

CMASC Minutes
January 20, 2013
Next ASC February 17, 2013

Moment of silence; Serenity prayer; 12 Traditions; 12 Concepts; Service Prayer; Read Concept 1

Introductions: Jerry, Tabi, Barb, Joe, Tony, Sam, Freda, Aaron, Joan, Paul, Tommy, Rich, Jim, Debbie M, Josh, Miranda, Phil, Eric, Debbie O, Kat, Renee, Calvin, Matt, Janice, Tim, Jason, Vern, Lucy, Sharon, Becky, Connie, Jacki, Dave, Mike

Establish quorum: Yes

Approval of minutes: Sam made a motion to approve last month minutes, Calvin second minutes were approved.

Recognition of new members: Barb, Rich, Jim, Miranda, Tony, Tim, Becky, Renee

Executive Reports:

Chair; Jerry G. Good Morning ASC, I want to thank all those who helped with this year's audit and budget. Also to remind all sub-committee chairs that until our process changes you are required by guidelines to review with the treasure twice a year your ledger books and once a year (Jan) to review your budgets. I again have been asked about anonymity on social media, all I will say is that our (NA) pamphlet on social media and our guiding principles states "wherever we go, we always represent NA to some degree; we want that reflection to be a source of attraction rather than a source of embarrassment." By revealing our NA membership online we become representative of the fellowship whether or not we want to be and any of our individual behaviors or opinions can be misunderstood as reflective of NA as a whole. Also the ASC is getting positive feedback due to our ability lately to practice principles first, let's keep up the good communication. Again thank you for allowing me to serve. Jerry G.

Co-Chair; Tabi Z. Good morning family, First I want to apologize for being absent last area and second Thank You for allowing me to serve this body. I don't have a lot to report this month. I did get all the literature transferred over to our new lit chair. I do have a few orders that I brought today. So if you haven't picked them up already let me know. Also been working with adhoc committee on Creating Our Common Welfare Assembly. This is going well and really excited that our AREA has chose to be part of and host this event. Gratefully in service, Tabi Z.

Secretary; Joan S. Greetings AREA,

Grateful to be of service to this body once again. I hope everybody had a wonderful Holiday season and a Happy New Year thus far. I attended the audit and budget review, a great group of people that showed up to help. The process was very painless and successful at that at. With that said I was disappointed with the turnout of sub-committee Chairs for the budget review. It is hard to set a budget without having an important part of the subcommittee there. We did the best we could. There is a web publisher's training session for January 21st for 7:00 – 8:30pm for anybody that would like to attend I can get you the information.

After AREA last month Monte sent a e-mail out with other AREA contact information.:

Area of Hope (Ramsey County) info.aoh@naminnesota.org

Back to Basics (Southern MN) info.b2b@naminnesota.org

Central MN info.cm@naminnesota.org

Northern Lights (Duluth) info.nl@naminnesota.org

Open Door (Rochester) info.od@naminnesota.org

RITH (Western Metro) info.rith@naminnesota.org

South Suburban Fireside info.ssf@naminnesota.org

Twin Cities (Hennepin) info.tca@naminnesota.org

Vision of Hope (Winona) info.voh@naminnesota.org

Wee Are Here (Northern Metro) info.wah@naminnesota.org

Voyageurs (Far Northern MN) info.va@naminnesota.org

Other than that I have a master phone list going around, if you prefer to receive minutes by mail write your address on this list, please make sure I get this back. There are copies of blank gsr and subcommittee reports on the back table. Please make sure I get these prior to you leaving.

That's all I got, In service Joan S.

Treasurer; Jackie K Good morning CMASC

Group donations: Clean in Clearwater \$20, Albany NA \$20

Literature: \$120.27

Expenses:

UMSO Check 2153 \$411.66 UMSO bill

Paul G Check 2154 \$30 RCM mileage

Jason D Check 2155 \$35 Outreach

Joan S Check 2156 \$18.11 postage

Henry's Catering Check 2158 \$100 Creating our Common Welfare (deposit)

Old Balance \$6350.13

Donations 40.00

Lit 120.27

Expenses -611.57

Balance \$5898.83

Check main fee 1.95

\$5896.88

+ 23.82 stop payment put back to account

\$5920.70

New budget:

Activities stay the same \$1700 W/food 1300wo/food

PI stay the same \$800

H&I stay the same \$900

Literature stay the same #350

Policy stay the same \$180

Outreach increase \$450 from \$425

Executive increase \$1200 from \$550

Newsletter stay the same \$250

New Budget total \$5830

Proud to say we had another perfect audit. The budget was reviewed and thank you to the following people for showing up: Jerry, Joan, Lucy, Paul, Sharon, Fredia, Lisa

Please put your full group names on checks or money orders, along with your name so I know who to give the receipt to. I brought forward a motion to use the online Google doc to hopefully be put in place. Thanks to Joan and Connie's help to go forth with this motion. Thanks in Service, Jackie K.

RCM; Paul G I have to report that our AREA will be holding the event Creating our Common Welfare Saturday April 6, 2013 11:00 to 6 PM at Henry's Banquet Center in Foley MN. There is a great need for help with this event also in our AREA there is a need for help in all AREA's service is a part of recovery as RCM I still am in search of a RCM-A please get involved with service.

RCM-A; Lucy K No written report handed in

Activities; Freda (acting-chair) Voted to use 1 of 2 venues owned by Anderson Trucking. This sub-committee needs support ASAP with MNNAC fundraiser (Artic Blast) as well as into the future. 2nd Sunday at Downtown Perkins 2PM next meeting.

Lit; Mike W. Good day to all. Sorry that I had to miss the majority of the ASC this month. Just a quick update; everything is going good at this point. I do apologize to all the groups who have items on back order. I am waiting to receive the order I placed with the UMSO to come in. At that time, I will be in contact with all those who have back ordered items as they will be priority for going out. This is a great learning experience for me. I do enjoy being of service to the Fellowship and this Area. At this time I do not have a committee meeting set up yet. I will send out a email to all when one is planned. Thank you for allowing me to serve this area. In Loving Service, Mike W.

H&I; Delbert S; Absent, Sharon has accepted nomination for this position and will submit service resume today.

PI; Sam M; Sub-committee needs support, meeting held at AREA tentative date for Highway clean-up is May 11, 2013. I will be accepting nomination for PI chair, will submit resume today. Need to meet the treasurer to go over budget and ledger. This position is open for nominations

Policy; Jess J; Absent

Outreach; Jason D; Secretary is needed

Newsletter; Open Position. Two people came forward with interest in the Newsletter. Becky nominated herself for chair position and Lucy second Becky will submit a service resume, has 31 years clean and previous AREA service. Kat is interest in helping with the newsletter.

Creating our Common Welfare Ahoc: We have our menu down for this event; our next meeting will be at next AREA in February. In March we will be meeting at Henry's Catering for everyone to see where we will be hosting this event. I am sending around a sign-up sheet for volunteer help for cooking food and helping though-out the day. Flyers are on the back counter, take a few for your group.

Group reports:

Albany; Life in Recovery; Tommy O GSR monthly attendance 8 with a \$25 donation. Moonlight Bowling Sat Feb 23 9PM Albany Bowling Center Cost is \$12.00 and pizza is provided.

Big Lake; Refuge in Recovery; Absent

Brainard; It Works N.A. Absent

Browerville; NA(Works if you Work it) Claire GSR, Absent

Clearwater; Clean in Clearwater;

Cold Spring; Recovery in the Sticks; Becky J, 20 weekly and no donation this month

Foley; No BS; Connie GSR, no written report

Little Falls; Recovery in Progress; Absent

Long Prairie; Road to Recovery; Absent

Milaca; Milaca NA; Aaron GSR average monthly attendance is 40, \$20 donation

Onamia; It Takes Two Addicts Loren W, Absent

Rice; Rice Road to Recovery GSR Jim G, average monthly attendance is 23, no donation

Princeton; Serenity Sun NA, Tues “Rum River Recovery” and Fri “Lost Dreams Awaken” Absent

Rockville; Recovery on the Rocks; Vern GSR 30-40 per month attendance \$20 donation

Sauk Centre; NA Lengths Miranda P. Absent

Sauk Rapids; Home Fires NA; Chad W

Sauk Rapids; Productive Members of Society; Matt GSR Feb 5th is next speaker meeting 40-50 monthly attendance and a \$30.00 donation

Sauk Rapids; We Do Recover; Absent

St. Cloud:

Monday:

Focus on Recovery; Calvin monthly attendance is 100, meeting doing good reminded other GSR's that business meetings should not take place during a meeting.

Tuesday:

It Works NA; Speaker meeting on first Tuesday of the month. John W. attendance of 100-150 with no donation. We have a speaker from outside of the group on the 1st Tues of every month

Attitude Adjustment Hour; David D GSR, 30 monthly attendance no donation. Finally did a lit order and got paid up to date on rent

Wednesday

Recovery in the Daytime; Janice S GSR, 30-40 monthly attendance no donation.

You're Not Alone; Melinda (Mindy) W GSR, Debbi O GSR-A monthly attendance 200 no donation

Thursday

Women's “No Excuses”; Debbie M GSR, Group is doing well, we can use some support always. Monthly attendance 20-25 we have a \$20 donation

Homeward Bound NA; Josh L GSR- 140 monthly attendance no donation, Feb 21st Thomas P is speaking

Friday

Just for Today; Joe GSR, 67 weekly attendance no donation Feb 1st Kathy C is speaking

“How and Why” Beau P GSR 50 monthly attendance, no donation

Upper Mississippi Shakedown John P GSR report by Eric W monthly attendance is approx. 140 no donation

Old Business:

1. **Activity Guidelines (Vote)** passed 15 yes and 3 abstain
2. **Budget review/audit report** Jackie present audit will submit motion for new business. Audit was perfect again. Thanks again to all that participated in this process.

New Business:

1. **Motion 12013-1 (see attached motion at end of minutes)**

Pro: This will provide better accounting system, won't have to hunt down paperwork for audit
Anybody can view it without being able to make changes it is secure
Will decrease cost of not having to have ledger books and paper process.

Con: There may be computer illiterate people that won't be able to use this.

2. **Secretary announces** Joan was asked if willing to take another term, declined. Joan is willing to finish her term and mentor for two months the new secretary. If somebody is not nominated Joan is NOT willing to continue with this position, Chair will have to appoint somebody.
3. **Policy Chair** Discussion that Jess J has not attended AREA since being nominated. He did not contact any executive committee member about missing today. The process to continue as is, if not here next month without contacting a member of executive committee more discuss about removing him from this position. We need to take these commitments seriously when we take them. There have been a few questions that the Policy Chair should have address since October. We had to look to other members for answers, reviewed guidelines. Aaron made motion to table till next month, Josh second. Jerry G (chair) will contact Jess to determine if he wants to continue in this position.

4. **Motion 12013-2 (see attached motion at end of minutes)**

Pro This will allow us to move forward conducting business for 2013

Connie/Jackie have done a lot of work we should trust those that created the budget.

A question was asked why the executive committee increased so much. This was in relation to increase of mailing of minutes. Last year's budget didn't reflect the cost of donation for the use of this room for AREA meeting. We also didn't have a great recordkeeping system in place to know what was spent the previous year. The executive committee has been running in the red for the past 3 to 4 months.

Con We would not be able to make a donation to world- we have made donation to Region twice in the last year

Open Forum:

1. **Nothing this month**

Next month topics:

Vote on motion12013-1

Vote on motion 12013-2

Q&A Becky (Newsletter chair)

Nomination for Secretary

Policy Chair discussion

Chair announces

Co-Chair announces

OPEN AREA Positions for nominations:

Newsletter Chair

RCM-A

Activity Chair

PI

H&I

Secretary

Upcoming events & requests:

Cmasccsecretary@gmail.com

Literature orders cma.literature@gmail.com orders to be filled within 72 hours

Feb 1st Fri Just for Today Kathy C is speaking

Feb 2nd Speaker Jam Men's "How and Why" 7 speakers food will be served all are welcome 12-8PM

713 Anderson Ave St Cloud

Feb 4th Outreach to Rice meet at Caribou @ 6:45PM

Feb 11th outreach to Browerville meet @ Caribou @ 5:30PM

Feb 21st Homeward Bound Thomas P is speaking

Feb 23rd Moonlight Bowling Albany Bowling Center 1450 Railroad Ave \$12 per person pizza provided

4th Saturday of the month Policy Subcommittee meeting, downtown Perkins 5:30PM

H&I subcommittee meets each 2nd Thursday of the month 5:30 PM at Caribou Coffee @ Crossroad's Mall (outside store)

Activities every 2nd Sunday of the month at downtown Perkins at 2PM and 1 hour before AREA

Outreach needs secretary and co-chair

Tentative HWY cleanup May 11

New meeting Rice "Road to Recovery

Shepard of the Pines Church Monday @ 7:30

Position	Announces	Closes	Election Held
Chair	February	April	May
Co-Chair	February	April	May
RCM	July	September	October
RCMA	July	September	October
Activities Chair	September	November	December
PI Chair	December	February	March
Secretary	January	March	April
H&I Chair	December	February	March
Treasurer	September	November	December
Literature Chair	March	May	June
Policy Chair	November	January	February
Outreach Chair	May	July	August
Newsletter Chair	May	July	August

Motion Form for the Central Minnesota Area of Narcotics Anonymous

Date 1-20-2013 Motion # 12013-1

Maker of motion Jackie Kook

Trusted servants position Treasurer

Second Joan Se Trusted servant's position Secretary

MOTION: (ALL MOTIONS SHOULD BE CLEAR, CONCISE & COMPREHENSIVE.)

Motion to implement the on-line Google document for use of all CMASC financial documentation. This document will replace the hard copy ledger system that is currently in place. By implementing this system, there will be many changes to our current policy. We request that the Policy Committee review the policies that would be affected by this change and bring them forth for the Area body to review and vote to amend to the affected policies. This will include Literature as well.

INTENT: (ALL MAIN MOTIONS MUST INCLUDE INTENT)

The intent of this motion will allow our current finances to be tracked on line rather than paper ledgers. This will allow our finances be on-line for viewing from any member. This will remove the ledger system that is currently in place for all sub-committees and the treasurer. The google document provides a method that is both more effective and efficient than the old method of tracking finances and budgets by hard, with hard copies.

AMENDED TO:

POLICY ACTION: YES _____ NO _____ ABSTENTIONS _____

MOTION CARRIED, FAILED, AMENDED, TABLED TO: _____

PRO _____

CON _____

PRO _____

CON _____

PRO _____

CON _____

CHAIRS SIGNATURE: _____

POLICY CHAIRS SIGNATURE: _____

Motion Form for the Central Minnesota Area of Narcotics Anonymous



Date 1-20-2013

Motion # 1202013-2

Maker of motion Jackie K
Trusted servants position Treasurer

Second Carmel Trusted servants position CSR

MOTION: (ALL MOTIONS SHOULD BE CLEAR, CONCISE & COMPREHENSIVE.)

Proposed 2013 CMASC Budget:
Activities - \$1,700.00 w/ food
\$1,300.00 w/out food
PI - \$800.00
HEI - \$900.00
Literature - \$350.00
(Rest on Back) →

INTENT: (ALL MAIN MOTIONS MUST INCLUDE INTENT)

To keep our budget purposes
up to date w/ actual
budget information for CMASC.

AMENDED TO:

_____ over →

POLICY ACTION: YES _____ NO _____ ABSTENTIONS _____

MOTION CARRIED, FAILED, AMENDED, TABLED TO: _____

PRO _____ CON _____

PRO _____ CON _____

PRO _____ CON _____

CHAIRS SIGNATURE: _____

POLICY CHAIRS SIGNATURE: _____

Policy 180⁰⁰

Outreach 450⁰⁰

Executive 1200⁰⁰

News letter 250⁰⁰

Total \$5,830⁰⁰

Compared to 2012 Budget

- Activities - the same
- PI - the same
- H&I - the same
- Literature - the same
- Policy - the same
- News letter - the same
- Outreach - increase of \$25⁰⁰
- Executive - increase of \$650⁰⁰

Narcotics Anonymous
Service Resume

(Please print legibly in black ink.)

Name Becky Jackson

Clean Date 5-17-81

Date: 1/20/13

Phone Number 320-455-2280

Position under consideration: newsletter

Please list all service positions you've held that you consider relevant to the position you are considering. Please include positions within the past three years and approximate dates of service for each position.

Currently Cold Spring C-SR-A
No service in recent years - used to be H&I co-chair, C-SR for Cold Spring.

If you have not completed a term or have been removed from a service position in the last three years, please explain:

What resources do you believe you can bring to the position you are considering?

experience in ~~activity~~ area,

What life experiences (such as school, work, volunteer, etc.) have you had that you believe will help you serve in the position that you are considering?

excellent computer skills, proof reading ability,

Please include any other information that you consider relevant.

Narcotics Anonymous

Service Resume

(Please print legibly in black ink.)

Name Sharon Johnson

Clean Date

5-13-88

Date: Jan 20, 2013

Phone Number

320-685-8560

Position under consideration: H+I

Please list all service positions you've held that you consider relevant to the position you are considering. Please include positions within the past three years and approximate dates of service for each position.

H+I - ~~2010-2011~~ 2009-2011

Been holding Friday Night Our House meeting (H+I) commitment
Cold Spring Recovery - help open it up (sec)

If you have not completed a term or have been removed from a service position in the last three years, please explain:

N/A

What resources do you believe you can bring to the position you are considering?

Been the H+I chair before - love to give back what has been freely
giving to me. Love caring the message. To newcomers

What life experiences (such as school, work, volunteer, etc.) have you had that you believe will help you serve in the position that you are considering?

Been in service since I been in recovery.

Please include any other information that you consider relevant.

Narcotics Anonymous

Service Resume

(Please print legibly in black ink.)

Name SAM M.
Date: 1-20-2013

Clean Date 6-29-2006
Phone Number 320 295 9688

Position under consideration: Public Information Chair

Please list all service positions you've held that you consider relevant to the position you are considering. Please include positions within the past three years and approximate dates of service for each position.

Treasurer, Tue it works JAN 09 - Dec 09
GSR Tue it works AND mens How + why
CMASC Co Chair, Chair, PI Chair from Sept 09
to date. Currently PI Chair.

If you have not completed a term or have been removed from a service position in the last three years, please explain:

I have completed all service positions I have
started to the best of my ability.

What resources do you believe you can bring to the position you are considering?

The resources that I bring to this position,
are my continued willingness to practice the principles
of NA and to carry the message of recovery to
the addict still suffering.

What life experiences (such as school, work, volunteer, etc.) have you had that you believe will help you serve in the position that you are considering?

I have been doing inside as well as outside the
rooms of NA since 2008 and will continue to
do so

Please include any other information that you consider relevant.