

TCASC MINUTES

February 16, 2019

“The friendships we develop in service are unlike any in our own lives – not because they are always easy or pleasant, but because we work hard, walk through struggles, and solve problems together. In contributing to our common welfare, we find meaning and joy. In creative action we find purpose.” *Guiding Principles: The Spirit of Our Traditions p. 13*



Next TCASC will be held on March 16, 2019

at Seabathani Community Center
310 E 38th St. #200
Minneapolis, MN 55409

Executive Committee Meeting begins at 10:00 am

Service Conference begins at 11:00 am

*Please visit NAMinnesota.org for more information, event calendar, flyers and more.

TCASC Agenda

OPEN (11:00 am)

- **Serenity Prayer**
- **Readings:**
 - 12 Steps
 - 12 Traditions
 - 12 Concepts
 - A Vision for NA Service
- **Introductions and Verify Quorum**
 - [Avg. GSRs in attendance past 3 months] x 2/3 = **13**
- **Welcome Newcomers**
- **Review and Accept January Minutes**
- **Announce Agenda**

SPOTLIGHT PRESENTATION: Co-Chair – Mike B.

OPEN FORUM

- Group successes/needs, questions, ideas, open discussion

GSR SPOTLIGHT PRESENTATION: Jesse G.

BREAK (Discretionary)

OFFICER REPORTS:

1. **Chair:** Aaron L.
2. **Co-Chair:** Mike B.
3. **Secretary:** Noelle S.
4. **Co-Secretary:** Bernie S.
5. **Treasurer:** Erica W.
6. **Co-Treasurer:** Mark S.
7. **Policy:** Jackson O.
8. **RCM:** Saralyn H.
9. **RCMA:** Alex A.

COMMITTEE REPORTS:

1. **Outreach Service Team** (*coordinator*): Patty K.
 - a. Outreach
 - b. Literature
 - c. H & I
 - d. Public Relations
2. **ICUCNA:** Open
3. **Activities Service Team** (*coordinator*): Kim O.
 - a. Spring Thaw
 - b. Unity Picnic
 - c. Banquet
 - d. New Year's

OLD BUSINESS

- ICUCNA Liaison A & B Elections

NEW BUSINESS

- 2019 Updated By-laws
- Motion 287
- Motion 288

ADJOURN (BY 2:00 pm)

- Gratitude Prayer

TCASC Minutes

February 16, 2016

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SPOTLIGHT PRESENTATION: Co-Chair – Mike B.

OPEN FORUM

- Concerns raised about the Photographer contract for the New Year's Eve dance
- Tuesday Meeting [---] needs more attendees with time that are willing to sponsor
- Clean & Serene Meeting requested support/feed back regarding 1-hour large group format vs. small group format. Specifically, regarding when people take a small group hostage by sharing for an extended period
- Thursday Riverside needs support
- Supplies bins at a location where multiple groups meet have had items going missing. Member sought support/feedback on how to avoid this issue going forward
- ICUCNA Registration chair seeking support in how to sell registrations at local NA events across the area

GSR SPOTLIGHT PRESENTATION: Jesse G.

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OLD BUSINESS

- ICUCNA Liaison A & B Elections
 - Motion to table elections [until April] pending the results of Motion 287 was passed

NEW BUSINESS

- 2019 Updated By-laws
 - Home groups are to vote to accept the updates from motions passed during 2018

Motion 287

Motion: To remove the ICUCNA Liaison positions and update the TCASC by-laws to include a general report. *Remove by-law line(s):* 8.6.3, 9.6.3, 11.6, 11.7 *Revise by-law line(s):* 12.5.4 "Report monthly status to the TCASC by presenting current year budget, monthly financial statements, and general report."

Intent: So that no TCASC committee members need attend ICUCNA general meeting to gather information and that ICUCNA committee member provide information to area.

Maker of Motion: Laron R.

2nd of Motion: Jesse G.

Pros: 1. As no one is stepping into the role, and when they do so they don't stick in the role, this will free up area members to be of service in other, meaningful ways.

Cons: 1. Neither body has been fulfilling their roles. This role is supposed to create a spirit of unity and eliminate confusion. 2. We should work to fill this role as opposed to just eliminating it.

Motion 288

Motion: Leading by Example group is requesting the TCA Banquet be removed from the By-Laws and annual budget. And that the TCA no longer withhold funds for this event. These changes would take affect on January 1, 2020. *Remove by-law line(s):* 3.3.8, 11.1.2 *Revise by-law line(s):* 3.6, 3.10, 9.6, 11.1.2 – Remove reference to banquet.

Intent: To free up funds to allow the established activities group to determine what event to hold that would serve the most members and demonstrates fiscal responsibility.

Maker of Motion: Leading by Example GSR - Dwayne

2nd of Motion: Todd L.

Pros: 1. Frees up money for other activities.

Cons: 1. The Activities Service Team is new into their roles and should be allowed to execute on a series of events, as well as be, trusted to be fiscally responsible with the area's budget prior to major by-law changes being made. 2. By removing the event it is doing away with an area tradition that many new NA members go to when they first get clean.

ADJOURN (BY 2:00 pm)

- Gratitude Prayer

TCASC Reports

Chair – Aaron L.

Nothing to report

Co - Chair – Mike B.

Nothing to report

Secretary – Noelle S.

Nothing to report

Co - Secretary – Bernie S.

- New GSRs please see Bernie to be added to the contact list
- Bernie will be signing out the TCASC copies of A Guide to Local Service

Treasurer – Erica W.

January 2019 Group Contributions

2019	January		2019 TOTAL
GROUP	Contribution	Brought By	Contribution
7-11 Group - Wednesday 8:00PM	\$100.00	Cliff H	\$ 100.00
Barking Buffaloes - Friday 8:00PM	\$50.00	Dennis R	\$ 50.00
Early Morning Recovery - Friday 7:00AM	\$100.00	Jen J	\$ 100.00
GLBTQ And Friends NA - Sat. 7:30PM	\$200.00	Harold K	\$ 200.00
Leading by Example - Friday 6:00PM	\$75.00	Dwayne H	\$ 75.00
Monday Night Wave - Monday 7:30PM	\$50.00	LaRon R	\$ 50.00
New Way to Live NA - Thursday 7:30PM	\$63.00	Jesse J	\$ 63.00
North Side NA - Monday 7:00PM	\$56.00	Mari K	\$ 56.00
North Suburban NA - Thursday 7:30PM	\$20.00	Lori M	\$ 20.00
Northwest NA - Saturday 7:00PM	\$21.87	Kim O	\$ 21.87
Pleasant NA - Sunday 7:30PM	\$100.00	Andy T	\$ 100.00
Recovering Ladies Of The Lakes - Saturday 10:00AM	\$30.00	Lisa N	\$ 30.00
Sunday Morning NA - Sunday 10:30AM	\$25.00	Eddie S	\$ 25.00
Sunday Night Revolving Topic - Sunday 7:00PM	\$60.00	Chris D	\$ 60.00
Total Contribution and GSR's Present	\$ 950.87	20	\$ 950.87

Date of deposit into bank

2/1/2019

January 2019 Treasury Summary

		JANUARY	2019 TOTAL	BUDGET 2019	BUDGET VS ACTUAL
STARTING ACCOUNT BALANCES	Activities Services Team				
	Outreach Services Team				
	Executive Committee				
		\$9,037.30			
ACTIVITIES SERVICES TEAM	Spring Thaw Dance	\$ -	\$ -	\$ 1,000.00	\$ (1,000.00)
	New Year's Eve Dance	\$ 2,473.48	\$ 2,473.48	\$ 1,200.00	\$ 1,273.48
	Banquet	\$ -	\$ -	\$ 3,750.00	\$ (3,750.00)
	ICUCNA	\$ -	\$ -	\$ 3,250.00	\$ (3,250.00)
	ACTIVITIES PROCEED TOTAL	\$ 2,473.48	\$ 2,473.48	\$ 9,200.00	\$ (6,726.52)
	Spring Thaw Dance	\$ -	\$ -	\$ 1,000.00	\$ (1,000.00)
	Unity Picnic	\$ -	\$ -	\$ 600.00	\$ (600.00)
	New Year's Eve Dance	\$ 1,384.53	\$ 1,384.53	\$ 1,200.00	\$ 184.53
	Banquet	\$ -	\$ -	\$ 3,750.00	\$ (3,750.00)
	ICUCNA	\$ -	\$ -	\$ 3,250.00	\$ (3,250.00)
	ACTIVITIES EXPENSE TOTAL	\$ 1,384.53	\$ 1,384.53	\$ 9,800.00	\$ (8,415.47)
	ACTIVITIES NET CASH CHANGE	\$1,088.95	\$1,088.95	-\$600.00	
OUTREACH SERVICES TEAM	Outreach Misc.	\$ -	\$ -	\$ -	\$ -
	OUTREACH PROCEED TOTAL	\$ -	\$ -	\$ -	\$ -
	H&I	\$ 279.14	\$ 279.14	\$ 3,750.00	\$ (3,470.86)
	P.R.	\$ 130.17	\$ 130.17	\$ 2,000.00	\$ (1,869.83)
	Outreach	\$ 26.61	\$ 26.61	\$ 200.00	\$ (173.39)
	Literature	\$ -	\$ -	\$ -	\$ -
	OUTREACH EXPENSE TOTAL	\$ 435.92	\$ 435.92	\$ 5,950.00	\$ (5,514.08)
	OUTREACH NET CASH CHANGE	-\$435.92	-\$435.92	-\$5,950.00	
EXECUTIVE COMMITTEE	Group Contributions	\$ -	\$ -	\$ 8,050.00	\$ (8,050.00)
	7th Tradition Coffee	\$ -	\$ -	\$ -	\$ -
	Misc	\$ -	\$ -	\$ -	\$ -
	EXEC. COMMITTEE PROCEED TOTAL	\$ -	\$ -	\$ 8,050.00	\$ (8,050.00)
	Executive Committee	\$ 69.90	\$ 69.90	\$ 1,100.00	\$ (1,030.10)
	Treasurer	\$ 25.00	\$ 25.00	\$ 400.00	\$ (375.00)
	EXEC. COMMITTEE EXPENSE TOTAL	\$ 94.90	\$ 94.90	\$ 1,500.00	\$ (1,405.10)
	EXEC. COMMITTEE NET CASH CHANGE	-\$94.90	-\$94.90	\$6,550.00	
	TOTAL NET CASH CHANGE	\$558.13	\$558.13	\$0.00	
ACCOUNT TRANSFERS (WITHDRAWALS) AND DEPOSITS	Activities Services Team	\$ -	\$ -		
	Outreach Services Team	\$ -	\$ -		
	Executive Committee	\$ -	\$ -		
	TOTAL ACCOUNT TRANSFERS	\$ -	\$ -		
ENDING ACCOUNT BALANCES	Activities Services Team	\$1,088.95			
	Outreach Services Team	-\$435.92			
	Executive Committee	-\$94.90			
	TOTAL ENDING CASH BALANCE	\$9,595.43			
OUTSTANDING (WITHDRAWALS) AND DEPOSITS	Activities Services Team	\$ -			
	Outreach Services Team	\$ -			
	Executive Committee	\$ -			
	TOTAL OUTSTANDING	\$ -			
AVAILABLE CASH ACCOUNT BALANCES	Activities Services Team	\$1,088.95	\$0.00	\$ 9,800.00	\$ (9,800.00)
	Outreach Services Team	-\$435.92	\$0.00	\$ 5,950.00	\$ (5,950.00)
	Executive Committee	-\$94.90	\$0.00	\$ 1,500.00	\$ (1,500.00)
	TOTAL ENDING AVAILABLE CASH BALANCE	\$558.13	\$0.00	\$17,250.00	\$ (17,250.00)

January 2019 Transaction Detail

PERIOD	TYPE	ACCOUNT	CATEGORY	DESCRIPTION	CHECK / DEPOS	WITHDRAWALS	DEPOSITS
JANUARY	PROCEED	ACTIVITIES SERVICE TEAM	NEW YEAR'S EVE DANCE	New Year's Eve Dance 2018 Proceeds	1/2/2019		\$ 210.05
					1/8/2019		\$ 2,263.43
		ACTIVITIES SERVICE TEAM Total					\$ 2,473.48
	PROCEED Total						\$ 2,473.48
	EXPENSE	ACTIVITIES SERVICE TEAM	NEW YEAR'S EVE DANCE	ICUCNA donation - Excess over NYE Dance	1/23/2019	\$ 1,384.53	
		ACTIVITIES SERVICE TEAM Total				\$ 1,384.53	
		OUTREACH SERVICES TEAM	P.R.	Printing meeting Lists - January 2019 - Andrew T.	1/23/2019	\$ 130.17	
			H&I	H&I Literature - Zach C.	1/2/2019	\$ 279.14	
			OUTREACH	Printing - Patti K.	1/24/2019	\$ 26.61	
		OUTREACH SERVICES TEAM Total				\$ 435.92	
		EXECUTIVE COMMITTEE	TREASURER	Bank Service Charge	1/30/2019	\$ 25.00	
			EXECUTIVE COMMITTEE	Printing - Saralyn H.	1/30/2019	\$ 69.90	
		EXECUTIVE COMMITTEE Total				\$ 94.90	
	EXPENSE Total					\$ 1,915.35	
	JANUARY Total					\$ 1,915.35	\$ 2,473.48

Co - Treasurer – Mark S.

- Please see Mark S. to drop off group donations

RCM – Saralyn H.

Next MNRSC 5/11/19 – All are welcome! (Please see last page for report I submitted to Region)

Creating Our Common Welfare (COCW) was a success! There was an incredible turn out from different parts of our region, and most areas were represented. Some highlights?

- The MNNAC BOD (Board of Directors) met at the same location as COCW, MNNAC 26 is coming up quick. Also, we now have a host for MNNAC 28 in 2021! Our wonderful Open Door area in Rochester will be hosting the convention. Woohoo!
- Our chair, Aaron L. spoke about the new implementation of several new initiatives we have taken in the TCA to better serve our GSR's and the groups they serve.
- A newcomer with 4 ½ months clean called our helpline (and talked to Patty K. – Right on!!!!) to get to a meeting, and he got a jam-packed experience of Narcotics Anonymous all day. The helpline saves lives, changes lives, turns our visitors into members, extends that lifeline someone might need to grow that seed into a beautiful tree. Who wants to volunteer for the helpline???
- Members took time to submit input for the Spiritual Principle A Day (SPAD) book project. (You can always submit your input individually at na.org/spad) Members took time to sit down and connect, brainstorm ideas and have passionate discussion about Drug Replacement Therapy / Medication Assisted Treatment. From a motion in the 2018 CAR (Conference Agenda Report), there will be a new piece of fellowship approved literature written to address DRT/MAT in the way it is currently unaddressed in our produced pamphlet geared toward professionals & bulletin 29.
- Members had wonderful discussion about attracting members to service and how we can continue to make service attractive to any and all members. Brainstorming ideas were written down by FST members from a group of 80+ addicts at the end of the assembly to provide prompts for new and fresh ideas. Everything we do here started once as an idea!
- Free registrations were given out for Vermillion, Just for the Weekend campout, PIG, MNNAC & more!

- Members signed up for service!!!! It is never too late to sign up for service on our website – www.naminnesota.org
Helpline, Bridging the Gap, Sponsorship behind the Walls, UMSO bookstore, Transition Fairs, PR table events.... **Speaking of a PR table event: there is a GREAT opportunity to volunteer next month, if you've been itching to volunteer. Now is your time! The Minnesota Social Service Association Conference is March 20-22 at the Hilton in Downtown Minneapolis. You will talk to professionals about Narcotics Anonymous. Never done PR but have over a year clean in NA? Come talk to myself or the Outreach Service Team!!!!**

Questions? Call/Email/Text/Find me at a meeting.

Before you can sign up for any service commitments in the Help Wanted section on the NA Minnesota website...you must have a registered user account. Join the online community today! Here are the simple steps listed below.

Welcome to Our Service Community



Welcome to the NA Minnesota Service Community. When you register on this site, new opportunities to carry our message will open up

Login

Register

^^Click Register^^

Fill in your information. BOOM! You're registered.

The Minnesota Region is looking for volunteers! Please visit the link below for more info:

<https://www.naminnesota.us/community/volunteer-opportunities/>

The UMSO is looking for volunteers and has available shifts:

Fill out a contact form.

Mondays and Thursdays from 6:30 – 8:30 pm

Saturdays 10:00 am – 12:00 pm

Clean time requirement **1 year**

<https://www.naminnesota.us/community/2018/07/16/help-wanted-bookstore-volunteers/>

Bridging the Gap:

Fill out a contact form. You will be contacted by the Region when a request comes in from someone requesting a temporary contact. As a temp. contact you will accompany the newcomer to meetings, make introductions to other members and share your experience.

Take part in the therapeutic value of one addict helping another that occurs in BTG.

Clean time requirement **6 months**

<https://www.naminnesota.us/community/2018/06/01/bridging-the-gap/>

Helpline:

Fill out a contact form. Just attend a brief phone training conference call designed to fit your schedule. 3 hour shift increments.

Clean time requirement **6 months**

<https://www.naminnesota.us/community/2018/05/31/helpline-volunteer/>

Sponsorship behind the Walls:

Fill out a contact form. Members in jail want a sponsor, too. This program involves sending letters back and forth with an inmate to go through the Twelve-step process.

Clean time requirement **1 year – actively working 12 steps of NA**

<https://www.naminnesota.us/community/2018/05/30/pen-pal-sponsorship-for-incarcerated-na-members/>

Want to know more about what is being discussed in our Region? Subscribe to the MNRSC google groups account.

How do you subscribe to the MCRSC google groups account?

Go to Naminnesota.org and click on subscriptions box – choose ->



MNRSC Google Group for Region Service

Receive agendas, minutes, events, volunteer opportunities and general service discussions that affect NA in Minnesota



EVENTS AROUND THE MINNESOTA REGION

- Put Your Heart into NA Dance, Feb 16th 12-10pm, Sherburn Theatre, Sherburn, MN
- Winter Ball 2019, Feb 16th 5-11:59pm, Peace United Church, Rochester, MN
- **^^^MNNAC 26 AWARENESS EVENT^^^**
- RITH 12th Annual Volleyball Tournament, March 2nd 10am-6pm, Hutchinson Rec Center, Hutchinson, MN (**Gather a team in advance and sign up!**)
- First Friday Dance – **ICUCNA**, March 2nd 7pm-12am, Mount Olive Lutheran Church, Minneapolis MN
- Wee Are Here Roller Skating Party, March 3rd 1-5pm, Cheapskate, Coon Rapids, MN
- Comedy Show, March 9th 6-10pm, The Recovery Church, St. Paul, MN

^^^MNNAC 26 AWARENESS EVENT^^^

- Chili Feed Cook-off, March 16th 3:30-9pm, First Presbyterian Church, South St. Paul, MN

^^^PIG 2019 FUNDRAISER^^^

- Spring Fling, March 16th 4-11pm, Fairline Building, Albert Lea, MN
- MSSA Conference, March 20-22nd, Hilton Downtown, Minneapolis (^^^SIGN UP IF INTERESTED IN VOLUNTEERING FOR PR!!!^^^)
- MNNAC 26, April 5-7th, Doubletree, Bloomington, MN
- First Friday Dance – ICUCNA, April 5th 7pm-12am, Mount Olive Lutheran Church, Minneapolis, MN

Twin Cities Area Committee Report

RCM: Saralyn H. Phone: 952-454-4871 Email: lyn_hirsh@yahoo.com

Last committee meeting: 1/19/19 Attendance: 20 Voting GSR's + Exec. Committee

Next committee meeting: 2/16/19 at Sabathani Community Center, Room J

Accomplishments

Our area has continued to have steady attendance in regard to GSR's in the low to mid 20's. Over the last 3-4 months, an ad-hoc committee undertook the task of putting together a motion to revise the executive's sub-committee structure: instead of committee chairs of H&I, PR, Outreach & Literature, there is now Outreach Service Team (4 members in total to be elected on a rotating basis). Instead of project leads of Spring Thaw, Unity Picnic, Banquet & New Year's Eve, there is now Activities Service Team (4 members in total to be elected on a rotating basis). Each service team has a team coordinator in the spirit of holding one point of accountability, and the team coordinator is chosen by the team. This went into effect January 1st, 2019 -- all current sub committee chairs were given the choice of transitioning from a "chair" to "team member," 3 out of 4 outreach team members were grandfathered in, and 1 outreach team member was elected. All 4 activities team members were elected at the beginning of 2019 because all events are on a project basis. We have all the team member positions filled, except for the ICUCNA liaison team, which has always been a difficult position for our area to fill and keep filled. There has been discussion of dissolving the team and moving forward in an alternative way. The spirit of this motion is to bring the assets of each individual serving on the team into the mix to build off of one another and share ideas, furthering our primary purpose. That way, all members of the team can transition new members in (so on and so forth). GSR mentoring has been a task assigned to another ad-hoc committee -- goal being to better serve our groups in providing new GSR's with all that they need when arriving to our TCASC for the first or second time. Several ideas have been had. One solution which has been partially implemented to help our GSR's in getting the support they need is switching our agenda around. Any group needs during open forum have been moved the beginning of our area's start time to place priority on sharing solutions / updates / support needs / struggles. Our area ended the year with a wonderfully attended New Year's Eve event! The message was carried <3

Plans

Having been recently reminded that the MSSA conference is coming up quick, we will put out a big push at area for our GSR's to bring back to their groups that there is a huge need for volunteers to table that event. The adjustment into service teams will continue to be learned as time presses forward. More to come on this. The Outreach Service Team will continue to meet on the third Tuesday of each month at Sabathani from 6-8 pm (instead of PR 6-7pm & H&I 7-8pm). It will include all four points of the team now. There is a writing session being held each month at that meeting to contribute toward the Spiritual Principle A Day book.

Additional Information

Unfortunately, the area didn't have excess cash available above the prudent reserve at 12/31/18 -- end of fiscal quarter. Per our bylaws, at the end of each quarter, we must have money above our prudent reserve to donate to Region.

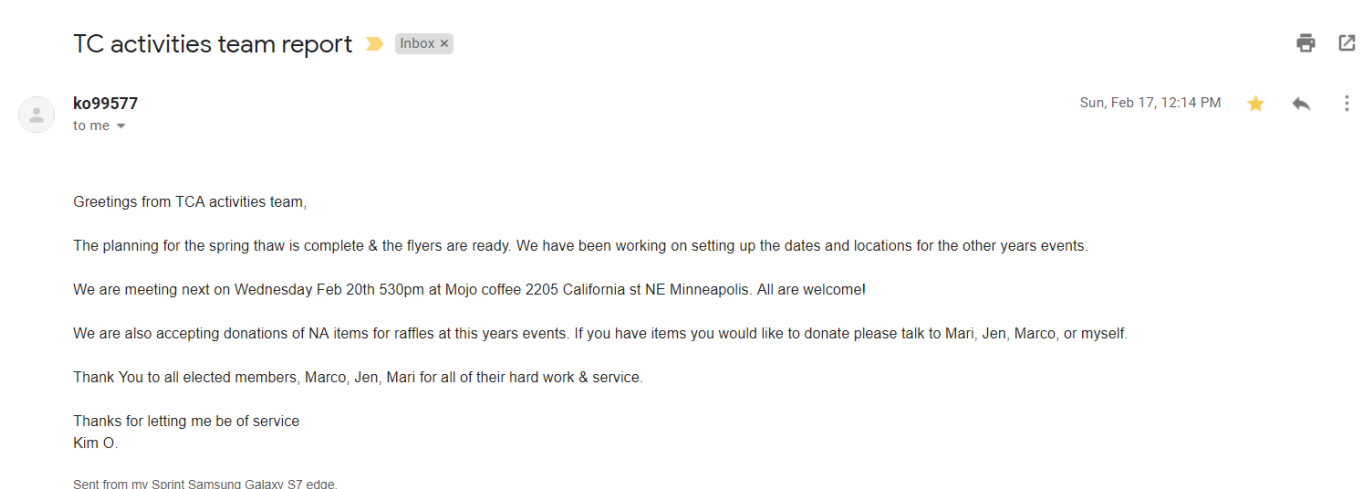
RCMA – Alex A.

Absent.

Policy Chair – Jackson O.

- 2019 By-Laws have been made available for home groups to review – discussion will take place in today's new business

Outreach Service Team Coordinator – Patty K.



Activities Service Team Coordinator – Kim O.

- Currently taking donations of NA items for the Spring Thaw Raffle
- Spring Thaw will be on 3/23/19