

South Suburban Fireside Area July 2009 Newsletter



Area Information:

Mailing Address

South Suburban Fireside Area
PO Box 565
South Saint Paul, MN 55075-0507

Website Address

<http://www.ssfa.naminnnesota.org>

ASC Meeting

When: 1st Thurs. of the month, 7:00pm
Where: First Presbyterian Church
535 20th Avenue North
South Saint Paul, MN

Sub-Committee Meeting

When: 2nd Thurs. of the month, 7:00pm
Where: Faith United Methodist Church
1530 Oakdale Avenue
West Saint Paul, MN

Meeting of the Month

Northfield NA

When: Wednesday, July 15th 7pm
Where: St. John's Lutheran Church
500 3rd. St. West
Northfield, MN

Hospitals and Institutions

H& I Committee meets the 2nd Thurs. of the month, 7pm at the Sub-Committee Meeting.

The H& I Committee is offering wonderful opportunities to carry the message to the addict who is still suffering inside Hospitals and Institutions. All you need is 2 years off paper and 6 months clean to share the message in jail & prisons, 6 months clean to share at Hospitals & recovery centers and any amount of time clean to go along and help support.

The H&I Commitments are as follows:

- 2nd Tuesday of the month: Avalon Treatment (Eagan) 6-7pm Vern B. 651-263-1614
- 3rd Wednesday of the month: Cochran Treatment 7-8pm LeAnn J. 651-208-8187
- 3rd Thursday of the month: Lino Lakes Prison 7-8pm Dan W. 651-278-8833
- 4th Monday of the month: Red Wing Juvenile Facility. Buddy K. (Need young people to carry the message.)
- 4th Thursday of the month: Hastings Detox. 7-8pm Chris C. 612-481-5535
- Every 3 months (Feb, May, Aug, Nov) The Haven Treatment. (Please call contact for exact day and time) Garret L. 763-360-8151

They may be having a new meeting in Dakota Co. Jail. No given time yet. They need NEW addicts to go into jails & prisons. There is also a female treatment center in West St. Paul that they would like to set up a commitment for but, they need FEMALES to help carry the message there. If you have any free time that you would like to attribute to getting

the message out to these addicts, please feel free to contact any of these panel leaders. They would be more than happy to bring you along.

OPEN POSITIONS AT AREA:

- ☺ Outreach Chair
- ☺ Activities Chair

****Interested in being on the Area Committee?****

Show up at the next Area meeting: 7pm 1st Thursday of each month to see what's in store!!!

Region:

There are many open positions available on the Regional Committee. Please show up to the Next Region Meeting if you are interested either being on the board or just want more information.

Next Meeting: Sat. August 8th
Time: Committee meets at 11:00am. The meeting starts at Noon and continues until 4pm.
Location: Sabathani Community Center, 310 38th Street
Minneapolis, MN 55409

Activities:

PIG 2009

**July 17th-19th Noon-Saturday
Gaylord, MN**

We need support for continuing this exciting event. There are many positions open to take advantage. If you are interested in stepping up please contact Kyle M (PIG chair) or show up at the next PIG meeting. They meet at 6pm the 1st Thursday of each month at the same location as the ASC meeting. Thanks so much for your participation.

Inner City Unity Convention

Speaker/Dance

July 3rd 8pm-Midnight
St. Paul, MN

**Recovering Ladies of the Lakes
(TCA group) Sponsor/"Sponsee"
Dinner**

July 11th 6pm-12am
Minneapolis, MN

There are a lot more activities to check out on the Regional Website:
www.naminnesota.org. I am too lazy to type them all.

***Have an idea for a FUNdraiser or
FUNction?***

Talk with other groups and see what you can put together. Bring your ideas to the next ASC meeting or e-mail me & I can share your ideas with the committee/groups.

Step 7:

"We humbly asked Him to remove our shortcomings."-It Works How & Why pg.69

With this step we are asking our HP to remove our shortcoming. They may not all be removed immediately. I know it's shocking. I believe with time, and putting towards the effort of getting out of our own way (this can be difficult), this step is possible. For me, I have to surrender, let go of the outcome and have faith in my higher power that everything will work out; how it is suppose to, not necessarily how I want it to. Trying to control my defects or just act out on them sometimes was not working for me. I have to have patience, especially with myself. Here is where more trust and faith in my HP comes in. When I have a strong trust and faith in my HP the essence of having everything

right now dissipates. I started to grow and understand that when and how my character defects are removed are not up to me. It wasn't until I completely surrendered that I was able to let go and let the God of my understanding take care of what I cannot.

Tradition 7:

"Every NA group ought to be fully self-supporting declining outside contributions." -It Works How & Why pg.174

I think this tradition helps us become responsible, productive members of society. By making sure we are self-supporting as a group as well as individuals. I came here to find a different way of life than I had before. (I also came here because it was part of my probation; that is not important, important thing is that I stayed.) Becoming self-sufficient was something I was not familiar with in the past. Feeling that I can give instead of take all the time started to feel good. The part about declining outside contributions is important so we can carry our own message. If we were to start excepting donations from outside sources, I believe in some way or another, they would want input on what or how we run our NA program. I don't think it's all about the money either. We can be self-supporting in other ways. Doing service work, like making coffee, greeting, stepping up and taking on different positions so our meetings run smoothly is also a way, I feel, is contributing to becoming a self-supporting group (run on sentence). I feel however we choose to participate is just the way we should.

Poem

WANT AD

Looking for an NA Sponsor who's got an NA Sponsor

Looking for a great sponsor-
The best sponsor in the world
That I will come to know...

The best sponsor, to help me grow
I only ask you please help me out
And find my way in a "journey"
Thru the step, and what they're about.

Please listen to my story
And share yours with me
That I may learn to grow
As strong in recovery as an ancient oak tree.

Please help me learn the
"principles,"
And what each may define-
And I'll show you a willingness
That will continue in a spiritual climb.

Please laugh with me,
And cry with me too,
And let me know in that "two-way-street,"

It's okay to do that with you too.
I don't always understand,
So I'll definitely need help,
And a certain and willing student
I'll be

Nurturing a truth that must be felt.
-Pat 5/9/09

If there is anything you would like to share in these monthly newsletters, please e-mail me tbinc07@yahoo.com and I will be sure to add your experience, strength and hope. Thanks for everyone's contribution.

-Jocelyn

Another Recovering Addict

