

Northern Lights Area of Narcotics Anonymous Namekagon River Tubing Event



Saturday , July 26, 2014 Noon-3:30 at Jack's Canoe Rental
Car Pool meets at 10:00 a.m. departing at 10:30 a.m. from Central Hillside
Community Center at Lake Avenue and 4th Street. Return 5:30—6:00.

“Jack’s” is located 2 blocks east of JCT. 53 & 63; 2nd drive to the left (Wagon Bridge Rd.) on the Namekagon river in Trego WI.

DIRECTIONS: US-53 (Bong Bridge) to US-2 East. Slight right onto US-53 S (signs for Spooner/Eau Claire). In 50 miles turn left onto US-63 N. Turn left onto Wagon Bridge Rd.

***Tube rentals are \$11.00 per person for the traditional black rubber tubes and \$14.00 for the vinyl tubes with cup holders. (includes shuttle) Unlimited rides for the day!**

***The vinyl tubes have a built in cup holder and handles. They hold about three times as much air than a traditional tube, and offer more support for a comfortable ride down the river.**

WHAT TO BRING

Cash or Credit Card to pay for your tube. Definitely bring drinking water or other beverage, a brown bag lunch, a hat, sunscreen, bug spray, water shoes are good idea, a towel, and a dry change of clothes for the ride home. Coolers with ice will be provided.



NA has no affiliation with Jack's Canoe Rental



Namekagon River Tubing Facts

*The Namekagon river is 2-4 feet deep most of the way. Lots of opportunities for swimming. Very clean and clear river!

*River shoes are recommended when tubing. Good quality water shoes can be purchased at Jack's for \$10.99.

*We will stop on the river and picnic. **Bring your own lunch.** Beverages and food are allowed on the river, although glass of any type is prohibited.

QUESTIONS? Call Robin 218-390-5849

Having fun in recovery! We can stay clean and enjoy our lives.