

NORTHERN LIGHTS AREA OF NARCOTICS ANONYMOUS MEETING LIST

SUNDAY

4:00 PM ~ ROMPIN' STOMPIN' NA

Pilgrim Lutheran Church
820 Belknap Street – **SUPERIOR, WI 54880**
Child Care Provided
Open; Discussion; Accessible

5:00 PM ~ CLOQUET SUNDAY NA

Alano Club
103 10th Street – **CLOQUET, MN 55720**
Closed, Open Discussion

8:00 PM ~ JUST FOR TODAY

Howard Friese Halfway House
1520 E 2nd Street – **DULUTH, MN 55812**
Closed; Literature Study

MONDAY

7:00 PM ~ STEP TOWARD RECOVERY

Twelve Holy Apostles Church
632 E 2nd Street – **DULUTH, MN 55805**
Closed; Step Study

TUESDAY

7:00 PM ~ NEW HORIZONS

Trinity Lutheran Church
1108 E 8th Street – **DULUTH, MN 55805**
Open; Discussion; Lit Discussion

WEDNESDAY

5:15 PM ~ HOW IT WORKS

Bethel Work Release/Port Rehab
23 Mesaba Avenue – **DULUTH, MN 55806**
Use W 1st Street Entrance 2nd door
Open, Beginners Meeting, Accessible

THURSDAY

7:00 PM ~ HOPE NOT DOPE

Mt. Olive Lutheran Church
2012 E Superior St – **DULUTH, MN 55812**
Basement entrance at rear of church
Open; Discussion; Accessible

7:00 PM ~ NA CANDLELIGHT GROUP

Our Saviors Lutheran Church
615 12th Street – **CLOQUET, MN 55720**
Open; Discussion; Accessible

7:00 PM ~ SAFE HARBOR NA

Agate Bay Professional Bldg
120 7th Street – **TWO HARBORS, MN 55616**

FRIDAY

6:00 PM ~ FRIDAY CLOQUET NA

Cloquet Alano
103 10th St. – **CLOQUET, MN 55720**

7:00 PM ~ FRIDAY NIGHT NA

St. Mary's Star of the Sea Church
325 E 3rd Street – **DULUTH, MN 55805**
Child Care Provided
Open; Discussion; Lit Study; Accessible

8:00 PM ~ T.G.I.F. GROUP

Mt. Olive Lutheran Church
2012 E Superior St – **DULUTH, MN 55812**
Basement entrance at rear of church
Park on the west side of the bldg
Open; Discussion; Accessible

SATURDAY

4:00 PM ~ D.R. H.U.G. MEETING

Building for Women
32 East 1st Street - **DULUTH, MN 55802**
Parking Available through alley entrance

Last Updated 10/2012

Request A Temporary NA Contact

Fill out a request form online at
www.naminnnesota.org

Send an email request to
BridgingTheGap@naminnnesota.org
Include your name and a phone number.

Send a text to 1-612-562-6609
Include your name and a phone number.

NORTHERN LIGHTS AREA **SERVICE COMMITTEE**

NA members are encouraged to carry the message of recovery by participating in the semi-monthly service committee meeting held from 12:30 to 4:30 on the first Saturday of Feb, Apr, Jun, Aug, Oct, & Dec at: Peace United Church of Christ, 1111 N 11th Ave E, Duluth, MN 55805 This is a POTLUCK event.

Vermilion Campout Committee meets at the same location from 11:00 to 12:15.

WE DO RECOVER

"Narcotics Anonymous is a non-profit fellowship or society of men and women for whom drugs had become a major problem . . . Recovering addicts who meet regularly to help each other stay clean."

Membership is open to any drug addict, regardless of the particular drug or combination of drugs used. There are no social, religious, economic, racial, ethnic, nationality, gender, or class-status membership restrictions.

Narcotics Anonymous believes that one of the keys to its success is the therapeutic value of addicts working with other addicts. In meetings, members share their personal experience with others seeking help. Not as professionals, but simply as people who have been there themselves and have found a solution.

Narcotics Anonymous has no professional therapists, no residential facilities, and no clinics. NA provides no vocational, legal, financial, psychiatric, or medical services. The closest thing to an "NA counselor" is the sponsor, an experienced member who gives informal assistance to a newer member.



My gratitude speaks
When I care and when I share
With others The NA way
That no addict
Seeking recovery
Need ever die
From the horrors of addiction

Tell yourself:

Just for today, my thoughts will be on my recovery. Living and enjoying life without the use of drugs.

Just for today, I will have faith in someone in NA. Who believes in me and wants to help me in my recovery.

Just for today, I will have a program. I will try to follow it to the best of my ability.

Just for today, through NA. I will try to get a better perspective on my life.

Just for today, I will be unafraid. My thoughts will be on my new associations, people who are not using and who have found a new way of life.

So long as I follow that way, I have nothing to fear.

PHONE NUMBERS (Use Them)

[illegible]

**NORTHERN
LIGHTS
AREA
OF
NARCOTICS
ANONYMOUS**



Phone Line
1-877-767-7676

Web Page

www.northernlights.naminnesota.org

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