



Southwest Minnesota Area of Narcotics Anonymous
Area Service Committee Meeting and Activities Committee Agenda
April 28th, 2019

1. Activities Committee Agenda:

- a. Steps and Traditions Inservice:
 - i. What do we need yet?
 - 1. Speakers on Traditions 5, 6 and 7 One of the speakers was held up.
 - 2. Speakers:
 - a. Step 1-Rick
 - b. Step 2-Cody
 - c. Step 3-Chad
 - d. Step 4+5-Joel
 - e. Step 6-Lance
 - f. Step 7-Louise
 - g. Step 8-Jim (Winn)
 - h. Step 9- Sierra
 - i. Step 10-Jim (Marshall)
 - j. Step 11 – Craig
 - k. Step 12 -Jess
 - l. Trad 1- Rick
 - m. Trad 2-Louise
 - n. Trad 3-Cindy
 - o. Trad 4- Joel
 - p. Trad 5- Billy
 - q. Trad 6- Jim (Marshall)
 - r. Trad 7- ?
 - s. Trad 8- Jim (Winn)
 - t. Trad 9- Sierra
 - u. Trad 10- Dan
 - v. Trad 11- Craig
 - w. Trad 12- Dan
- b. Cannonball Run
 - i. Camping @ Garvin Park Arrive 10-11 AM
- c. Sponsorship Inservice:
 - i. What do we need yet?
- d. Officers and GSR's Inservice:
 - i. Tabled for now
- e. December is our 5th Birthday as an Area.
 - i. Sledding/Tubing Party in January Suggested



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- f. August Area Meeting be a Campout at Anderson Park.
 - 1. Not an official campout, can camp if you want to
 - ii. Everyone pays for their own camping
 - iii. Potluck as well.
- g. **Halloween Dance-to be October 26th. October ASC meeting starts at Sherburn at 12PM**
 - i. DJ needs to be arranged now
 - ii. Flyers needed.
 - iii. October ASC meeting needs to be held that day. After Area meeting, help with the dance set up.
 - iv. Chili Cookoff to be the meal
 - 1. Categories Regular, Medium and Hot- Prizes could be a set of Literature

2. ASC Meeting

- a. **Call to Order:**
- b. Service Prayer:
 - i. "God, grant us knowledge that we may act according to your Divine precepts, instill in us a sense of your purpose, make us a bond of selflessness, that this may truly be your work, not ours, in order that no addict anywhere need die from the horrors of addiction."
- c. Twelve Traditions read by:
- d. Twelve Concepts read by:

3. Roll Call

- a. Officers
 - i. Chair: Al J Present
 - ii. Alt Chair: Joel D Present
 - iii. Treasurer: Matt M Present
 - iv. Alt Treasurer: Chad Present
 - v. H&I: Jess Present
 - vi. PI: Absent
 - vii. RCM: Darren Present
 - viii. Alt RCM: Mike Present
 - ix. Activities: Vacant Position, Chad designated as Activities Chair
 - x. Secretary: Absent. Rachel took notes, Alt Sec Sierra presided as Sec
 - xi. Literature: NA
- b. Groups
 - i. Worthington NA Present
 - ii. Lakefield NA Present



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- iii. Hope Haven Redwood Falls- Present
- iv. Winnebago NA- Present
- v. Pipestone NA- Present
- vi. Better Late than Never Slayton NA -Absent, sent report
- vii. Wednesday NA Redwood Falls Absent
- viii. Windom NA Absent sent report
- ix. Woodstock Women's NA Absent
- x. Just for Today, Montevideo Absent
- xi. Friends in Recovery Montevideo Absent
- xii. Always Teachable Woodstock Present
- xiii. Blue Earth Present
- xiv. Visiting Groups Sioux Falls and Brooking

4. 9_ Groups. Quorum established? Yes No

5. **Minutes of Previous ASC Meeting:** Notes to be Read,

- a. Motion to accept by:
- b. 2nd by:
- c. Passed:

6. **Reports**

a. Officers

i. Chair Report: MNNAC Joel, Matt, Dan + Al went. Readings 7 different languages. Were awesome. Unity: Jewish lady invited & welcomed a Palestinian woman with Hug.

ii. Secretary's Report:

a. Worked with the Chairman, GSR's and officers on possible upcoming Activities. Worked with Joe, the GSR from Windom on the Officers and GSR's Inservice. Which was the first training Inservice for our Area. It went reasonably well. We had good attendance, and I Thank You all for coming.

iii. Treasurer's Report:

a. 656.23 in account



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- iv. PR Report: Craig is unable to attend due to Medical. I will vote to prosecute if the group wants to do that. Now that the weather has gotten nicer, I think I will get to other groups meetings. Sorry you all I just can't make it yet, need to heal up!
- v. RCM Report: Bridging the gap, phone line....
- vi. Activities Report: Our Activities chair was held up. No report forthcoming from him. Here is the fill in information he can't provide.
 - 1. Officer's and GSR's Inservice: Went well, we will need to schedule another one in the fall.
 - 2. 12 Steps/Traditions Inservice: Still need two speakers yet.
 - 3. Cannonball Run: Still in planning.
 - 4. Halloween Dance: Nothing yet
 - 5. Campout: Handled today in the Activities meeting.
- vii. H/I Report:
 - a. Lakefield Reimbursed with books
 - b. Want to contact the groups not attending ASC
- viii. Literature Report:
 - a. N/A
- b. Groups Reports:
 - i. Worthington NA
 - a. Attendance had been spotty lately. Group wants to get the Brian thing behind them, it's poison! No needs currently
 - b. Sent in via Text 4/28/2019
 - ii. Lakefield NA
 - 1. Our Group is doing great! We have our own checking act now with 2 trusted signers. We have extra chairs now to host Area in the future.
 - a. Tami Y
 - b. Sent in via Website 4/27/2019
 - iii. Hope Haven Redwood Falls –
 - 1. 16 attending, no needs
 - iv. Winnebago NA-
 - v. Pipestone NA –



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1. 15 attending, no needs
- vi. Better Late than Never Slayton NA –
 1. Has a new GSR
 2. This is Gordy from the Better Late Than Never meeting of Slayton on Tuesday nights at 7:30 at the St. Ann's School. Our meeting is doing good, we've had between 5 to 10 people every meeting. If others would like to attend, they are always welcome. If there's anything you need from us, please let me know and I'll do what I can to contribute. Sorry I can't make it to the Area meeting, I've got a family outing I must attend. Sincerely, Gordy GSR for Slayton NA
 3. Sent in via Text 4/27/2019
- vii. Wednesday NA Redwood Falls –
 1. No attendance since March 2018
- viii. Windom NA
 1. Things are going great for KEEP IT SIMPLE group in Windom. Attendance is up we now have an average of about 10+ as opposed to 6 so that is wonderful. We are still a work in progress. We are still discussing startup of another meeting during the week. Thank You for your support. Joe H
 2. Sent in via text 4/28/2019
- ix. Woodstock Women's NA –
 1. No attendance since March 2018
- x. Just for Today, Montevideo –
 1. No attendance since March 2018
- xi. Friends in Recovery Montevideo
 1. No attendance since March 2018
- xii. Always Teachable Woodstock –
 1. 40 attending
- xiii. Blue Earth
 1. 6-8 attending no needs
- xiv. Visiting Group Brookings:
 1. Jared GSR
 - a. 30 attending?
 - b. Learning how we run area maybe interested in how we run area
- xv. Visiting Group Sioux Falls
 1. Trying to rekindle E River in Sioux Falls



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xvi. Luverne NA: Looking to reconstruct currently

7. Break

8. Old Business

- a. Refunding the Books to Lakefield NA
 - i. They donated 6 books to Jackson Cy Jail
 - ii. Al purchased the books at MNNAC
 - iii. Needs to be refunded
 - 1. Check written to Al for the books
- b. Brian E and theft of NA Camping equipment or funds
 - i. Gave Louise B Money Order on April 28th in amount of \$200
 - ii. Motion: Report the theft to Nobles County Sheriff
 - iii. Tabled until May 19th ASC meeting
- c. \$20.00 Cash donated to the ASC at the Officers and GSR's Inservice

9. Open Floor – 20 Minutes

- a. **Joel D:** PR week June 3-9th Suggests Poster day
 - i. Print up posters and flyers from Region with Hotline
 - ii. Contest for the groups to see which can spread the most posters
 - 1. Can be put in laundromats, colleges, probation, jail, hospitals etc.
- b. Brookings Can be put under our area schedule
 - i. Motion Made, 2nd and Passed
- c. Marshall and Redwood halfway house need speakers
- d. House of Hope still looking for speakers
- e. **To the GSR's** Bring to Group having a speaker list for treatment centers and jails etc....
- f. **Also need list of those who need speakers and their rules for speakers.**
 - i. Jess and Darren to investigate this. Anyone else who knows go to Jess.
 - ii. Darren will use his resources and get info to Jess
- g. RE: Posters: Suggested trying to get to younger people in High Schools looking more at prevention also what we do and are about.
 - i. Also brought up to talk to parents.
 - ii. Billy going to investigate this



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iii.

10. New Business:

- a. Website for Secretary of State Needs updated
 - i. If we forget to do it, then it will cost quite a bit of money to get it done.
 - 1. Joel D explained.
 - 2. Will show Matt what he needs to do
 - ii. IP's need ordered for H&I
 - 1. Al explained that we need IP's going to the treatment centers.
 - 2. Will help with order and will help Jess.
 - 3. Asking \$200 for this
 - a. Motion made, 2nd and passed
- b. Amends needs to be made to Back to Basics. As per minutes of Previous ASC Meeting
 - 1. Motion to make payment of \$250.00 to B2B
 - a. 2nd, and passed
- c. New Activities Chair:
 - i. Voluntary or designated position
 - ii. Chad offered.
 - 1. Welcome Chad and Thank You for your service!

The following was leftover as new business from the last ASC meeting.

- iii. PI event in June:
 - 1. See Open Floor Section above
 - 2. _____



First Narcotics Anonymous Public Relations Week

We are excited to announce the First Narcotics Anonymous Public Relations Week, scheduled for 3-9 June 2019. This event will take place the first week of June each year. The theme and slogan for this year's PR Week is WeAll Are PR.



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We encourage every area, regional, and zonal PR subcommittee to commit to at least one activity during PR week. We are offering suggestions, but we look forward to your creative choices of what works best for your subcommittee and your NA community. Whether your PR team is young or seasoned, rural or urban; whether you have just a few or many members, we hope you will all come together enthusiastically to increase awareness of PR service and of the NA recovery program.

Check out the PR Activity page, which will include a PR Week link where, we will offer ideas for t-shirts, samples of flyers and posters, and a link to local resources submitted by worldwide PR subcommittees: www.na.org/pr_act

If you're seeking PR tools for your PR Week event, you may order from na.org and receive a 10% discount by [entering the code PRWEEK] [including the code PRWEEK in the comments section of your order].

If you have any questions, please write worldboard@na.org. **Please take pictures of your activities**, (bearing in mind that we cannot publicly publish photos of members' faces), **and send to pr@na.org.**

The World Board supports PR Week ideas; however, NAWS does not endorse or bear responsibility for locally generated ideas.

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PR MATERIALS DISCOUNT CLARIFICATION

Hello again. Unfortunately, in our excitement to announce the first NA PR Week, we were not as clear as we needed to be about the 10% discount on PR tools. During the period 9 March-31 May 2019, we are lowering the cost of PR tools by 10%. You will not need to enter a discount code in your order. We apologize for any confusion, and we hope the 10% price reduction on materials to distribute to professionals will help to support your PR Week events.

The PR Week 10% price reduction is applicable to the following items:

#2301—NA Membership Survey

#2303—European Membership Survey

#2302—Information about NA

#2306—NA and Persons Receiving Medication Assisted Treatment

#2307—Public Relations Pamphlet Holder (blue hard card stock)

#2308—PR Pens

#2309—PR tote bags

Please visit the Public Relations Activities webpage for more information and ideas about PR Week: www.na.org/pr_act. If you have any questions or concerns, please write to worldboard@na.org. And please send your PR Week photos to pr@na.org. We wish you well in your PR Week activities.

You can opt out of receiving communication from NAWS by clicking the link below. Please be aware, if you choose this option, it will discontinue all email communications from NAWS including any email subscriptions you might have. We hope you do not choose this option, but if



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you do, you can resubscribe to publications or JFT at any time by going to www.na.org/subscribe. Resubscribing will automatically add you to the monthly NAWS update list as well. We promise not to flood your inbox if you choose to stay in our system!
[Unsubscribe from NAWS emails](#)

11. Out Reach:

- a. Several Groups in our Area are running into lower attendance numbers
 - i. The list of groups that need a boost in attendance
 - 1. Worthington
 - 2. Blue Earth
 - a. New Meeting
 - ii. Groups that need an officer's visit
 - 1. Woodstock
 - a. Has not sent a GSR
 - 2. Redwood Falls
 - a. Has not attended ASC since Prior to March 2018
 - b. Jess and Darren will Reach Out to them
 - 3. Montevideo
 - a. Haven't attended since prior to March 2018
 - b. Does send letters and money
 - 4. Sioux Falls NA
 - a. Interested in Joining Our Area
 - 5. Worthington NA
 - a. Attendance is down
 - 6. Slayton NA
 - a. New GSR, needs support
 - iii. Idea for the Area:
 - 1. Get a carload to go to these different meetings, one meeting per month/biweekly

12. Bring back to the groups:

- a. Hosting the Area Service Committee Meeting
 - i. 2019 Dates open for Hosting
 - 1. May is in Worthington
 - 2. June is?
 - 3. July is in Worthington



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- 4. August is at Anderson Park
- 5. September?
- b. Hosting a possible Event from the ASC either an Inservice, Workshop or Activity
- c. Quorum Voting vs Consensus Voting in the ASC

13. Notes:

- a. Area Website has tools for the GSRs and Officers to use. Check it out at <https://www.naminnesota.us/swmn/trusted-servants-corner/>
- b. Our Area Meeting Minutes will be found there in pdf format
- c. A Huge Thank You to all the GSR's for attending the ASC!
 - i. More files will be available to you in dead tree format for the ASC. Please find the Secretary, sign in, and you will receive the files.
 - ii. If you need books in pdf format, please contact Louise, she can email you the books, the files, as well as back minutes
 - 1. Books that are available are the Basic Text, It Works, How and Why, and the Step Working Guide these are in PDF form, easily readable on a smart phone or tablet, and free of charge.
 - 2. User Manuals, manuals that are available as Printouts and other information are also available as a PDF. They are available on our website via NAWs. The main link is here.
<https://www.naminnesota.us/swmn/useful-things/>
 - 3. Also, an area wide emergency phone list for those willing to do twelve step work is needed. Please ask your groups for volunteers.

<https://www.na.org/?ID=subscribe>

<https://www.naminnesota.us/na-subscriptions/>

14. Email these people to subscribe to the Region Google Group:

mnrsc+subscribe@googlegroups.com

15. Volunteer opportunities with Region

- a. Bridging the Gap
 - i. <https://www.naminnesota.us/community/groups/bridging-the-gap-2012397073/>
 - ii.
- b. Phone Line
 - i. <https://www.naminnesota.us/community/groups/helpline/>
 - ii.



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- c. HI
 - i. <https://www.naminnnesota.us/community/groups/hospitals-institutions/>
 - ii.
- d. PI
 - i. <https://www.naminnnesota.us/community/groups/public-relations/>



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Announcements:

- e. Activities Committee needs to meet 1 hour before Area meetings at 12 PM
- f. May 2019 ASC will be held in Worthington, MN 920 Diagonal Road, Worthington, MN
 - i. Parking on the North Side of the Lot
- g. June 2019 ASC conflicts with Father's Day, needs to be rescheduled for the 23rd of the month.
- h. Region: Region Meeting is May 11th @ 10:30 AM to 4:30 PM 601 13th Ave SE, Minneapolis, MN 55414

16. Next Meeting Date, Time and Location: 12 PM June 23rd, 2019 Location TBA