

MNRSC Minutes: December 14, 2019

Location: PEASE Academy, 601 13th Avenue SE, Minneapolis, MN 55414



www.naminnnesota.org

Attendance

Areas: Back to Basics, Central Minnesota, Twin Cities Area, New Directions, South Suburban Fireside

FST members: Amanda L, Chris J, Jessie N, Joe B, Liliias R, Mike S, Patty K, Tom T

Newcomer Orientation

Open, Introductions, Readings, Welcome

Open Forum (in no particular order)

I. AREA CONCERNS

- Mike N's last day as Wee R Here RCM- Thanks for allowing me to serve; regional service has allowed my recovery to grow in ways I never imagined

II. Announce to all Areas and Groups: Creating Our Common Welfare February 8th & 9th, 2020 confirmed location at DoubleTree by Hilton St. Paul East, 2201 Burns Ave, St. Paul, MN 55119. Flyer attached. Speaker, DJ and Dance Saturday night, same location!

- COCW will include: CAR Report Workshop and Region Voting, MNNAC BOD elections, Guidelines voting, Regional Service Project Workshops, Some TBD fellowship activity on Friday Feb 7; Speaker, DJ and Dance on Saturday night; and Sunday morning workshops
- FST is hosting this year and will send out a final schedule as soon as it is complete on Google Groups
- ***Please reply with your suggestions!***

III. Amanda B2B – Invited Jessie, RD/FST, to facilitate area inventory this month. Thanks to the region for supporting our LSC.

IV. TCA Flyer Frenzy contest- supports MNNAC and promotes NA MN helpline/website – attached is the “Flyer Frenzy instructions” and Helpline Flyer if your area is interested in a similar project

V. Fund Flow – NAWS contributions, quarterly donation guidelines in MNRSC guidelines.

- Fellowship discussion today suggests increasing the regional prudent reserve to cover a determined percentage of annual operating costs+insurance costs. Mike, Treasurer, will present the budget at the end of each MNRSC and we can determine ongoing NAWS donations based on that report. Regional Guidelines will voted on at COCW

VI. 12 member Fellowship Services Team (FST) has 2 open positions for members to participate in Regional projects. Becky, NA MN webservant, regrets to inform us today, she must step down. Consequently, the FST NEEDS a new webservant/digital project team member; Joe will begin training with Becky immediately.

- ***All Area members with an interest in IT, please attend webservant training. 2nd Wednesday virtual meeting invite is posted at the naminnnesota.org events page each month, AND/OR Email info@naminnnesota.org if you are willing to serve on Digital Project Team!***
- Last month the FST voted to end former webservant, Jeff Spence's contract at the end of December 2019 – we will revisit that decision with Jeff and FST members to create a workplan to cover website duties



- VII. Draft Guidelines- hard copies distributed last MNRSC, these will be voted on in February – please request electronic copies if you need them
- VIII. CAR Report – Overview by Jessie. Are ASCs/LSCs interested in scheduling workshops? Plans for a virtual workshop to Review the CAR is also an option, if members are interested.
- Suggested Jessie create a video CAR workshop for Areas to use/present – NAWWS produces such a video presentation available, it is not out yet as of today. In-Person presentations allows for real time questions and answers, and facilitates fellowship discussion and information
 - Suggested today that WSC delegates publish exact tally of MN members voting
- IX. Motion 483 To approve revised 2020 budget guidelines, to include RD expenses for WSC
- Human Resources and Financial Resources needed – How do we encourage and inform Areas to attend the MNRSC, participate in regional service projects and make financial contributions a priority in Area budgets?
- X. Motion 484 proposes that the Minnesota Region join the Midwest Zonal Forum
- Decade or so ago, Minnesota Region withdrew from the MZF, it was determined that travel to this service body was not a prudent use of NA funds. Today the MZF has virtual workshops and participation, and they have put on services conferences (ie. Multi Zonal Service Learning Day) that members have attended and benefitted greatly from – given these developments, this motion supports MN Region rejoining the Midwest Zonal Forum (MZF)
 - there is no financial impact to rejoining the zone and this motion proposes that, in the spirit of fellowship unity and development, joining the zone is proposed in this motion.
 - Information sharing, growth in best business practices and providing resources that MN could lean-in to when needed are all benefits of joining the MZF. MN has resources that we can share with other Regions in the Zone as well.
 - Should not affect our Seat (ability to vote) at the WSC – we cannot predict the future and we can trust that if it ever comes to that, Group Conscience would still be represented.
 - Currently any Zone with 2 or more unseated Regions in its Zone, is allowed a seat at the WSC. This does not impact any US Zones that we aware of.
 - MZF = Wisconsin, Ohio, Indiana, Illinois, Michigan
- XI. UMSO Financial Report – Rick is sick and cannot attend today; will report in February.
- XII. RD Report – see attached
- XIII. Helpline and BtG report – see attached



XIV. Chair, Joe B, report

- MNNAC BOD Liaison – Promoting regional Unity with MNNAC UMSO and MNRSC – COCW is will be a vehicle for building that unity and will include MNNAC BOD elections at COCW, MNNAC merch sales at COCW, MNNAC presentation at COCW
- Updating the MNRSC Guidelines adding the non-profit bi-laws
- Area Visits – Joe is interested in utilizing technology to create a process to meet with and serve Areas
- Will be participating in the MN Digital Project Team
- Some questions for members to consider:
 - How can we increase Regional awareness and participation?
 - Can we have a service office that carries the message to the entire state and produces revenue for the region as we see other Regional Services offices do?
 - What does it look to have a service office with an on-line store?
 - I. Eg B2B shared that they are purchasing H&I materials from the WI Service Office d/t cheaper prices and easier ordering process

XV. Vice Chair, Chris J, report -

- Committed to doing in-person Area visits. Met with Lake Agassiz Area members will be attending B2B and Southwest Area Service Committees in the next couple months.
- Look forward to facilitating activities outside of the Twin Cities, particularly following 3 MNNACs and 2 COCWs being held in the Twin Cities.
 - Perhaps create a rural NA service project?? Suggestion made to research and apply the newly developing NAWs NA in rural and isolated communities' toolbox
 -
- Tom T, FST
 - Attending Crookston and Detroit Lake Area meetings- Can we collaborate more with UMRSC/ Fargo-Moorhead Region/Area? Ideas – use technology to bridge the geographical gap, create learning days. All members can use their contacts and experiences to bring back ideas on how to effect this collaboration.

Old and New Business

- Motion 482: To approve MNRSC Minutes from October 12, 2019
- Motion 483: To approved MNRSC Revised 2020 Budget Guidelines
- Motion 484: The Minnesota Region will join the Midwest Zonal Forum
- New Motion #485: To establish discussion 30min time limit at RSC
- Mike N Elected to the Fellowship Services Team (FST) Congratulations, Mike!



Motions:

Motion 482: To approve MNRSC Minutes from October 12, 2019

Intent: Approve the minutes

Financial Impact: None

Maker: Lilias, FST

Second: Duane TCA RCM

Result: passed

Motion 483: To approve MNRSC 2020 Revised Budget Guidelines to include RD/RDA WSC (these expenses were unintentionally excluded) from the approved Budget Guidelines at the October MNRSC. (correct single spelling error)

Intent: Approve the minutes

Financial Impact: None

Maker: Amanda L, RCM & FST

Second: Chris J

Result: Passed

Motion 484: The Minnesota Region join the Midwest Zonal Forum

Intent: To join the Midwest Zonal Forum with virtual attendance, resulting in no financial impact, in the spirit of Unity.

Financial Impact: None

Maker: Jessie N, RD

Second: Mike N, RCM WAHA

Result: Passed

Added today- Motion 485: To establish a 18-minute discussion time limit per topic during open forum, at the discretion of the Chair, at the MNRSC

Intent: Suggested to help maintain RSC unity, and to get things done in an efficient manner, allowing members to have a voice.

Financial Impact: None

Maker: Lilias, FST

Second: Adam S, RCMA B2B

Result: **Tabled. Guideline change that will be included in these minutes as a motion to be voted on at the next RSC.**

Book your rooms now
FEB 8TH @ 10AM to
FEB 9TH @ 12PM



CREATING OUR



COMMON WELFARE

ST PAUL DOUBLE TREE

2201 Burns Ave, St Paul 55119

CAR Workshop + Regional Voting
& Survey for 2020 WSC

+ MNNAC BOD Elections

+ Service Workshops

+ Much more!

Regional Delegate Report for December MNRSC

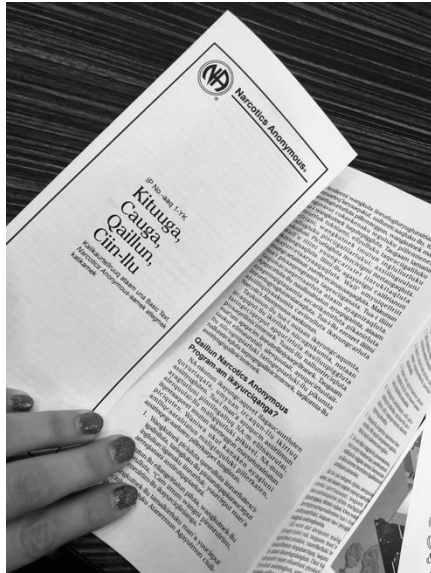
Timeline of things that happened

October

Missed the MNRSC because I was in a wedding.

End of October I moved from Cambridge, MN to Cambridge, MA

This does not affect my ability to serve. I am able to travel to MN or MNRSC meetings, COCW, CAR Workshops, and for whatever reason necessary. I have been serving at this capacity for six years, and plan to complete my term as RD/FST member, which will end after the WSC.



November

Went to WSLD in Seattle- did not request funding. Don't have much to report on. Not much information was new. Heard about the translations that are occurring in Yupik in Alaska. If you have more questions on translations or literature development, please ask me. All workshops should be available online sometime soon at:

<https://wsld.org/wsld-xxxiii/wsld-xxxiii-audio-files>

Conference Agenda Report (CAR) came out, have been spending about one or two hours each day studying the CAR, reading online discussion, networking with other conference participants.

The FST received a request to conduct an audit/inventory at the B2B LSC. I will be adapting the inventory used for the WAHA to fit the B2B LSC and will be leading that inventory process on December 21st.

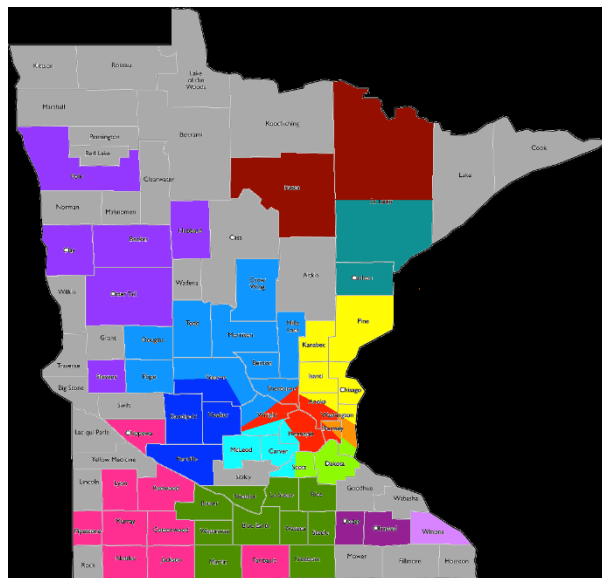
Drafted a new area county map for Minnesota.

Please note, this is a draft. We ask that you do not distribute this image.

After, it was brought to my attention that the Lake Agassiz area (located in MN, a part of the ND region) had a very out of date website and the meeting information we had in our BMLT database was incorrect.

I pushed to resolve instead of kicking them off our website. Main reason being- and addict in north west MN who is looking for a meeting will look to the MN website. I believe our primary purpose is to carry the message to the addicts who still suffer- regardless of what service body they belong to.

That being said, after the discussion on our FST call, I reached out their Regional Delegate. I offered to help, she was appreciative, and said that she would connect me with the right people. I then talked to their regional chairperson who was super excited and said that they have been struggling for a long time and have been asking for help, but apparently were talking to the wrong people. She was able to send me the updated meeting information for the Lake Agassiz area so that we could update our database, and she said they were in the process of forming an ad-hoc committee to update the website, I offered some suggestions and offered to be an informal working group member on that ad-hoc, I also said I would gather a few people to help in this process.



December

I attended the Multi- Region Service Learning Days in NH. This is the first CAR workshop of the year, facilitated by the World Board and attended by many delegates/conference participants and some interested members, about 70 in attendance. This event is not exclusive, but it serves as a tool to prepare the members who will end up facilitating CAR workshops themselves.



There were members in attendance from three zones, nearly all the delegates from the east coast, over 20 virtual participates from five continents, including members from all over the United States.



During the MRLE there was a Conference Participants Zoom meeting which I was able to attend, but not participate in. Patty was there as well, but she was able to participate.

Other Projects

I continue you to manage the FB page, our most successful post since the last MNRSC was the recent MNNAC Early Bird Registration post reaching over 1,500 people. In the past month the NA MN FB page was visited 109 times, received 25 new likes, and 29 new followers. Our overall reached continuously shows a downward trend since our historically popular FB post, that is now pinned to the top of the page, that has received about 11.5K views. It's hard for posts to have a comparable reach to that post, therefore it messes with some of the analytics.

I will slowly be training Amanda in the Transitions Fairs project- thank you so much Amanda for taking such a large project. This project helps around 800 addicts each years find NA after incarceration. I served as a volunteer for one year, and as PM for three years, until a few months ago. I am thrilled to help someone else take over the project. If you are interested in representing NA at a Prison Transition Fair come spring, please contact Amanda and/or sign up on the NAMinnesota website under the help wanted section.

I have participated on FST calls and am helping plan COCW.

I continue to be a source of information and a point of contact for the MN Region.

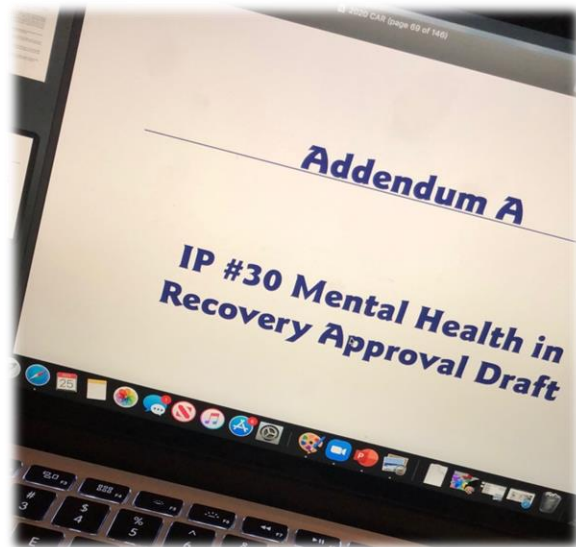
One thing that continuously comes up is the reunification of the MN Region and the Mid-West Zone. Many years ago, the MN region decided to withdraw from the Midwest Zone due to what we felt was a lack of value. Several years later, about four years ago, Andy and I (RD&AD at the time) attended a zonal meeting to see if things have changed. It was our findings that the Zone was still not being an effective service body. From our perspective, the entire meeting could have been read in an email. We traveled a long distance, using the fellowship funds to listen to members read their reports. We came back to region and said that we didn't believe that the MNRSC would receive any benefit from rejoining the zone at that time, and we could not justify spending the fellowship's money in that way. However, I also said that I would stay in contact with zonal members in case the zone was going to start being an effective service body- which they promised they were trying to be.

Fast forward to a few months ago, I believe Mike from WAHA brought this subject up again. I had said that I have been talking to members of the Zone who have reported that things have really changed within the Zone, they are utilizing technology, they are providing services, and so on. The Midwest Zone would love for MN to rejoin them. Recently the Midwest Zone provided a huge service to the local regions within the Zone by creating and executing the Multi-Region Service Learning Day (MRSLD) in Wisconsin. This event went well and speak to the zone's growth. The members of the zone have told me that the MN would be able to attend the zonal meetings virtually now- not costing the fellowship money- and for these reasons it is my

recommend that the MN Region rejoin the zone, on a virtual basis, until/ unless reported by the RD Team that it would be more useful to attend physically- in which case money would have to be budgeted for that.

Another thing that were brought to my attention, is that our BMLT Root Server needs to be updated, and that all of our meetings need to be re-geocoded. I'm in close contact with a member who is willing to do this for us, but we would need to grant him (Jonathan B.) access to do so. I also think we should update the BMLT plug-ins on our website too, this is not something that *needs* to happen, but I think it would look and perform better if we did.

To View the CAR or to take the Literature Survey go to na.org/conference



I hope to see every RCM/RCMA, GSR/GSRA, and all members who are interested in our future as a region and as a world-wide fellowship at COCW in Feb.

If you have any questions, please ask.

Thank you so much for allowing me to service!

Jessie N.



NA Bridging the Gap Volunteers NEEDED

Throughout the Minnesota Region

Any NA member 6 months clean can volunteer to meet an addict at a meeting, introduce them to members and sponsors, and help them feel welcome at their first NA meetings!



NA Minnesota's Bridging the Gap program provides a critical service to the still suffering addict looking for support to get to their first meeting. We receive requests daily through NAMinnesota website and from facilities throughout our Region. This service opportunity allows NA members to practice their 12th step and 5th tradition responsibility.

Please ask Area GSRs and all members to spread the word to their groups and share this link:

<https://www.naminnesota.us/community/2018/06/01/bridging-the-gap/>

When members sign up, they will be matched with addicts requesting support that live in your zip code. If you attend meetings in several areas, sign up in each zip code where you can be of service. Bridging the Gap NEEDS NA MEMBERS TO VOLUNTEER THROUGHTOUT THE STATE OF MINNESOTA! Any NA member with 6 months clean can a BtG Volunteer!

NA MINNESOTA HELPLINE REPORT



www.naminnesota.org



The NA Minnesota Regional Helpline 877-767-7676 serves the entire Minnesota region. Volunteers answer calls on their cell phones from addicts across the state 24 hours a day, seven days a week. If you are an active NA member with 6 months clean, NA needs you to answer helpline calls. You can answer as little as one 3-hour shift a week. All you need is a phone, helpline manual and a

current regional meeting list. Just fill out the form at NAMinnesota.org under the Help Wanted menu. You will receive an email with the Helpline Orientation manual- read the manual, discuss it with the Helpline manager, choose your shifts, and start answering calls! Sign up today:

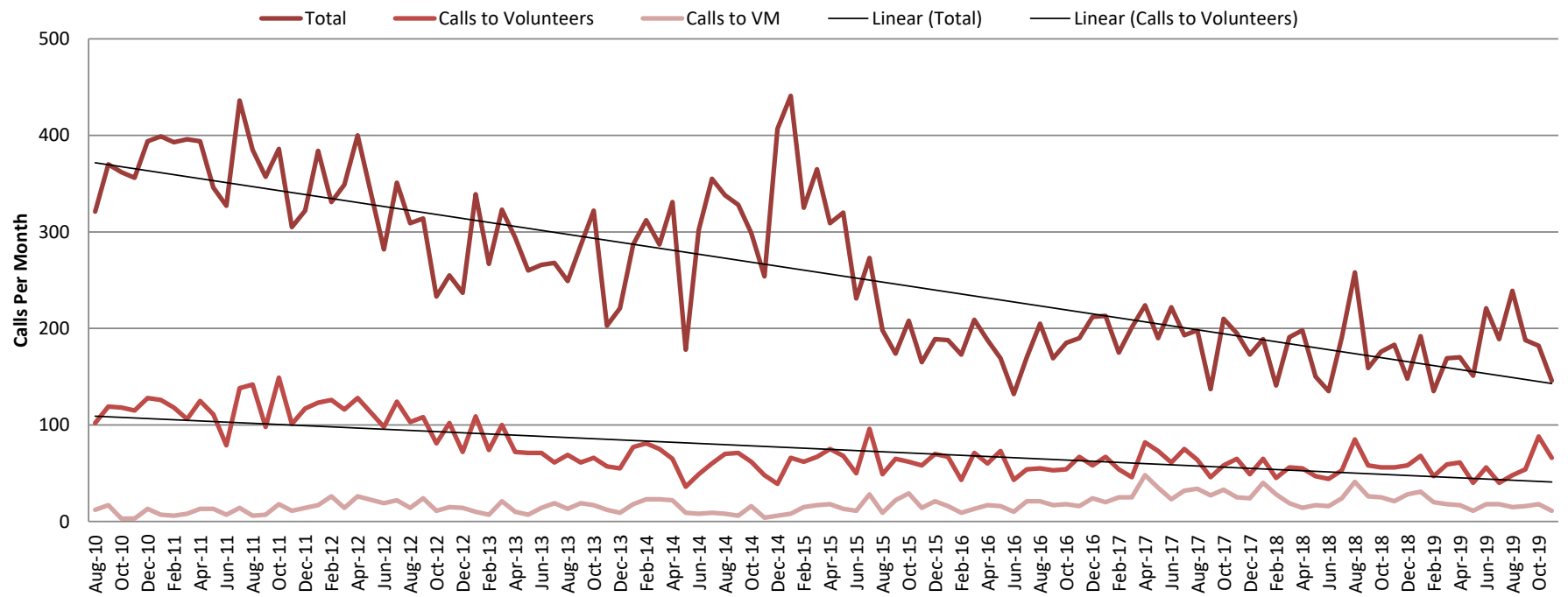
<https://www.naminnesota.us/community/2018/05/31/helpline-volunteer/>

Checkout Option #2 – Find a meeting. Now texts meeting information straight to your phone!

Helpline Volunteers have stepped up their call-answering game in the past 2 months!! Answered more calls & missed less calls! Thank you for your service!!!

We mentioned last month that the Minnesota NA Helpline will be switching to a new helpline service provider. This is still our intention and will work on it in the coming months.

NA Minnesota Helpline



November 2019 Helpline Detail

Volunteers per shift	Midnight - 3 AM	3 AM - 6 AM	6 AM - 9 AM	9 AM - Noon	Noon - 3 PM	3 PM - 6 PM	6 PM - 9 PM	9 PM - Midnight	Report Month	Report Year	Average People per shift	Average shifts Per Person	Average length of call to Volunteer	Total Calls	Projected calls for the month
	11	2019	6.5	8.0	4.5	146	104								

Sunday	3	4	7	7	11	10	12	6
Monday	3	3	4	7	10	13	8	8
Tuesday	3	3	5	7	7	10	11	6
Wednesday	3	3	4	7	9	10	8	6
Thursday	3	3	4	6	6	6	8	5
Friday	3	3	3	6	9	7	9	6
Saturday	4	4	6	8	9	10	9	7

Month End	11/30/2019	Total	Volntrs	45
Report Date	12/12/2019	Average	Calls/day	3
Total Days	30	Average	volntr/day	1.6
		Percent	Missed	17%

Where Did The Calls go?

Destination	Calls	% Calls	Minutes	Average
Main	71	49%	82	1.2
NA Info	2	1%	4	2.0
Mtg List	0	0%	0	0
Volunteer	66	45%	300	4.5
Events	5	3%	12	2.4
Requests	0	0%	0	0
Comm. Ref	2	1%	5	2.5

Calls to Volunteers	Midnight - 3 AM	3 AM - 6 AM	6 AM - 9 AM	9 AM - Noon	Noon - 3 PM	3 PM - 6 PM	6 PM - 9 PM	9 PM - Midnight	Total per Day	% per Day
Sunday	1		3	3		1			8	12%
Monday			1	2	1	2	1		7	11%
Tuesday				4	1	3		1	9	14%
Wednesday				1	2	5			8	12%
Thursday	1			2	1	3	4		11	17%
Friday					4	3	9	1	17	26%
Saturday				2	1	1	2		6	9%
Total	2	0	4	14	10	18	16	2	66	100%
% per shift	3%	0%	6%	21%	15%	27%	24%	3%		100%

Where Did The Calls Come From?

	Total	To Volntr	% total	% volntr
877-767-7676	96	55	66%	83%
877-568-3621	0	0	0%	0%
952-939-3939	24	6	16%	9%
218-728-3199	12	1	8%	2%
507-281-2227	14	4	10%	6%
	146	66	100%	100%

Missed Calls to Volunteers	Midnight - 3 AM	3 AM - 6 AM	6 AM - 9 AM	9 AM - Noon	Noon - 3 PM	3 PM - 6 PM	6 PM - 9 PM	9 PM - Midnight	Total per Day	% per Day
Sunday	1								1	9%
Monday				1					1	9%
Tuesday								1	1	9%
Wednesday						1			1	9%
Thursday				1		2	2		5	45%
Friday					1		1		2	18%
Saturday									0	0%
Total	1	0	0	2	1	3	3	1	11	100%
% per shift	9%	0%	0%	18%	9%	27%	27%	9%	17%	Missed Calls as percent of total calls to Volunteers

Total calls per shift	Midnight - 3 AM	3 AM - 6 AM	6 AM - 9 AM	9 AM - Noon	Noon - 3 PM	3 PM - 6 PM	6 PM - 9 PM	9 PM - Midnight	Total per Day	% per Day
Sunday	2		3	3	1	2	1		12	8%
Monday			3	6	2	5	4		20	14%
Tuesday				9	2	6	1	5	23	16%
Wednesday				11	6	11		1	29	20%
Thursday	1			5	2	8	6	1	23	16%
Friday			1	4	6	4	13	1	29	20%
Saturday				3	2	2	2	1	10	7%
Total	3	0	7	41	21	38	27	9	146	100%
% per shift	2%	0%	5%	28%	14%	26%	18%	6%		100%

October 2019 Helpline Detail

Volunteers per shift	Midnight - 3 AM	3 AM - 6 AM	6 AM - 9 AM	9 AM - Noon	Noon - 3 PM	3 PM - 6 PM	6 PM - 9 PM	9 PM - Midnight	Report Month 10	Report Year 2019	Average People per shift 6.5	Average shifts Per Person 8.0	Average length of call to Volunteer 3.1	Total Calls 182	Projected calls for the month 77
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Sunday	3	4	7	7	11	10	12	6
Monday	3	3	4	7	10	13	8	8
Tuesday	3	3	5	7	7	10	11	6
Wednesday	3	3	4	7	9	10	8	6
Thursday	3	3	4	6	6	6	8	5
Friday	3	3	3	6	9	7	9	6
Saturday	4	4	6	8	9	10	9	7

Month End	10/31/2019	Total	Volntrs	45
Report Date	12/12/2019 10/1/2019	Average	Calls/day	2
Total Days	31	Average	volntr/day	1.2
		Percent	Missed	20%

Where Did The Calls go?

Destination	Calls	% Calls	Minutes	Average
Main	88	48%	117	1.3
NA Info	5	3%	5	1.0
Mtg List	0	0%	0	0
Volunteer	88	48%	274	3.1
Events	0	0%	0	0
Requests	0	0%	0	0
Comm. Ref	1	1%	3	3.0
Total	182		399	

Volunteers	AM	6 AM	9 AM	9 AM -	3 PM	6 PM	9 PM	Midnight	Day	% per Day
Sunday	2		2	1	1		1		7	8%
Monday				1	2		5		8	9%
Tuesday			1	9		1	1		12	14%
Wednesday			4	4	6	8	5		27	31%
Thursday			2	4	4	6	3		19	22%
Friday				2	3	1	2		8	9%
Saturday				2	1	3	1		7	8%
Total	2	0	9	23	17	19	18	0	88	100%
% per shift	2%	0%	10%	26%	19%	22%	20%	0%		100%

Where Did The Calls Come From?

	Total	To Volntr	% total	% volntr
877-767-7676	120	71	66%	81%
877-568-3621	2	0	1%	0%
952-939-3939	28	10	15%	11%
218-728-3199	18	3	10%	3%
507-281-2227	14	4	8%	5%
	182	88	100%	100%

Volunteers	AM	6 AM	9 AM	9 AM -	3 PM	6 PM	9 PM	Midnight	Day	% per Day
Sunday			1						1	6%
Monday							1		1	6%
Tuesday				1					1	6%
Wednesday				1	1	2	1		5	28%
Thursday			1	1		1	1		4	22%
Friday					2		1		3	17%
Saturday				1	1	1			3	17%
Total	0	0	2	4	4	4	4	0	18	100%
% per shift	0%	0%	11%	22%	22%	22%	22%	0%	20%	Missed Calls as percent of total calls to Volunteers

shift	AM	6 AM	9 AM	9 AM -	3 PM	6 PM	9 PM	Midnight	Day	% per Day
Sunday	3		2	1	2	1	1		10	5%
Monday				6	7		9	1	23	13%
Tuesday			2	10	4	5	5		26	14%
Wednesday			4	8	13	12	5	2	44	24%
Thursday			3	12	8	15	3	2	43	24%
Friday				7	9	4	3	1	24	13%
Saturday				3	3	5	1		12	7%
Total	3	0	11	47	46	42	27	6	182	100%
% per shift	2%	0%	6%	26%	25%	23%	15%	3%		100%

Activity Checking	
Beginning Balance: 10/8/19	\$ 23,695.08
Mail Chimp	\$ (59.99)
Office Max	\$ (229.25)
Office Max	\$ (57.08)
Group Donation: NA Freedom from Addiction	\$ 50.00
Group Donation: NA Freedom from Addiction	\$ 100.00
Area Donation: Recovery in the Heatland	\$ 2,250.00
Group Donation: NA Freedom from Addiction	\$ 50.00
Cub Foods: Donuts for Region	\$ (17.98)
Area Donation: New Directions	\$ 300.00
Phone.com	\$ (101.03)
Area Donation: Back 2 Basics	\$ 1,608.00
Office Max	\$ (47.27)
Area Donation: Twin Cities Area	\$ 729.19
Twilo (Patty K).	\$ (30.00)
Lit for MAARCH conf (Barb K.)	\$ (560.52)
Spencer Consulting	\$ (225.00)
Mail Chimp	\$ (59.99)
Zoom.US	\$ (16.06)
Phone.com	\$ (108.70)
Spencer Consulting	\$ (250.00)
Mail Chimp	\$ (59.99)
Zoom.US	\$ (16.06)
Ending Balance 12/14/19	\$ 26,943.35
Pending Business	
Dponation to World	\$ (4,000.00)
Projected ending balance	\$ 22,943.35

MNRSC Accounts	Total
<i>Cash on Hand</i>	
Wells Fargo Checking	\$ 26,943.35
Wells Fargo Savings	\$ 4,167.25
MNRSC PayPal	\$ 5,964.73
Total as of 12/14/2019	\$ 37,075.33

PayPal Activity	
Beginning Balance 10/8/19	\$ 135.39
Monthly Service fee if below \$500	\$ (10.00)
River Boat Payment	\$ 5,839.34
Fall Ball	\$ 640.00
Fall Ball payment to Central MN	\$ (640.00)
Ending Balance 12/14/19	\$ 5,964.73
Pending Business	
Counter Check to Erica for Riverboat	\$ (5,839.34)
Projected ending balance	\$ 125.39

2020 Budget

Income

Group/Area Dontations	\$ 7,000.00
MNNAC	\$ 19,000.00

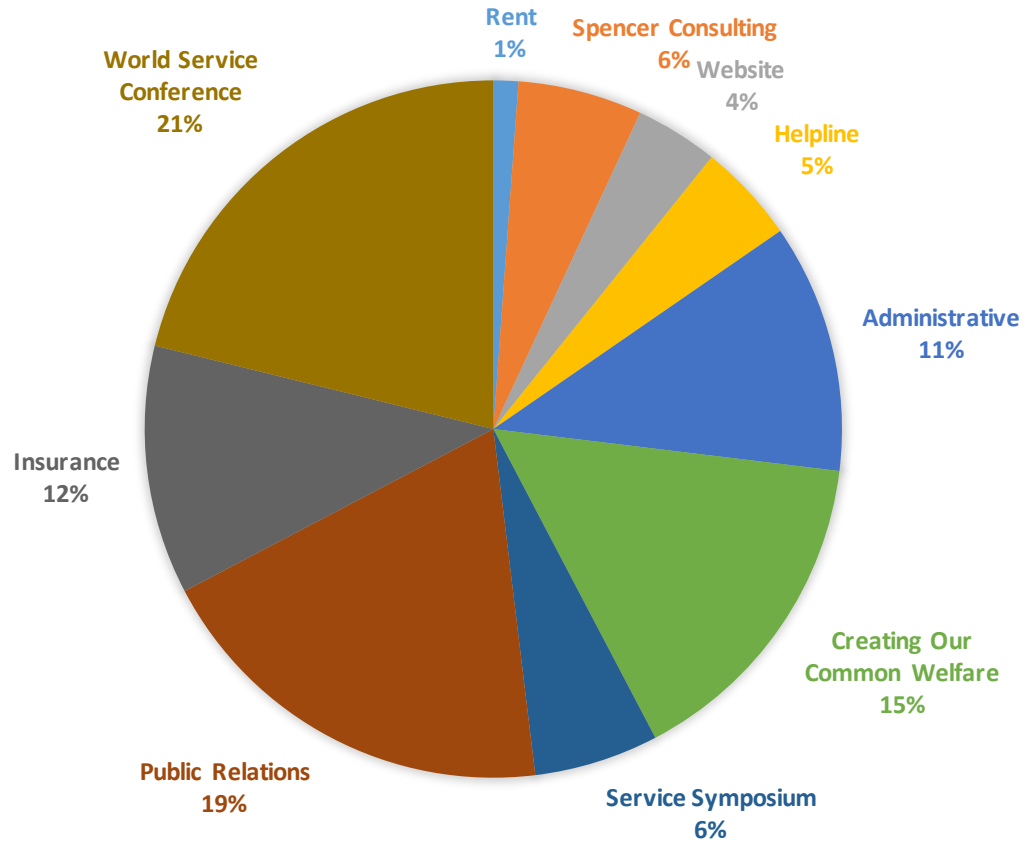
Total Income **\$ 26,000.00**

Expenses

Rent	\$ 300.00
Spencer Consulting	\$ 1,500.00
Website	\$ 1,000.00
Helpline	\$ 1,200.00
Administrative	\$ 3,000.00
Creating Our Common Welfare	\$ 4,000.00
Service Symposium	\$ 1,500.00
Public Relations	\$ 5,000.00
Insurance	\$ 3,000.00
World Service Conference	\$ 5,500.00

Total Expenses **\$ 26,000.00**

2020 ESTIMATED EXPENSES



Back 2 Basics Committee Report

RCM, H&I: Amanda Phone: 320-260-1774 Email: alynch2007@gmail.com

Last committee meeting: 11/16/2019 Attendance: 22

Next committee meeting: 12/21/19 at Holy Rosary North Mankato

Accomplishments

putting together outreach committee, updated meeting lists

Plans

Inventory 12/21/19, many projects planned and having trouble filling service positions, Guideline revision

Additional Information

disunity, participation, considering bidding for COCW 2021, training new webservant, Austin meetings not on list anywhere due to not participating in area, what is recommended? Struggling with H&I involvement and keeping clear message,

Attachment

<http://www.naminnnesota.us/community/wp-content/uploads/sites/14/elementor/forms/5df439642b9a4.docx>



year in review

1 July 2017 – 30 June 2018

A Note from Your World Board

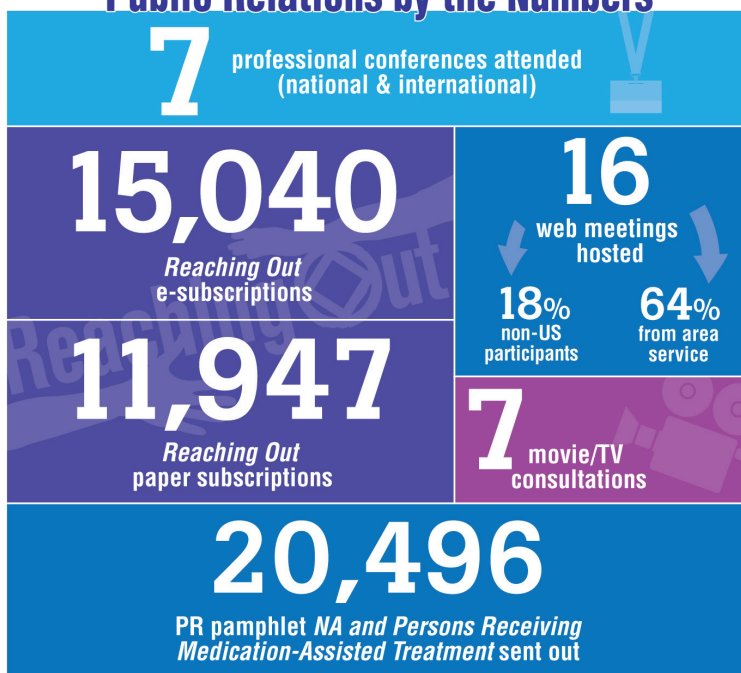
Language can do many things, but it will always fall short of expressing our sincerest gratitude for the opportunity to serve the Fellowship of Narcotics Anonymous—that can only be shown through our actions. Accordingly, every decision we make, every action we take, is guided by our shared commitment to further our primary purpose.

The dedication of trusted servants at every level has contributed to Narcotics Anonymous becoming a bona fide worldwide Fellowship. As a result, we now have over 70,000 meetings in 144 countries, and literature translated into 55 different languages. Today, more than at any other point in our history, addicts outside the US have a chance to find a new way of life through NA.

One of the most important ways NAWS contributes to fulfilling our primary purpose is by providing NA literature for free or at a reduced cost. We have continued the trend of reducing our costs while still being able to carry out this vital aspect of our work, but our work is never done. To continue improving our service delivery, we gather data, assess challenges, and plan solutions to work toward a future where, no matter the circumstances, “every addict in the world has the chance to experience our message in his or her own language and culture and find the opportunity for a new way of life.”

The *Annual Report*, available in full at www.na.org/AR2018, fulfills a corporate obligation, but we view this report as something much more meaningful. We aim to help our members better understand the scope of NAWS’ work, how we overcome the challenges we face together, and how our commitment to carrying the message to the addict who still suffers drives our operations. We want our members to know that we are all a part of this process, and that every dollar that comes—whether by contribution, convention registration, or literature purchase—reinforces the advancement of our primary purpose across the globe.

Public Relations by the Numbers



Translating the NA Message

This year saw the NAWS Translations Team in high gear again, readying locally generated translation projects for publication. At midyear, we had 38 projects on the typeset list alone, meaning those projects had undergone the process of assuring conceptual fidelity with the NA message. Having made it to the typeset list also meant that the publication standards of those languages were applied and reviewed by the respective local translation committees (LTC). Once an item is typeset, it is reviewed once more by a professional proofreader and a staff person and, if there are no further edits, it goes to the production queue.

Here are a few projects that made—or are making—their way through the NAWS translations process:

- The Slovenian LTC worked hard to submit the IPs needed to complete *An Introductory Guide to Narcotics Anonymous*. Several of the ten IPs contained in the *Introductory Guide* had already been

continued next page ②

Fellowship Services by the Numbers



published, and naturally the Slovenes wanted to complete the project. They also completed *The White Booklet*, and five more IPs were in the production pipeline this fiscal year.

- The Arabic LTC chose to work on *It Works: How and Why*. This book has been in high demand across the Arabic-speaking world since the *Step Working Guides* was published. There are 22 nations in which Arabic is the primary language, so *It Works* will be useful to many addicts across the Middle East and North Africa. Unfortunately, this project had a setback due to missing essential diacritical or accent marks that Modern Standard Arabic requires, and the book will not be available until the coming year.
- The availability of the Afrikaans key-tags created a special moment for the NA community of South Africa.



Fellowship Support



NA World Services receives requests from zonal forums, service symposiums, regional learning days, and other events to support the efforts of various NA service bodies all over the world. In addition, we assist emerging NA communities with everything from providing literature to supporting the development of their service structure, and whatever else may be needed in between.

Fellowship support continues to be a priority, especially where NA remains relatively new, where it may just be gaining a foothold, or where NA communities might benefit from NAWS support. One can say that just about everything NAWS does is related to FD. After all, most of our efforts focus on supporting groups and members as they carry the message of recovery to make the program more available to addicts across the world, and we believe these investments of our human and financial resources reflect our values.

One of the most remarkable aspects of FD in Ukraine is the significant Fellowship growth despite the political upheavals there in recent years. NAWS staff traveled to the first Ukraine convention in Kyiv, which provided an opportunity to engage with this NA community. More recently, NAWS participated at the First Ukrainian Literature Conference in Dnipro, where we conducted a series of workshops designed to help trusted servants create deeper connections to NAWS' resources and bolster peer support and mentoring.

Every time this critical aspect of Fellowship development is furthered, more addicts have a chance to hear the lifesaving message of Narcotics Anonymous. That's why it's no surprise when we hear accounts of members in Jakarta, Indonesia, going from island to island to distribute the recently published Basic Text in Indonesian. To help put that into perspective, Indonesia is composed of more than 17,000 islands. As a Fellowship, we also get to share in the collective excitement of Malaysia as the 2018 FY finally saw the Basic Text published in Bahasa Melayu.



The Bahasa Melayu Basic Text distributed to GSRs at the Malaysia ASC

Fellowship Discussions and Projects

An Issue Discussion Topic (IDT) is a subject that recovering addicts in NA communities around the world focus on in workshops throughout each two-year Conference cycle. The IDTs for the 2016–2018 Conference cycle were: How to Use *Guiding Principles*, Applying Our Principles to Technology and Social Media, and Atmosphere of Recovery in Service. The IDTs for the 2018–2020 cycle are: Attracting Members to Service, Carrying the NA Message and Making NA Attractive, and Drug Replacement Therapy (DRT) and Medication-Assisted Treatment (MAT) as It Relates to NA.

Resources to support IDT workshops can be found in a variety of languages at www.na.org/idt.

There were several projects that solicited input during fiscal year 2018. All input can be sent directly to the Board at worldboard@na.org:

- Spiritual Principle a Day Book Project
 - Mental Health/Mental Illness IP Project
 - Future of the WSC Project
- } www.na.org/projects

Web Meetings for Projects

- Conventions and Events Tools Project
- Local Service Toolbox Project

Ongoing Web Meetings

- Rural Service
- Public Relations
- Inmate Step Writing
- H&I

All web meeting information: www.na.org/webinar

Under the Local Service Toolbox Project (www.na.org/toolbox) CBDM Basics was published. The Conventions and Events Toolbox Project (www.na.org/conventions) published The Program Committee and Developing the Program.

\$1,000,300
Fellowship Contributions

11%
of total

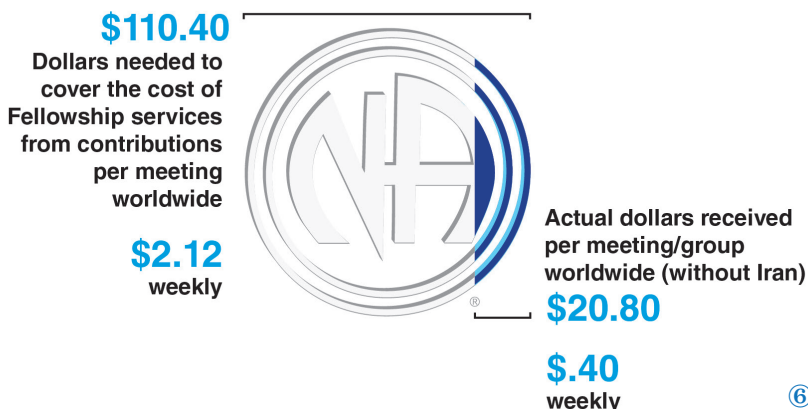
\$7,750,319
Net Literature Income

89%
of total

As we consider the sources of NAWS' income, literature sales continue to make up the lion's share of the NAWS budget. When this reality is filtered through the Seventh Tradition, which guides us to be "self-supporting through our own contributions," many members are reminded that a dollar in the basket doesn't go as far as it used to. Consequently, World Services continues to rely heavily on literature sales for funding, and this has been concerning since the early 1990s.

In the graph to the right, you'll find Fellowship contributions in five different categories—individuals, groups, areas, regions, and zonal forums/events—over the last six years. While this FY saw Fellowship contributions decrease by 2 percent, we are deeply inspired by your efforts, as this is the fourth year in a row that Fellowship contributions exceeded one million US dollars, and that is no small feat. We are very grateful for your contributions and our shared commitment to Tradition Seven and A Vision for NA Service. Thank you!

Worldwide Fellowship Support Cost per Meeting per Year



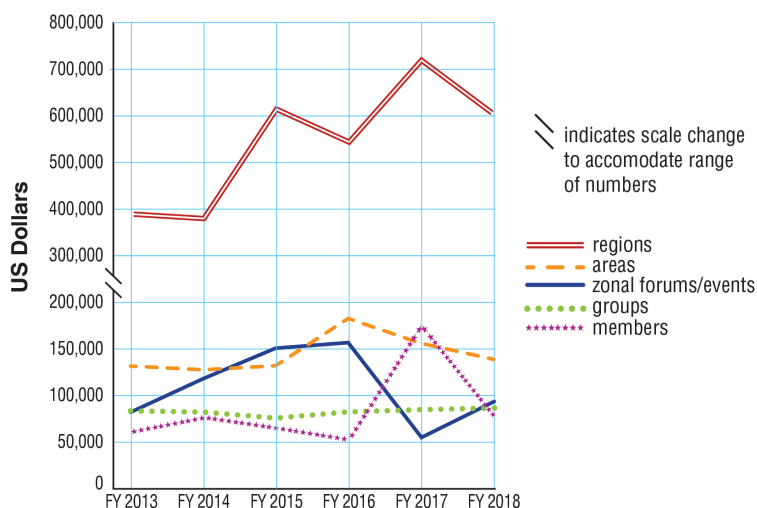
\$8,792,970

Total Operating Income

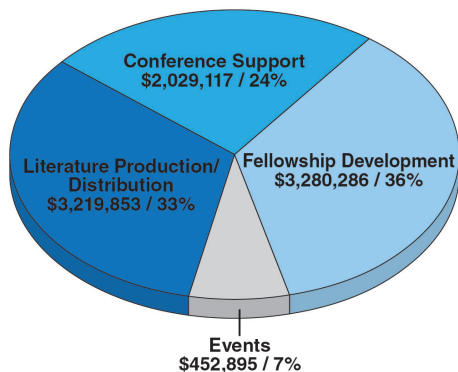
\$8,965,242

Total Expenses

Contributions by Donor Type



Actual Expense for FY 2018



As most of our members understand, the fact that NA World Services must operate as a business does not change the spiritual nature of our goals as an organization. The goals outlined in A Vision for NA Service remain our touchstone and guide everything we do. The continued pursuit of this vision inspires us to provide the highest level of services we can, as documented in this *Annual Report*.

Communications

We are listening

The Communications Team functions primarily as a conduit of information between the World Board and the NA Fellowship. We use every avenue available to hear from the Fellowship—surveys, workshops, web meetings, project input, calls, emails, Issue Discussion Topics, regional reports, zonal meetings, and more. We compile, categorize, summarize, and illustrate all of that member input so the Board can effectively make decisions based on the Fellowship's needs and ideas.

In turn, the Communications Team listens to the Board and, with their direction, drafts a variety of reports and correspondence to help keep the Fellowship informed. Another important aspect of this communication includes publishing NAWS periodicals and Conference reports, all of which can be found at www.na.org.

We encourage anyone who is interested in subscribing to our periodicals to visit www.na.org/subscribe and sign up. If you subscribe electronically to at least one of the three quarterly publications, you'll also get an email notification when the various Conference reports are distributed and posted as well as other important updates like when project material is posted for review or when the World Convention goes on sale.

There are also numerous ways you can provide input:

- participate in a workshop
- provide input to a project www.na.org/projects
- attend one of many web meetings
www.na.org/webinar
- subscribe to NA periodicals to stay informed
www.na.org/subscribe



2017–2018 NAWS Annual Report in full
www.na.org/AR2018

(Including these instructions with Region's minutes as a project example to advertise the helpline/website and support our convention)

Final Month! Flyer Frenzy!

Brought to you by the TCA Outreach Service Team

If you want to use drugs
that's your business.

IF YOU WANT TO STOP
THAT'S OURS.

NARCOTICS ANONYMOUS

WE CAN HELP

(877) 767-7676

www.naminnnesota.org

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To raise awareness of NA meetings and the hope of finding recovery while creating unity with your home group.

How it works

-Post the most "Drug Problem? How we can help" flyers each month to win one BASIC Registration to MNNAC for a group member. We will have a winner for October, November, and December.

-Post the most flyers overall for the 3 month period (October thru December) and win a FULL REGISTRATION to MNNAC for a group member.

-Once you've posted a flyer: take a picture of it, put it on Instagram:

#nasaves #yourhomegroupnamehere #thelocation

or email your picture with the all the details to _____

Example: #nasaves #pleasantNA #pizzaluce

If you want to use drugs
that's your business.

**IF YOU WANT TO STOP
THAT'S OURS.**

NARCOTICS ANONYMOUS

WE CAN HELP

(877) 767-7676[®]

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