

## RCM REPORT

November 8<sup>th</sup> 2014

Dear Northern Lights Area,

Hello my name is Matthew and I am an addict. This is my first report as the new RCMA for the area. Enclosed are the notes taken from the Regional meeting which met in Minneapolis on Nov. 8, 2014.

-Addicts should know that they may create a user login on the [www.NAMinnesota.org](http://www.NAMinnesota.org) website. Creating a user account will allow them access to many links, file cabinets, etc...that cannot be accessed without being logged in. I created a login and it took mere minutes to complete.

### OPEN FORUM

-There was a discussion regarding a need to define the boundaries of each area in MN Region. Why define area boundaries? In order to help Hospitals and Institutions or general public find help from NA (bring meetings in, find speakers, etc...). It would clear up which area would service which local communities.

-It is suggested we try to make our own boundaries at area by coloring on a map. These maps will then be brought to Creating Our Common Welfare and compared and contrasted. Email [info@naminnesota.org](mailto:info@naminnesota.org) for your own blank county map if you would like to create your own.

-There is an event called the Multizonal Symposium which sounds awesome. Various zones get together and share ideas on ways to carry the message. Apparently MN is constantly being looked to as a successful model of service structure, and Minneventions are being put into practice in other regions and zones.

-The UMSO: Upper Midwest Service Office was approved for 2 iPads to speed up service in the office, and to attend more events around MN like Vermilion etc...with literature, NA swag etc...to sell.

-Creating our Common Welfare will be taking place in Feb. In the Back To Basics area from 8 AM-6PM. Marvella and I plan on attending!

-There is a new item on our [www.naminnesota.org](http://www.naminnesota.org) webpage in beta testing called the Speaker Directory. Speakers in any area may put their info online which includes a brief bio and some points of interest about their story. No personal info included on the page. This is for H&I's who would like to bring in speakers to their facilities. Get the word out to all speakers in the Northern Lights Area. Please check it out and give Jeff our webmaster your feedback or ideas about its functioning.

-Minnesota is participating in Project Primary Purpose. This project stems from Nebraska and sells t-shirts to buy Basic Texts. When two t-shirts are sold, a basic text is sent to an inmate who needs one. Money goes to Nebraska and there are no guarantees as to where the basic text will be sent.

### EIGHT TRADITION WORKSHOP

-We had the opportunity to answer some questions in the new Traditions Workbook on Tradition 8. Very few regions have given feedback on this particular tradition so it was really cool to discuss and be sending our responses as input. You may answer some of the questions yourself online at our website. Maybe this would be a fun thing to do at area?

## REQUESTED BY REGION TO BRING BACK TO AREA

-Apparently Hennepin County Drug Court does newcomer orientations for new addicts to drug court. If interested in helping with this, please contact Kris K. In the form online.

-As of our meeting there are still 6 male sponsors needed for Sponsorship Behind the Walls. Login online and fill in the form if you have the following requirements.

- at least one year clean
- currently working the 12 Steps with a Sponsor.

-Help Line Volunteers are needed!!! Sign up online under Help Wanted. Our area has the second largest population of volunteers yet takes very few shifts. The goal is getting addicts to a meeting.

-All of us in service positions should register online with our Website. Val has been on top of that like a rockstar webmistress!

-The Regional budget was reviewed thoroughly and approved for \$16,650.

On a personal note I want to say that this was an awesome experience. Marvella and I had such a great time bonding, and sharing about our area with the other members at Region. I loved seeing how much broader this program is and I cannot wait for the next one! I would love to invite more members of our area to attend! Thank you for this opportunity to be of service!

I wanted to add that it was great to have a fellow addict ride and share the message of recovery.

In Loving Service,  
Matthew W.  
Marvella D.