

South Suburban Fireside Area
May 2009 Newsletter



Area Information:

Mailing Address

South Suburban Fireside Area
PO Box 565
South Saint Paul, MN 55075-0507

Website Address

<http://www.ssfa.naminnnesota.org>

ASC Meeting

When: 1st Thurs. of the month, 7:00pm

Where: First Presbyterian Church
535 20th Avenue North
South Saint Paul, MN

Sub-Committee Meeting

When: 2nd Thurs. of the month, 7:00pm

Where: Faith United Methodist Church
1530 Oakdale Avenue
West Saint Paul, MN

Meeting of the Month

Never On Time

When: Tuesday, May 19th

Where: 526 Marshall Rd.
New Richmond, WI

PIG 2009

We need support for continuing this exciting event. There are many positions open to take advantage of like: *Co-treasurer, Co-Gates chair (1), Food chair, Co-Food chair, Co-Breakfast chair, Co-Merchandise chair, Activities chair, Co-Activities chair, Kids Activities chair, Co-Kids Activities chair, Co-concessions chair, Co-Radio chair, Co-Outreach chair, Clean up chair.*

If you are interested please contact Kyle M (PIG chair) or show up at the next PIG meeting. They meet at 6pm the 1st Thursday of each month at the same location as the ASC meeting. Thanks so much for your participation.

Hospitals and Institutions

H& I Committee meets the 2nd Thurs. of the month, 7pm at the Sub-Committee Meeting.

The H& I Committee is offering wonderful opportunities to carry the message to the addict who is still suffering inside Hospitals and Institutions. All you need is 2 years off paper and 6 months clean to share the message in jail & prisons, 6 months clean to share at Hospitals & recovery centers and any amount of time clean to go along and help support.

The H&I Commitments are as follows:

- 2nd Tuesday of the month: Avalon Treatment (Eagan) 6-7pm Vern B. 651-263-1614
- 3rd Wednesday of the month: Cochran Treatment 7-8pm LeAnn J. 651-208-8187
- 3rd Thursday of the month: Lino

Lakes Prison 7-8pm Dan W. 651-278-8833

- 4th Monday of the month: Red Wing Juvenile Facility. Buddy K. (Need young people to carry the message.)
- 4th Thursday of the month: Hastings Detox. 7-8pm Chris C. 612-481-5535
- Every 3 months (Feb, May, Aug, Nov) The Haven Treatment. (Please call contact for exact day and time) Garret L. 763-360-8151

They may be having a new meeting in Dakota Co. Jail. No given time yet. They need NEW addicts to go into jails & prisons. There is also a female treatment center in West St. Paul that they would like to set up a commitment for but, they need FEMALES to help carry the message there. If you have any free time that you would like to attribute to getting the message out to these addicts, please feel free to contact any of these panel leaders. They would be more than happy to bring you along.

OPEN POSITIONS AT AREA:

- ☺ Outreach Chair
- ☺ Activities Chair
- ☺ Personal Relations Chair
- ☺ RCM (have one, need two), Region meets every other month: Feb, April, June, August, October, December

****Interested in being on the Area Committee?****

Show up at the next Area meeting: 7pm 1st Thursday of each month to see what's in store!!!

Region:

There are many open positions available on the Regional

Committee. Please show up to the Next Region Meeting if you are interested either being on the board or just want more information.

Next Meeting: Sat. June 14th
Time: Committee meets at 11:00am. The meeting starts at Noon and continues until 4pm.
Location: Sabathani Community Center, 310 38th Street
Minneapolis, MN 55409

Have an idea for a FUNdraiser or FUNction?

Talk with other groups and see what you can put together. Bring your ideas to the next ASC meeting or e-mail me & I can share your ideas with the committee/groups.

Step 5:

“We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”-It Works How and Why pg.49

After all that writing in the previous step I was ready to share what I had worked so hard on. I was also nervous, but I knew if I let fear get in the way I was setting myself up for a relapse, whether it be a spiritual relapse or a drug relapse I was not ready to give up for fear. So I went ahead and shared with my sponsor my fourth step. Not just reading what I had wrote, but also discussing it. I felt a relief after working this step. I had to except my past for what it was and become willing to move forward. I felt that I gained a deeper understanding and acceptance for who I am today. I felt as long as I am owning up to and excepting

my actions I can then turn it over to my Higher Power and let things go to make room for the gifts that recovery may bring me.

Tradition 5:

“Each group has but one primary purpose-to carry the message to the addict who still suffers.”-It Works How and Why pg.159

As it states above, ‘Each group has but one primary purpose,’ just one-to carry the message to the addict who still suffers. It is very simple yet very important. I believe the message can be shared through service work sponsorship, sharing at a meeting, the list goes on. But I feel the most important thing is that it gets passed along to each addict that wants to hear it. After I read this tradition it was like I had a spiritual awakening, all the things that I thought were important in meetings were actually very minimal compared to what I was suppose to be doing.

Freedom At Last

Sometimes its hard to find our way, things get tough every other day. But, today we have a powerful choice not to pick up, and to use our own voice. When things aren't feeling particularly well and life feels like a living hell and the insanity-? That too, shall pass, and through this program we do find “freedom at last.”-Pat



If there is anything you would like to share in these monthly newsletters, please e-mail me tbinc07@yahoo.com and I will be sure to add your experience, strength and hope. Thanks for everyone's contribution.

*-Jocelyn
Another Recovering Addict*