

CMASC Minutes
December 16, 2012
Next ASC January 20, 2013

Moment of silence; Serenity prayer; 12 Traditions; 12 Concepts; Service Prayer; Read Concept 12

Introductions: Jerry, Dave, Calvin, Laura, Eric, Jason, Delbert, Lucy, Matt, Beau, John, Debbie, Janice, Kit, Josh, Mike, Jason, Sam, Freda, Paul, Aaron, Kayla, Joan, Randy, Steve O, Tommy, Joe, Monte, Jackie, Chad

Establish quorum: Yes

Approval of minutes: Sam made a motion to approve last month minutes, Dave second minutes were approved.

Recognition of new members: Eric, Joe, Jason

Executive Reports:

Chair; Jerry G. Good morning ASC. I want to first wish all of you Happy Holidays. In NA we are supposed to be an extended family so I encourage all of you at this time of the year to reach out to others, even if it's just getting a phone list and contacting people wishing them well. Lots of addicts are alone without families and this would mean a lot to them and us. We need to encourage newcomers to become involved in service positions at the AREA level, then we would have more who would fit requirements later. They can be Sub-committee co-chair and secretaries. So let's have a great meeting! As always thank you for allowing me to serve. Jerry G

Co-Chair; Tabi Z. Absent.

Secretary; Joan S. Greetings AREA, Merry Christmas, I hope you all have a great holiday season. Please if you tell me you are going to get me something please do so. That is your responsibility not mine to hunt things down to get into the minutes. Last month there were several things that didn't get to me and they are not in the minutes. You would not have gotten minutes if I had waited. All I'm asking is please be responsible. There are blank report forms on the counter and a few copies of last month minutes. I'm passing around a master phone list please make changes on the back and get back to me. I also am passing around Jan and Feb calendars for review. I will post on Region website, e-mail and mail out. In service, Joan

Treasurer; Jackie K Good Morning CMASC,

It is with my greatest apologies that even after being reminded at area to submit my report, I failed to have it in on time. I like to be able to type my report so that I can attach this in an email to the secretary so she does not need to retype the report over. My BAD! With that being said I am going to be submitting last month's report with this month's report. I would like to remind everyone that email is a great source of communication, but this can also cause problems. I had received a personal email last month in regards to amends. This was not only submitted to myself but was also a forwarded message that was from a previous forward. Not only was I a recipient but everyone that was on the forwarding was also. Please be careful!

I have talked with the bank and after discussion on check number 2122 for \$23.82; it was decided with the bank wanting a \$35.00 stop payment that we would just leave the books as is, and hope that the check is truly lost and will not clear the bank.

With this, I would like to announce that we need to complete another twice a year audit, and I would like to schedule this and the Budget review on Saturday January 5th @ 11am at the St. Cloud Public Library. If you would like your sub committee's budget to be increased or decrease this would be the time and place to show up. Please expect around two hours for the audit and one-two hours for the budget review. Thanks much please contact me with any concerns or questions. 320-310-9321

October 2012

Donations: \$110.00

Recovery on the rocks: \$20.00

Albany: \$20.00

Foley No B.S: \$60.00

Sauk Center: \$ 10.00

Literature: \$ 471.95

Activities Fall Ball: \$592.00

Activities Fall Ball: \$738.00

Checks:

10/21/2012 Randy Pung. Check Number 2135 for \$ 65.00 Outreach

10/21/2012 Joan Schneider. Check number 2136 for \$ 61.47 Copies/postage

10/21/2012 Lisa Striet. Check number 2137 for \$ 18.79 fall ball flyers

10/21/2012 Lisa Striet. Check number 2138 for \$ 104.00 fall ball Raffle

10/21/2012 Sam Miller. Check number 2139 for \$ 16.80 Mtg list

11/4/2012 Cottee Moon. Check number 2140 for \$ 1,020.00 for fall ball food.
11/4/2012 Check number 2141 VOIDED
11/4/2012 Check number 4142 VOIDED
11/4/2012 Kayla Theisen. Check number 2143 for \$ 22.00 fall ball decorations
11/4/2012 Check number 2144 VOIDED
11/10/2012 UMSO. Check number 2145 for \$1,000.00 UMSO BILL
11/10/2012 Derrick Moorehead. Check number 2146 for \$ 175.00 DJ Fall Ball
11/10/2012 Cottee Moon. Check number 2147 for \$ 76.00 Extra food and Pop

Old Balance: \$5,471.74

Donations: + \$110.00

Literature: + \$471.95

Activities: + \$1,330.00

Fall Ball: + 1108.50

Expenses: - \$2,559.06

Total: \$5,933.13

CORRECTION FORGOT TO MINUS THE MONTHLY CHECK IMAGING FEE OF \$ 1.95

New TOTAL: 5,931.18

November

Donations: 106.00

Albany NA: \$26.00

Friday JFT: \$ 25.00

Monday NA: \$ 20.00

Productive Members of Society: \$ 35.00

No Excuses: \$50.00

Literature: \$ 462.11

Checks:

11/18/2012 Check Imagining Fee

11/18/2012 Joan Schneider. Check number 2148 for \$ 30.44 Copies/postage

11/18/2012 Sam Miller. Check number 2149 for \$ 16.80 PI Mtg list

11/18/2012 Jason Duren. Check number 2150 for \$ 35.00 outreach

11/18/2012 Tabi Zabloski. Check number 2151 for \$ 14.98 Literature copies

11/18/2012 Jackie Knack. Check number 2152 for \$ 49.99 Fall Ball Cake

Old Balance: 5,931.18

Donations: +106.00

Literature: +\$ 462.11

Expenses: - 149.16

New Balance: \$ 6,350.13

In Service, Jackie K

RCM; Lucy K Dear NA Family, Region is going to Florida NA, we have 400 groups here in MN. Service system proposes structure process resource groups support. Budget pass, Region send NAWS, 2500 Bridge the Gap ongoing helpline decrease on the phone calls. Merry Christmas and Happy New Year, In service Lucy

RCM-A; Paul We held our Regional meeting on line and we set our budget for 2013 it is 14,400. We are going to do a reach out to other groups and open a better line of communication with what they want from this community and Region. Paul G

Activities; Lisa S (absent) Freda (Co-chair) Meets 2nd Sun 2PM downtown Perkins, Anyone interested in having someone to submit a tape may attend emergency meeting Dec 22nd. The next scheduled meeting will be Jan 13 2PM at downtown Perkins. Will be discussing Artic Blast which is a MNNAC fundraiser.

Lit; Tabi Z (protem) Absent this month, Jerry has lit orders, please pick up from him today.

H&I; Delbert S; we still need members to be approved at Stearns and Benton Jail. We need a member to do Friday at Passages at 7PM call Delbert S at 320-260-5070 Thanks Delbert S.

PI; Sam M; At this point there has been no response to contacts made by snail-mail. Seeking suggestions on how we may more aggressively seek participation in the community. Also, considering a change in sub-committee meeting time to increase participation. Will distribute 10 copies of meeting list to each meeting and suggest subcommittees that need more then to please print from your committee's budget.

Policy; Jess J; Absent report e-mailed to secretary: I feel awful as I will be missing area once again due to scheduling conflicts- finals/kids but I wanted to shoot off an email to update you and the rest of our area of the mtg times/dates for Policy. Any addict is welcome to attend (as long as they come clean).

Mtg's are to be help on the 4th Sat. of each and every month at Perkins Downtown St. Cloud 5:30 pm.

I have been extremely busy but I have organized the load of material that Jerry so graciously passed my direction upon my election to the area body.

Again, I apologize for any inconvenience this bestows upon area or the executive body by my not attending but I have other life circumstances that have to be resolved.

My willingness to serve is still as great as it has ever been and I will be at area in January. Attached is the flier (very basic) that can be printed off and distributed at meetings/service mtg's.

Thank you and god bless!!

Outreach; Jason D; We still need a secretary please call Jason at 320-980-5398 calendar is here Laura will put on computer at get to Joan for minutes

Newsletter; Open Position

Creating our Common Welfare Ahoc: Tabi and I went to look at a church here in town and Henry's Catering in Foley. Our next meeting will be January 15th 6PM downtown Perkins. We will be deciding a place at that time, In Service Joan S

Group reports:

Albany; Life in Recovery; Tommy O GSR-A monthly attendance 10 with a \$20 donation. Meeting is alive and strong, we have a \$20 donation this month

Big Lake; Refuge in Recovery; Absent

Brainard; It Works N.A. Absent

Browerville; NA(Works if you Work it) Claire GSR, Absent

Clearwater; Clean in Clearwater; Paul GSR, We have a \$20 donation this month

Cold Spring; Recovery in the Sticks; Kayla T, 10-15 weekly and no donation this month

Foley; No BS; Connie GSR, absent

Little Falls; Recovery in Progress; Absent

Long Prairie; Road to Recovery; Absent

Milaca; Milaca NA; Aaron GSR average monthly attendance is 40, no donation at this time Our group is growing

Onamia; It Takes Two Addicts Loren W, Absent

Princeton; Serenity Sun NA, Tues "Rum River Recovery" and Fri "Lost Dreams Awaken" Absent

Rockville; Recovery on the Rocks; Vern GSR Absent

Sauk Centre; NA Lengths Miranda P. Absent

Sauk Rapids; Home Fires NA; Chad W 60-80 monthly no donation

Sauk Rapids; Productive Members of Society; Matt GSR, no donation this month

Sauk Rapids; We Do Recover; Absent

St. Cloud:

Monday:

Focus on Recovery; Calvin monthly attendance is 100, Kyle speaking Jan 7th Need to change meeting time on Web

Tuesday:

It Works NA; Speaker meeting on first Tuesday of the month. John W. attendance of 110 with no donation. We have a speaker from outside of the group on the 1st Tues of every month

Salvation Army Attitude Adjustment Hour; David D GSR, 35 monthly attendance no donation. Hopefully made the lit order online this time around

Wednesday

Recovery in the Daytime; Janice S GSR, 12-15 weekly attendance no donation at this time. We are a small group that meets at the Library on Weds afternoon 12:30-2PM. We look forward to more support as we continue to grow.

You're Not Alone; Melinda (Mindy) W GSR, Absent

Thursday

Women's "No Excuses"; Debbie M GSR, Group is doing ok but we are getting pretty small again and can use some support. Monthly attendance 20-25 we have no donation

Homeward Bound NA; Mike B. GSR Josh L GSR-A 100-150 monthly attendance no donation, Dec 20th Brad S is speaking and Jan 17th Lucy K

Friday

Just for Today; Justin T GSR, absent

“How and Why” Beau P GSR 50 monthly attendance, no donation

Upper Mississippi Shakedown John P GSR report by Eric W weekly attendance is 20-30 no donation this month.

Old Business:

1. **RCM Vote:** Congratulations Paul 15 for 0 no and 1 abstain
2. **Treasure Vote:** Congratulations Jackie 16 for 1 no and 1 abstain
3. **Literature Chair Vote:** Congratulations Mike 11 for 5 no and 1 abstain Discussion regarding process for ordering. Please place orders to cma.literature@gmail.com all orders will be filled within 72 hours if no internet access please call Mike 320-828-3134
4. **Activity Guidelines:** These guidelines were not submitted into the minutes last month. Kayla provided a copy to Joan today this item will be voted on next month. These have been reviewed through Policy Chair when Jerry held that position, it has just taken this long to get a copy for folks to review prior to voting.
5. **PI response (or lack of) from mailing:** Sam was able to get direction during subcommittee. There will be no subcommittee meeting until next AREA. This is an exploration point as far as making contact, since being down to a committee of 1.

New Business:

1. Set budget/audit date: January 5th at St Cloud Public Library.
2. H&I announces this month Mike nominated Delbert, he declined the nomination.
3. PI announces this month Mike nominated Sam he accepted the nomination Kayla second. Since Sam was recently voted into this position, Jerry will check on month and let this body know if we can waive the process.

Open Forum:

1. Reading of 12 Concepts: Discussion weather to continue to read these at the beginning of each meeting. Some of these are long, people losing interest, is this till important do you want to continue reading these each meeting. Don't see a lot of people not bringing their Guide to Local Service to the business meeting to read along and lose interest. This is an integral part of what we do here at this meeting. We need to just be still for five minutes while being read. These help us understand what we do here and why, could maybe help AREA go smoother. Most conflicts around this table are because we don't know what the Concepts are. There was then discussion about where to get the “Guide to Local Service” this can be purchased from lit chair. It was suggested this is available online, Monte will send a link to secretary. http://www.na.org/admin/include/spaw2/uploads/pdf/GLS_2005.pdf
2. SSP/B2B Field Test: Monte and Kit came from Region to present the concept and obtain questions and thoughts. Question: What comes to mind when you think about the Service Structure Proposal?
 - Other Areas are transitioning really, really well.
 - Concern – Areas will no longer exist
 - Things need to change and evolve – Bravo that the Service Structure is evolving and changing to better suit the needs of the changing Fellowship.
 - Will our Area inventory play into this?
 - Eliminate the Area as we know it? What will replace it?
 - Areas will cease to exist. Subcommittees will still exist? Where will they be and what will they do?
 - Will this alleviate some positions so we can fulfill our primary purpose?
 - Awesome. This is the future!
 - Subcommittees? More Project Based? Yes
 - Much is moving to the internet, both recovery meetings and service delivery.
 - Frustration chairing a committee of one.
 - Attraction rather than promotion. Won't we have to get into promotion to grow the Fellowship?
 - What will our means of PR be, both internal to the Fellowship and external to others?
 - Jump off a cliff of committee (I can't honestly recall what this was referring to, sorry.)
 - Will we be FORCED to change? No, we'll WANT to change to reap the benefits.
 - Does AA have anything similar that we can learn from? (FYI, AA is decentralized. That is, AA has a separate organization in Europe, for example. Narcotics Anonymous is centralized with HQ in L.A.)
 - Will Monte be willing to return to CMA for brainstorming after the next Area inventory? Absolutely. He'll be delighted.
 - Will there ever be a Regional phone directory to make it easy to contact trusted servants in other Areas? (Perhaps, but right now each area can be contacted using the following email address:

Area of Hope	Info.aoh@naminnesota.org
Back to Basics	Info.b2b@naminnesota.org
Central	Info.cm@naminnesota.org
NorthernLights	Info.nl@naminnesota.org
Open Door	Info.od@naminnesota.org
RITH	Info.rith@naminnesota.org
SSF	Info.ssf@naminnesota.org
Twin Cities	Info.tca@naminnesota.org
Vision of Hope	Info.voh@naminnesota.org
Wee Are Here	Info.wah@naminnesota.org
Voyageurs	Info.va@naminnesota.org

3. New meeting trying to start up in Rice: Jason is requesting another addict to go with to discuss with the church the possibility of having a NA meeting. Tommy will assist Jason with the process. Once the meeting has a location, time and date. The AREA will provide a startup kit.

Next month topics:

Activity Guidelines approval
Budget review/Audit report

OPEN AREA Positions for nominations:

Newsletter Chair
RCM-A
Activity Chair
PI
H&I

Upcoming events & requests:

Cmascsecretary@gmail.com

Literature orders cma.literature@gmail.com orders to be filled within 72 hours

Dec 20th Homeward Bound Brad S is speaking

Dec 22nd emergency Activity meeting/discuss speaker for Freedom Campout

Dec 26th Outreach to Long Prairie meet at 5:45 pm

Jan 13th Outreach to Onamia meet at 5:45 Jason 320-980-5398

Jan 5th @ 11 am St Cloud public library Audit/Budget review

Jan 7th Focus on Recovery Kyle

Jan 12th UMSD JJ from New Ulm

Jan 17th Homeward Bound Lucy K

4th Saturday of the month Policy Subcommittee meeting, downtown Perkins 5:30PM

H&I subcommittee meets each 2nd Thursday of the month 5:30 PM at Caribou Coffee @ Crossroad's Mall (outside store)

Activities every 2nd Sunday of the month at downtown Perkins at 2PM and 1 hour before AREA

Outreach needs secretary and co-chair

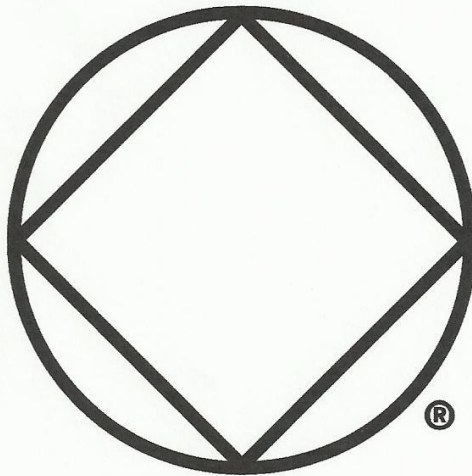
H&I Passages on Fri night needs help and Stearns& Benton County jail needs help

Recovery in the Daytime needs support

Position	Announces	Closes	Election Held
Chair	February	April	May
Co-Chair	February	April	May
RCM	July	September	October
RCMA	July	September	October
Activities Chair	September	November	December
PI Chair	December	February	March
Secretary	January	March	April
H&I Chair	December	February	March
Treasurer	September	November	December
Literature Chair	March	May	June
Policy Chair	November	January	February
Outreach Chair	May	July	August
Newsletter Chair	May	July	August

CMASC **Policy**

Subcommittee



4th Saturday of every month

Perkins Downtown St. Cloud

5:30 pm

Activities/Fundraising Committee Guidelines

(updated August 2012)

Purpose:

The purpose of this committee is to put activities and fundraisers together for the Central Minnesota Area of Narcotics Anonymous. We, as a committee, will remember that our sole purpose is to carry the message to the addict who still suffers both inside and outside of the rooms of NA. Also, we provide a clean and safe environment for activities as to ensure fun in healthy ways.

General Guidelines:

- *We as a committee will meet at least two times a month.
- *We will only work on one activity at a time unless something needs to be reserved ahead of time or a flyer needs to be made. Once the reservation is made or flyer is done, that activity will be put aside until it is time to work on it.
- *The co-chair and secretary must be voted in by simple majority vote by attending members. The chair will be voted on by the area.
- *All trusted servants must attend all meetings unless they have made contact ahead of time to tell the committee they won't be able to attend.
- *All trusted servants are to keep receipts of the things they buy and make copies to give to the chair. Before anything is purchased, to receive reimbursement, the Chair must approve the expenditure.
- *Anyone who handles money and/or merchandise, this includes trusted servants and people selling tickets, must read, understand, and sign the money handling guidelines. To do so the committee member should have at least one year clean unless the committee approves someone with less clean time.
- *At an activity or function there is to be two people who have signed the money handling guidelines at the money taking station at all times to ensure money is handled properly.
- *All revenues from activities, fundraisers, and NA approved merchandise shall be counted immediately after function by chair, one member of the CMASC executive committee, and one other addict with at least one year clean. Once counted, all revenues must be turned over to CMASC treasurer within 48 hours if it cannot be turned over right after all revenues have been counted.

Chair Guidelines:

Requirements:

- *The Chair will have two years clean, and six months area experience as to abide by area's guidelines.
- *Chair's term is one year and is over in December
- *The Chair will also stay two months to help the new chair fully understand their role.
- *The Chair will have a working knowledge of the steps, traditions, and concepts of NA.
- *The Chair will have an NA sponsor.

Responsibilities:

- *The Chair will facilitate at least two meetings a month.

- *The Chair will keep an accurate ledger on all expenses, keep all receipts, and make copies to give to the CMASC treasurer.
- *The Chair will make sure to turn in money to CMASC treasurer from all ticket sales through out the event.
- *The Chair will keep all financial information like deposit slips and receipts organized and ready for the final count at the end of the function.
- *The Chair will keep in contact with CMASC treasurer to get checks signed for the activity's expenses.
- *The Chair will meet with the CMASC treasurer twice a year before the audit to go over the financial records.
- *The Chair will contact the appropriate person to make sure the activity's flyers goes on the website.
- *The Chair will keep the area informed of any information about the committee or the committee.

Co-Chair Guidelines:

Requirements:

- *The Co-Chair will have one year clean time.
- *The Co-Chair will have a working knowledge of the steps, traditions, and concepts of NA.
- *The Co-Chair will have an NA sponsor.
- *The Co-Chair position lasts one year and goes from March-March.
- *The Co-Chair will do two months of mentoring with new Co-Chair.

Responsibilities:

- *The Co-Chair is to take over the Chair's position incase the Chair is unable to make a meeting or activity.
- *The Co-Chair will be in a position to vote on behalf of the subcommittee at ASC if the chair is absent. This means that the Co-Chair cannot have another voting position at ASC.
- *The Co-Chair will be willing to step up to the Chair position if the Chair does not complete his/her term or the Chair's position is over.
- *The Co-Chair will keep in contact with other trusted servants.

Secretary Guidelines:

Requirements:

- *The Secretary will have six months clean time.
- *The Secretary position lasts one year and goes from June-June.
- *The Secretary will do two months of mentoring with new Secretary.
- *The Secretary will keep organized notes of what happened at each meeting in compliance with other activity members.

Responsibilities:

- *The Secretary will keep accurate record of what happens at each activities meeting.
- *The Secretary will make an agenda for every meeting.
- *The Secretary will help the other positions stay organized.

- *The Secretary will notify all committee member if a meeting has come up that wasn't discussed at the last activities meeting or if a meeting has changed its time and/or place.
- *The Secretary will keep in contact with the other trusted servants.

Committee members Guidelines:

- *As a committee member that person is expected to be clean for the day of a meeting or activity.
- *As a committee member that person shall attend as many subcommittee meetings as possible with a minimum of one per month.

Activities / Fundraisers

- *Arctic Blast
 - This activities is a MNAC fundraiser. 50% of proceeds will go to MNAC if it is held in a different area. 100% of proceeds will go to MNAC if it is held in CMASC.
- *Spring Thing
- *Freedom Campout
 - Make sure reservations are made in advance as to ensure enough space.
- *Fall Ball
- *There can be more activates than the previous four but the preceding activities / fundraisers are mandatory

Voting Procedures

- *All decisions will be made by simple majority vote of attending members. This includes any decision that the chair wants to make as well as the committee as a whole.

Removal of a Trusted Servant

- *If a trusted servant misses two consecutive meetings/ activities with no contact with the group and/or other trusted servants. This removal will happen immediately after the second miss of a meeting/ activity.
- *If a trusted servant is unable to do the responsibilities stated in the Activities / Fundraising Committee Guidelines.
 - This will be done by a simple majority vote of attending committee members.
- *If a trusted servant relapses they will be removed from position immediately.