

MNRSC Minutes: February 11, 2012



Sabathani Community Center, 310 E 38th St Minneapolis, MN 55409

612-822-9472

www.naminnesota.org

Noon - Open, Introductions, Readings, Welcome

Open Forum

The Chair asked for Open Forum topic suggestions, receiving ten. Because we had time to share on only a few maybe we can discuss all of them on our Region's discussion board, mnrsc@googlegroups.com. For those of us not registered on that board we can simply send a request to info@naminnesota.org.

- Can we include phone meetings on the Regional meeting list? Answer: Yes. Charles C. will provide the information to the Region's meeting list team, the same team you can send meeting list updates to. Meetinglist@naminnesota.org
- When is the next Helpline Orientation? Answer:
[Saturday 2/18 at 2:00 pm Minneapolis & Online](#) Questions? [Contact Us](#)
- Outreach: A new Outreach Chair is having difficulty getting traction on his position. We heard both definitions of Outreach and possible specific actions he can take. If you have Experience, Strength and Hope in the area of Outreach please contact either the Google group above or the SSF Outreach Chair at Info.ssf@naminnesota.org
- The [Upper Midwest Service Office](#) has launched a program spotlighting specific merchandise each month. Check their web page frequently to see what's on sale this month.
- The Northern Lights Area gave a brief discussion of a motion to be included in the day's business. The motion asks the Region for \$500 in support for their Public Relations effort putting signs in 30 Duluth Transit Authority busses for 6 months. The overall cost of the project is \$1,700. Click [here](#) to see the Project Plan.
- Move from an Annual Regional budget to a Biannual Regional budget.
- What, within the Traditions, can we do to respond when individuals bad mouth Areas or groups?
- Feedback on December's remote Regional Service Conference. Please see [feedback report](#) below.
- Outreach to Professionals, particularly to raise awareness of our Bridging the Gap program.
- Sponsorship. When treatment centers bus people to particular meetings the need for sponsors far outruns the capacity of the group to provide them. What can we do?

Executive Committee Reports

[Chair](#) (See Below) Treasurer (See Attached), Secretary (See Minutes), [Regional Delegate](#) (See Below), Regional Delegate Alternate (No Report Submitted)

Old Business

Quorum call:

I. Elected Participants – Need 50% of those holding elected positions.

Chair (Jeff S.) Present

Vice-Chair (Vacant)

Treasurer (Monte) Present

Secretary (Miss Kitty)Present

Regional Delegate (Caleb)Absent

RD Alternate (Anthony)Absent

Fellowship Services Team (Jay).....Absent

Upper Midwest Service Office Representative (Pam)Absent

MNNAC Board of Directors Representative (Jim S)Absent

Note: the body accepted Tim W. as our stand-in for Jim S.

2. Areas – Need 50% - The Areas also have to have been present at least once during the past two MN RSCs.

x	Area of Hope	x	South Suburban Fireside
	Back 2 Basics	x	Twin Cities
x	Central Minnesota	x	Vision of Hope
x	Northern Lights		Voyageurs (absent last two RSCs)
x	Open Door		Wee Are Here
x	RITH		

Quorum was achieved

Motions and election results can be found below.

- Motion 327: To approve MNRSC Minutes from December 10, 2011
- Motion 328: To remove Anthony B. the Regional Delegate Alternate position for failure to fulfill his duties.
- Motion 329: To give Bridging the Gap \$250.
- Motion 330: To give the Northern Lights Area \$500.
- Elections: Fellowship Services Team (6 positions), Vice-Chair,

Project Leader Updates

UMSO – Pam	No Written Report submitted
MNNAC 19 – Daryl	Please See MNNAC 19 Report
MNNAC 20 – Kenny	Please See MNNAC 20 Report
MNNAC – Tim W	Please see attached MNNAC Report
Public Relations – Monte	No Written Report submitted
Bridging The Gap	Please See BtG Report
Helpline – Kit	Please See Helpline Report
Website – Jeff	Please See Chair Report

New Business

Per their bylaws the UMSO presented their financial report verbally but have not presented a report in electronic format to facilitate sharing and archiving.

Elections: None was elected to any position. No one was nominated. No one volunteered.

3:15 PM **Close**

3:30 PM **Fellowship**

Motions:

Motion 327: To approve MNRSC Minutes from December 10, 2011

Intent: To approve minutes.

Financial Impact: None.

Maker: Harroll H TCA RCMA

Second: Tim W.

Result: Passed

Motion 328: To remove Anthony B. the Regional Delegate Alternate position for failure to fulfill his duties.

Intent: To allow the RDA position to be filled by someone who will attend to the delegate duties.

Financial Impact: None.

Maker: Harroll H Twin Cities RCMA

Second: Charles C Northern Lights RCMA

Result: Tabled

Motion 329: To give Bridging the Gap \$250.

Intent: Printing costs.

Financial Impact: \$250.

Maker: Catie RCM South Suburban Fireside

Second: Rich RCM RITH

Result: Passed

Motion 330: To give the Northern Lights Area \$500.

Intent: To support the Northern Lights Area Bus Sign Public Relations effort.

Financial Impact: \$500.

Maker: Rich H, RCM RITH

Second: Ron W, RCM Wee Are Here

Result: Passed

MNRSC Chair Report

Virtual RSC a Success

Thanks to everyone who joined us at our first official online regional meeting. We had quorum and completed our agenda quite efficiently. A full report on the experience is contained later in this document.

Creating Our Common Welfare: Our Annual Assembly

The World Service Conference meets this year so in addition to discussing issues concerning NA in Minnesota, a good portion of our annual assembly will be devoted to the issues facing Narcotics Anonymous world-wide.

- New Book Approval: Living Clean
- Service System Restructure Project
- NAWS Strategic Plan, Projects & Budget
- Ideas from other Regions

Please take the time to prepare yourself by reviewing the materials available at www.na.org/conference. In addition, we have a workshops scheduled on [February 25th in St. Paul](#) so that you can engage in more extended discussions about these issues with other interested addicts. Please contact our Regional Delegate, Caleb, at bigdaddyman75@gmail.com if you would like to schedule a workshop in your local area.

Social Media

We now have over 2,000 friends on Facebook. According to Metcalfe's law, the relative value of a network is the square of the number of nodes. That means that with each new friend we have on Facebook, the power of our Facebook presence increases more than the additional friend before. What does having 2,074 friends mean in practical terms? Last week, when we announced the need for a speaker at a treatment center, we had a volunteer within 7 minutes. That is a miracle that benefits addicts seeking recovery.

http://en.wikipedia.org/wiki/Metcalfe's_law

MNNAC Bid Package Online

It's time to start thinking about bidding MNNAC XXI in 2014. The bid package can be downloaded from our website [MNNAC Convention → Bid to Host MNNAC](#). Please take it back to your ASCs and consider hosting the next regional convention.

Fellowship Service Team Membership

We currently have openings for a Vice-chair and five positions on the Fellowship Services Team. Please consider stepping up and taking on leadership responsibilities. If you'd like to know what it's like to serve on the FST, please ask one of the current FST members. Their contact information is available on the website: [MNRSC Trusted Servants](#)

Regional Delegate Report

Hello family,

I would like to thank you all again for sending Anthony and myself to the MZF. Going to the MZF for me, has helped me feel more connected to our fellowship. We will make sure that we bring back a report on what transpired there.

The latest issue of our NA Way magazine is out and if you would like, you can get it for free. This issue is our 30th Anniversary edition, 1982-2012. Please follow this link:

http://www.na.org/admin/include/spaw2/uploads/pdf/naway/en/2012Jan_NAW_en.pdf

There is a new Service Pamphlet revised and out which is called **Social Media and Our Guiding Principles**. We all here know that this has been talked about amongst our fellowship and this topic is actually being talked about worldwide.

The CAR Report has been out since December and the CAT has been released. If you would like to look into the CAT and see what it's about and what's in there, please follow the link www.na.org/conference. Here, not only will you find information on the CAT but, also the CAR, more about our Proposed Service System and the Living Clean project as well.

On February 25th The South Suburban Fireside, Area of Hope and the Twin Cities Area are hosting us to workshop the CAR Report as well as putting on an event. I hope to see fliers with more information on our website very soon.

I hope everyone is geared up and ready for Creating Our Common Welfare. This will be an exciting event for all and very informational. This will be a very good place for Anthony and I to get a group conscious on the topics that are in the CAR Report so we can take what you want to see happen with us in April to the WSC.

I hope to see you all very soon.

Your Trusted Servant,

Caleb B

Bridging the Gap Report

The BTG program has been operational for 9 months now and although we could always use more volunteers things are going fairly smoothly. We have a new committee member who has joined the team. Her name is Adrienne Benson and she will be our liaison with Hennepin County Jail. We have also started to build some positive relationships with specific facilities.

- Eden House is setting up all their clients' approximately two weeks in advance of release.
- CARE treatment facility in Willmar has made two requests on behalf of clients.
- Hennepin County Women's Correctional has asked us to make a quarterly presentation to those in treatment.

Melissa has contacted the H&I chair at each area and we are providing info cards for distribution to inmates/inpatients so they know how to reach us. **VOLUNTEERS:** We need more female volunteers in Minneapolis. Recruiting will continue with a booth/table for signing up Volunteers at COCW in March and at MNNAC in April.

Area	Female	Male	Total
Area of Hope	6	10	16
Back to Basics	9	22	31
Central MN	13	13	26
Northern Lights	14	5	19
Open Door	4	4	8
RITH	9	7	16
South Suburban	9	7	16
Twin Cities	10	11	21
Vision of Hope	2	4	6
Voyageurs	3	4	7
Wee Are Here	3	8	11
Fargo	0	3	3
Undeclared	0	3	3
TOTALS	82	101	183

Here are some of the numbers since going live in June of 2011.

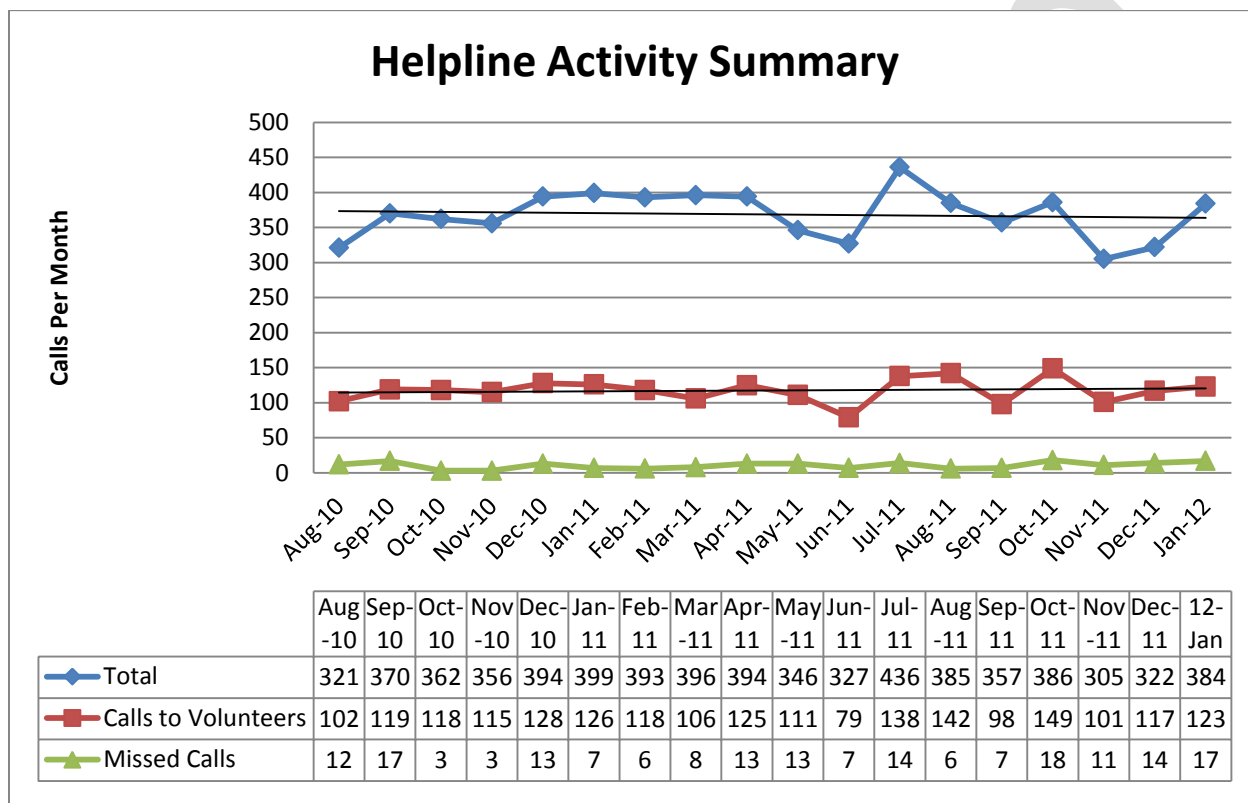
Requests for Volunteers: Total Requests – 56 (36 Female, 20 Male) First Request – 06/17/2011.

Mon th	Reque sts	Mon th	Reque sts	Mon th	Reque sts
June 2011	3	Sep 2011	8	Dec 2011	7
July 2011	3	Oct 2011	12	Jan 2012	15
Aug 2011	3	Nov 2011	3	Feb 2012	2

Helpline Report

Thanks to our dedicated Helpline volunteers. The combined Regional Helpline has now been operating for 572 days. During that time the volunteers have answered 2,230 calls, 91% within one minute. Those that go to voicemail are handled within a few hours by our Voice Mail Responder, Pam S.

[Online Helpline Activity Report](#)



Helpline Voicemail Responder Report

December 2nd 2011 – February 2nd 2012

Call Topic	Amount	Percent
Meetings	14	48%
Hang ups	2	7%
Website	6	21%
Wrong Number	1	3%
Public Information	6	21%
Total	29	100%

Helpline Orientations

Saturday Feb 11 3:30

Sabathani Center

Saturday Feb 18 2:00

Minneapolis and Online

For details see:

www.naminnesota.org

or send an email to

meetinglist@naminnesota.org

Meeting List Report

As Jeff pointed out in his Chair report, the top three destinations to our recently redesigned Website are to meeting list pages. Because of this fact, please remember we're all in this together; we're all responsible for keeping the meeting list updated and as accurate as possible.

Meeting updates can be sent anytime day or night to Meetinglist@naminnesota.org. We promise the online meeting list accessed through this link will be updated within 24 hours. It's not uncommon for the changes to be made within the hour.

Ok, let's do the numbers, shall we?

As of this moment there are 373 meetings in the Region. To the best of our knowledge.

That number represents 9 more meetings than last reported.

MNNAC 19 Report

Hello Fellow Addicts

Sorry there haven't been any reports from MNNAC in a while. I will try and bring you all up to speed on what is happening with MNNAC 19. The Convention will be held at [The Kahler Grand Hotel](#) Located in Rochester, MN.

We currently have 71 full registration and 65 regular registrations. So if you haven't registered please do so soon. You can download a registration at naminnesota.org. Also if you go to one of the MNNAC Fund raisers you can get \$5 off your registration. There are two scheduled fund raisers events coming up, A night to Remember and [The Arctic Blast](#). They are also listed on www.NAminnesota.org.

We have some great main speakers lined up. They included Richie C from New York, Alan T from Colorado .Jimmie T from New York, Jody T from Louisiana and Willie from Milwaukee. We also have some great speakers set to share their message of recovery in a variety of different workshops. If you would like to volunteer to be a backup speaker or chair a workshop please contact us.

We are still looking for donations for the auction as well as shirts that are in good shape .The shirts will be used in the making of a quilt which will be auctioned off at the convention. You can bring your items to one of the MNNAC fund raisers or contact anyone of the committee members.

Hope to see you all there!

In Service

Daryl

MNNAC 20 Report

We filled 2 of the vacant subcommittee chairs at our Feb. meeting Charles is the fundraising & entertainment chair, Zoe is the additional needs chair.

We still need a hotels & hospitality chair. The bod has approved our preconvention logo and theme. we are still working on pricing for Early Bird registration. We are also developing a list of MNNAC XX awareness events. I'm asking MNNAC XIX subcommittee chairs to dialog budget concerns with their MNNAC XX counterparts. We now have a P.O. box the address is MNNAC XX P.O. Box 161352 Duluth Mn. 55816-0352

Kenny D.

MNNAC 20 Chair

Project Plan: Northern Lights "Carry the Message" Campaign

1. Project Purpose

The Northern Lights Area began a program titled "Carry the Message" and developed ways to reach out to other still suffering addicts. We as an area decided we needed to expand our efforts. The project allows us to reach many more addicts within the area.

2. Interior Bus Sign, Cost & Message

- Houck Transit Advertising, Inc to place and install interior advertisement signs within ½ of the DTA (Duluth Transits Authority) bus fleet of Duluth.
- 30 signs @ \$250.00 a month for 6 months, production fee \$300.00.
- Total cost for the area was \$1800.00
- Drug Problem? There is Hope. Narcotics Anonymous can help.
Call 877-767-7676 (24 hours) or www.naminnesota.org for more information
- Northern Lights Area is asking for \$500.00 from the Region to help offset the cost.

3. Project Objective & Benefits

- To provide information for those who are looking for a solution to their drug addiction.
- To expand on our original outreach efforts in our "Carry the Message" campaign.
- To utilize the existing tools (help-line & website) to introduce others to a better way of life.

4. Long Term Goals

- To provide reliable information to addicts within our community who are looking for a way out of their drug addiction. To bring newcomers through our doors in hopes of expanding the amount of addicts who are able to live a life of recovery.



Online MNRSC Meeting Evaluation

Jeffrey Spencer, MNRSC Chair

12/12/11

Overview

Once again the Minnesota Region broke new ground by meeting exclusively online and via webinar on the internet. We had quorum and successfully completed the business at hand. We also finished in record time, about 2 hours. Granted, we did not have an open forum, and there were not a lot of motions or controversial issues to discuss, so everything went quite smoothly. The participants filled out a survey at the conclusion of the meeting, and overall they had a positive experience.

Survey Results (scale of 1 to 5)

Issue	Rating
Presenter Rating	4.2 good to excellent
Content Rating	4.1 good to excellent
Technology Rating	4.3 good to excellent
Connecting to the conference call	4.1 easy to very ease
Connect to the webinar	4.6 very easy
Meeting productivity	4.3 productive to very productive
Quality of the sound	3.8 good to average
Quality of the online visuals	4.2 good to excellent
Meet online in the future due to inclement weather?	7 yes, 2 no opinion
Schedule another meeting like this in the future?	8 yes, 1 no

Pros and Cons

- Some NA members were excluded
- Having a service meeting online excludes members who are technologically averse or do not have access to a telephone or the internet. On the other hand, having a service meeting face to face excludes members who don't have the time or funds to travel. At this meeting visitors attended who would have never attended an RSC meeting if they had to spend the time money to travel to a meeting.
- Thorough preparation is even more important
- Complete and detailed preparation is a key to a successful meeting. All reports were accompanied by PowerPoint presentations. Each motion had an online poll set up so voting was seamless when discussion ended. A detailed agenda including written reports was distributed a week before the meeting so participants could be prepared with questions.
- A facilitator with experience leading conference calls is important
 - Check in frequently for questions
 - Active listening
 - Reflect content

- Ask clear questions
 - Never react with emotion
 - Repeat the question if it is not answered.
 - Test your mute button
- More efficient discussion
 - The mute button creates a helpful delay between thinking and speaking. Participants seemed to pay close attention to the discussion, asking good questions, but not repeating points made by others. Theoretically, the formality of the meeting and the additional need to turn off the mute function on their phone before they spoke minimized the desire for some participants to interrupt or speak impulsively. On the other hand, they may have not been paying attention at all, accounting for the lack of discussion. Who knows really.
 - Participants utilized online chat productively. Individuals were able to ask questions of each other and solve their problems; answering questions, emailing files, etc. They also were able to ask questions that could be addressed by the meeting facilitator or simply indicate that they wanted to speak on an issue helping the discussion move along smoothly.
 - Reasonable participation
 - We had about the same amount of participation as any other RSC meeting, but fewer than we anticipated. We met quorum requirements, so that is a success. In order to increase participation at another meeting of this sort, should we choose to have one, we would do more thorough follow-up to encourage advance registration and frequent reminders. Next time we will add a link and phone number to the front page of the website on the day of the meeting to make connecting as easy as possible.
 - Voting was a challenge
 - Online voting was cool, but not having all participants online was a challenge. Confidential voting was inconsistent as online participants can vote in a poll anonymously while individuals on the conference call alone had to announce themselves in order to have their votes recorded. This may inhibit their desire to vote, and eliminates the ability for everyone to participate in secret ballot votes.
 - Two hours seemed like a perfect time frame.
 - Can't distribute physical flyers
 - Can't receive donation checks in person

Comments

Written on an NA Service Email Discussion Board: "I love Minnesota's energy when it comes to pushing the technological edge. <tips his hat> I'm hoping that we can begin including Bermuda, Bahamas, Trinidad and St. Croix in the actual RSC meetings via a web meeting option."

From an attendee: I just attended the first RSC Webinar, as an observer. I will encourage newcomers to attend. Just the ability to listen in is such a learning tool. It was cool (technically speaking), and conducted in a way that was attractive! The willingness for "Winners" to put themselves out there in such a way could be immeasurable;

as invaluable, maybe infinitely! I believe the below Just for Today Mediation explains it better than I ever could! Thanks to all that have contributed "Service" and committed to do so in the future! The experience has enriched my life! I hope you are blessed equally or greater, than that so freely given!!

December 10

Winners

"I started to imitate some of the things the winners were doing. I got caught up in NA. I felt good..."

Basic Text, p. 153



We often hear it said in meetings that we should "stick with the winners." Who are the winners in Narcotics Anonymous? Winners are easily identified. They work an active program of recovery, living in the solution and staying out of the problem. Winners are always ready to reach their hands out to the newcomer. They have sponsors and work with those sponsors. Winners stay clean, just for today.

Winners are recovering addicts who keep a positive frame of mind. They may be going through troubled times, but they still attend meetings and share openly about it. Winners know in their hearts that, with the help of a Higher Power, nothing will come along that is too much to handle.

Winners strive for unity in their service efforts. Winners practice putting "principles before personalities." Winners remember the principle of anonymity, doing the principled action no matter who is involved.

Winners keep a sense of humor. Winners have the ability to laugh at themselves. And when winners laugh, they laugh with you, not at you.

Who are the winners in Narcotics Anonymous? Any one of us can be considered a winner. All of us exhibit some of the traits of the winner; sometimes we come very close to the ideal, sometimes we don't. If we are clean today and working our program to the best of our ability, we *are* winners!



Just for today: I will strive to fulfill my ideals. I will be a winner.

[Area of Hope]

Mailing Address: 208 Hoyt Avenue West

RCM Name: Bruce P. Phone: 651-785-5642

Email: bpell007@yahoo.com

RCMA Name: Phone:

Email:

Number of Meetings/Groups in your Area:
your Area Service Meeting?

Participate in

Are your Area's meetings accurate on the Region's Meeting List? Yes

Have you given any meeting updates to the region at meetinglist@naminnesota.org?

Is your Area passing on a donation? No If yes, how much:

Active Sub-committees in your Area

<i>H & I:</i>	☐	<i>PI/PR:</i>	☐	<i>Executive Committee:</i>	☒	<i>Policy:</i>	☐
<i>Activities:</i>	☒	<i>Outreach:</i>	☐	<i>Literature:</i>	☒	<i>Helpline:</i>	☐
<i>Other:</i>	☐	<i>Other: _</i>	☐	<i>Other: _</i>	☐	<i>Other: _</i>	☐

Comments/Current Issues/Concerns/Questions/Problems:

Upcoming Area Functions and Activities

Event Name: Area of Hope Halloween Masquerade MNNAC Saturday, October 29

Contact: Kathy M. 612-636-2016 email

Is the flyer posted on www.naminnesota.org? Yes

Event Name:

Contact: email

Is the flyer posted on www.naminnesota.org? Y N (Please circle)

[Back to Basics]

Mailing Address: po box 84 Mankato, Mn. 56002

RCM Name: Jay S Phone: 507-327-6571

Email: jswat0824@yahoo.com

RCMA Name: Open Phone: _____

Email: _____

Number of Meetings/Groups in your Area: 57 Participate in your Area Service Meeting? 9

Is your Area's Meeting List Current? yes

Have you given any meeting updates to the region at meetinglist@naminnesota.org? _____

Is your Area passing on a donation? _____ If yes, how much: _____

Active Sub-committees in your Area

<i>H & I:</i>	☒	<i>PI/PR:</i>	☒	<i>Executive Committee:</i>	☒	<i>Policy:</i>	☐
<i>Activities:</i>	☐	<i>Outreach:</i>	☐	<i>Literature:</i>	☐	<i>Helpline:</i>	☐
<i>Other:</i>	☐	<i>Other:</i>	☐	<i>Other:</i>	☐	<i>Other:</i>	☐

Comments/Current Issues/Concerns/Questions/Problems:

____ The B2B area has been experimenting with a new service structure. The SW part of our area and some Mankato groups have formed GSU's, the initial response seems to be mixed. In speaking with Amanda from SW Minnesota she reports that the GSU is working great for them, they have active participation and it is creating a strong sense of unity in what is a fairly isolated recovery community. Mankato on the other hand reports having trouble getting people on board. The problem seems to be lack of effective leadership from members with clean time. I believe there will be a motion on the table at the February area meeting to implement this new service structure throughout the B2B area, so I guess more will be reviled. 😊

Upcoming Area Functions and Activities

Event Name: _____

Contact: _____ email _____

Is the flyer posted on www.naminnesota.org? _____

Event Name: _____

Contact: _____ email _____

Is the flyer posted on www.naminnesota.org? _____

[Central Area]

Mailing Address: ____

RCM Name: Lucy Kielty Phone: 320-363-4151

Email: lucykeilty@yahoo.com

RCMA Name: Paul Gillis Phone: 320-252-5408

Email: fugrweeone@gmail.com

Number of Meetings/Groups in your Area: 31 Participate in
your Area Service Meeting? _____

Are your Area's meetings accurate on the Region's Meeting List? Yes

Have you given any meeting updates to the region at meetinglist@naminnesota.org? Yes

Is your Area passing on a donation? Nope If yes, how much: __

Active Sub-committees in your Area

H & I:	☐	PI/PR:	☐	Executive Committee:	☐	Policy:	☐
Activities:	☐	Outreach:	☐	Literature:	☐	Helpline:	☐
Other:	☐	Other: __	☐	Other: _____	☐	Other: _____	☐

Comments/Current Issues/Concerns/Questions/Problems:

Upcoming Area Functions and Activities

Event Name: Arctic Blast March 3

Contact: Lisa S Phone 320-310-2258

Is the flyer posted on www.naminnesota.org? Yes

Event Name: _____

Contact: _____ email _____

Is the flyer posted on www.naminnesota.org? Y N (Please circle)

[Northern Lights Area]

Mailing Address: 210 North 15th Avenue East

RCM Name: Bryan Johnson Phone: 218-780-6392

Email: bryanann1980@gmail.com

RCMA Name: Charles Covington Phone: 218-206-5653

Email: _____

Number of Meetings/Groups in your Area: 12 Participate in your Area Service Meeting? 10

Are your Area's meetings accurate on the Region's Meeting List? Yes

Have you given any meeting updates to the region at meetinglist@naminnesota.org? No

Is your Area passing on a donation? _____ If yes, how much: _____

Active Sub-committees in your Area

<i>H & I:</i>	☐	<i>PI/PR:</i>	☐	<i>Executive Committee:</i>	☒	<i>Policy:</i>	☐
<i>Activities:</i>	☒	<i>Outreach:</i>	☐	<i>Literature:</i>	☐	<i>Helpline:</i>	☐
<i>Other:</i>	☐	<i>Other: __</i>	☐	<i>Other: _____</i>	☐	<i>Other: _____</i>	☐

Comments/Current Issues/Concerns/Questions/Problems:

Upcoming Area Functions and Activities

Event Name: _____

Contact: _____ email _____

Is the flyer posted on www.naminnesota.org? Y N (Please circle)

Event Name: _____

Contact: _____ email _____

Is the flyer posted on www.naminnesota.org? Y N (Please circle)

[Open Door]

Mailing Address: 5623 44th Avenue NW, Rochester, MN 55401

RCM Name: Michael Etheridge Phone: 507-990-0057

Email: metherridge11@hotmail.com

RCMA Name: Katie E. Phone: 612-670-6346

Email: kattelliot@gmail.com

Number of Meetings/Groups in your Area: 7 Participate in your Area Service Meeting? 5

Are your Area's meetings accurate on the Region's Meeting List? Yes

Have you given any meeting updates to the region at meetinglist@naminnesota.org? No

Is your Area passing on a donation? No If yes, how much: _____

Active Sub-committees in your Area

<i>H & I:</i>	☒	<i>PI/PR:</i>	☐	<i>Executive Committee:</i>	☐	<i>Policy:</i>	☒
<i>Activities:</i>	☒	<i>Outreach:</i>	☐	<i>Literature:</i>	☒	<i>Helpline:</i>	☐
<i>Other:</i>	☐	<i>Other:</i>	☐	<i>Other:</i>	☐		☐
<i>Other:</i>	☐						

Comments/Current Issues/Concerns/Questions/Problems:

Upcoming Area Functions and Activities

Event Name: Recovery In The Heartland Halloween Dance

Contact: Tammi H. email _____

Is the flyer posted on www.naminnesota.org? Yes

Event Name: _____

Contact: _____ email _____

Is the flyer posted on www.naminnesota.org? Y N (Please circle)

[Recovery In The Heartland]

Mailing Address: P.O. Box 422, Buffalo, MN 55313

RCM Name: Rick Henning Phone: 861-706-2409

Email:

RCMA Name: Katie E. Phone: 612-670-6346

Email: kattelliot@gmail.com

Number of Meetings/Groups in your Area: Participate in
your Area Service Meeting?

Are your Area's meetings accurate on the Region's Meeting List? Yes

Have you given any meeting updates to the region at meetinglist@naminnesota.org?

Is your Area passing on a donation? No If yes, how much:

Active Sub-committees in your Area

<i>H & I:</i>	<u>x</u>	<i>PI/PR:</i>	<u>x</u>	<i>Executive Committee:</i>	<u> </u>	<i>Policy:</i>	<u>x</u>
<i>Activities:</i>	<u>x</u>	<i>Outreach:</i>	<u>x</u>	<i>Literature:</i>	<u>x</u>	<i>Helpline:</i>	<u> </u>
<i>Other:</i>	<u> </u>	<i>Other:</i>	<u> </u>	<i>Other:</i>	<u> </u>	<u> </u>	<u> </u>
<i>Other:</i>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>

Comments/Current Issues/Concerns/Questions/Problems:

Looking to host the 2012 Creating Our Common Welfare Conference

Upcoming Area Functions and Activities

Event Name:

Contact: email

Is the flyer posted on www.naminnesota.org? Yes

Event Name:

Contact: email

[South Suburban Fireside]

Mailing Address: P.O. Box 241893

RCM Name: Catie O Phone: 952-220-7280

Email: catie1989@comcast.com

RCMA Name: _____ Phone: _____

Email: _____

Number of Meetings/Groups in your Area: 17 Participate in your Area Service Meeting? 13

Are your Area's meetings accurate on the Region's Meeting List? Yes

Have you given any meeting updates to the region at meetinglist@naminnesota.org? _____

Is your Area passing on a donation? No If yes, how much: _____

Active Sub-committees in your Area

<i>H & I:</i>	☒	<i>PI/PR:</i>	☒	<i>Executive Committee:</i>		<i>Policy:</i>	☒
<i>Activities:</i>	☒	<i>Outreach:</i>	☒	<i>Literature:</i>	☒	<i>Helpline:</i>	
<i>Other:</i>		<i>Other:</i>		<i>Other:</i>			
<i>Other:</i>							

Comments/Current Issues/Concerns/Questions/Problems:

Our Outreach Chair would like ideas on how other people in different Areas do Outreach _____

Upcoming Area Functions and Activities

Event Name: N A Day Chili Feed

Contact: Marcus email _____

Is the flyer posted on www.naminnesota.org? Yes

Event Name: _____

Contact: _____ email _____

Is the flyer posted on www.naminnesota.org? Y N (Please circle)

[Twin Cities Area]

Mailing Address: ____

RCM Name: Peter C. Phone: 612-275-1722

Email: peterc58@live.com

RCMA Name: Harroll H Phone: _____

Email: _____

Number of Meetings/Groups in your Area: 71
your Area Service Meeting? 25

Participate in

Are your Area's meetings accurate on the Region's Meeting List? Yes

Have you given any meeting updates to the region at meetinglist@naminnesota.org? No

Is your Area passing on a donation? Yes

If yes, how much: \$200

Active Sub-committees in your Area

<i>H & I:</i>	☒	<i>PI/PR:</i>	☐	<i>Executive Committee:</i>	☒	<i>Policy:</i>	☒
<i>Activities:</i>	☒	<i>Outreach:</i>	☒	<i>Literature:</i>	☐	☐	☐
<i>Other:</i>	☐	<i>Other:</i>	☐	<i>Other:</i>	☐	☐	☐
<i>Other:</i>	☐	☐	☐	☐	☐	☐	☐

Comments/Current Issues/Concerns/Questions/Problems:

Upcoming Area Functions and Activities

Event Name: _____

Contact: _____ email _____

Is the flyer posted on www.naminnesota.org? ☐ Y ☐ N (Please circle)

Event Name: _____

Contact: _____ email _____

Is the flyer posted on www.naminnesota.org? ☐ Y ☐ N (Please circle)

[Wee Are Here]

Mailing Address: ____

RCM Name: Ron C Phone: 651-332-0885

Email: rectld@live.com

RCMA Name: ____ Phone: ____

Email: _____

Number of Meetings/Groups in your Area: 22
your Area Service Meeting? 15

Participate in

Are your Area's meetings accurate on the Region's Meeting List? Yes, Updated quarterly

Have you given any meeting updates to the region at meetinglist@naminnesota.org? Not Yet

Is your Area passing on a donation? No If yes, how much: _____

Active Sub-committees in your Area

H & I:

x

PI/PR:

x

Executive Committee:

x
x

Policy:

Activities:

Outreach:

x

Literature:

x
x

Helpline:

Other: ____

Other: _____

Other: _____

Comments/Current Issues/Concerns/Questions/Problems:

Upcoming Area Functions and Activities

Event Name: Halloween Party Friday, October 28

Contact: Brad email _____

Is the flyer posted on www.naminnesota.org? Y N (Please circle)

Event Name: _____

Contact: _____ email _____

Is the flyer posted on www.naminnesota.org? Y N (Please circle)

[Vision of Hope]

Mailing Address: P.O. Box 1431, Winona, MN

RCM Name: Branden Phone: 507-202-7702

Email: justfortodayismyway@live.com

RCMA Name: _____ Phone: _____

Email: _____

Number of Meetings/Groups in your Area: 10 Participate in your Area Service Meeting? 8

Are your Area's meetings accurate on the Region's Meeting List? No

Have you given any meeting updates to the region at meetinglist@naminnesota.org? No, hard copy_____

Is your Area passing on a donation? No If yes, how much:_____

Active Sub-committees in your Area

<i>H & I:</i>	X
<i>Activities:</i>	X
<i>Other:</i>	

<i>PI/PR:</i>	
<i>Outreach:</i>	
<i>Other: _____</i>	

Executive Committee:	
Literature:	X
Other: _____	

Policy:

Helpline:

Other: _____

Comments/Current Issues/Concerns/Questions/Problems:

Wabasaha Meeting is Closed

Upcoming Area Functions and Activities

Event Name: _____

Contact: _____ email _____

Is the flyer posted on www.naminnnesota.org?

Event Name: _____

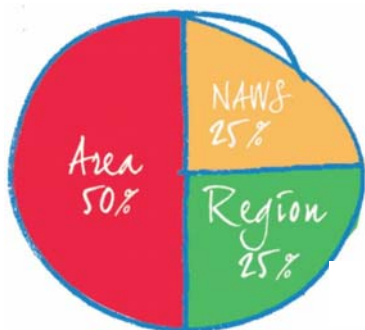
Contact: _____ email _____

Is the flyer posted on www.naminnnesota.org? Y N (Please circle)



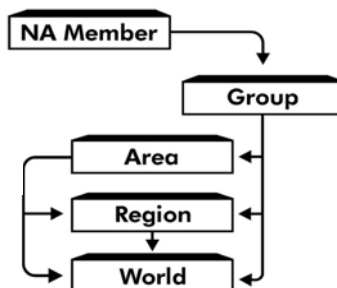
MNRSC Actual	Total
Cash on Hand	
Wells Fargo Checking	9,245.72
Wells Fargo Savings	785.48
Total as of 2/10/2012	10,031.20

The financial picture will be presented in graphs and charts for the MNRSC on Feb 11, 2012.



Budget	Categories	2012
Expenses	Admin	\$1,400.00
Expenses	Helpline	\$1,500.00
Expenses	Annual Assembly	\$750.00
Expenses	Regional Delegate	\$2,500.00
Expenses	Projects	\$6,000.00
Expenses	Public Relations-Gen	\$600.00
Expenses	NAWS Donation	\$750.00
Expenses	Total	\$13,500.00
Income	MNNAC XIX	\$8,000.00
Income	Area Donations	\$4,000.00
Income	Group Donationa	\$2,000.00
Income	Total	\$14,000.00

FLOW OF FUNDS



NAWS Fiscal Update - January 2012

Contributions from the fellowship in the last three months of 2011 were dismal and recovery literature sales were down. We have an approved budget from WSC 2010, and contributions are far below the expected amount included in the approved budget. We discussed ways to reach members and increase their awareness of the financial need and the ever-increasing importance of continuing the services we provide to the fellowship and the general public in these difficult economic times. Addicts continue to need help and we believe that NA offers what they need. Part of our responsibility is to help them know about NA and be able to find us.

Any member can contribute to NAWS at <http://www.na.org/?ID=donation-external-index>

SELF-SUPPORT - ISSUE DISCUSSION for 2012.

After groups pay for their basic expenses, most groups contribute to the NA boards and committees that serve them: Area, Region and World - the service system. Helpline, meeting lists, H & I Panels, Public Relations presentations/efforts, and fellowship development all benefit the groups.

The money that reaches our service system helps support services that let other addicts, in our own communities and around the world, know that hope is available.

Service system contributions are just as surely a part of a group's self-support obligation as the rent for it meeting room.

- 1) Does your NA group have the money it needs? Can the group contribute to the service system?
- 2) Does your NA group contribute to all levels of the service system: Area, Region, NAWS? Why or why not?

MNRSC Treasurer's Report
February 12, 2012
Checking Transactions - Items in and Out

Minnesota	Region	Treasurery		Starting Balance 1/01/10	Total Deposits	Total Withdrawls	Current Balance	
				\$9,100.52	\$33,069.66	\$31,583.56	\$10,586.62	
Category	Sub-Catagory	Sub-Sub-Catagory	Date	Source or Vendor	Deposit	Withdrawl	Type	Description
Admin	Online	Software	10/4/2011	RSJoomla		\$53.29	Debit	RSEvents
Admin	Online	Software	10/4/2011	RSJoomla		\$25.96	Debit	RSFiles
Admin	Online	Bank Related Fee	10/4/2011	International Transaction fee		\$1.59	Debit	RSEvents
Admin	Online	Bank Related Fee	10/4/2011	International Transaction fee		\$0.77	Debit	RSFiles
Area Donations	Twin Cities		10/11/2011	Donations	\$200.00	\$0.00	Credit	TCASC 200; New Way NA 12; Gotta Do Something 28
Group Donations	New Way NA Group		10/11/2011	Donations	\$12.00	\$0.00	Credit	New Way NA 12
Group Donations	Gotta Do Something Group		10/11/2011	Donations	\$28.00	\$0.00	Credit	Gotta Do Something 28
General PR	Meeting Lists	Printing & Copying	10/12/2011	The UPS Store		\$80.46	Debit	150 Copies of Regional; 50 copies of metro
Regional Delegate	Midwest Zonal Forum	Airfare	10/12/2011	Delta		\$307.40	Debit	Feb 2012 MZF Ohio
Regional Delegate	Midwest Zonal Forum	Airfare	10/12/2011	Delta		\$307.40	Debit	Feb 2012 MZF Ohio
Regional Delegate	Midwest Zonal Forum	Travel Insurance	10/13/2011	Travel Insurance Policy		\$33.82	Debit	Feb 2012 MZF Ohio
Projects	Bridging the Gap	Printing & Copying	10/13/2011	Jeff Spencer		\$93.45	1757	BTG Printing
Projects	Public Relations	Mileage	10/13/2011	Pam Sellness		\$31.08	1758	222 miles X .14
Projects	Bridging the Gap	Mileage	10/13/2011	Randy Pung		\$36.82	1759	263 miles X .14
Helpline		Phone.com Service	10/20/2011	Phone.Com		\$97.43	Debit	Oct to Nov 2011
Helpline		Phone.com Service	11/21/2011	Phone.Com		\$97.43	Debit	Nov to Dec 2011
Admin	Online	Hosting	11/21/2011	A2 Hosting		\$132.35	Debit	2012 Web Hosting for naminnnesota.net Development
Projects	Bridging the Gap	Printing & Copying	12/15/2011	ISD709		\$33.45	1760	BTG-Printing Post Cards
Helpline		Phone.com Service	12/20/2011	Phone dot com		\$97.43	Debit	Dec 2011 to Jan 2012
Admin	Online	Developer Fees	12/29/2011	Apple.com		\$106.70	Debit	Developer annual fee
Helpline		Phone.com Service	1/20/2012	Phone dot com		\$99.03	Debit	Jan 2012 to Feb 2012
Regional Delegate	Midwest Zonal Forum	Rental Car	1/26/2012	Hertz		\$96.72	Debit	Deposit Ohio Feb 10-12 2012 MZF Car from DTW to Ohio
Admin	Online	Software	1/30/2012	JS Community Template		\$42.40	Debit	Template for Joomla 1.7
Admin	Online	Software	1/30/2012	SP Cyend		\$33.81	Debit	Joomla Extension
Projects	Bridging the Gap	Printing & Copying	2/4/2012	ISD 709		\$15.70	1761	Printing
Regional Delegate	CAR Review	Mileage	2/5/2012	Caleb Black		\$33.88	1762	Mankato CAR Review
Regional Delegate	Midwest Zonal Forum	Mileage	2/5/2012	Caleb Black		\$23.66	1762	St cloud to MSP RT Mileage for MZF Flight
Regional Delegate	Midwest Zonal Forum	Per diem or meals	2/5/2012	Caleb Black		\$92.00	1762	Per Diem 2 days - OH MZF Feb 10-12 2012
Annual Assembly		Rent	2/5/2012	Kit Egan		\$50.00	1763	Reimbursement on Deposit on Mtg Space for 2012 Annual Assembly
General PR	Meeting Lists	Printing & Copying	2/9/2012	Kit Egan		\$64.37	1765	150 Copies of Meeting List - 4 tabloid dbl sided
Projects	Bus Posters	Public Relations	2/11/2012	Northern Lights Area		\$500.00	1766	Reimbursement of Partial Cost of Bus Poster Project
Helpline		Printing & Copying	2/11/2012	UPS Store		\$22.32	Debit	Orientation Material
Admin	UMSO	Rent	2/11/2012	UMSO		\$400.00	1764	2012 rent
Area Donations	Back to Basics		2/13/2012	Back 2 Basics	\$159.00		Credit	Ck #1019 dated 11/17/11
Area Donations	Back to Basics		2/13/2012	Back 2 Basics	\$118.00		Credit	Ck #1018 dated 10/18/11
Area Donations	Open Door		2/13/2012	ODSASC	\$668.57		Credit	Ck #1996 Dated 10/16/11
Area Donations	Northern Lights		2/13/2012	Northern Lights Area	\$180.00		Credit	Ck #2543 dated 12/19/11
Area Donations	Northern Lights		2/13/2012	Northern Lights Area	\$600.00		Credit	Ck #2542 dated 11/19/11
Area Donations	Back to Basics		2/13/2012	Back 2 Basics	\$296.00		Credit	Ck #1027 dated 2/9/12
Group Donations	Coop Group Rochester		2/13/2012	Coop Group	\$155.02		Credit	Ck #3066 dated 1/15/12
Group Donations	Gotta Do Something Group		2/13/2012	JJ Johnson	\$49.00		Credit	Ck #1455 dated 1/21/12
Group Donations	Surrender = Freedom		2/13/2012	Surrender = Freedom	\$25.00		Credit	Ck #5058 dated 11/18/11
Group Donations	Surrender = Freedom		2/13/2012	Surrender = Freedom	\$50.00		Credit	Ck #5048 dated 8/11/11
Group Donations	Surrender = Freedom		2/13/2012	Surrender = Freedom	\$25.00		Credit	Ck #5051 dated 9/3/11
Cash	Unknown		2/13/2012	Cash	\$2.00		Credit	Cash from Region Mailbox - picked up Feb 11, 2012

Mnnac Bod March Minutes

Agenda

Visitors Issues

The Pig committee visited and informed us that they're making changes as far as the Mnnac awareness event. There will be no more dunk tank and they are looking for ideas mnnac awareness event. Volleyball, pancake feed, etc were offered as suggestions. Pig is moving to Apple River next year.

Committee Reports

Chair Brian B will email his chair report to Tim W.

Vice Chair Tim W. will attend today's region in absence of our regional rep. Tim is also trying to recover our Secretary files from Sara H. who resigned as Secretary mid-term.

Secretary position is open.

Treasurer Paul T was absent. He will try to make the March meeting. If he can't make that meeting he will resign. As of now our balance is \$1355.60.

Vice treasurer no report.

Archivist open.

Mnnac 19

Hey B.O.D. members , MNNAC19 convention has now been meeting twice a month to start to put thing all together. As time is running out . I will be giving this report starting with the state of our finances .As of Tuesday Feb 7th our accounts had a balanced total of 10,360.93(ten thousand three hundred sixty dollars and ninety three cents). Here are the bank statements given to me to pass on to Paul or Tammie . I would like to move to hotel and hospitality.Laurie and Derrick met with the hotel to get some clarification on banquet table set up and times to change it all out to accommodate for more seating for times of speakers. Also the hotel will print up the dinner tickets some how designating pork, chicken , veggie .They will also print some signage for in front of meeting rooms. and easels for us to use for larger signs. Laurie went to book rooms for our speakers and they requested us to open a line of credit this is something we haven't needed to do with the Kahler at our prior conventions held there. So I have brought along a application for line of credit .We have a photo of the centerpiece which is a vase with our logo etched on surface. I have pricing for them if we wish to discuss them. Finally as we are getting closer to the date of convention ,bookings are being made at hotel we have as the 7th of February 2 for Thursday , 94 for Friday , 94 on Saturday a total of 190 room nites we should be able to meet our Quota . Help get the word out. Make sure at booking they mention MNNAC 19 to get negotiated rate. The block ends March 14th 2012. Moving on to registration things seem slow coming in, but believe build it and the will come .We have (71) full packages, (65) registration only for a total of (136)for both. Newcomer donations I don't know and those wanting the special gift is now at(14) revenues generated by registrations is \$ 7275.00(seven thousand seventy five dollars) their expenses

have been \$ 1336.00(thirteen hundred thirty six dollars). Jamie can fill you in on mailings and confirmations . Next we have special needs . Kim has sent back the contract with the signers to included all main speakers as of this time we have not received it back . So no contract today for approval. next month .It will get done. There has not been a request for any needs brought forth to her committee. As for convention information will set tables in main foyer for high visibility Convention greeters an guides will set up base camp there also. I haven't heard what items of information will be placed on the table.Will be staffed with knowledgeable persons to help those needing assistance with directions, times of events, eateries etc. I have with me a photo of what guides and greeters shirts will look like upon your approval and their pricing I believe you will like. What about them trac phones for committee members , greeters ? word is you disapprove. We have the guides committee working on a solution at this time Jackie has not found any one who carries walkie talkie style radios in Rochester MN. Are some Motorola type ok? Please give us time to work this now late in the game problem out. Arts and graphics has worked with most committees with art this month tweaking some things the convention banner company has the art the have given us sample to show banner material and workmanship . We as the committee are making up second banner with the logo to use as a back drop at our photo booth during our red carpet event before dinner Saturday nite and thu out the entire weekend. Hand painted by us to be possibly auctioned off. Programming is busy with filling workshops with chairs and presenters so far so good plenty of willingness to fill those slots . Convention main speakers have been confirmed booking rooms when our line of credit clears. airline tickets paid by Daryl F.(and reimbursed) Working on coordinating to pick up around same time. I have a sample of workshop format to have you to look at. Here is what the program hand out looks like from same company as banner Question comments speak with Deb L. our programming chair seated here. Along the same lines as the program the name tags will have it printed on the back. with the scaled down version of convention logo on front.Name tags will be made out of this sample card they should hold up for the weekend and years after. Merchandise(see Derrick H. report attachment) I will attach to this report because it is to long for me to report on .I think some good salable, profitable items were selected.No special item has been chosen yet and if it were it wont be a special secret item now would it?

Mnnac 20

The convention committee brought the logo and art work for their upcoming convention plus an early bird flyer.

Motions

1- approve mnnac 20.

MNNAC Inc.
Treasures Report

2/11/2012

Annual Business renewal was taken care of on Jan 29, 2012.

Minnesota Sales and Use Tax paid on Jan 30, 2012.

Bank activity last month: MN State Tax 1,052.00

Current Bank Balance: 1,355.91

In Service

Paul Thomas

MNRSC Report to the World Service Conference

www.naminnnesota.org • info@naminnnesota.org • 877-767-7676

INTRODUCTION

The Minnesota Region covers more than 87,000 square miles in the upper mid-United States. It has 363 groups and 10 active areas: Area of Hope (Saint Paul), Back to Basics (Southern Minnesota), Central Minnesota (St. Cloud), Northern Lights (Duluth), Open Door (Rochester), Recovery in the Heartland (West Metro), South Suburban Fireside, Twin Cities (Minneapolis), Vision of Hope (Southeast Minnesota), Voyageurs (Northern Minnesota), Wee Are Here (North Metro).

The Minnesota Region provides vital services to its members, the general public and professionals in the state. These services and the system in which they are provided are described below through the critical elements that flow together to achieve our Vision of Service: structure, process, people, and resources.

STRUCTURE

The Minnesota Region scraped the antiquated committee/subcommittee configuration in February of 2009 replacing it with a project-based structure. Rather than focus the Region's limited energy and resources on filling subcommittee chair positions with individuals who were ultimately left alone and overwhelmed, the Region now focuses its limited energy and resources around specific services it can provide to its members, the public and professionals. The RSC's focus has shifted from electing people and then finding something for them to do, to deciding what we want to do and then finding the people to do it.

For each idea, the Fellowship Services Team (our single board) creates a project plan which is reviewed and approved by the RSC with an assigned project manager. Then the project manager is the single point of accountability for the project. She forms a team with the authority and accountability to fulfill the objectives of the project. Some projects are on-going like the helpline, but others have defined beginning and ending periods like public relations events.

Early New Service System Trial

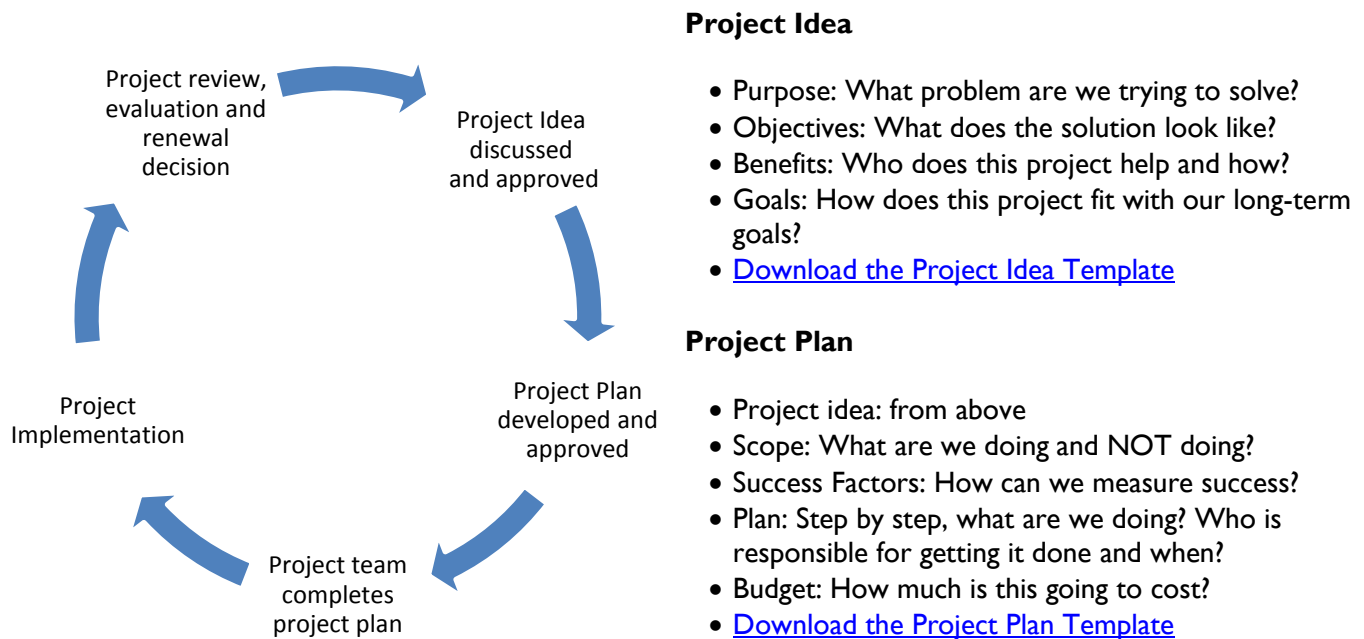
NA Groups in the rural southwest formed a Group Service Unit (GSU) in July of this year. As they report, "It's all about getting back to the basics." They have decided to take small steps and focus on specific goals/projects when they meet and, most of all, to build a community! Their first goal was to get members with some clean time down to Worthington as they have lots of newcomers, but minimal clean time. As a result, they started a third meeting in town. They have an email/phone list started and expect the organization to grow over the coming months as they accumulate successes and communicate them to the local groups. Representation at the ASC is officially unchanged as no decision has been made about sending one representative to area. More details will be available in our report in 2014.

Planning

Planning has become second nature in the Minnesota Region. Actually the Fellowship Services Team (FST), uses NAWS and the WSC as models for their planning process. The success of these planning efforts has resulted in relatively short RSC meetings; approximately 6 hours which includes a recovery meeting and a half-hour orientation. A big reason for the effectiveness of the RSC meeting in addition to its brevity is the distribution of a detailed agenda at

least a week before the meeting. The agenda includes not only the schedule, but also all motions, executive reports, project status reports, new project ideas, and project plans. Because RSC participants know exactly what to expect at the meeting, they can be prepared with questions and suggestions. The meeting runs more smoothly and efficiently and drama is kept to a minimum because there are no surprises.

Planning the actual service delivery is all about project planning. The process looks like this:



Budget Plan

The annual budget contains a line item for each ongoing project like the helpline, the website, public relations events, etc. It also contains an estimate of funds required for the unknown projects that inevitably are proposed and implemented over the course of the year. The treasurer presents the first draft of the budget in August. RSC participants discuss and amend it in October and then review and approve it in December for the following year.

Decision-making

The Minnesota Region still allows everyone who attends the RSC meeting to vote on any issue facing the body. An individual doesn't have to be elected to anything in order to vote at our RSC. As far as anyone knows, the Minnesota Region is the only service body in Narcotics Anonymous that operates this way. The MNRSC believes that to give ample opportunity to hear the voice of our loving higher power we need as many members as possible to play a part when decisions are made. This system permits our HP to speak through the roughly 20 – 30 members in attendance. Were the RSC to limit HPs voice to RCMs only, the math looks like this; Quorum requires 50% of active Areas, currently that would be 5 Areas. The minimum majority needed to pass a motion would then be 3 RCMs. The Minnesota Region is more confident that HP is heard through the collective wisdom in the room - that sound decisions are being made - when ten times that number are allowed to create our group conscience.

In order to evaluate the validity of this belief the RSC voted twice on every motion for two years; once with everyone voting, and once with RCMs only voting. In two years there was no variance. The same decision was made in every case. The RCMs control the agenda because an RCM is required to make or second a motion. The RSC maintains that the power isn't in the voting, it is in determining what we're voting on.

GSR Assembly: Creating Our Common Welfare

The annual GSR Assembly has come to be known as “Creating Our Common Welfare”. The meeting isn’t just for GSRs, but when the RSC changed the name to Regional Assembly or Annual Assembly, the GSRs stopped showing up. The idea is that by focusing on what comes first, “our common welfare”, the FST can increase the attendance of all NA members without losing the GSRs.

Assembly Goals

- Garner member input and regional consensus on world-wide NA issues.
- Discuss issues facing the Minnesota region
- Strategic planning

Assembly Process

- Presentations
- Small Group Discussion
- Large Group Discussion

Communication

Just like every other organization in the world, communication is the number one challenge facing the Minnesota region. In an effort to equalize the opportunity to serve for more members, the RSC uses conference calls, webinars and email Google groups to work on projects and keep in closer contact between RSC meetings. Because of this, the FST and project teams can actually get work done between RSC meetings and use the RSC meeting to simply report the progress of the work and solve problems that may have arisen. These are the communication methods utilized:

- *MNRSC Google Group* – Email discussion group of NA members in Minnesota
- *FST Google Group* – Email discussion group for Fellowship Services Team members
- *Project Specific Google Group* – Some project teams use email discussion groups to facilitate their work.
- *Conference Call/Webinar* – The FST meets at least once between each RSC meeting this way. Project teams also use this to do their work. Training sessions, Workshops and even the full RSC Meeting use this tool, www.anymeeting.com.
- *Email via website* – Regional and Area trusted servants can be contacted with the click of a mouse.
- *Facebook* – A social media account used to present NA news and local event reminders to friends of NAmnnesota. (Currently 1,887 friends)
- *Twitter* - A social media account used to present NA news and local event reminders to followers of NAmnnesota. (Currently 63 followers)
- *Face to Face* – Bimonthly RSC meetings. Meeting in person is always the best way.
- *Google Documents* – Online documents help provide accountability, transparency, and real-time collaboration. They are used for Volunteer sign-ups, Helpline activity reporting, Treasury bookkeeping, convention registration, inventory and project document sharing.
- *Email distribution lists* – subscribers (nearly 700 professionals and members) receive meeting lists emails once a month

Virtual RSC

As a relatively large state, 550 miles across, it is difficult for member areas in the north to travel to the bimonthly RSC meetings. In addition, weather can be a problem. Last year the RSC meeting was canceled in the face of a massive snowstorm. In order to handle that inevitability again, the FST planned and held a virtual RSC meeting via conference call and webinar. The response was overwhelmingly positive. In the evaluation survey, nearly every metric was 4+ on a scale of 1-5.

The RSC used www.anymeeting.com for the conference call/webinar. It is free and allows up to 200 participants to connect. The technology is quite solid. A full evaluation is available on our website at this link: [Online MNRSC Meeting Evaluation](#).

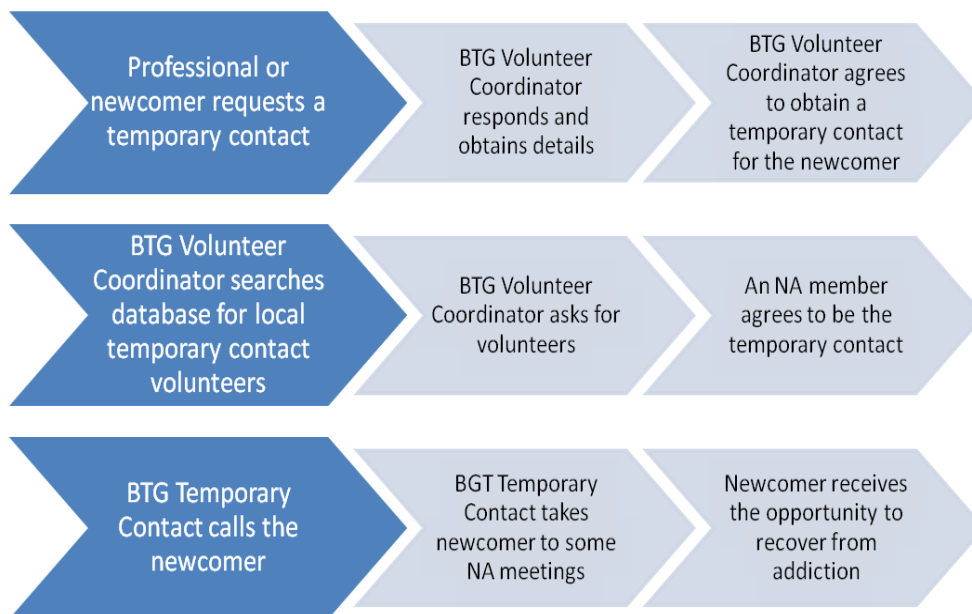
PEOPLE

Members contributing their time to the fellowship make up the backbone of the services the Minnesota Region provides to its members, the general public, and to professionals. Signing up to serve is easy, just a few clicks away on www.naminnnesota.org, or a member can simply send a text message. More than 220 members have signed up to participate in the Region's service projects since the launch of the website in October of 2010. When NA members are offered specific, focused opportunities to carry the message, then they are willing to volunteer. Most members want to do service if they don't have to go to committee meetings.

New Project Highlight: Bridging the Gap

The Bridging the Gap (BTG) project was approved in early summer of 2011 and was officially launched in October. BTG is a temporary contact program that offers new members a chance to make a connection to NA before walking into their first meeting. Volunteers, geo-coded in a confidential mapping database, are put in contact with a newcomer

with the intent of meeting them at their first few meetings, introducing them to other members and potential sponsors, and sharing their own experience with recovery through NA. As of December 7th 182 NA members had signed up as temporary contacts, and there have been 26 requests by either the addicts themselves or professionals requesting a temporary contact on behalf of their clients. Requests for a contact can be made through the web, mail, text message, or by calling our helpline.



One of the stumbling blocks early on has been professionals being confused about what we are offering. BTG is not a temporary sponsorship program, though forming that type of relationship is possible. The project team is currently looking into how the program can be presented better to help clear up confusion. Another stumbling block has been that many of the people being released from facilities have no email address and no phone number where they can be reached. The team is brainstorming solutions to these issues.

Helpline

The Minnesota Region adopted an ongoing project to move its helpline from an answering service to an online Virtual PBX, www.phone.com. Since the move on July 19, 2010 we have received more than 6,200 calls (as of Dec 2011), a third of which, nearly 2,000, were people calling to talk to an addict. Within a minute, calls to addicts were answered 92% of the time with only 8% of the calls to volunteers going to voicemail. A dedicated volunteer returns the voicemail

messages within 12 hours, typically within three. Members can volunteer to serve answering calls for as few as 3 hours per week from the comfort of their cell phone. Currently there are 64 volunteers serving on the state-wide helpline.

Since the move, all Area helplines have consolidated their helpline numbers into the Region's making it truly statewide. Not only has the Region's helpline bill been cut by more than 50%, the Areas no longer have this expense on their books, saving even more. Altogether, the helpline consolidation continues to save the Region and its Areas more than \$10,000 per year while at the same time providing service opportunities to addicts in far flung parts of Minnesota.

Public Relations Projects

The Minnesota Region continues to resource public relations projects such as attendance at the annual LGBT Pride festival attracting more than 350,000 participants, the Minnesota Association of Resources for Recovery and Chemical Health attended by more than 3,000 Chemical Dependency professionals, along with several other events both large and small. In response to projects brought to the Region by Areas, the Region is supporting bus shelter and bus bench advertisements.



The RSC obtained the video public service announcements produced by the Michigan Region modified with the tag altered to include our helpline number (877) 767-7676 and www.naminnesota.org. The Back to Basics Area has placed this PSA on local television and radio stations.

Recruitment

Validating our belief that countless members will do service so long as they don't have to attend committee meetings, more than 220 members have signed up to volunteer via a [form on our website](#).

RESOURCES

Website: www.naminnesota.org

We launched our new website in October of 2010 after nearly nine months of planning and development. The project plan called for six months of design and three months of development. It is designed to serve three user types: Professionals, the general public, NA members. We worked hard at making the layout natural and intuitive, drawing heavily on the principles found in Steve Krug's book [Don't Make Me Think](#). The information that most users seek is within two clicks of the homepage:

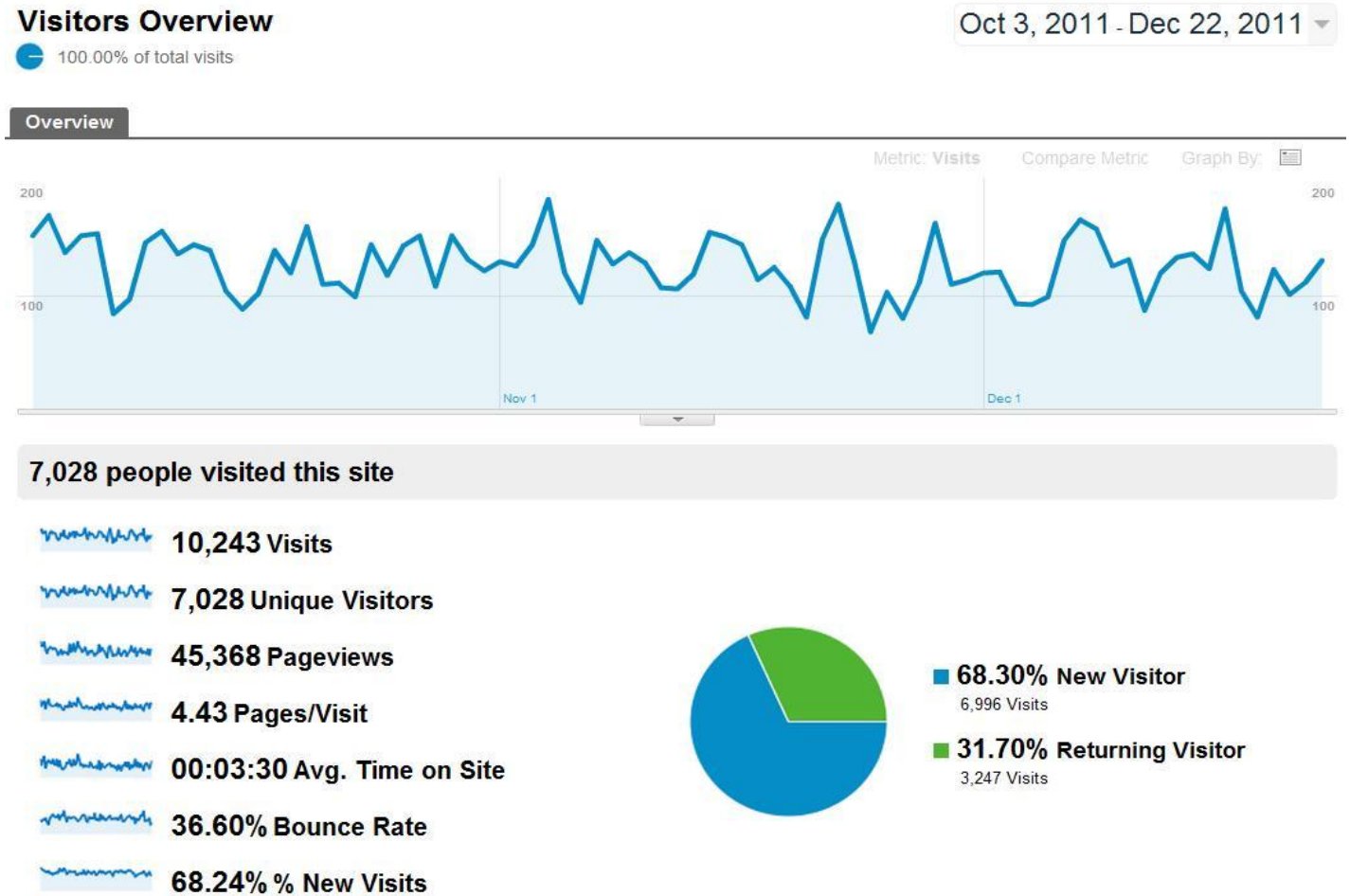
- Find an NA Meeting
- Print a Meeting List
- Frequently Asked Questions
- Information about NA
- Contact Us
- NA Events
- A section for each ASC
- An online file cabinet for each board and committee

www.naminnesota.org is becoming a focus for Narcotics Anonymous across the state. The Digital Project Team (DPT) successfully uses social media to push news and event reminders out to subscribers, driving requests for more information to the region's website. One ongoing Public Relations effort pulls probation professionals to our website by having this Narcotics Anonymous notice listed on the Minnesota Association of County Probation Officers website, <http://www.macpo.net/juvenilecd.php#narca>. After the RSC paid for the first year's placement, the organization decided to run the notice for free thereafter.



Before the launch of the new website some member Area Service Committees had been maintaining their own websites, but after seeing the value in a consistent professional presentation to the public and the added value afforded by the regional site, every one of them chose to abandon their old sites. Now each ASC has a web publisher who can manage the Area's online file cabinet, and local events from the website front-end. The DPT hosts training via conference call/webinar with the web publishers every month to answer questions and make sure that they each have the minimal skills required to manage their section of the site.

We use Google Analytics to evaluate the effectiveness of our site. This is a summary for the last 3 months.



Basic Meeting List Toolbox

The Region's number one priority is to provide NA members, potential members, professionals and the general public with as many ways as possible to find Narcotics Anonymous meetings in Minnesota. It all starts with the Basic Meeting List Toolbox ([BMLT](#)). This powerful and easy to use platform provides a central repository for Regional meeting information. The BMLT, with its ever expanding list of Regions and Areas served, is free and technically supported by a generous NA member. It offers:

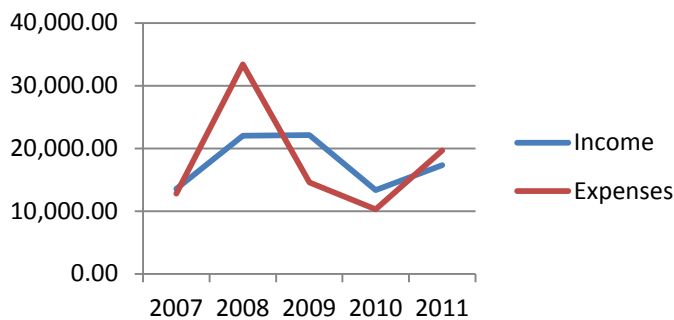
- Meeting schedule made accessible through helpline recordings
- Printed lists by State, multi-area (Metro), four geographic sections, and by common need
- Area lists
- Smartphone integration ([app](#) and mobile site)
- Meeting list subscribers (nearly 700) who receive meeting lists emails once a month

By cloning the BMLT, the DPT solved a longstanding difficulty of knowing who in the Region is willing to be of service, and in which ways. Instead of entering Narcotics Anonymous meetings into the database, volunteer information is entered including specifics of willingness. In addition to providing a visual representation of the location of volunteers, this clone, the Trusted Servant List Tool (TSLT), allows the FST to provide monthly reports to the Areas detailing those willing to help with Public Relations, Hospital and Institutions, and Activities projects. Unlike the publicly available BMLT, the TSLT maintains the volunteer information in strictest confidence.

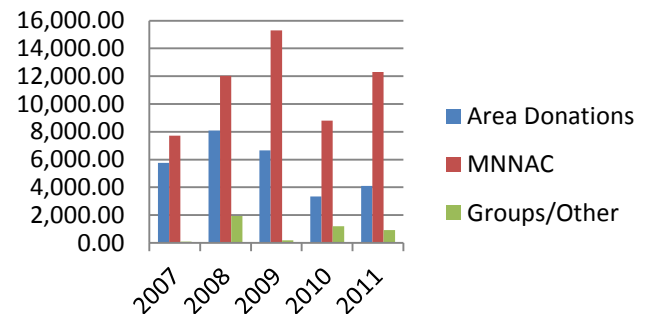


MNRSC Financials

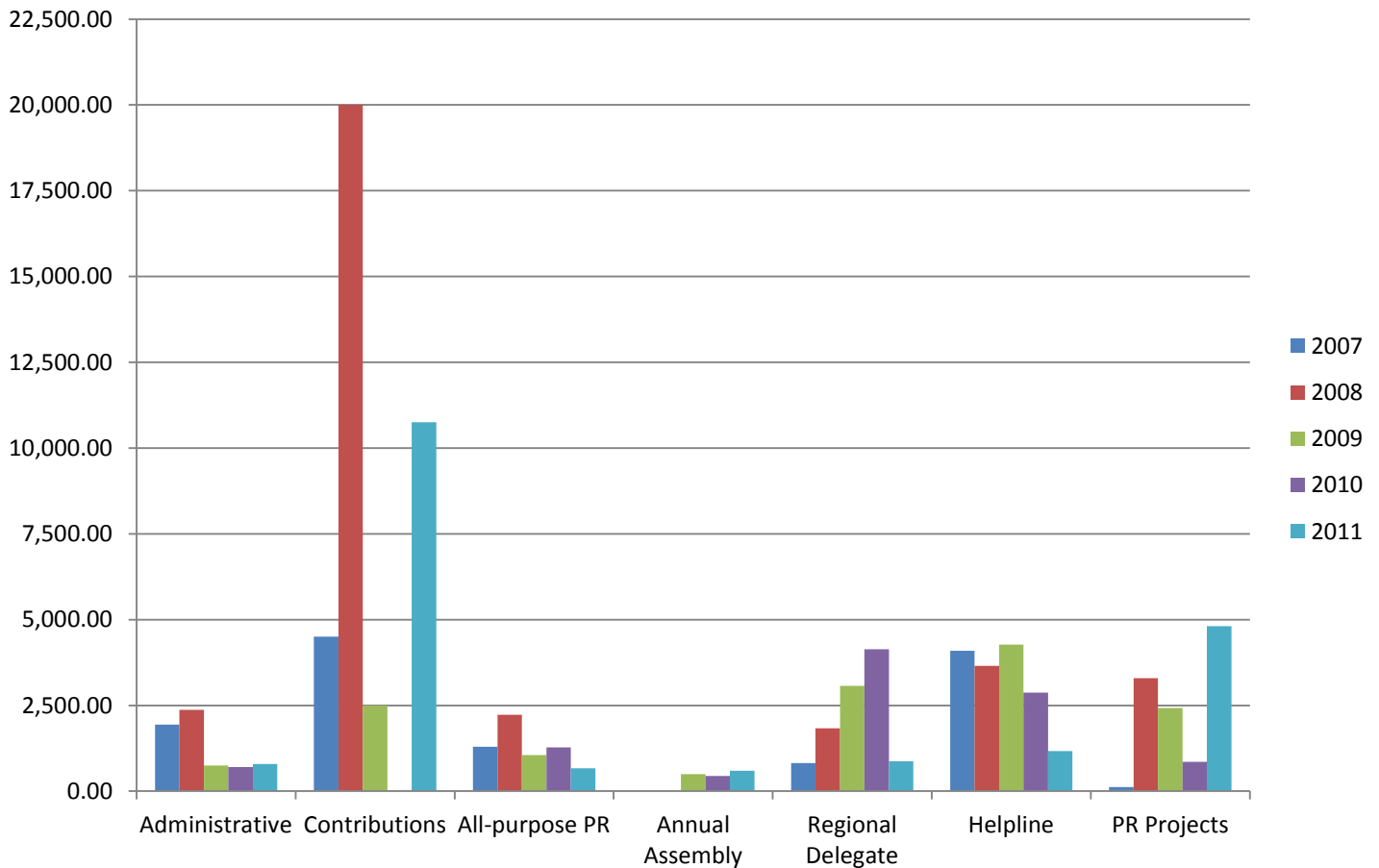
Income vs. Expenses



Income Sources



Expenses



Upper Midwest Service Office

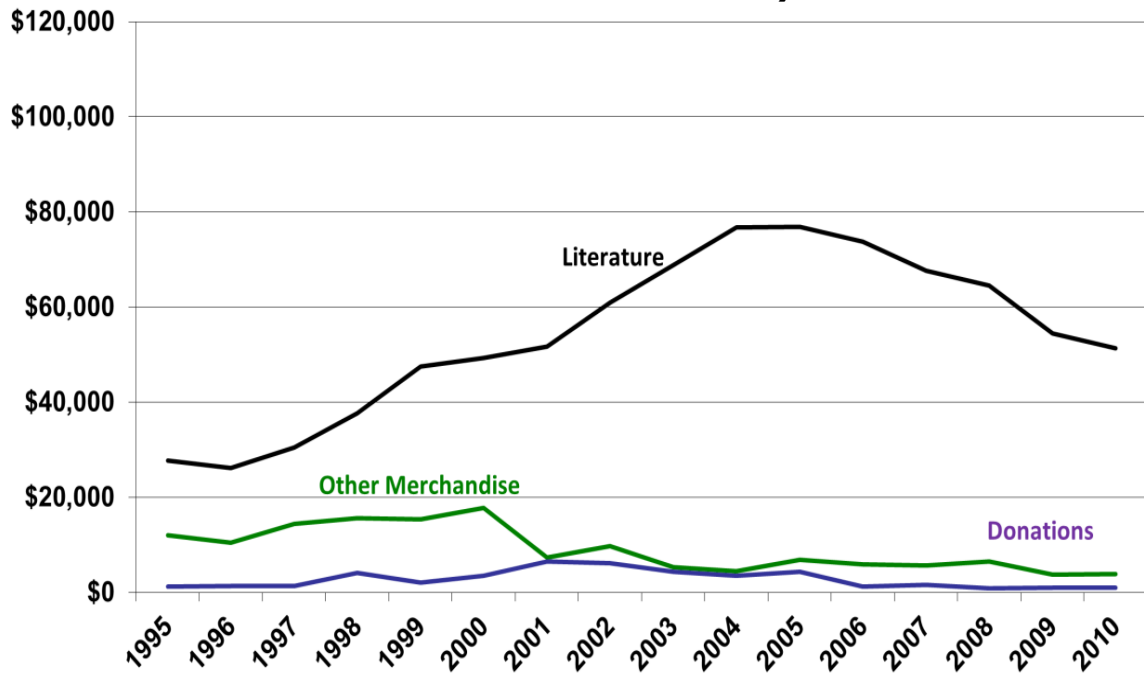
In recent years the long-term viability of our regional service office has come into question. The board has contracted services as sales have declined. The board is looking for ways to reverse these trends.

- Eliminated printing of regional and area meeting lists
- Eliminated shipping orders to individuals
- Reduced attendance at area events
- Reduced open office hours
- Sales down 40%
- Operating expenses flat

Full evaluation available: [UMSO Business Analysis](#)

Upper Midwest Service Office

Sales Trends (15 years)



Upper Midwest Service Office

Income/Expense Trends (15 years)

