

South Suburban Fireside Area H&I/Outreach Committee Minutes
May 8, 2008

Meeting opened with Serenity Prayer at 7:05pm by H&I Committee Chair, Brent. There were 13 addicts in attendance.

Geoff presented the Outreach report. The meeting of the month is Northfield NA, on Wednesday, May 21. Geoff looking for people to write for the area newsletter; next month is Step & Tradition 6. Decided on June's meeting of the month: Tuesday Night TNT on June 17 in Farmington at 7pm. Discussed idea of making ASC meeting the "meeting of the month"; decided that most of the MOM attendees already attend Area, so it wouldn't make that much of a difference. Kevin suggested providing all open area service commitments in the newsletter.

Brent gave a short introduction to H&I for the first-time attendees. Will read the Dos and Don'ts; Will read the 12 Concepts of NA service.

Minutes of the April meeting were read and approved.

Collected 7th tradition of \$11.40 which was given to the church for rent.

Panel leader reports:

- Avalon: Vern going ok. He has been going around trying to get more people involved without much luck. He's happy and will keep coming back.
- Lino Lakes: Dan reported, in need of some sponsorship IPs. Still waiting to hear back on people who have been submitted for approval. All going well. He discussed the process for getting approved.
- Dakota Co. Detox: Chad reported, things going well 4-5 people each time with some women in the last couple months.
- Haven in Woodbury: Next commitment is on May 21 at 6pm, still looking for a panel leader. Address is 2042 Wooddale Dr.

Old business:

- Dakota Co. Jail: No, change, still need to get commitments & see if jail will loosen the conditions on participation. Chad will schedule a meeting with the coordinator.
- Red Wing: Twin Cities area has been taking the commitment; however, they would like us to take it over. Contact is Buddy K., 612-735-7579.
- H&I Learning Day: Was a success, 50+ people throughout the day. We will follow up when we get the list being set up by TC area.

New business:

- Region gave us 11 basic texts at Learning Day to give out. We will concentrate on giving them to the 4 prison & 3 Hastings detox, give 1 each to Avalon and the Haven, 2 to the meeting with Dakota Co. jail. Vern moved, Kevin seconded that we do this, motion carried.
- Decided to do the ASC inventory as a subcommittee. See below.
- How well has the area done at serving H&I?

- Area has provided what we have asked for supporting us; we have a good budget and get whatever we need/ask. Given the area didn't have an H&I subcommittee for several years, we have been doing well – growing (abait slowly), have added some commitments.
- What can they do better?
 - We should stress working together more with PR. We do need more people, have GSRs stress that just 1 night a month makes a huge difference to someone's recovery. Discussed encouraging GSRs to bring a "sign-up" sheet back to area meetings with sign-ups from people who are willing to become involved, decided that we should follow traditions: "attract, not promote".
- How well has the area served the community? How can we serve the community better?
 - We've added 2 commitments in the past year (doubled). Try to get more meeting lists out to places where addicts can get them. PR definitely needs more help.
 - How well has area served the region? We've approx. doubled our financial contribution to region over the past year. We could be more involved on the H&I regional level. Keep on working with the other areas in the metro region.

Meeting adjourned at 7:50pm.