

# NORTHERN LIGHTS AREA OF NARCOTICS ANONYMOUS MEETING LIST

## SUNDAY

### **4:00 PM ~ ROMPIN' STOMPIN' NA**

Pilgrim Lutheran Church  
820 Belknap Street – **SUPERIOR, WI 54880**

**Child Care Provided**

*Open; Discussion; Accessible*

### **5:00 PM ~ CLOQUET SUNDAY NA**

Alano Club  
103 10th Street – **CLOQUET, MN 55720**  
Closed, Open Discussion

## MONDAY

### **7:00 PM ~ STEP TOWARD RECOVERY**

Twelve Holy Apostles Church  
632 E 2<sup>nd</sup> Street – **DULUTH, MN 55805**  
*Closed; Step Study*

## TUESDAY

### **7:00 PM ~ NEW HORIZONS**

Trinity Lutheran Church  
1108 E 8th Street – **DULUTH, MN 55805**  
*Open; Discussion; Lit Discussion*

## WEDNESDAY

### **5:15 PM ~ IT WORKS**

Bethel Work Release/Port Rehab  
23 Mesaba Avenue – **DULUTH, MN 55806**  
*Open, Beginners Meeting, Accessible*

### **6:30 PM ~ STRENGTH IN NUMBERS**

Westside Vineyard  
215 N. Central Ave - **DULUTH, MN 55807**  
(Next to Insty Prints)  
*Open, Literature Study, Accessible*

## THURSDAY

### **7:00 PM ~ SAFE HARBOR NA**

Agate Bay Professional Bldg  
120 7<sup>th</sup> St – **TWO HARBORS, MN 55616**

### **7:00 PM ~ HOPE NOT DOPE**

Mt. Olive Lutheran Church  
2012 E Superior St – **DULUTH, MN 55812**  
Basement entrance at rear of church  
*Open; Discussion; Accessible*

### **7:00 PM ~ NA CANDLELIGHT GROUP**

Our Saviors Lutheran Church  
615 12th Street – **CLOQUET, MN 55720**  
*Open; Discussion; Accessible*

## FRIDAY

### **6:00 PM ~ FRIDAY CLOQUET NA**

Cloquet Alano  
103 10<sup>th</sup> St. – **CLOQUET, MN 55720**

### **7:00 PM ~ LIVING CLEAN**

St. Mary's Star of the Sea Church  
325 E 3<sup>rd</sup> Street – **DULUTH, MN 55805**  
**Child Care Provided**  
*Open; Discussion; Lit Study; Accessible*

### **8:00 PM ~ T.G.I.F. GROUP**

Mt. Olive Lutheran Church  
2012 E Superior St – **DULUTH, MN 55812**  
Basement entrance at rear of church  
Park on the west side of the bldg.  
*Open; Discussion; Accessible*

## SATURDAY

None as of 04/01/2013

## ONLINE & PHONE MEETINGS

Can't get to a face-to-face NA meeting?  
Check out these telephone and/or online  
NA meetings:

Nachatroom.org  
Naphone.org  
Thebridgena.org

## Request A Temporary NA Contact

Fill out a request form online at  
[www.naminnnesota.org](http://www.naminnnesota.org)

Send an email request to  
[BridgingTheGap@naminnnesota.org](mailto:BridgingTheGap@naminnnesota.org)  
*Include your name and a phone number.*

Send a text to 1-612-562-6609  
*Include your name and a phone number.*

## NORTHERN LIGHTS AREA SERVICE COMMITTEE

NA members are encouraged to carry the message of recovery by participating in the semi-monthly service committee meeting held from 12:30 to 4:30 on the first Saturday of Feb, Apr, Jun, Aug, Oct, & Dec at: Peace United Church of Christ, 1111 N 11th Ave E, Duluth, MN 55805 This is a POTLUCK event.

Vermilion Campout Committee meets at the same location from 11:00 to 12:15. The campout takes place annually on Lake Vermilion near Cook, MN on the 2<sup>nd</sup> weekend of September.

"Narcotics Anonymous is a non-profit fellowship or society of men and women for whom drugs had become a major problem . . . Recovering addicts who meet regularly to help each other stay clean."

Membership is open to any drug addict, regardless of the particular drug or combination of drugs used. There are no social, religious, economic, racial, ethnic, nationality, gender, or class-status membership restrictions.

Narcotics Anonymous believes that one of the keys to its success is the therapeutic value of addicts working with other addicts. In meetings, members share their personal experience with others seeking help. Not as professionals, but simply as people who have been there themselves and have found a solution.

Narcotics Anonymous has no professional therapists, no residential facilities, and no clinics. NA provides no vocational, legal, financial, psychiatric, or medical services. The closest thing to an "NA counselor" is the sponsor, an experienced member who gives informal assistance to a newer member.



My gratitude speaks  
When I care and when I share  
With others The NA way  
That no addict  
Seeking recovery  
Need ever die  
From the horrors of addiction

Tell yourself:

**Just for today**, my thoughts will be on my recovery. Living and enjoying life without the use of drugs.

**Just for today**, I will have faith in  
someone in NA. Who believes in me and  
wants to help me in my recovery.

**Just for today**, I will have a program. I will try to follow it to the best of my ability.

**Just for today**, through NA. I will try to get a better perspective on my life.

**Just for today, I will be unafraid. My thoughts will be on my new associations, people who are not using and who have found a new way of life.**

**So long as I follow that way, I have nothing to fear.**

## PHONE NUMBERS (Use Them)

[illegible]

**NORTHERN  
LIGHTS  
AREA  
OF  
NARCOTICS  
ANONYMOUS**



**Phone Line**  
**1-877-767-7676**

## Web Page

**[www.northernlights.naminnesota.org](http://www.northernlights.naminnesota.org)**

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**Distributed by:  
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