



Southwest Minnesota Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
March 17th, 2019

1. Call to Order :

- a. Service Prayer:
 - i. "God, grant us knowledge that we may act according to your Divine precepts, instill in us a sense of your purpose, make us a bond of selflessness, that this may truly be your work, not ours, in order that no addict anywhere need die from the horrors of addiction."
- b. Twelve Traditions read by:
- c. Twelve Concepts read by:

2. Roll Call

- a. Officers
 - i. Chair: Al J- present
 - ii. Alt Chair: Joel D- Absent
 - iii. Treasurer: Matt M- Present
 - iv. Alt Treasurer: Chad - Present
 - v. H&I: Jess-Present
 - vi. PI: Craig- Present
 - vii. RCM: Darren- Absent
 - viii. Alt RCM: Mike acting- Presents
 - ix. Activities: Barrie - Present
 - x. Alt Secretary: Sierra- Elected today
 - xi. Secretary: Louise-Present
 - xii. Literature: Louise and Jess -Present
- b. Groups
 - i. Worthington NA: Craig - Present
 - ii. Lakefield NA: Chad represented - Present
 - iii. Hope Haven Redwood Falls:- Absent Since March 2018
 - iv. Winnebago NA: Cody- Present
 - v. Pipestone NA: Bryan-Present
 - vi. Better Late than Never Slayton NA: Absent since March 2018
 - vii. Sanity is Possible but Not Likely, Luverne NA: defunct, no longer a meeting
 - viii. Wednesday NA Redwood Falls: Absent since March 2018
 - ix. Windom NA: Present
 - x. Woodstock Women's NA: Absent
 - xi. Just For Today, Montevideo: Absent Since Prior to March 2018
 - xii. Friends in Recovery Montevideo: Absent
 - xiii. Always Teachable Woodstock: Absent
 - xiv. Blue Earth New Group Instituted January 2019 : Mike Present



Southwest Minnesota Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
March 17th, 2019

xv. Visiting Groups: None Known

3. ___6___ of Groups. Quorum established? Yes

4. **Minutes of Previous ASC Meeting:** Notes to be Read,

- a. Motion to accept by: Craig
- b. 2nd by: Chad
- c. Passed: Yes

5. **Reports**

a. Officers

i. Chair Report:

- 1. I helped the secretary set this up today.
 - a. Further additions by Secretary. Al helped with the Activities Committee, Helped with the VD dance, went to meetings on the Eastern Side of the Area, and helped the Secretary immensely with her job.

ii. Secretary's Report:

ASC Minutes were compiled, and sent out to the officers and GSRs.
I attended the online webervants training in both February and March. There is now a page where officers and gsr's can type in their reports, check the minutes from the area meetings, and add things to the agenda
Area Archives in Region were updated, and access was given to the officers. GSR's will be given access shortly.
The Twitter account is @southwestna

iii. Treasurer's Report: previous bal794.4

Previous Balance of \$794.40 from January ASC 1/20/19. Check #1012 for \$325.00 issued on 1/20/19 to Jess L. for Valentine Dance expense. Check #1013 for \$85.00 issued on 1/20/19 to Rachel F for P.O. Box. Deposit of \$81.83 from group donations to Area on 1/20/2019. Deposit of \$190.00 from Valentine Dance revenue on 2/18/2019, leaving us with a current balance of \$656.23. Check #1014 has been signed by Joel D. The check is for Louise B for Secretary's expenses, the check will need to be issued and co-signed by ASC Chair Al J. This will complete my term as treasurer /treasurer emeritus.



Southwest Minnesota Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
March 17th, 2019

All treasurer materials have been transferred to Matt M and he will be responsible for all treasurer duties in cooperation with Chad S as co-treasurer; however I will continue to mentor them while they become accustomed to their new positions. The signatories and mailing address for the ASC checking account will need to be updated. We are also starting to run low on deposit slips, I have found deposit slips for less than \$10 for 150 slips going through an online discount retailer, so when it comes time to order more I would suggest that be the way we go. Thank you for allowing me to be of service,

iv. PR Report:

1. Any idea why 3/18 is the last known date of people other groups attending
 - a. That's when records started being kept
2. Luverne meeting is closed
3. Asking for help getting to the different meetings for outreach
4. Getting the word out via campout, sending the campout information to the other Areas
 - a. Louise will email other areas with Campout information

v. RCM Report:

I'm sorry I can't make it to Area, I'm taking my kids to a movie for Declan's Birthday. I really don't have anything to report about the conference other than I was amazed at how well Structured you guys are doing this thing.

It was a good experience and even though I learned very little more about this position it was very interesting to see what they're doing, what other groups are doing.

And since the trip didn't cost me very much I just paid for it out of my own pocket.

vi. Activities Report:

A very heart felt Thank You to Pam D and all who aided with the VD dance. Fun was had by all who attended, and the food was great! Looking forwards to next year.

vii. H/I Report:

Serving at the jails, and working on getting the books. Still have some questions.

viii. Literature Report:

1. No report

ix.



Southwest Minnesota Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
March 17th, 2019

b. Groups Reports:

- i. Worthington NA
 - 1. Spotty attendance, need people to either show up or come back to meetings
- ii. Lakefield NA
 - 1. 10-12 attending, no needs
- iii. Hope Haven Redwood Falls –
 - 1. No attendance since March 2018
 - 2. Need out reach to reach out to them to see if they are a valid group and what their current schedule and who their GSR is
- iv. Winnebago NA-
 - 1. No needs
- v. Pipestone NA –
 - 1. 20 in attendance
 - 2. No needs
- vi. Better Late than Never Slayton NA –
 - 1. No attendance since March 2018
 - 2. Need out reach to reach out to them to see if they are a valid group and what their current schedule and who their GSR is
- vii. Sanity is Possible but Not Likely, Luverne NA –
 - 1. No attendance since March 2018
 - 2. Closed meeting, last time on report until a new group forms
- viii. Wednesday NA Redwood Falls –
 - 1. No attendance since March 2018
 - 2. Need out reach to reach out to them to see if they are a valid group and what their current schedule and who their GSR is
 - 3.
- ix. Windom NA
 - 1. 1 meeting per week
 - 2. 15 in attendance
 - 3. Hosting Inservice April 6th see further notes
- x. Woodstock Womens NA –
 - 1. No attendance since March 2018



Southwest Minnesota Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
March 17th, 2019

- 2. Need out reach to reach out to them to see if they are a valid group and what their current schedule and who their GSR is
- 3.
- xi. Just For Today, Montevideo –
 - 1. No attendance since March 2018
 - 2. Need out reach to reach out to them to see if they are a valid group and what their current schedule and who their GSR is
 - 3.
- xii. Friends in Recovery Montevideo
 - 1. No attendance since March 2018
 - 2. No letter from GSR this month
- xiii. Always Teachable Woodstock –
 - 1. Needs a GSR
 - 2. Need out reach to reach out to them to see if they are a valid group and what their current schedule
 - 3.
- xiv. Blue Earth
 - 1. New Group, First ASC meeting, Welcome
 - 2. 2-8 in attending, just here a little over a month, new and growing

6. Break :

- a. During break, a person requested to help with Secretary work... Will explain further in notes.

7. Old Business

- a. Letter to Brian Mailed Certified mail: Monday February 11th, 2019
 - 1. Copy in Archives, and available on request.
 - 2. Signed Receipt in Archives and available in upon request
 - 3. Brian will meet with Area Treasurer Matt M on Tuesday March 19th with a money order from a bank in order to pay back financial amends
- b. Moving ASC Meetings around the area
 - i. Pipestone has requested the ASC in April and possibly May 2019
- c. Darren RCM needs reimbursed for attending Region
 - i. Declined reimbursement
 - ii. Thank You Darren for attending Region



Southwest Minnesota Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
March 17th, 2019

- iii. Next Region meeting May 2019
- d. PO Box – gotten now PO Box 161, Worthington, MN 56187
 - i. Craig D has a key
 - ii. Louise B has other key
- e. Re-Center the Area:
 - i. Reached out to the computer genius at Region
 - 1. Re-checked with him 2/15/19 with specific changes needed.
 - 2. Was changed!!!!
- f. Twitter account: @SouthwestNA
 - i. New area Alt Secretary will assist with Twitter
- g. Refunding the Books to Lakefield NA
 - i. They donated 6 books to Jackson Cy Jail

8. Open Floor – 20 Minutes



Southwest Minnesota Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
March 17th, 2019

9. New Business:

- a. VD Dance Report
 - i. How much was spent?
 - 1. 325 plus 200 in donations
 - ii. How much was made?
 - 1. 190
 - iii. Do we repeat next year?
 - 1. Yes, date of 02/15/2020 chosen with Area meeting to be held at Sherburn that day at 1PM
 - 2. Dance setup to follow
- b. HI/PI/Outreach collaboration
 - i. So much of HI/PI is overlapping and both HI/PI are doing outreach work which is called for in our policy
 - 1. This would be a policy change
 - 2. Motion Made, 2nd, Passed
- c. Activities Suggestions -Skipped, held during Activities meeting... Notes to follow at end of ASC Notes
- d. Our Archives are being Held at Region via the Dropbox system
 - i. Adding ASC Officers to the access
 - ii. Will add GSR's on a view only access
- e. Officers need to Join a Region Google Group
 - i. This will save your secretary from forwarding so many emails
 - ii. Louise will send a link to the ASC officers
- f. Should we switch from Quorum Voting to Consensus Voting for the ASC
 - i. Has been mentioned by two of the officers
 - ii. Motion made to keep as is, 2nd Passed
- g. Rotating the ASC meeting through the groups
 - i. There is no policy in effect on whether groups outside our area may host the ASC
 - ii. Motion made to have no policy on this, to leave as is
 - 1. Motion 2nd and passed to have no policy on the ASC meeting location
- h. Area Secretary Louise has served for one year as of March 2019. Do we wish her to continue in her position with the ASC.
 - i. Motion made to keep Louise as ASC Secretary
 - 1. 2nd and Passed
- i. Alternate Secretary Barrie cannot fulfill duties
 - i. Sierra S nominated as alternate secretary



Southwest Minnesota Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
March 17th, 2019

1. Motion made, 2nd and passed to have Sierra S as Alternate Secretary, Welcome to the team!
 2. Thank You Barrie S for Serving as Alternate Secretary
 - a. Barrie S is our Activities Chair and Can now focus on those duties exclusively
 - j. Area Secretary has spent over \$306.20 in printing for the ASC in the last year and for 2019. She has receipts and would like to be reimbursed for her expenses.
 - i. Requesting a total of 157.86 to be reimbursed.
 - ii. This reflects the total of 43.00 reimbursed previously
 1. This also reflects the costs of office software that Louise uses for more than ASC purposes and is not asking reimbursement for
 2. A printer purchased that Louise will be keeping and is not asking reimbursement for.
 3. A check for 157.80 was written and given to Louise B for Reimbursement of expenses
 - a. Receipts for spending were provided to the Treasurer Matt M
- ASC Meeting had to close at this point, due to scheduling conflicts. The following is Announcements and the Activities Committee report

10. Out Reach:

- a. Several Groups in our Area are running into lower attendance numbers
 - i. The list of groups that need a boost in attendance
 1. Windom
 2. Worthington
 3. Blue Earth
 - a. New Meeting
 - ii. Groups that need an officer's visit
 1. Woodstock
 - a. Has not sent a GSR
 2. Slayton
 - a. Has not attended ASC since prior to March 2018
 3. Redwood Falls
 - a. Has not attended ASC since Prior to March 2018
 4. Marshall
 - a. Friendly Visit needed to encourage participation
 5. Montevideo
 - a. Haven't attended since prior to March 2018



Southwest Minnesota Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
March 17th, 2019

- b. Does send letters and money
- 6. Sioux Falls NA
 - a. Interested in Joining Our Area
- 7. Watertown NA
 - a. Interested in joining our Area

11. Bring back to the groups:

- a. Hosting the Area Service Committee Meeting
 - i. Need to provide Coffee

12. Notes:

- a. Area Website has tools for the GSRs and Officers to use. Check it out at <https://www.naminnesota.us/swmn/trusted-servants-corner/>
- b. Our Area Meeting Minutes will be found there in pdf format
- c. GSRs will be getting a dropbox notification within a week, please follow the direction in the email for you to access ASC Archives.
 - i. There will be a GSR's Folder in there, you will find a folder for your group inside if you want to have your archives held there.
 - ii. Also, you can access the ASC Archives from this same Dropbox
- d. A Huge Thank You to all of the GSR's for attending the ASC!
 - i. More files will be available to you in dead tree format for the ASC. Please find the Secretary, Sign in, and you will receive the files.
 - ii. If you need books in pdf format, please contact either Louise or Sierra, they can email you the books, the files, as well as back minutes
 - 1. Books that are available are the Basic Text, It Works, How and Why, and the Step Working Guide these are in PDF form, easily readable on a smart phone or tablet, and free of charge.
 - 2. User Manuals, manuals that are available as Printouts and other information is also available as a PDF. They are available on our website via NAWs. The main link is here. <https://www.naminnesota.us/swmn/useful-things/>
 - 3. Also, an area wide emergency phone list for those willing to do twelve step work is needed. Please ask your groups for volunteers. A printable form will be attached to the email sent along with these notes.

Links You will Need

<https://www.na.org/?ID=subscribe>
<https://www.naminnesota.us/na-subscriptions/>

Email these people to subscribe to the Region Google Group: mnrsc+subscribe@googlegroups.com



Southwest Minnesota Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
March 17th, 2019

13. Announcements :

- a. Ad Hoc Committee for Policy: Needs to meet before the April Area Service Committee Meeting either on the phone or via internet
- b. Activities Committee needs to meet 1 hour before Area meetings at 12 PM
- c. April 2019 ASC to meet on the 28th of the month.
 - i. Pipestone City Hall Basement
 - ii. 119 2nd Avenue Southwest, Pipestone Minnesota, 56164
 - iii.
- d. May 2019 ASC will be held in Pipestone Minnesota -may change
 - i. Pipestone City Hall Basement
 - ii. 119 2nd Avenue Southwest, Pipestone Minnesota, 56164
- e. June 2019 ASC conflicts with Father's Day, needs to be rescheduled for the 23rd of the month.
- f. Region: MNNAC is April 5th -7th 2019 flyers to be taken home by the GSR's
 - i. Region Meetings:
 - 1. May 11th
 - 2. August 10th
 - 3. November 9th
 - ii.
- g.

Next Meeting Time & Place: Pipestone City Hall Basement
119 2nd Avenue Southwest, Pipestone Minnesota, 56164



Southwest Minnesota Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
March 17th, 2019

March 17th, 2019 ASC Add-ins

- Allowing officers and GSR's to attend via telephone call – Not covered during this ASC meeting
 - Is it feasible other than in emergency basis?
 - Not really- will table
 -
- Volunteer opportunities with Region
 - Bridging the Gap
 - <https://www.naminnesota.us/community/groups/bridging-the-gap-2012397073/>
 -
 - Phone Line
 - <https://www.naminnesota.us/community/groups/helpline/>
 -
 - HI
 - <https://www.naminnesota.us/community/groups/hospitals-institutions/>
 -
 - PI
 - <https://www.naminnesota.us/community/groups/public-relations/>
 -
 - PI event in June: Info included below
 - Will be included on April ASC Agenda



First Narcotics Anonymous Public Relations Week



Southwest Minnesota Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
March 17th, 2019

We are excited to announce the First Narcotics Anonymous Public Relations Week, scheduled for 3-9 June 2019. This event will take place the first week of June each year. The theme and slogan for this year's PR Week is WeAll Are PR.

We encourage every area, regional, and zonal PR subcommittee to commit to at least one activity during PR week. We are offering suggestions, but we look forward to your creative choices of what works best for your subcommittee and your NA community. Whether your PR team is young or seasoned, rural or urban; whether you have just a few or many members, we hope you will all come together enthusiastically to increase awareness of PR service and of the NA recovery program.

Check out the PR Activity page, which will include a PR Week link where, we will offer ideas for t-shirts, samples of flyers and posters, and a link to local resources submitted by worldwide PR subcommittees: www.na.org/pr_act

If you're seeking PR tools for your PR Week event, you may order from na.org and receive a 10% discount by [entering the code PRWEEK] [including the code PRWEEK in the comments section of your order].

If you have any questions, please write worldboard@na.org. **Please take pictures of your activities**, (bearing in mind that we cannot publicly publish photos of members' faces), **and send to pr@na.org.**

The World Board supports PR Week ideas; however, NAWS does not endorse or bear responsibility for locally generated ideas.

You can opt out of receiving communication from NAWS by clicking the link below. Please be aware, if you choose this option, it will discontinue all email communications from NAWS including any email subscriptions you might have. We hope you do not choose this option, but if you do, you can resubscribe to publications or JFT at any time by going to www.na.org/subscribe. Resubscribing will automatically add you to the monthly NAWS update list as well. We promise not to flood your inbox if you choose to stay in our system!



Southwest Minnesota Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
March 17th, 2019

[Unsubscribe from NAWS emails](#)



PR MATERIALS DISCOUNT CLARIFICATION

Hello again. Unfortunately, in our excitement to announce the first NA PR Week, we were not as clear as we needed to be about the 10% discount on PR tools. During the period 9 March-31 May 2019, we are lowering the cost of PR tools by 10%. You will not need to enter a discount code in your order. We apologize for any confusion, and we hope the 10% price reduction on materials to distribute to professionals will help to support your PR Week events.

The PR Week 10% price reduction is applicable to the following items:

#2301—NA Membership Survey

#2303—European Membership Survey

#2302—Information about NA

#2306—NA and Persons Receiving Medication Assisted Treatment

#2307—Public Relations Pamphlet Holder (blue hard card stock)

#2308—PR Pens

#2309—PR tote bags

Please visit the Public Relations Activities webpage for more information and ideas about PR Week: www.na.org/pr_act. If you have any questions or concerns, please write to worldboard@na.org. And please send your PR Week photos to pr@na.org. We wish you well in your PR Week activities.



Southwest Minnesota Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
March 17th, 2019

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Activities Meeting:

- h. Officers/GSR's Inservice day
 - i. Go over manuals and define the jobs we do
 - ii. Train GSR's and Officers
 - iii. All Addicts Welcome
 - iv. Potluck
 - v. To be held at Windom NA
 - 1. April 6th
 - 2. BARC -Library
 - a. 1012 5th Avenue Windom
 - b. Flyers to follow
- i. Steps and Traditions Inservice
 - i. So that the members and Officers can bone up on the steps and traditions
 - ii. Go over the Twelve Steps and the Twelve Traditions
 - iii. Probably May 18th
 - 1. Winnebago
 - 2. Flyer to follow
- j. Sponsorship Inservice
 - i. To help Area sponsors and sponsees learn together about recovery
 - ii. To help those without a sponsor learn what sponsorship is about



Southwest Minnesota Area of Narcotics Anonymous
Area Service Committee Meeting Minutes
March 17th, 2019

- iii. Potluck
- iv. September 14th, 2019 12PM
- v. Pipestone NA is hosting
- vi. Flyer to follow
- k. Cannonball Run
 - i. We are not talking about a Burt Reynold's Movie
 - 1. July 27th, 2019 Not firm for the date
 - 2. Matt M will be heading the committee
 - 3. More Details and a flyer to follow
- l. Hogroast
 - i. Possibly as a fundraiser for campout
 - ii. Possibly as part of the campout
 - 1. Tabled until April ASC
- m. Campout
 - i. Several Campgrounds were suggested
 - ii. Chad will contact Parks March 18th
 - iii. We need to get a date set and Location
 - iv. Flyers to be sent to other areas and Region as well as Sioux Falls NA
- n.