

CMASC Minutes
March 17, 2013
Next ASC April 21, 2013

Moment of silence; Serenity prayer; 12 Traditions; 12 Concepts; Service Prayer; Read Concept 3

Introductions: Jerry, Tabi, Barb, Calvin, Tony, Kyle, Darryl, Tom, Randy, Mike, Joan, Paul, Lucy, Rich, Jim, Scott, Lonnieta, Sam, Chad, Miranda, Justin, Phil, Janice, Jessica, Debbie M, Jay, Delbert, John, Becky, Sharon, Jason, Freda, Tim, Wayne, Krista, Jason, Josh, Annika, Debbie O, Mindy, Jackie, Mike

Establish quorum: Yes

Approval of minutes: Josh made a motion to approve last month minutes, Mike second minutes were approved.

Recognition of new members: Wayne, Annika, Jessica, Scott N, John, Tom, Lonnieta, Darryl, Kyle

Executive Reports:

Chair; Jerry G. Good morning ASC, I would like to thank the Activity Committee for putting on a great Artic Blast, also a big thanks to all who attended. I think it's great to see people step up to fill the Sub-committee chair positions. I hope others step up as co-chairs to get the experience needed so they can eventually become chairpersons. Our last few ASC have went great, it is an example of how productive we can be when we put principles first, let's keep up the good work. Again thank you for allowing me to serve, Jerry G

Co-Chair; Tabi Z. Good morning Family, Once again I would like to thank you for allowing me to serve this body. March 2nd we had our Artic Blast which I attended. Super lots of fun. Big thanks to Freda for stepping up and making this function a success, and everyone else who stepped up to help her in this. March 7 Adhoc had a meeting and met at Henry's Catering in Foley. Did a walk through, only a few showed up but we had great fellowship after. I'm really excited about this venue. Hopefully we can use our new connection for further things. Thans all I have today have a great AREA In service, Tabi Z PS Creating our Common Welfare April 6th!!!

Secretary; Joan S. Greetings AREA, honesty is always the best policy so with that said I have NO excuse for by being un-prepared today. I am very sorry I left ALL my stuff at home so please bare with me as I muddle my way through today. I do have a phone list going around, please make changes as needed. As a reminded...smoking is prohibited on hospital grounds, please do not take the risk of OUR meeting place by smoking outside these doors. In Service, Joan S.

Treasurer; Jackie K Good Morning CMASC, **Donations:** \$50.00 Men's Saturday How and Why

Arctic Blast: Tickets- \$630.00 T-shirts- \$264.00 Tickets- \$45.00 Tickets- \$435.00 7th Tradition- \$31.50 monies collected at function- \$1,180.60

Literature:

Income- \$424.24

Our common Welfare:

Income- \$100.00

Expenses:

2-17-2013 Jason D Check number 2169 \$30.00 Outreach Millage

2-17-2013 Paul G check number 2170 \$ 30.00 RCMA Millage

2-17-2013 Joan S check number 2171 \$31.68 Postage

2-17-2013 Joan S check number 2172 \$161.90 Food/Our Common Welfare

2-17-2013 Check number 2173 VOID

2-17-2013 Sam M check number 2174 \$16.80 PI meeting List

2-17-2013 UMSO check number 2175 \$1,300.00 UMSO bill

2-28-2013 Freda M check number 2176 \$121.08 Energy drinks/pop/raffle/kids food for Arctic Blast

2-28-2013 Freda M check number 2177 \$150.00 Pedi Cash Arctic Blas

2-28-2013 Ciattis check number 2178 \$383.50 Arctic Blast ½ food cost

3-2-2013 Freda M check number 2179 \$229.03 Extra food/tickets/admission tickets/utensils Arctic Blast

3-11-2013 MNNAC Donation check number 2180 \$293.07 MNNAC Arctic Blast

Old Balance: \$5,183.63

Donations (+): \$50.00

Literature (+): \$424.24

Arctic Blast (+): \$2,586.10

Our Common Welfare (+) \$100.00

Expenses (-) \$2747.06

New Balance: \$5,596.91

In Service, Jackie K

RCM; Paul G, Hello AREA, As our AREA is in full swing in the final preparation for holding the meeting “our Common Welfare” April 6th in Foley you all are invited. Region will hold their meeting on Saturday at MNNAC in Duluth. We are still looking for a RCM-A Thanks you, Your RCM Paul G.

RCM-A; Lucy K No written report handed in

Activities; Freda (acting-chair) next meeting April 7th 2PM making plans for Spring Thing and Campout

CMASC ACTIVITIES

EVENT:

ARCTIC BLAST - MARCH 2, 2013

EXPENSES:

T-Shirts @ \$342.85

Deposit for event @ \$200.00

Misc. Items (Drinks, Kid's meals, serving utensils, raffle & raffle tickets@ \$151.11

Ciatti's (Food) @ \$981.00

DJ @ \$175.00

TOTAL EXPENSES:

\$1,849.96

PROCEEDS:

Dinner Tickets (90 @ \$15.00) \$1,350.00

Door Tickets (46 @ \$5.00) \$230.00

Raffle Tickets (454 @ .50) \$227.00

Photographer (\$300.00 @ 20%) \$60.00

Pop & Water (163 @ \$1.00) \$163.00

Energy Drinks (37 @ \$2.00) \$74.00

Kid's Meals (10 @ \$3.00) \$30.00

T-Shirts (24 @ \$12.00) \$288.00

Newcomer Donation @ \$31.50

TOTAL PROCEEDS:

\$2,453.50

DIFFERENCE BETWEEN ACTUAL

(\$17.40)

PROCEEDS AND ACCOUNTED FOR

PROCEEDS:

ACTUAL PROCEEDS:

\$2,436.10

TOTAL EXPENSES:

(\$1,849.96)

PROFIT:

\$586.14

Lit; Mike W. NO report submitted

H&I; Delbert S; No report submitted

PI; Sam M; PI Sub-committee mtg successful picked a secretary. Have good positive minutes from that meeting along with increased participation. Also remember Highway clean-up May 11, 2013 meet at Caribou crossroads 10AM

Policy; open position

Outreach; Jason D; New calendar is here, will send to Secretary for posting on Region website. Have Secretary looking for a co-chair

Newsletter; Open Position.

Creating our Common Welfare Ahoc: We will be hosting this event in 3 weeks and we will be shinning. We have several items purchased already. Our next ad hoc meeting will be April 4th meet at Caribou Crossroads 4PM. This will be our final meeting and we will be going to Sam's Club to purchase the rest of the needed items. If you have a roaster or crock pot please bring them empty that morning the doors will be open at 9AM. We will have time to put food together for heating purposes.

Group reports:

Albany; Life in Recovery; Absent

Big Lake; Refuge in Recovery; Tony D. monthly attendance 45-55 addicts. Going good, no speakers scheduled and no donation at this time.

Brainard; It Works N.A. Darryl was present no written report given

Browerville; NA(Works if you Work it) Absent

Clearwater; Clean in Clearwater; Barb GSR, no written report today

Cold Spring; Recovery in the Sticks; Becky, 18-20 core members no donation today, starting to plan Cold Spring Campout

Foley; No BS; Connie GSR, Absent

Little Falls; Recovery in Progress; John GSR, Just trying to get Little Falls back to the NA way. Monday night meeting 4 people attend our meeting & I am the GSR for the Monday night meeting. We are working on getting a co-GSR for the Friday night meeting but I am here for both meetings.

Long Prairie; Road to Recovery; Absent

Milaca; Milaca NA; Aaron GSR Kyle GSR-A no written report today

Onamia; It Takes Two Addicts Loren W, Absent

Princeton; Serenity Sun NA, Tues “Rum River Recovery” and Fri “Lost Dreams Awake” Scott N GSR meet Sun 7pm, Tues 7:30 Fri 6:45 at Princeton Alano Club. Attendance 10-30 addicts per meeting. 0-10 new comers a month. Rum River Treatment comes once in a while. We have \$30 to help the addict who suffers

Rockville; Recovery on the Rocks; Krista GSR, Wayne GSR-A, average attendance 10 addicts, \$20 donation. We are doing well. Good base group. Frequent new comers. We have a potluck at the meeting place on the same Sunday as AREA @5:00 PM

Sauk Centre; NA Lengths Miranda P. GSR no written report

Sauk Rapids; Home Fires NA; Chad W GSR 10-20 a week attendance no donation

Sauk Rapids; Productive Members of Society; Matt GSR Absent

Sauk Rapids; We Do Recover; Absent

St. Cloud:

Monday:

Focus on Recovery; Calvin monthly attendance is 100-140, Everything is going good, still looking for speakers for the future. Thanks Mike M for speaking at our meeting. We made a \$50 donation this month to AREA

Tuesday:

It Works NA; Speaker meeting on first Tuesday of the month. Tony D. attendance of 130-140 with no donation.

Everything is going good, it is unclear to me at this time for our speaker on 4/2/13. We have no donation this month. We have a speaker from outside of the group on the 1st Tues of every month

Attitude Adjustment Hour; David D GSR, Absent

Wednesday

Recovery in the Daytime; Janice S GSR, 12-15 weekly attendance \$30 donation this month, We average 60-65 monthly attendance we also have a new GSR-A Jessica

You’re Not Alone; Melinda (Mindy) W GSR, Debbi O GSR-A No written report given

Thursday

Women’s “No Excuses”; Debbie M GSR, 25 attending weekly group is growing again good to see, no donation

Homeward Bound NA; Josh L GSR- 140-200 monthly attendance no donation, March 21st Jamie P is speaking and April 18th Jerome from Minneapolis is speaking

Friday

Just for Today; Joe GSR, 240-250 monthly/70-75 weekly attendance no

“How and Why” Phillip W GSR 30 or 40 monthly attendance, no donation

Upper Mississippi Shakedown Justin monthly attendance 120-150 everything going well Paula W speaking on April 20th We made a \$50 donation this month to AREA.

Old Business:

1. **Vote Newsletter Chair** Congratulations Becky Yes 15 No 0 Abstained 0
2. **Vote H&I Chair** Congratulations Sharon Yes 16 No 0 Abstained 0
3. **Vote PI Chair** Congratulations Sam Yes 14 No 0 Abstained 0
4. **PI Contact/fact Sheet** nothing presented today.
5. **Nominations for any open positions Secretary, Chair, Co-Chair, RCM-A, Activities,**
Tabi nominated for Chair, accepted resume to be submitted @ end of minutes
Randy nominated for Co-Chair, accepted resume to be submitted @ end of minutes
Freda nominated for Activity Chair, accepted resume to be submitted
Joan nominated for Activity Chair, accepted resume to be submitted @ end of minutes
Chad nominated for RCM-A accepted discussion he does not have the clean time or service requirements. 2/3 majority to waive both. Vote to waive clean time yes 27 abstain 4 Vote to waive service 27 yes, 1 no 4 abstain
Lonnieta nominated for Secretary, accepted discussion she does not have the clean time requirements vote to waive clean time 29 yes 0 no 4 abstain
Miranda nominated for Secretary, accepted she does not have clean time or service requirements. Vote to waive clean time yes 31 no 0 abstain 3 Vote to waive service Yes 23 no 1 abstain 6
6. **Q&A Policy Chair nomination Mike N.** Do you have a sponsor? I work the steps; understand principles, concepts, Roberts Rules of Order. Would there be anything in the near future that would prevent you from fulfilling this commitment? No Are you able to make this a commitment? Yes No further questions vote next month.

New Business:

1. **Bid MNNAC** Paul brought this to AREA since receiving a e-mail for MNNAC chair with request for bids for the 2015 MNNAC. Last year we did submit a bid and declined because we didn't have an executive commitment in place. This will take lots of participate from many addicts in this AREA. Should focus on getting our positions filled at AREA level, we are nominating and filling positions at AREA. This is just a start, we need to get a solid committee formed for a nice firm bid to try and set up for the next one maybe. This is a 2 year commitment. There is no interest in submitting a bid for the 2015 MNNAC.
2. **Monthly Calendar** Now that we have a functioning newsletter committee they can take this project back under their wing.
3. **Storage unit for Activities** This subject was researched a couple months ago by a few members. It would cost \$36 a month. Where are all the items currently? Freda has made room at her house so space is not an issue.

Open Forum:

Nothing this month

Next month topics:

Vote Policy Chair (Mike N)
Q&A RCM-A nominations
Q&A Activity Chair nominations
Q&A Chair nominations
Q&A Co-Chair nominations
Q&A Secretary nominations

OPEN AREA Positions for nominations:

RCM-A
Activity Chair
Secretary
Chair
Co-Chair

Upcoming events & requests:

Any correspondence for the AREA Cmascsecretary@gmail.com
Literature orders cma.literature@gmail.com orders to be filled within 72 hours
3/21 Jaime P speaking at Homeward Bound
3/27 Outreach to Clearwater meet @Caribou 6:15
4/20th Paula W speaking UMSD

4/18 Jerome from Minneapolis speaking at Homeward Bound

H&I subcommittee meets each 2nd Thursday of the month 5:30 PM at Caribou Coffee @ Crossroad's Mall (outside store)

PI Subcommittee meets each 2nd Thursday of the month 5:30 PM at Caribou Coffee @ Crossroad's Mall (outside store)

Activities every 2nd Sunday of the month at downtown Perkins at 2PM and 1 hour before AREA

HWY cleanup May 11 leave Caribou crossroads @10AM sharp

Position	Announces	Closes	Election Held
Chair	February	April	May
Co-Chair	February	April	May
RCM	July	September	October
RCMA	July	September	October
Activities Chair	September	November	December
PI Chair	December	February	March
Secretary	January	March	April
H&I Chair	December	February	March
Treasurer	September	November	December
Literature Chair	March	May	June
Policy Chair	November	January	February
Outreach Chair	May	July	August
Newsletter Chair	May	July	August

Service Resume for Tabi Z.

Date 3/23/13 Position - Chair Clean Date - 2/23/08 Tabi Z [320-761-5630](tel:320-761-5630)

I was GSR for Foley No BS from Jan 2009-April 2012. I've been CoChair April 2012 until now. I have been involved in different area committees.

And done various other service commitments on the meeting level.

I feel I would be an asset to this position because I have been sitting next to the chair for almost a year and believe I have working knowledge of

the position. I believe I can keep my opinion to myself(at least I will try my hardest) as this is one of the requirements of this position.

I also have been attending area for over 4 years straight. So I know what to expect.

Sorry I don't have this on a resume form. Still learning how to use technology.

Service Resume for Randy P.

Position under consideration Co-Chair

Name: Randy P.

Date: 3/16/13

Clean Date: 9/26/06

1) All service positions I've held relevant to this position. I've held every group level position in NA since 2007 and currently treasurer for Sat. U.M.S.D. I was GSR for the same mtg. in 2008, then became CMASC Outreach Chair for 2009,10,11 and part of 2012. In March of 2011 I became the Volunteer re-cruiter for MNRSC's " Bridging the Gap" program and currently hold that position. In 2009 I became the panel leader for Benton ct. jails (H&I) and currently hold that position. For the last 4 yrs. I have been an active part of the Activities committee as well as serving 2yrs. as Newsletter Co-Chair 2010-11.

2) Have I not completed a term or been removed from a service position without completion.

No.

3) What resources do I believe I can bring to this position? Part of the responsibilities of co-chair is to fill in vacated sub-committee chair positions. The only sub-comm. I haven't been apart of is policy but since early 2008 have only missed 3 ASC's so I'm fairly affluent with CMASC guidelines.

4) Other information considered relevant. I have a sponsor, I do step working with sponsee's 2 hrs every sat. morning and try to practice all spiritual principals in all my affairs. My passion, commitment and dedication to NA service and this fellowship has given me countless rewards towards my perspective and my recovery. Thank you for allowing me to serve. Randy P.

Service Resume for Joan S.

Name: Joan Schneider Clean Date: 4-2-96 Date: March 17, 2013

Phone Number: 763-482-1693

Position under consideration: Activity Chair

Please list all service positions you've held that you consider relevant to the position you are considering. Please include positions within the past three years and approximate dates of service for each position.

I currently am the AREA Secretary for CMASC, I have held this position for 2 years. I held the Secretary and Treasurer position for Monday Night Miracles NA meeting in Big Lake for one year, ending approximately Oct 2011. I was Area Secretary in Iowa for 2 years; I was the IRCNA Convention treasurer in 2001.

If you have not completed a term or have been removed from a service position in the last three years, please explain:

N/A

What resources do you believe you can bring to the position you are considering?

I have an understanding of what we can do together that I can't do alone. I believe this will help create a "we" attitude within this committee. I have a computer and able to create fliers as needed, I have a working knowledge of the AREA guidelines and what this position entails. I enjoy working with people and know how to delegate things as needed, while maintaining my role as a leader. I am willing to serve this Area.

What life experiences (such as school, work, volunteer, etc.) have you had that you believe will help you serve in the position that you are considering?

I have been involved with the recent Adhoc Committee for "Creating Our Common Welfare" I have been able to reach out to others and ask for help. In my work I am a leader and have to be creative with contest for certain promotions within the company.

Please include any other information that you consider relevant.

I have a sponsor, and sponsee's we work the steps together. I have a rather large foundation in the Recovery community. I understand the "12 Concepts of Service", the 12 Traditions and the 12 Steps of NA Thank You for considering me for this position.