



Northern Lights Area of Narcotics Anonymous Call to Area Service Committee Meeting

August 6th, 2016

Please see the NLASC meeting agenda for details.

1111 East 11th St (Peace Church)

11-12:15pm Vermilion Committee meeting

12:30-4:30pm AREA Service Meeting

Greetings from the Chair

Hi my name is Lindsey and I am an addict. Time for the last Area before Vermilion. Last time we got most of the Annual Area Calendar done. I would like us to put the final touches on it at this Area. I found what we had created was useful when I was creating the Agenda. I want to share something I read about improving team work that I would like if we could all keep it in mind for this next Area or any service work we may do.

Team Toxins: Four toxic communication styles can destroy teamwork include:

1. **Blame & Criticism:** Attacking the person or their ideas
2. **Defensiveness:** Excessive sensitivity to criticism, unwilling to acknowledge areas that need improvements/changes
3. **Contempt:** Using sarcasm, cynicism, being condescending, hostile humor
4. **Stonewalling:** Cutting off communication, withdrawing, ignoring those with different viewpoints

***Project Managers** – please remember to come prepared with a report (emailing a copy to our secretary is much appreciated). Also proposed budgets are needed at this area. This is so the budget committee can use them when creating our budget.

What does each Group need to do before the ASC?

1. Review the attached agenda and supporting documents. Each GSR/GSRA has some homework to do before arriving at the ASC – have business meeting, complete group report form and bring to Area.
2. Help the GSR/GSRA to understand the Group's position on all agenda items.
3. Because new ideas and additional information may be brought to the ASC from various members, the Group may want to allow its GSR/GSRA some leeway in casting his or her vote and entrusting the GSR/GSRA to use his or her best judgment in carrying the group conscience.
4. Ask your GSR to bring to the ASC any questions or concerns raised by the Group.
5. Should the Group need a question answered prior to the ASC, contact Lindsey H. at nlanachair@gmail.com or send an email to: info.nl@naminnesota.org

Bring along your spiritual principles, your patience, and your sense of service. Let's make it a productive and enjoyable meeting and keep our primary purpose of carrying the message in mind.

Remember that it's a potluck – so bring some food, an appetite, or both!

Thank you for letting me be of service,
Lindsey H
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