

**SOUTH SUBURBAN FIRESIDE
AREA
NEWSLETTER
May, 2008**



Area Info

Mailing Address: South Suburban
Fireside Area PO Box 565 South St
Paul, MN 55075-0507

ASC Meeting: 1st Thursday of the
month at first Presbyterian Church at
7:00 535 20th Ave N. South Saint Paul,
MN

Sub Committee Meeting: 2nd Thursday
of every month at 7 pm
Faith United Methodist Church on
1530 Oakdale Avenue West Saint Paul,
MN

Website:
<http://www.ssfa.naminnnesota.org/>

Meeting Of the month:
Wednesday, may 21st
Northfield NA 7:00 PM
500 3rd st W. Northfield MN

PIG '08:

JULY 18TH-20TH

Committee meets:
6:00 First Thursday of every month at
the 1st Presbyterian in South Saint Paul
church. (one hour before ASC)

Pig is one of the largest functions in the
Minnesota region. It is a weekend camp
out in Gaylord Mn. There will be plenty
of workshops games and great
fellowship and of course the pig roast!
Admission is 25\$ at the gate or you can
pre register for 15\$ (before 5/31) Check
out the flyer online Or contact Chair
Scooter S for more Info. Scooter: 651-
308-0890

Hospitals and Institutions:

*“Na’s primary purpose is to carry the
message to the addict who still suffers.
Its not surprising then that carrying the
message into Hospitals and Institutions
is one of our top priorities”*

H&I Committee meets: Second
Thursday of each month at 7:00pm at the
Faith United Methodist Church on
1530 Oakdale Avenue West Saint Paul,
MN Contact Chair **Brent F.** at 651-276-
6050 or email brentfoy@gmail.com for
more details.

*Currently in need or a Co-Chair.

Current Commitments and contacts:

- 2nd Tuesday of the month:
Avalon Treatment
 - Brent 651-276-6050
- 3rd Thursday of the month:
Lino lakes prison
 - Dan W. 651-278-8833
- 4th Thursday of the month:
Dakota County Detox
 - Chad O. 715-760-3144

Monthly Tradition:

Tradition Five:

"Each group has but one primary purpose—to carry the message to the addict who still suffers."

"Our Primary Purpose" This means everything we do in this fellowship should be furthering this purpose. When we are dealing with any issue such as internal controversies, multiple hats, or personality problems, we MUST keep in mind a couple questions; How are the groups actions affecting our primary purpose? Are addicts not getting the message because we are focused on other things? Simplicity is the key to this program and when we fog our business with controversies or personalities we loose sight of what is the most important thing, carrying the message. Most of us come into the rooms with major and minor struggles they are dealing with.

According to the tradition we should share the message of hope in our situations. "We lead by example sharing experience instead of advice" (It Works How and Why p.160). "Unity is one of our greatest strengths in carrying the message" (It Works How and Why p.165) We must maintain unity amongst the groups to ensure that our primary purpose is being fulfilled. We need to avoid dissention at all costs. We should examine our actions as a group an as an individual, and make sure the actions promote unity in the fellowship.

In closing we must carry the message that working the Na steps and traditions can lead to freedom from active addiction. Some simple things you can do to carry the message is share about experience strength and hope, and do service work especially H&I.

Regional Activities:

May 3rd, 2008 Saturday 4pm to 1am **MNNAC XVI Speaker Extravagana!** Silver Lake, MN

May 3rd, 2008 Saturday 1pm to 5pm Area of Hope, SSFA, TCA **H & I Learning Day** 639 Jackson St. St. Paul

May 10th, 2008 Saturday Noon to ? Sunday Night Gift of Life NA **SoftBall Tournament** Faribault, MN **Food!**

May 10th, 2008 Saturday 1 to 7pm **CMASC Spring Thing** St. Cloud **music food speakers**

May 16-17, 2008 Friday 7:30 pm to Saturday PM Winona NA **Winonas 2nd Annual Speaker Jam** By the River

May 23-26th, 2008 Friday 5pm to Monday **UMRCNA XXV Fair Hills Resort Upper Midwest Regional NA Convention**

June 6th - 8th, 2008 Friday noon to Sunday noon **Lakes Area NA 6th Annual Camp** Vanasek Brainerd, MN

June 7th, 2008 Saturday 10am - 9pm **ICUC Speaker Jam** St. Paul, MN

June 6th- 8th, 2008 Friday 2pm to Sunday **SMARB XX Southern Minnesota Annual recovery blast!**

June 13th - 15th, 2008 Friday to Sunday **RITH Area Collinwood Campout** Flyer coming soon!

June 20th-22nd, 2008 Friday to Sunday Northern Lights **18th Annual WoodenFrog Bugfest** near Int'l falls , MN

July 18th-20th, 2008 Friday 'till Sunday SSFA **PIG ROAST 2008 24th Annual Pig Roast and Campout** Gaylord, MN

August 22-24, 2008 Friday 3pm 'till Sunday Open Door Area **Just for the Weekend 14 Campout** Houston, MN

Sep 12-14, 2008 Friday Noon to Sunday Noon Northern Lights Area of NA **24th Annual Camp Vermilion** Cook Minnesota

Sep 20th, 2008

Saturday Night TCASC Banquet **TCASC 25th Annual Banquet** Mayflower Church South Mpls

Struggling on a routine basis and living in a daily fight

I lift it to my lips and wrap them around the pipe.

*Not wanting to do it anymore
I can't stop as I sit on the floor*

*Knowing it's killing me, not knowing how or when to stop
Trapped in the insanity of having been caught*

*Why do I continue on this path I'm on
Dying slowly in a sad and painful song*

*In desperation I cry out to God
Lord how did I get to this journey I'm on?*

*Guide me to the light of one day clean
I don't want to live like this or die a dope fiend.*

*Where is the end when comes relief?
I can't go on inhaling this thief*

*I know tomorrow may never be here
Show me the way out and I'll keep You near*

*Having prayed in anguish an addicts cry
I lay there hopelessly not willing to die*

*He brought before me my saving grace one day
A12 step program, a place they call NA*

*They told me why it works and they showed me how
Told me to listen and learn, to live in the hear and now*

*There's only today they said there is no tomorrow
Share all your pain it will minimize your sorrow.*

*Pain shared is pain lessened
In this you will find the essence*

*Be honest and humble, open-minded and willing
These are the keys to a life worth living*

*Practice spiritual principles in your daily living
Give yourself a break and be forgiving*

*A cure is not what they offer but the disease can be arrested
Be strong, work the steps, its at your weakest when you'll be tested.*

*30, 60, and 90 days clean
You'll start to feel worthy and then comes serene*

*6 turn into 9 months and then 18
Soon you'll find yourself with two years clean*

*Heed my advice and hear my warning
If you don't stop now
You might be dead by morning.*

**If you would like to share your personal story or write about the monthly step or tradition, or if you have any suggestions at all, please contact Outreach Chair Geoff D.
Phone: 612-309-6304
Email: Rollermasterg@msn.com**