



PROGRAM GUIDE

The MNNAC XX Convention Committee, the MNNAC Board of Directors, and the Northern Lights Area of Narcotics Anonymous thank you for travelling to Duluth to take part in this year's Minnesota Regional Convention of Narcotics Anonymous. We hope you discover a renewed enthusiasm for your recovery as you join your fellow addicts on this journey toward a new way of life. Once again, together we demonstrate that the "...tired old lie, 'once an addict, always an addict' will no longer be tolerated by society or the addict himself. We do recover."

Basic Text, p. 89



UNITY STATEMENT

NA Minnesota welcomes you to MNNAC XX. NA unity begins with our recognition of the therapeutic value of one addict helping another, and our diversity enriches the fellowship and gives rise to new and creative ways to reach addicts who need our help. Unity of action and purpose makes possible what seemed impossible for us in recovery.

CONVENTION HIGHLIGHTS

Entertainment:

This year we have flown in "The Master of Comedy Hypnosis", Glenn Miller from sunny Ft. Lauderdale, FL. His mysticism and antics will place several participants in a hypnotic sleep, taking them to places and doing things they normally wouldn't. Tickets still available on site! \$25



Hypnotist tickets still on sale! Get yours now! \$25
Purchase at the door or registration desk

Registration & Marketplace Hours- Ontario Room:

Friday: 12PM-1AM ■ Saturday: 7:30AM-4:15PM, 9:30PM-1AM ■ Sunday: 7:30AM-12PM

The MNNAC XX Marketplace:

Here you can find official MNNAC XX merchandise, NA jewelry & trinkets, Upper Midwest Service Office, purchase speaker CDs, convention information, volunteer sign-up forms, and the "MNNAC Through the Years" display. You can sit and visit or play a game of cards. The Marketplace will be closed after 1AM on Fri. & Sat. as well as between 4:30PM and 9:30PM on Saturday. On Sunday, you can purchase alternative merchandise from NA events around the State.

Banquet:

Those attending this year's banquet will be treated to a special dinner program featuring the creative poetic musings of Aaron T. and the talents of John H. & Lori H. who will perform their original music drawn from a wide influence including folk, blues, and Americana.



LIMITED tickets left! \$40
Purchase at registration desk

Marathon Meeting:

24/7 from Friday noon- Sunday 10AM, Room 515

Medallion Hunt:

To commemorate MNNAC XX, there is a 20-year NA medallion hidden somewhere around the convention. Whoever finds it wins a FULL PACKAGE registration to MNNAC XXI in the Twin Cities and another special surprise. Clues will be posted at the Convention Information Table.

Medallion Hunt Clue Posting Schedule:

Friday:

12PM (Clue #1) • 4:30PM (Clue #2) • 9PM (Clue #3)

Saturday:

7:15AM (Clue #4) • 9:15AM (Clue #5) • 11:15AM (Clue #6)
12:15PM (Clue #7) • 1:45PM (Clue #8) • 2:45PM (Clue #9)
4:15PM (Clue #10)

Sunday:

7:15AM (Clue #11)

Helpful hint: If you follow us on Twitter @naminnesota, you will have access to the clues 30 minutes earlier than the Convention Information posting time.



Child Care:

In the interest of their safety, all children under the age of 12 must be accompanied by an adult at all times throughout the convention.

Postal System:



Place the NA hanger on your hotel door... get a message. See a hanger... leave a message. If you're not staying in the hotel, share your message with a friend or a newcomer directly. The mini postcards are enclosed in your registration packet.

Memorial Walk:

We ask everyone's participation in a candlelight memorial walk of unity that will transition us from the Holiday Inn to the Saturday night events to be held at the DECC. We will illuminate the lives of those who died too soon and those who have yet to find a better way to live. Please see your registration packet for details. If you would like to acknowledge an addict who has passed away, please complete a memoriam card located at the Convention Information desk. We will honor them in a special Saturday night presentation. 1PM Saturday deadline.

Press Statement:

As our Eleventh Tradition states, "Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films." The primary purpose of our public relations effort is to tell the story of Narcotics Anonymous and what our program offers to the still-suffering addict. As individual members we do not disclose our last names, nor appear in the media as identifiable members of Narcotics Anonymous. If members of the press approach you, please direct them to the Convention Information desk located on the Great Lakes Ballroom level.

FRIDAY

12PM-1AM

<i>Registration</i>	Ontario Room
<i>Marketplace</i>	Ontario Room
<i>Marathon Meeting Begins 12PM, goes 24/7</i>	Room 515

1PM-2PM

<i>Avoiding The Pitfalls of Service- Caleb B.</i>	Superior Room
<i>Jails, Institutions, & Death- Shelby J.</i>	Michigan Room

2:15PM-3:15PM

<i>Sponsorship- Jane S.</i>	Superior Room
<i>Death, Dying & Living With Grief- Mary Kay R.</i>	Michigan Room

3:30PM-4:30PM

<i>The Ties That Bind- Stephanie K.</i>	Superior Room
<i>Young In Recovery- Jitterbug & Morgan</i>	Michigan Room

7:30PM-9:30PM

<i>Opening Speaker- Mark B. from Omaha, NB</i>	Sup., Mich., & Hur.
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9:30PM-1AM

<i>Open Mic Talent Show- Bring your talents, artistic, comedic, musical or otherwise. Be part of the entertainment or part of the audience.</i>	Sup., Mich., & Hur.
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1AM- late

<i>Fellowship & Games</i>	Room 514
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If you see a ticket next to an agenda item, that means this is a ticketed item and is not included in basic registration price.



SATURDAY

7:30AM-4:15PM

Registration

Ontario Room

*Marketplace *Will open again from 9:30PM-1AM*

Ontario Room

7:30AM-8:15AM

Just For Today Discussion Mtg. - Kit E.

Michigan Room

7:30AM-9AM



Breakfast Buffet

Fluffy scrambled eggs, North Shore potatoes, seasonal fruit, assorted breakfast breads and choice of ham, bacon or breakfast sausage- \$15

Lyric Rooms I & II

8:30AM-9:15AM

Growing Pains- Marcus F.

Superior Room

Complacency- Kellie K.

Michigan Room

A Gift of Hope- Brian F.

Huron Room

9:30AM-10:15AM

Carry the Message- Jeanie M.

Superior Room

Spirituality is Practical- Al S.

Michigan Room

Surviving Time Away From NA- Chris C.

Huron Room

9:30AM-11:15AM

MN Regional Service Committee (MNRSC)

Room 514

10:30AM-11:15AM

Being a Parent in Recovery- Danita W.

Superior Room

Living Our Principles- Sky

Michigan Room

What Is There Left to Do?- Wesley K.

Huron Room

Walking The Walk- Tim W.

Lyric I

Why We Need to Know the Traditions- Lee P.

Lyric II



SATURDAY (CONTINUED...)

11:30AM-12:15PM

<i>Romantic Relationships- Carl & Natalie</i>	Superior Room
<i>Amends & Reconciliation- Laron R.</i>	Michigan Room
<i>GLBT Rap- Trac R.</i>	Huron Room
<i>Why We Stay- Trish W.</i>	Lyric I
<i>Why We Need to Work the Steps- Sam M.</i>	Lyric II

1PM-1:45PM

<i>Women's Rap- Nicky F.</i>	Sup., Mich., & Hur.
<i>Thrill Seeking & Adventure- Jeff S.</i>	Lyric I
<i>Keys to Freedom- Will H.</i>	Lyric II

1PM-2:45PM

<i>MNNAC BOD Mtg.</i>	Room 514
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2PM-2:45PM

<i>Men's Rap- Kevin W.</i>	Sup., Mich., & Hur.
<i>Recovery Not Relapse- Michelle E.</i>	Lyric I
<i>Balance In Our Recovery- Sara S.</i>	Lyric II

3PM-4:15PM

<i>Auction</i>	Sup., Mich., & Hur.
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3PM-4:15PM

<i>Honesty, Open-mindedness, & Willingness- James</i>	Lyric I
<i>Group Conscience- Monte J.</i>	Lyric II



SATURDAY (CONTINUED...)



4:30PM & 4:40PM

Banquet Ticket Holders Memorial Walk
From Holiday Inn to the DECC in groups of 100

Meet at top of escalator of
At the Holiday Center

5PM-6PM



Limited # of tickets left!

Banquet

Join us for dinner and a special combination of
music by John & Lori H., and a poetry reading by
Aaron T. - \$40

The DECC
Harbor View
Room

5:20PM & Every 5 Min.

Main Speaker Event Memorial Walk
Continues, from Holiday Inn to the DECC in
groups of 100. See registration packet for more
details.

Meet at top of escalator of
At the Holiday Center

6:30PM-9PM

Main Speaker Event
Susan G. from NY & Clean Time Countdown

Symphony Hall

9PM-ONWARD

**Early Bird Registration begins for
MNNAC XXI in Twin Cities**

Ontario Room

9:30PM-10:30PM



Tickets available at door!

Entertainment- Hypnotist Glenn Miller
From 17 to 70, audiences are sure to be rolling
in the aisles with this extraordinary side-
splitting show of comedy hypnosis. \$25

Symphony Hall

9:30PM-1AM

Marketplace

Ontario Room

Fun & Games

Erie Room

Dance: Music & Lights by DJ Dean

Sup., Mich & Hur.

11:15PM-1AM

Guided Meditation- Scott W.
Wear comfy clothes & bring your pillow.

Lyric I & II

1AM-3AM

Fun & Games

Room 514

Don't forget there is a marathon meeting going on 24/7 in room 515!!

SUNDAY

7:30-9AM



Breakfast Buffet

Fluffy scrambled eggs, North Shore potatoes, seasonal fruit, assorted breakfast breads and choice of ham, bacon or breakfast sausage- \$15

Lyric Rooms I & II

7:30-12PM

*Early Bird Registration continues
for MNNAC XXI in Twin Cities*

Ontario Room

Marketplace

Ontario Room

7:30-9:45AM

*12 Steps Speak-a-Thon:
Tobias & friends*

Michigan Room

10AM-12PM

*Closing Speaker- Tim M. from
Longview, WA*

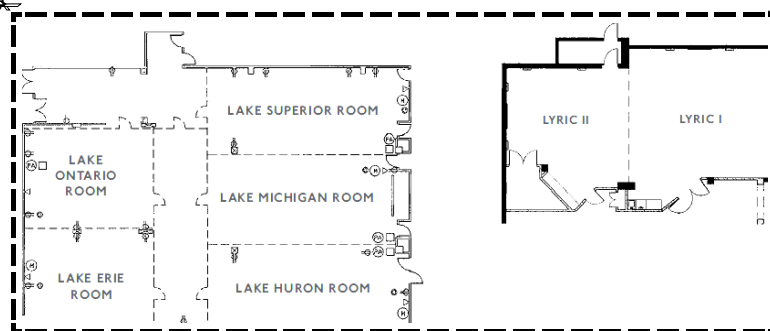
Sup., Mich & Hur.

The **END** of the event, but the **BEGINNING** of your new
or *renewed* journey of discovery in
Narcotics Anonymous. Thank you for being a part of
making this year's event a magical one in Duluth.
Hopefully, we will all see you next year in
the Twin Cities at MNNAC XXI .

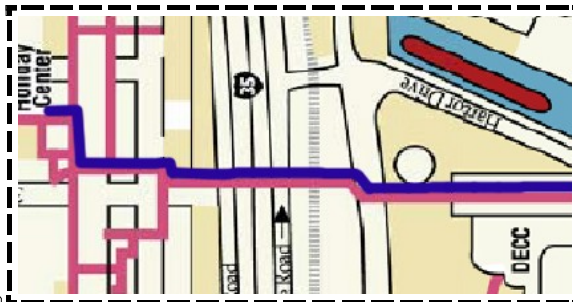


EVENT MAPS

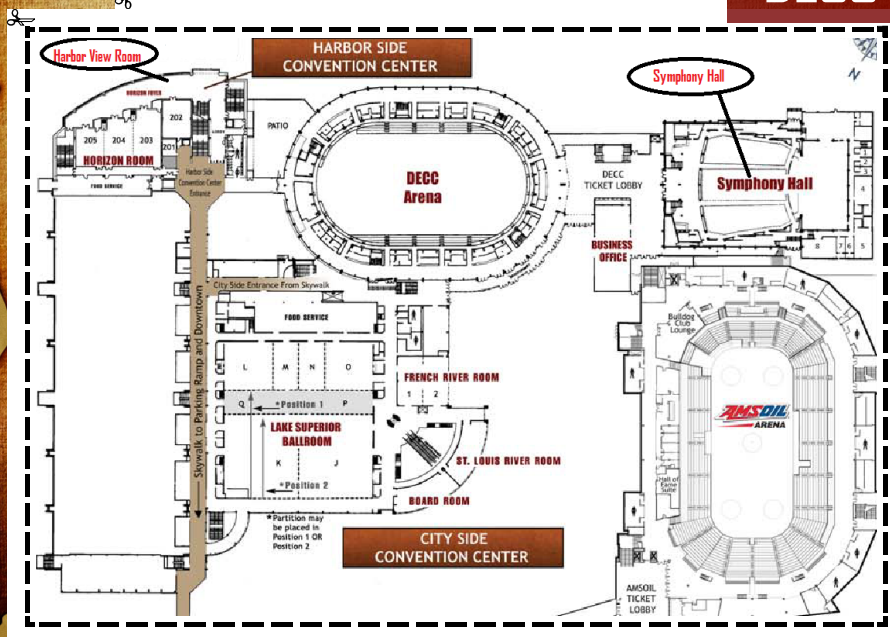
HOLIDAY INN



SKYWALK



DECC



THE TWELVE STEPS OF NARCOTICS ANONYMOUS

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God, *as we understood Him*.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory, and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God, *as we understood Him*, praying only for knowledge of His will for us, and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

THE TWELVE TRADITIONS OF NARCOTICS ANONYMOUS

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority -- a loving God as He may express Himself in our group conscience.
Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous, except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose--to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.
7. Every NA Group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. NA has no opinion on outside issues; hence, the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

STATEMENT OF RESPONSIBILITY:

The hotel and the DECC have gone to great lengths to provide us with a clean and friendly space for our convention. As guests, we need to follow their house rules to ensure a welcome return in the future. Have a great time and enjoy yourself responsibly.

HELPFUL REMINDERS & INFORMATION

1. Smoking is allowed in designated areas only.
2. Please wear shirts and shoes in all public areas (except in pool area).
3. Out of respect for our convention, your fellow addicts, and our speakers, please silence your cell phones at all times and in all areas throughout the convention. Please refrain from texting during workshops and meetings.
4. There is no sleeping in hallways or public areas. Please keep in mind that not everyone likes to stay up all night. The hotel requires it be quiet in the hallways between the hours of 10pm and 8am.
5. All minors are the responsibility of and are to be supervised by the adults who bring them.
6. We ask that you please wear your name badge to all convention activities.
7. If you are interested in volunteering some of your time to assist the convention committee, please see the sign-up sheets by the registration table.
8. Meetings and workshops are considered open meetings and are open to non-addicts. Open topic marathon meetings are considered closed meetings, and are for addicts only.
9. Groups, Areas or Regions wishing to sell NA approved merchandise on Sunday must obtain prior approval at the B.O.D. meeting Saturday at 1PM in Room 514.
10. Cameras and camcorders may be used in common areas. Please seek permission from members before using photographic equipment.
11. The Skywalk is closed at 11PM. The only exception is for those returning from the Hypnotist show. They will be able to return through the skywalk. Be aware that the DECC charges \$5 for parking.

NEW CREW MEMBERS:

NAME

PHONE

CITY

"AS ADDICTS, WE KNOW THE PAIN OF ADDICTION, BUT WE ALSO KNOW THE JOY OF RECOVERY WE HAVE FOUND IN THE FELLOWSHIP OF NARCOTICS ANONYMOUS."

~PREFACE TO THE FIRST EDITION XXIII BASIC TEXT SIXTH EDITION