor & privilege it is to serve this body. Please bear with me and we'll try to keep this running as smoothly and effectively as possible. Also let's all try to keep our personalities at home so we can effectively carry the message and best serve this Central MN Area.

  Thank you to all, In Service
  Tommy S.
- **Co-Chair;**
- **Secretary; Krista W.**

Everything is going pretty good so far. I want to thank all of you that responded to let me know that you received the minutes. Something that I see that has been missing is the communication from one ASC to the next. When you receive the minutes I really appreciate it when you let me know. When I don't hear from you I wonder if it was sent to the wrong email or whatever. If you also need a copy brought to ASC, or if you wish to receive them in the mail, let me know that also. I understand that some people may not be able to print off the minutes, and that's fine, but I need to know ASAP. Please don't wait til you get to the ASC to let me know you didn't get your copy of them. It's too late to do anything about it then. I'm sending around a copy of the current mailing list and email list that I have. Please note any changes on the list and return it to me.

The only expenses I had been for envelopes, and stamps for mailing the minutes.
Three of the mailings were returned to me as undeliverable.
I was going through the Area website and noticed the information is outdated for the most part. I'm just wondering how often this info gets updated?
With that I'll keep coming back.
Yours in service,
Krista W.

- **Treasurer; Quint;**

Beginning Balance	Income	$	Expenses		Ending balance
$3470.27		$2359.42	$-556.23		$5273.46

- **RCM; Gary J;** On Wednesday, June 30th, there will be a conference call at 7:39 for the topic: Website Launch. I'll get the info posted on our service page. In the treasurers report a few points were raised: there is a world wide trend in NA for the groups to split their

donations to Area/Region/World instead of just Area. There was also discussion about not putting our help line number in all statewide phonebooks, but to make info available to all referral agencies instead. Reminder-NAWS News and NA Way E-subscriptions are available online- also there are service related IP's available.
Motions: To have RD or RDA serve through February to match Regional Guidelines- Passed. Helpline project plan approval –Passed. MNNAC 19 bid proposal submitted by "Open Door" area for Rochester- Motion to accept bid- Passed.
Elections: Four Fellowship Service Team (FST) member positions are open. Votes in August need nominees.
Our Regional Chairperson (Dave) will be stepping down.
"The Lakes" area folded (Brainerd). I offered ASC Support to any of their groups from our area (Outreach).
Yours in Service,
Gary J.

- **RCMA; Lucy K;** Went to meeting. I hoped to watch Web Launch but it didn't happen. They did launch the phone helpline. Over all, good meeting.
  Lucy K.

Sub-committee reports:

- **Activities; Arvis;** Being on time for their meetings, Thanks. Requirement of chair to be regular activities member.
- **H&I; Sharon J; Meeting is 1 hour before ASC;** Voted in a co-chair; Jae Marie. Called all panel leaders. Got all the needed Stearns & Benton Jail help needed. Got app. for Stearns Jail, Children Home- addict with 2 years or more
- **PI; Dan J; Meeting is 1 hour before ASC;** Not really sure what strengths or needs I have as I just have been handed this job. Have lots of changes in mind with getting people into the fairs with a booth with IP's and the St. Cloud Pride Fest.
- **Literature; Tom T;** Last minute rush stressful. Area check to UMSO not turned in yet #1936 for $355.66. Checks $856.22/ Cash on hand $85.16
- **Outreach; Randy P;** A big thank you for all the volunteers who make Outreach a positive experience.
- **Policy; Jerry;** Copies will be made for 2010 Guidelines with revisions.
- **Newsletter; Krista W; Meeting is held first Sunday @ Granite Edge Café @ 5:00 PM next. There is an ongoing meeting on line and 1 hr before ASC;**
  Newsletter Report:
  Meetings are 1 hour before ASC in the Spruce Room and the first Sunday at the Granite Edge Café @ 5PM. There is an ongoing meeting online as well. The new edition of the newsletter is on the table over by the snacks. I was really hoping that this would be the last one for me. As much as I have enjoyed doing it, I need to move on. If you know someone that is interested please let them know. They will not be in it alone, if they don't want to be.
  As for the printer, the only purchase I made was for yellow paper for the tri-fold meeting list.
  Yours in Service,
  Krista
- **Web-maintenance; Joe K.; Meets 1 hour before ASC.** Gary is the biggest strength. Can't wait until next month when he gets to be web-chair. Did not hold a meeting this month.
- **Group reports; Greater Area Meetings:**

***=upcoming group event/ R=report given/VR Voting Rights status**

- **Albany; Life in Recovery; Seth; Brandon reporting; Tuesday 7PM Our Savior Lutheran Church 840 Lake Ave Albany;** Nothing to report. $20.00 donation
- **Annandale; Heart of the Lakes; Keith W; Friday 7:30 PM first Lutheran Church 350 Oak Ave N;** absent
- **Big Lake; Refuge in Recovery; Scott N; Thursdays 7 PM Community Convent Church; Hwy.15 & Co Rd 10 Big Lake,** Meeting going well
- **Cold Spring; Recovery in the Sticks; Sharon J; Sundays 7 PM Gloria Dei Lutheran Church Campout went good. Good meeting & good addicts. Looking for GSR.**
- **Clearwater; Clean in Clearwater; Paul G. Wednesdays 7 PM United Methodist Church 405 Main St.,** nothing to report
- ***Eden Valley; Works if you work It; Shannon P; Tuesdays 7:30 PM Church of God 553 Maple St. Eden Valley *8/15 Picnic at Lions Park in Eden Valley; Potluck*** 7-10 members with 1-2 newcomers per month.
- **Eden Valley; Ladies Steppin' in the Valley; Deb K; Thursdays 11 AM Church of God 553 Maple St.** It is going ok. A few newcomers.
- **Foley; No BS; Tabi; Thursdays 7:30 PM Gustavus Adolphus Lutheran Church** Meeting doing well. Avg. attendance 15 people. Good Recovery. $30.00 donation
- **Little Falls; Recovery in Progress; Scott D;** absent
- **Monday 6PM**
- **Friday 7PM**
- **Long Prairie; Road to Recovery;** absent
- **Milaca; Milaca NA; Aaron; Tuesdays 7 PM Rum River Dr N. Monticello; Monticello Miracles;** absent
- **Onamia; It Takes Two Addicts; Darryl; Sunday 7 PM; Holy Cross Lutheran Church 102 N Crosier Dr. Basement Classroom.** absent
- **Paynesville; Keeping it Simple; Jeff H;** Mtg. still needs support. Avg. 6 attendance. No donation.
- ***Princeton; Serenity Sunday NA; Charlie; 7PM Princeton Alano 1315 N 3rd St.**
- **Princeton; Lost Dreams Awaken; GSR; Tracie C; Charlie reporting as GSRA 6:45 PM; Princeton Alano 1315 N 3rd St. Princeton;**
- **Princeton; Rum River Recovery; Alyssa; Charlie reporting; 7:30 PM Princeton Alano 1315 N 3rd St. Princeton** Avg for all three Princeton Groups 22-30 addicts, 3 newcomers, 1-5yr, 1-1yr
- **Rockville; Recovery on the Rocks; Lucy K GSR; Krista W. GSRA; Sundays 6 PM Granite Edge Café 244 W. Broadway St.** *Pot luck tonight*.
- **Sauk Centre; NA Lengths; Steve A. GSRA; Monday 7 PM First UCC Church 620 5th St. S. Sauk Centre** absent
- **Sauk Rapids; Home Fires NA; Dale; Sundays 7 – 8:30 PM Sacred Heart Church 2875 10th Ave S.** Made a $20.00 donation.
- **Sauk Rapids; Productive Members of Society; Steve G; Tommy O. reporting; Wednesdays 7 PM Bridge Community Church 1702 West Highview Dr. Sauk Rapids** *We are Talking about a BBQ this summer but have not made plans for this to date.* We gave a $30.00 donation this month.
- **St. Cloud:**
  - **<u>Monday</u>**

- **Focus on Recovery; Adrianna; Life Assembly of God,** 15-30 members
- **Tuesday**
- ***It Works NA; Rob D; Sam reporting; Atonement Lutheran Church 1144 29th Ave. N 7-9 PM *Speaker meeting on first Tuesday of the month.*** absent
- **Absolute NA; Jim G; Mike B reporting; 7:30 PM First Presbyterian church, 373 4th Ave. S;** Meeting is held outside (weather permitting). If there is rain, meeting is held in the basement of the church. BBQ and refreshments before and during the meeting. Come early for food and fellowship.
- **Attitude Adjustment Hour; Shawna; 8 PM Salvation Army 400 Hwy 10 S** Made a $20.00 donation
- **Wednesday**
- **You're Not Alone; Jeff T;** avg. 60-80
- **Thursday**
- ***Homeward Bound NA; Stacy B GSR; Bruce S. GSRA; 7 PM Salem Lutheran Church** 30-50 members. 3-5 newcomers **- *Potluck June 24th – Municipal Park Sauk Rapids off Benton Drive. Ruth T. speaking. Bring dish to share.***
- ***Women's "No Excuses"; Debbie; 4 PM Boys and Girls Club of St. Cloud 1205 6th Ave S *Speaker Jam & Picnic August 28th 12-6 PM Please show your support and attend! Hot dog fundraiser July 28th & 29th at Coborn's on Cooper Ave 10AM- 7PM***
- **Friday**
- **Just for Today; Brady W GSR; Katie GSRA; 7P Bethlehem Lutheran Church 4310 Co Rd 137;** avg. 60-90 att. 1-3 newcomers. $10.00 donation.
- **Saturday**
- **"How and Why" Men's NA meeting; Quint S; GSR; Harold reporting 10 AM Atonement Lutheran Church 1144 29th Ave N;** No donation. Needs support. Event TBA avg. 20-25 att. Monthly.
  We work out of the "It Works How & Why" Workbook Study. Steps and Traditions
- *** Upper Mississippi Shakedown; Jae Marie; GSRA; 7 PM Bethlehem Lutheran church 4310 Co Rd 137;** Avg.53 attending, avg. newcomers 3. No donation
- **We do Recover; Dennis R;** Closed NA meeting for addicts only. We have an avg. of 20-30 addicts in attendance. We are not donating today; we will be donating next month.

Old Business: Remarks on face book

New Business: Chair person for Activities has stepped down. Arvis was co-chair would have to be voted in as pro-temp for the time being. Motion made, second, and passed. Congratulations Arvis!

Open Forum:

Dan; PI events; St.Cloud Pride fest; County Fairs MN prevention resource center (MPRC). Need help manning the booths. Need money to pay expenses. Dan talked about the radio announcements. Dan will bring a motion to this body next month at ASC and this will then be brought back to the groups.

Arvis; chair members that handle cash etc…need to be on a contact list to be able to be found in the case of a change over. Where does the responsibility lie; Area, or within the subcommittee? We need to have a point of accountability. This will be put into a motion and brought to this body next month at ASC and then it will be brought back to groups.

Elections:
Co-chair: Sam nominated. Q&A today; Vote July
Literature: Nita nominated. Vote today. Congratulations Nita!
Website: Gary nominated. Q&A today; Vote July
Outreach: (closed) Randy nominated, resume today. Vote August
Newsletter: (open) Kathy nominated. She later declined. Please take this back to your groups that we need a newsletter chair person.
Motion to close made by Jerry, second by Dale

Position	Announces	Closes	Election Held
Chair	February	April	May
Co-Chair	February	April	May
RCM	July	September	October
RCMA	July	September	October
Activities Chair	September	November	December
PI Chair	December	February	March
Secretary	January	March	April
H&I Chair	December	February	March
Treasurer	September	November	December
Literature Chair	March	May	June
Policy Chair	November	January	February
Outreach Chair	May	July	August
Newsletter Chair	May	July	August
Website Chair	April	June	July

N A Service Resume for Outreach Chair

Randy Pung Clean date Sept. 26, 2006

Address 321 2nd Ave N Sauk Rapids, MN. 56379

Phone# 320-250-6761

E-mail rptower@hotmail.com

I was chair for the Friday night NA meeting at Willow River for its full term in 2007. I was Treasurer at "Applying Spiritual Principals" meeting until it was canceled. I was GSR at UMSD meeting from mid 2008 to 2009, which is my home group. I am involved in H&I, helping facilitate N A meetings twice a month at Benton County jail. I am co-chair for the Newsletter committee and within the last year I have gotten heavily involved in the Activity/Fundraiser committee. I am currently the Treasurer at the Sauk Rapids Productive Members of Society meeting. As of last July I have been our Outreach Chair. Every Saturday morning at 10:00AM my sponsees and I do step work; although lately due to conflicting summer schedules it has been put on hold.

My passions, commitment, and dedication to N A service and this fellowship, has given me countless rewards towards my perspective and my recovery. Personal recovery depends on NA unity, and building group unity within our area is what Outreach is all about. The more I know, the more I have to learn, that is why I am grateful for all service opportunities, past, present and future.