

**SOUTH SUBURBAN FIRESIDE
AREA
NEWSLETTER
December, 2007**



Area Info

Mailing Address: South Suburban
Fireside Area Como Station PO Box
8089 St Paul, MN 55708

Meeting: 1st Thursday of the month at
first Presbyterian Church at 7:00 535
20th Ave N. South Saint Paul, MN

Website:

<http://www.ssfa.naminnnesota.org/>

Monthly Step:

Step Twelve: "Having had a spiritual awakening as a result of these steps, we tried to carry the message to addicts, and practice these principals in all our affairs."

I believe I have had a few spiritual awakenings since I cleaned up. A spiritual awakening to me is the moment of clarity after I hard time where, for once, everything just makes sense. Yes I truly believe I am always in the right place, right were my higher power wants me to be, but I don't always feel that way. When I have a spiritual awakening I *feel* I am right where I'm supposed to be. "As a result of these steps" well without the preceding steps I would not have the tools capable for understanding the concepts of a spiritual awakening. I would not believe in a higher power, I would have skeletons in my closet, and I would hold onto resentments until they destroyed me. I have been through hell and back and I'm alive and well, and I have only been able to do that because

other addicts have been through hell and back and told be how they have done it. It's only right for me to carry the message to other addicts. And as always I have to carry the message not the mess. I need to work the program, steps AND traditions in my life because I want to carry a clean message of hope to fellow addicts. I don't always do it, though I am still sick but getting better. I will never be perfect, but to me, the program will always be.

Geoff D.

Monthly Tradition:

Tradition Twelve" Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principals before personalities"

The Twelfth Tradition encompasses all of our Traditions.

"...the traditions describe a fellowship that takes its collective guidance from the spiritual principles rather than the individual personalities." – *It Works How and Why* pg. 209

As much as we value each member's opinions, our groups must take their guidance from a collective conscience, also know as a group's conscience. Each member's vote and participation is guided by their own Higher Power.

This Tradition also deals with "what is said in the meeting stays in the meeting." My own experience is that I feel much

more comfortable knowing that what I share at meetings I attend is held in confidence. A NA meeting for me is a place I feel safe and can sense my own goodwill and others. We practice our principles not our own personal character defects.

Hospitals and Institutions:

“Na’s primary purpose is to carry the message to the addict who still suffers. Its not surprising then that carrying the message into Hospitals and Institutions is one of our top priorities”

H&I Committee meets: Second Monday if each month at 8:30pm at the First Presbyterian Church in South Saint Paul. (Same place as the area meeting listed on page 1) Call Brent F. at 651-276-6050 or email brentfoy@gmail.com for more details.

*Currently in need or a Co-Chair.

Current Commitments and contacts:

- 2nd Tuesday of the month:
Avalon Treatment
 - Brent F. 651-276-6050
- 3rd Thursday of the month:
Lino lakes prison
 - Dan W. 651-278-8833
- 4th Monday of the month:
Dakota County Detox
 - Chad O. 715-760-3144

If you would like to share your personal story or write about the monthly step or tradition, or if you have any suggestions at all, please contact Outreach Chair Geoff D.

Phone: 612-309-6304

Email: Rollermasterg@msn.com

I AM AN ADDICT

MY NAME IS UNIMPORTANT BUT I
WOULD LIKE TO SAY

I AM AN ADDICT

SOME PEOPLE PUT ME ON A PEDASTLE
BECAUSE OVE BEEN AROUND SO LONG,
BUT

IM AN ADDICT

PLEASE DON'T LOOK UP TO ME , IF YOU
ASK MY ADVICE I WILL ONLY GIVE YOU
WHAT WORKS FOR ME

I AM AN ADDICT

I MAY SPONSOR PEOPLE, HOWEVER I
ALSO HAVE A SPONSOR

I AM AN ADDICT

PLEASE, LET MY FAMILY GROW,
BECOME MY BROTHER OR SISTER

I AM AN ADDICT

THANK YOU AND MAY YOUR HIGHER
POWER WATCH OVER YOU
“Anonymous”