



Area Information:

Mailing Address

South Suburban Fireside Area
PO Box 565
South Saint Paul, MN 55075-0507

Website Address

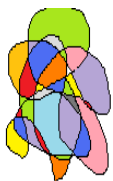
<http://www.ssfa.namminnesota.org>

ASC Meeting

When: 1st Thurs. of the month, 7:00pm
Where: First Presbyterian Church
535 20th Avenue North
South Saint Paul, MN

Sub-Committee Meeting

When: 2nd Thurs. of the month, 7:00pm
Where: Faith United Methodist Church
1530 Oakdale Avenue
West Saint Paul, MN



Meeting of the Month

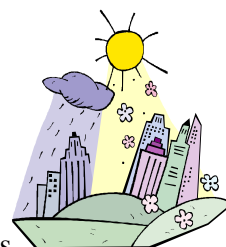
Addicts in Recovery
When: October 21st
Where: So. Sub. Evangelical Ch.Rm. 205
12500 Johnny Cake Ridge Rd.
Apple Valley, MN



PIG 2009

There are many service positions open on the PIG Committee! Get with Kyle, the PIG chair, or your GSR to see what positions you can help with. They meet the 1st Thurs. of the month, 6pm, right before the area meeting at the 1st Presbyterian Church in So. St. Paul. Also, if you have already been on the committee and believe you did a good job in your position, please write up a description of your position and give to your GSR.

⇒ Did you know they are having another contest for PIG t-shirt designs? Enter yours for a chance to WIN! The winner receives a T-shirt and FREE registration!



Hospitals & Institutions

H&I Committee meets the 2nd Thurs. of the month, 7pm at the Sub-Committee Meeting.

Commitments & Contacts

⇒ 2nd Tuesday of the month: Avalon Treatment (Eagan) 6-7pm

☎ Vern B. 651-263-1614

⇒ 3rd Wednesday of the month: Cochran Treatment 7-8pm

☎ LeAnn J. 651-208-8187

⇒ 3rd Thursday of the month: Lino Lakes Prison 7-8pm

☎ Dan W. 651-278-8833

⇒ 4th Thursday of the month: Dakota County Detox. 7-8pm

☎ Chris C. 612-481-5535

⇒ Every 3 months (Feb, May, Aug, Nov) The Haven Treatment. (Please call contact for exact day and time)

☎ Garret L. 763-360-8151

The H&I Committee would like to act out a moch presentations of what they do when visiting these

facilities to show us what it is all about. Carrying the message to the addict who suffers inside and outside of the rooms is NA's primary purpose. They may be having a new meeting in Dakota Co. Jail. No given time yet. They need NEW addicts to go into jails & prisons (2 years off paper). There is also a female treatment center in West St. Paul that they would like to set up a commitment for but, they need FEMALES to help carry the message there. If you have any free time that you would like to attribute to getting the message out to these addicts, please feel free to contact any of these panel leaders including Brent F.-651-276-6050. They would be more than happy to bring you along. You will need at least 6 months of clean time to speak (some require more) and other stipulations may apply for certain commitments. Remember -

"We can only keep what we have by giving it away."



**I ALSO WANTED TO LET
EVERYONE KNOW THAT
THERE IS A PUBLIC
RELATIONS POSITION
OPEN AT AREA.....PLEASE
ATTEND THE NEXT AREA
MEETING IF INTERESTED.**

Step 10

"We continued to take personal inventory and when we were wrong promptly admitted it."

It is important for me to admit that I'm wrong when I'm wrong because if I didn't it would start this link. This link of ego. Then another link would be created the link of dishonestly within myself. Then before you know it, it will become a chain. A chain of regret and self-pity that would ultimately wrap around my goodwill and respect and before you

know it that chain is wrapped around my spirit. And who wants that ,not I. So what I do is admit I'm wrong, right away. At night I take my journal and start to write about my day. I don't try to sit and think of what I did wrong because it doesn't work for me. I have to start writing about my day and when I start to write I start to remember more thoroughly what went on. There for I can decipher my right from wrong and then proceed to make amends promptly.

Tradition 10

"Narcotics Anonymous has no opinion on outside issues; hence the N.A. name ought never be drawn into public controversy."

Narcotics Anonymous primary purpose is to carry the message to the addict who is still suffering. It's no surprise that N.A doesn't have opinions on who should be the next president or what kind of car has the best gas mileage. That's not why this fellowship was started. This fellowship was based on finding a new way of life and passing on that experience strength and hope on to the still suffering addict. If we got wrapped up in all the

other controversies in the world, N.A would lose its primary purpose. N.A doesn't have any promises to make to anyone, all we can do is share and suggest.



How many of us are open to receive the message from the God of our understanding? How many of us really are engaged in a conscience contact with the that God, or Higher Power?

I have recently went through yet another journey to which God has done for me what I couldn't do for myself. In keeping with the will of God's plan for me and not wanting to run on my own will I entered into a new relationship.

Praying not to give in to the insanity of doing the same thing over again and expecting different results, I kept my sponsor abundantly informed through all aspects of the relationship. I continued to pray about it, and through the dating process expressed my feelings with her, shared my thinking, and told of the fears and hopes for this new found relationship. I brought to her this man I was getting involved with, to spend time with her and her family in hopes that they would get to know him as I had.

Months went by, the relationship grew, more time spent with those in my network with this man at my side, hoping that I could get a feel for an answer to my question, "Am I running on my will, is this based on my wants and am I mistaking my needs for wants?"

People began to tell me what a wonderful man I had become involved with, catch phrases and clichés like "he's a keeper, don't let this one get away, God has finally sent His choice to you, open

your eyes," were thrown about by all, including my sponsor. I trusted their judgment, I trusted that he was all that he appeared to be.

I packed up and left everything I knew, moved from everything and everyone that I had for years held so tightly and closely to my heart, only to learn who this man really was.

What I discovered was self. I saw in this man the person I used to be, the character defects, the stigma of one who talks the talk but isn't walking the walk, clean time don't equal recovery. He told me and showed me everything I needed to hear in order to gain my trust and more importantly my love. I revealed to him my expectations, who I was as a woman in recovery, what I could and could not tolerate in my life of recovery. All was just as important to him as it was to me.

In the end I have left this man, for I have to stay true to myself, my God, and my program.

Boundaries were crossed, communication was nil, control was revealed.

Through it all I remain unfeathered, for God once again has opened my eyes to see the bigger picture. I have walked away from this experience not with resentments, regret, shame of feeling like I have once again been in yet another failed relationship, but with the insight of this journey's real lesson. If God works through others, than I must concede that perhaps my reasons for entering into this relationship were truly God's will and not my own. What if in not knowing God's purpose, I was used as one of those tools for another? Is it not reasonable that I was put into this man's life for a purpose? Through my sharing of my recovery, was I not the message God was sending to him to learn from? And in the reverse of that, was he not a tool God used to get me where God saw fit?

Hmmm, God works in mysterious ways indeed, and who am I not to continue to work a twelve step program by not being open to the possibility of this notion? My God always reveals Himself to me just when I become baffled in life on life's terms. My program teaches me to get out of the problem and into the solution just as it does in seeking the positive in all situations and to leave

the negative to negative people, thus the saying,
"Pain is inevitable, suffering is optional."
Today I Choose....Just for today I will live one day
at a time; Accepting hardship as a pathway to
peace, and surrender to His will not mine.
justmeanaddict copyright2008

*If there is anything you would like to share in these
monthly newsletters, please e-mail me tbinc07@yahoo.com
and I will be sure to add your experience, strength and
hope. Thanks for everyone's contribution.*

*-Jocelyn
Another Recovering Addict*

