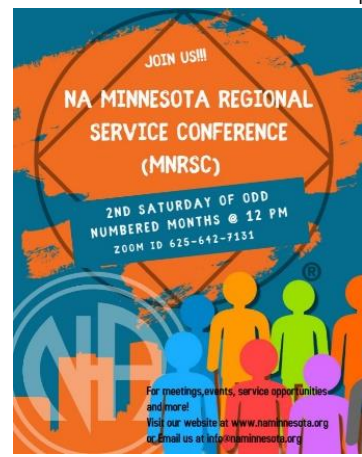




Minnesota Region RCM Checklist

Next MNRSC in November is 12th Saturday
12:15p-4:20p @ Great River Regional Library
Bremer Room 104

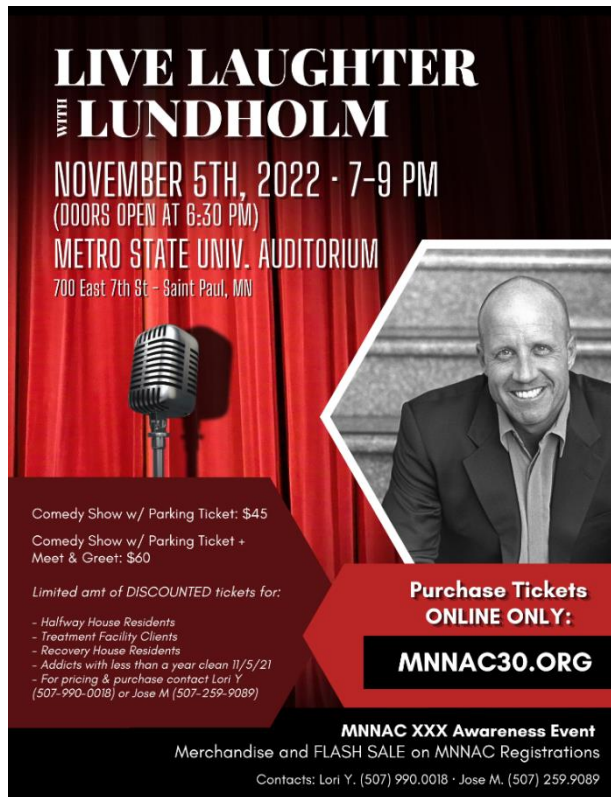


Poetry by Paul O.

There are corners I used to dance around blindly,
Fast as I wanted,
Jealous of the moments it was taking for me to get there,
And now,
This happened here,
This happened there,
This never happened anywhere,
If only I could pull it from the air,
Pocket it,
Look and covet it,
And leave it as an heirloom,
These are my memories,
They make up what is me,
If you keep them,
I'll always be alive,
A bunch of boring stories,
And stupidity,
And wonder,
And mistakes,
That's what I am,
A pocket of mistakes,
In pants that don't fit anymore, Tattered,
And left in the sun,
By your dream.

Upcoming NA Events

November 5th
Live Laughter w/
Lundholm
St Paul MN



**LIVE LAUGHTER
WITH LUNDHOLM**

NOVEMBER 5TH, 2022 - 7-9 PM
(DOORS OPEN AT 6:30 PM)

METRO STATE UNIV. AUDITORIUM
700 East 7th St - Saint Paul, MN

Comedy Show w/ Parking Ticket: \$45
Comedy Show w/ Parking Ticket +
Meet & Greet: \$60

Limited amt of DISCOUNTED tickets for:

- Halfway House Residents
- Treatment Facility Clients
- Recovery House Residents
- Addicts with less than a year clean 11/5/21

For pricing & purchase contact Lori Y.
(507-990-0018) or Jose M (507-259-9089)

**Purchase Tickets
ONLINE ONLY:**
MNNAC30.ORG

MNNAC XXX Awareness Event
Merchandise and FLASH SALE on MNNAC Registrations
Contacts: Lori Y. (507) 990.0018 · Jose M. (507) 259.9089

November 12th
Fall Ball
St. Cloud MN



FALL BALL 2022

Hosted by CMASC

When: Saturday November 12th, 2022
Where: 480 55th Ave SE St. Cloud, MN 56304
Doors open at 4:30 PM
Dinner at 5:30 PM
Speaker at 7:00 PM
Dance to follow speaker

Tickets \$35 Ages 11 and up
10 and under free
***All tickets are Pre-Sale only**

Tickets available online at naminnnesota.org
or in person

Tickets will not be sold at the door. Must be purchased by November 5th, 2022.
Ticket includes meal, speaker and dance.
NO tickets for only speaker and/or dance

~Formal attire encouraged but not required~



For question contact:
Robert K – (763) 645-6673 -or- Galen S (320) 371-1437

November 12th
 Gratifood
 West St. Paul

Gratifood

Saturday November 12th
 1pm-5pm
 Faith United Methodist Church
 1530 Oakdale Ave, West St. Paul



2 Speakers
 Spaghetti meal
 Gratitude participation
 (7th Tradition)

Contacts: James M. 612-716-7825
 Rooster 612-402-9050



November 19th
 Glencoe Superstars Game Night
 Glencoe MN

**Glencoe Superstar's
 Game Night**

1820 Knight Ave N. Glencoe
 November 19 @ 2PM
 Meeting @ 7PM
 Bring a dish to share
 Cribbage, Cards & Fellowship
 Rob W.- (320) 310-3383

Service/Webinar Opportunities

Bridging the Gap



Volunteer to meet an addict at their first NA Meetings! Addicts contact us and we match them with volunteers in their area! We "Bridge the Gap" so you don't have to walk alone across that scary gap between the beginning of recovery in treatment or jail and the rest of recovery in NA.

Transition Fairs



Narcotics Anonymous has been invited to participate in Transition Fairs at Minnesota Correctional Facilities across Minnesota. These Transition Fairs present opportunities for offenders with 16 months or less to serve. We participate with community contacts for housing, halfway houses, transportation, employment, training and support, and a variety of other community resources. Approximately 300 offenders at the facility are invited to attend.

Helpline Volunteers



If you have a phone, you can be a helpline volunteer and make a positive difference in the lives of addicts in need. Helpline training workshops are scheduled around the state and online with a conference call. To volunteer all you need to do is attend one training workshop scheduled just for you. After completing the workshop, you can volunteer for one or more 3-hour shifts per week.

Sponsorship Behind the Walls



Many NA members who are incarcerated don't have the ability to experience the miracle of sponsorship face to face. Still, many of them are looking for someone to sponsor them through the mail. With this program, the addicts behind the walls send a letter to the SBTW P.O. Box. Your sponsee's letter is forwarded to you either through email or regular mail, whichever is best for you. Then you respond to your sponsee directly using the P.O.

Box as your return address.

Fellowship Services Team



The Minnesota Region meets on odd numbered months, info@naminnesota.org We support all regional projects, serve areas and groups. We plan the annual Creating Our Common Welfare Service Conference as well. The FST meets by zoom and in person at least once between each RSC meeting. This is a great way to help carry our message of hope to addicts all over the state.

*** Digital Project team positions open and area webserver volunteers needed. ***

Monthly Web Servant Training Webinar



This is our monthly training session for anyone interested in learning how to maintain their area websites on www.naminnesota.org. Having the responsibilities of a web servant, updating, and maintaining a website for Narcotics Anonymous, can be daunting and a little bit scary. We hold this meeting to make sure you are comfortable and confident in your abilities. We'll have a prepared agenda, but this will be extremely informal with lots of time for Q&A and plenty of step-by-step demonstrations. Reach out to digitalprojectteam.org with any questions or updates needed.