

10/01/2016

Northern Lights Area of Narcotics Anonymous Area Service Committee (NLANA ASC)

Meeting called to order at 12:37 PM, Caitlin M, Co-Chair presiding.

Meeting location: 1111 N 11th Ave. E Duluth, MN

Members present:

1. Caitlin M. - Co-Chair
2. Rochelle B. – Secretary/ NA meeting for women @ Douglas County Jail Project Manager
3. Sue J- RCMA
4. Robin E-Treasurer
5. Greg- Rompin' Stompin' GSR
6. Megan- New Horizon Group
7. Riley- Strength in Numbers Group
8. Aaron F- Candlelight Group
9. Joe/Barbara- NA Time of Day
10. Sue- Living Clean
11. Adam- Member
12. Trac- Member
13. Bryan- Member
14. Alex- Member
15. Marvella- Member
16. Jim- Member
17. Dean- Member

Groups not represented:

- T.G.I.F.
- Saturday Night NA Group
- Cloquet Group (Sunday, Wednesday, Friday)
- Steps to Recovery

Reading of the 12 Traditions, Trac and the 12 Concepts, Marvella

Agenda review.

08/06/16 minutes review. Motion made by Robin and seconded by Bryan to approve minutes. 06/04/16 minutes with amendments passed. Motion made by Marvella and seconded by Trac. Motion accepted.

Open Forum

- Are we still interested in hosting MNNAC?
- Newcomers feel the format for meetings is strike and they don't want to come back.

Elections:

- Chair- Caitlin and Alex nominated. Alex stepped down. Caitlin elected by a majority of all members present.
- Vice-Chair- Dean stepped down. Alex nominated and declined. Position is Open.
- Secretary- Rochelle nominated and elected by a majority of all members present.
- Treasurer- Robin nominated and elected by a majority of all members present.
- RCM- Sue nominated and elected by a majority of all members present.
- RCMA- Robin nominated Lindsey. Lindsey stepped down. Position is Open.
- Vermilion Chair- Matthew nominated and elected by a majority of all members present.
- Web Publisher- Marvella nominated and elected by a majority of all members present.

Presentation

- None

Group Reports:

- Rompin' Stompin'
 - GSR: Greg-present
 - \$25 donation
 - Nothing to report

- Cloquet Group (Sunday, Wednesday, Friday)
 - GSR: – not present (report only)
 - \$0 donation
 - Wed. night 6:30 needs help with attendance.
- New Horizons
 - GSR: Megan M- present (stand in)
 - \$35 donation
 - Nothing to report
- Strength in Numbers
 - GSR: Riley- present (stand in)
 - \$20 donation
 - Nothing to report
- Thursday Candlelight Cloquet
 - GSR Aaron F.- present
 - \$0 donation
 - Nothing to report
- Living Clean
 - GSR Adam-present
 - \$50 Donation
 - Nothing to report
- T.G.I.F.
 - GSR - Open -not present (report only)
 - \$40 donation
 - Nothing to report.
- Language of Recovery
 - GSR Joe-present (stand in)
 - \$10 donation
 - Need GSR, Secretary, GSRA, and attendance help
- Steps to Recovery
 - GSR- not present (report only)
 - \$100 Donation
 - Nothing to report
- Hope Not Dope Group
 - GSR April- present
 - \$25 Donation
 - Nothing to report
- NA Time of Day Group
 - GSR Barbara-present (stand in)
 - \$55 Donation
 - Oct. Potluck and speaker meeting-date TBD
- Saturday Night NA
 - GSR: None
 - No Donation
 - Nothing to Report

Motion made by Bryan and seconded by Greg to approve the Group Report. Motion accepted.

Executive Committee Reports:

- Treasurer: Robin E. - present
 - Current balance: see Report and budget proposal made with amendments motion made by Sue seconded by Greg. Motion passed.
- RCMA: Sue J - present
 - See Attached Report
- Vermilion: Matthew - not present
 - Read report, see attached.
- Webmaster: Rachael D. - present
 - No report

Motion made by Sue and seconded by Bryan to approve the Executive Reports. Motion accepted.

Project Reports:

- Meeting List Coordinator: Rachel D.
 - No report
- Health and Human Services Oct. 13/14
- Carrying the Message: Bobbie W.
 - No Report
- Douglas County Jail H&I Panel – Matthew W- present(male)/Rochelle B.- present(female)
 - No report
- Bimonthly CADT Meeting - Charles C Manager – not present
 - No Report
- Drug Court- Tracy P
 - No report
- Halloween Dance- Robin
 - Made flyer
- Ice Cream Social- Caitlin
 - See report
- Recovery Walk- Caitlin
 - See report

Old Business:

- None

New Business:

- Motion made by Terry and seconded by Robin E.
 - Motion reads: To provide literature to Moose Lake Sex Offenders regular NA meeting.
 - Intent: To continue to carry the message to the inmates.
 - Financial impact: \$150
 - Motion passed.
- Motion made by Jim S. and seconded by Marvella D.
 - Motion Reads: Explore the possibility to doing MNNAC in Duluth
 - Intent of Motion:
 - Financial Impact:
 - Motion passed.
- Motion made by Robin seconded by Terry
 - Motion Reads: Agree to allow the Mat Number be include joint effort info P.I. Handout
 - Intent of Motion: Carry the message
 - Financial impact: \$0
 - Motion passed.
- Project Title: PI Panel Genesis Recovery Services
 - Project Begin Date: TBD
 - Location: Genesis Recovery Services
 - Family Friendly: No
 - Project Purpose: To inform staff what NA is and help answer questions and concerns.
 - Project Objective: Provide information to staff.
 - Project Manager: Caitlin M./Joe M.
 - Total Cost:95
 - Project approved
- Project Title: PI Supplies for Transforming Shame: Understanding Addiction's Impact on families.
 - Project Begin: 11/10/2016
 - Location: Essentia Health
 - Family Friendly: No
 - Project purpose: Provide IP's and meeting list to Essentia Health to have on their tables, no persons to be present, just supply supplies.
 - Project Objective: Purchase IP's and meeting list supply to Mary Wagner.
 - Project Manager: Caitlin M
 - Total Cost: \$80
 - Project approved.

10/1/2016 - Carry the message is going well. I may need to get some things ordered. But I will get in touch if needed.
Thanks, Bobbie W

Vermilion Awareness Ice Cream Social - What a hit! Everyone had a blast eating yummy ice cream and watching a DVD of photos from past Vermilions. We were able to give out 2 Free Vermilion Registrations because the Tubing Event was cancelled and donated their Certificate. The winners were a woman in a halfway house and single parent that would not have been able to go with it. It is very nice to see our Area reaching out to those in need and help make it possible to participate in the event. In Loving Service, Caitlin M Budget \$ 75.00 Income \$ 62.75 Expense \$ 48.83 Profit \$ 13.92

Recovery Walk PI Table - Thank you to NARNON for the free table at the Recovery Walk to create awareness of the help available in the Duluth Area for addicts. There were all types of addicts represented, from alcohol to overeating. While our table was in a bad location compared to other tables and it was cold and wet, we were able to give out 100 meeting lists and share our message of hope to everyone in attendance. We had a sign up for businesses/professionals for the Carry the Message monthly information. There was one request for NLANA to bring a PI panel into their treatment center to educate their staff. And we have been invited to have IPs and meeting lists available an Awareness event at Essencia Health at the end of the month. We had a banner created that was amazing, and Trac made a table top easel held poster (which was too windy to use), and a ton of IPs free for the taking. Over all, I believe we were able to get our message out there to people who may have not knew we existed. In Loving Service, Caitlin M Trac R Budget \$ 150.00 Income \$ - Expense \$ 62.43 Profit \$ (62.43) Poster 34.07 1 \$ 34.07 Meeting Lists 0.0687 100 \$ 6.87 Banner 42.98 0.5 \$ 21.49 \$ 62.43 Expenses

NORTHERN LIGHTS AREA TREASURY As of REPORT

9/30/2016

Current Balance: \$14,859.18

Category	Actual to date	Budget	Budget Balance
Beginning Balance	\$11,870.47	\$11,870.47	\$0.00
Group Donations	\$1,496.79	\$800.00	\$696.79
Activities Inc	\$598.90	\$1,000.00	-\$401.10
Activities Exp	-\$393.81	-\$1,500.00	\$1,106.19
GSR Orientation	\$0.00	-\$50.00	\$50.00
Meeting Lists	-\$249.15	-\$350.00	\$100.85
New Meeting Pkts	\$0.00	-\$150.00	\$150.00
Interest Income	\$4.03	\$0.00	\$4.03
Meeting Rm Rent	-\$450.00	-\$450.00	\$0.00
Misc Expense	\$285.25	-\$100.00	\$385.25
PO Box Rental	-\$66.00	-\$85.00	\$19.00
Storage Rent	\$0.00	-\$900.00	\$900.00
ASC Meeting Expenses	-\$14.06	-\$50.00	\$35.94
Chair Expense	-\$50.00	-\$50.00	\$0.00
Vice Chair Expense	\$0.00	-\$25.00	\$25.00
RCM-RCMA Expense	-\$307.69	-\$450.00	\$142.31
Secretary Expense	-\$78.65	-\$100.00	\$21.35
Treasurer Expense	\$0.00	-\$25.00	\$25.00
Web Publisher	\$0.00	-\$25.00	\$25.00
Carry the Mssg	\$0.00	-\$150.00	\$150.00
Douglas County Jail	-\$100.00	-\$100.00	\$0.00
CADC	\$0.00	-\$100.00	\$100.00
St Louis County Health	-\$250.00	-\$100.00	-\$150.00
Drug Court	-\$240.64	-\$250.00	\$9.36
New Projects	-\$150.00	-\$500.00	\$350.00
Prudent Reserve	-\$2,000.00	-\$2,000.00	\$0.00
Vermilion Reserve	-\$3,000.00	-\$3,000.00	\$0.00
60% NA Minnesota Region	\$0.00	\$0.00	\$0.00
40% NA World Service	\$0.00	\$0.00	\$0.00
Vermilion Merch Inc	\$6,481.00	\$6,000.00	\$481.00
Vermilion Reg Inc	\$18,035.93	\$12,000.00	\$6,035.93
Vermilion Adult Games	-\$100.00	-\$100.00	\$0.00
Vermilion Banner	-\$100.00	-\$100.00	\$0.00
Vermilion Kids Games	-\$50.00	-\$50.00	\$0.00
Vermilion Kids Crafts	-\$50.00	-\$50.00	\$0.00

Vermilion Kitchen	-\$6,047.37	-\$3,600.00	-\$2,447.37
Vermilion Merchandise	-\$3,937.23	-\$3,500.00	-\$437.23
Vermilion Programming	-\$492.00	-\$800.00	\$308.00
Vermilion Camp Fees	-\$5,375.00	-\$6,500.00	\$1,125.00
Vermilion Reg Exp	-\$361.59	-\$100.00	-\$261.59
Vermilion Chair/Treasurer	\$0.00	-\$100.00	\$100.00
Vermilion Newcomer Exp	\$0.00	-\$200.00	\$200.00
Vermilion Travel Exp	\$0.00	\$0.00	\$0.00
Vermilion Misc	-\$50.00	-\$150.00	\$100.00
Grand total	\$14,859.18	\$5,910.47	\$8,948.71
Vermilion Totals Only	\$7,953.74	\$2,750.00	\$5,203.74

NLANA 2017 ADOPTED BUDGET

Beginning Balance 14,000.00
 Group Donations 800.00
 Activities Inc 1,000.00
 Activities Exp (1,500.00)
 GSR Orientation (50.00)
 Meeting Lists (350.00)
 New Meeting Pkts (150.00)
 Interest Income -
 Meeting Rm Rent (450.00)
 Misc Expense (300.00)
 PO Box Rental (85.00)
 Storage Rent (900.00)
 ASC Meeting Expenses (50.00)
 Chair Expense (50.00)
 Vice Chair Expense (25.00)
 RCM-RCMA Expense (450.00)
 Secretary Expense (100.00)
 Treasurer Expense (25.00)
 Web Publisher (25.00)
 Carry the Mssg (500.00)
 Douglas County Jail (300.00)
 CADC (100.00)
 St Louis County Health (300.00)
 Drug Court (300.00)
 New Projects (2,790.00)
 Prudent Reserve (3,000.00)
 Vermilion Reserve (4,000.00)
 60% NA Minnesota Region -
 40% NA World Service -
 SUB TOTAL OPERATING -
 Vermilion Merch Inc 6,500.00
 Vermilion Reg Inc 19,000.00
 Vermilion Adult Games (100.00)
 Vermilion Banner (100.00)
 Vermilion Kids Games (50.00)
 Vermilion Kids Crafts (50.00)
 Vermilion Kitchen/Meals (9,000.00)
 Vermilion Merchandise (4,000.00)
 Vermilion Programming (800.00)
 Vermilion Camp Fees (6,000.00)
 Vermilion Reg Exp (400.00)
 Vermilion Chair/Treasurer (50.00)
 Vermilion Newcomer Exp (250.00)
 Vermilion Misc (100.00)
 SUBTOTAL VERMILION 4,600.00

10/1/2016 RCM Report

- COCW BID- Happens in Feb 2017

- Put in bid in Nov. we provide place, region provides everything else \$800 budget
- Traditions workbook will be available in hardcover and softcover this month
- Help for helplines
- Keep mtg lists updated for region
- Go to naminnesota.org and go to volunteer and sign up
- Decided to not go with another region for zonal forum

Thank you for letting me be of service, Sue J.