

CMASC Minutes
May 20, 2012
Next ASC June 17, 2012

Moment of silence; Serenity prayer; 12 Traditions; 12 Concepts; Service Prayer;

Introductions: Sam, Randy, Tabi, Joan, Dexter, Kevin, Paul, Connie, Jackie, Mike, Avry, Jess, Janice, Debbie M, Lucy, Krista, Delbert, Lisa, Sharon, Kayla, Debbie O, Fredia, Kari, Josh

Establish quorum: Yes

Approval of minutes: May minutes were approved

Recognition of new members:

Executive Reports:

Chair; Sam M. No written report

Co-Chair; Open

Secretary; Joan S. Greetings AREA, I have brought several topics for discussion today. I certainly hope we can work through the day in a quick and professional manner. I have meeting list here, blank reports for you and passing around a Master phone list and mailing list, please make sure I get that back. Please if you have any questions about the reports let me know. If I don't get one from you before leaving today, your information does not get into the minutes.

I was able to get the meeting list updated on the Regional website and also uploaded past newsletters. I have a request for \$35.49 for copies and postage. I have questions for several groups; I pray we are able to hear reports from them today.

In service, Joan

Treasurer; Jackie H Good Morning CMASC, I have two announcements: When submitting a receipt to receive a check make sure you are informing your subcommittee chair so they can deduct their expenses. Please bring all receipts to area so we can write all checks accordingly. Sam and I met outside of area on 5 different dates/occasions. Next month I will get back to all subcommittees on how much is left within their budgets. In Service Jackie H.

Old Balance:	3997.75	Expenses:	
Income:		#2089 Joan copies/postage	90.82
Donations	690.00	#2090 Paul G RCM mileage	31.00
Spring Thing	2095.00	#2091 Randy P. outreach	30.00
Literature		#2092 Randy Activities paper	11.26
Balance:	2785.00	#2093 Lisa S. H&I fliers	4.51
		#2094 Lisa S copies/décor	115.92
Total Expenses:	2459.66	#2095 Jerry C. band spring thing	200.00
		#2096 Youth for Christ area service day	100.00
		#2097 UMSO literature	106.08
		#2098 Hong Kong spring thing food	500.00
		#2100 2 Palm Tree service awareness day	40.00
		#2101 Lisa S. Pedi cash (activities)	150.00
		#2103 UMSO literature	897.87
		#2104 Lisa S spring thing	154.26
		#2105 Kayla T ice spring thing	9.98
		#2106 Jerry G printing guidelines	17.96
Current Balance:	4321.14	Bank fee check imaging	1.95

RCM; Lucy K My NA family, there isn't much to report we haven't had a meeting. The last one was in March, next one is in June. Learn more about Calab's report; he is the Region Delegate to the world they are talking about doing Zone in MN. Helpline is doing ok but I don't know about Bridge the Gap Love your service, Lucy K

RCM-A; Paul No written report

Activities; Lisa S. Having a great time planning the activities and getting to know one another through the process. Have a great team but always looking for more addicts to help make it even better. Finding out what works and what doesn't grateful for the process. Looking forward to The Freedom Campout" Next meeting 2nd and 4th Sunday 2pm downtown Perkins.

Lit; Dexter S I do not have a running total of inventory on hand will call sec in next week. Have cash and money orders totaling \$522.73, key tags are now 60 cents waiting for new price list. **Literature orders MUST be submitted to Dexter**

2 Thursdays before AREA or they WILL NOT be filled!

PI; Open

H&I; Delbert S; Panel leader reports are going ok, we still need help at Stearns and Benton County jails and Our House Passages and Detox. We have a new panel leader at Detox Chris F you can contact at 320-217-3960 or call Delbert at 320-260-5070 Next subcommittee mtg 6-14 at Caribou Coffee at Crossroads Mall @ 5:30pm

Outreach; Randy P; Outreach secretary term is up in June, all nominations considered and accepted. 6 months clean time is required.

Policy; Jerry G. ASC guidelines are here sign for a copy and read it. The next copy is \$5.00 this position is open.

Newsletter; Krista W. No matter what the outcome of the vote is, I want you all to know that it has been an honor and privilege to serve the Central Minnesota Area of Narcotics Anonymous. I contacted another recovering addict who chairs a newsletter in another Region. I have a copy of the email that I would like to read. It was a relief to know that I am not the only one with a passion to serve NA in such a way as to take chances with putting things into print and facing criticism. It has been, if nothing else, a learning experience for me in how to handle criticism (constructive and otherwise). I would like to take some of the suggestions from the email and offer perhaps a solution to the past angst about the use of I.P.'s for a topic of the newsletters. I would like to suggest a contest to all addicts, newcomers and old-timers and everyone in between. People like to see their name in print (and remember you may remain anonymous if you wish). I would also take suggestions for prizes and maybe donations for some of those prizes. So there we are, if the newsletter is to continue, let's make it a We thing. I have been amazed at some of the things I have seen us accomplish when we work together. If it is to come to an end, then I will gracefully bow out and again thank all that have been supportive in my endeavors. In Loving Service, Krista W. PS It has been brought to my attention that this sub-committee is supposed to meet once a week (according to the newsletter guidelines) According to the Area Guidelines, we are to "facilitate a committee meeting at least twice a month" I personally feel that utilizing the email tool, would eliminate the need for so many meetings. One meeting a month (new location date and time to be determined) and 1 hour before ASC is adequate. I did not submit a bill for printing the last newsletter after learning I wasn't supposed to do one.

Group reports:

Albany; Life in Recovery; Holly, absent

Big Lake; Refuge in Recovery; Absent

Brainard; It Works N.A. Absent

Clearwater; Clean in Clearwater; Paul G monthly attendance 25 no donation, we are celebrating our 5th year anniversary on May 21st.

Cold Spring; Recovery in the Sticks; Sharon, no report turned in

Foley; No BS; Connie C 10-12 weekly average attendance no donation

Little Falls; Recovery in Progress; Absent

Long Prairie; Road to Recovery; Absent

Milaca; Milaca NA; Aaron GSR (Tabi) reporting monthly attendance 40, no donation, we have 8 core members

Onamia; It Takes Two Addicts Loren W, Absent

Princeton; Serenity Sun NA, Tues "Rum River Recovery" and Fri "Lost Dreams Awaken" Kevin, 22 per meeting, no donation. Please put on board your speaker every month, thank you.

Rockville; Recovery on the Rocks; Vern 40 total attendance, \$20 donation. Except Area Sunday Potluck in Richmond @4PM Meeting @6:00

Sauk Centre; NA Lengths Margaret O, Absent

Sauk Rapids; Home Fires NA; Avery W, monthly attendance 28, no donation In need of support financial and literature

Sauk Rapids; Productive Members of Society; Steve O. Absent

Sauk Rapids; We Do Recover; Kari no written report

St. Cloud:

Monday:

Focus on Recovery;

Tuesday:

It Works NA; Speaker meeting on first Tuesday of the month. Anthony S, Absent

Salvation Army Attitude Adjustment Hour; Tommy O, absent

Wednesday

You're Not Alone; Debbie O. Monthly attendance was 250, no donation. We are having problems with changing format 3 weeks in a row and a person making threats.

Women's "No Excuses"; Debbie M, 20 weekly attendance, no donation. Group is doing good, lots of newcomers. We are having our Annual Picnic Speaker Jam Aug 25th 2 to 8

Recovery in the Daytime; Janice S, 12-15 monthly attendance, no donation. Children are welcome, this is an open meeting, every third Wed is a step meeting

Thursday

Homeward Bound NA; Mike B, 30-40 per week attending no donation. Bryan B will be speaking June 21st

Friday

Just for Today; Treonna GSR, absent

Saturday

“How and Why” Rocky C. Average monthly attendance: absent

Upper Mississippi Shakedown Shane R GSR absent

Old Business:

1. **Motion 31812-2** Jackie submitted guideline information for this position. Discussion that this will change policy and motion needs to be made for each change.

3 Pro's:

Tabi: Keeps 2 people accountable

Lisa: More availability for checks to be signed.

Jess: Removes large burden off Treasure

3 Con's:

Joan: Willingness to serve? We have had several positions open for a while.

Randy: Accountability is already there with the audit, now we are adding another person to step up and serve.

2. **Motion 42212-1 To dis-ban our Newsletter Sub-Committee for lack of interest:** Yes 2 No unanimous the Newsletter remains a working subcommittee of this AREA. **Newsletter Chair is open for nominations**
3. **Votes:** Chair: Jerry G. Congratulations
4. **Q&A:** Co-Chair position Tabi Z. (Vote next month)

With open positions at AREA as co-chair you would be responsible to take on that role. Are you willing to do that?

Tabi: I asked a question about that when I was nominated and was told the Chair can designate other people to help with open positions.

After the Co-Chair term are you willing to gravitate into chair position?

Tabi- Yes

Now that Jerry is our newly elected chair, are you willing to work with him?

Tabi- Yes

Do you have a sponsor and work the steps?

Tabi-Yes

Have you read the guidelines and understand you are also a signer on the checking account?

Tabi-Yes

Are you able to put principles before personalities?

Tabi- I try my hardest to do that.

5. **Q&A PI position Sam M.** (Vote next month)

Are you aware of the duties of this position?

Yes, I feel it is an important part of this AREA. I want a committee to help with this.

Our fellowship has great literature, have you read the handbook?

Not all of it, I look forward to developing a subcommittee. I will be working closely with H&I.

Do you have a problem showing up to H&I subcommittee?

I entertain the idea of joining both meetings to kill 2 birds with one stone.

This is a major thing our AREA needs right now are you willing to hit the ground running?

I am, I want to approach all these commitments and reestablish relationships. Find the most important need right now and talk to one a month as a committee.

Region has bumped up fellowship development team are you willing to be in contact with Region?

I am willing to go to any lengths, if I'm not aware of what's going on I can't help.

Don't want to bum rush- Drug Court hasn't had contact in 4 years?

I'm willing to contact all service commitments in our AREA. Want to hit the ground running and make a conscious decision about what is most important. Willing to work with Delbert, we talk once or twice a week already. Don't want to recreate the wheel.

Are you on probation/parole that would prevent you from any commitment?

I'm on parole for 15 more months, I've been in contact with DOC and I've research with my parole officer. If there was any problems co-chair of subcommittee could go in.

6. **Area Inventory:** This is just a reminder not to let this go by the wayside. It will be Co-Chair's responsibility to lead the AREA inventory. Connie pointed out that Jess J has experience and would be a great resource.

New Business:

1. Sub-committee e-mail addresses: Joan: When updating the meeting list I noticed that the PI e-mail address was listed. Knowing that position has been open for several years I removed it. Discussion about e-mail addresses not being checked, H&I chair didn't even know there was one, PI has been vacant for several years, what if an addict

out there is trying to contact us through those? We are not carrying the message to any addict. A year ago we decided to have one point of contact for the AREA and Joan volunteered for that and still willing. Joan to contact Gary about e-mail addresses for the AREA, tabled till next month.

2. ASC Conscious for emergency outreach for HomeFires Sunday night meeting in Sauk Rapids. Krista made a motion to allow Outreach to provide this emergency meeting. Tabi Seconded unanimous vote in favor will meet on Sunday May 27th asking for AREA support.
3. Remove Brainard from CMASC meeting list. This group has no desire to be a part of this AREA. If a meeting wants to be listed they can, that's all that is required. It was reported they do not this body has not heard that. Randy P will contact the group and bring back more information next month.

Open Forum:

1. Web Publisher: When updating the AREA guidelines there is nothing in there about this position. Just wanted the AREA to be aware of this. It was noted that the Chair can appoint any willing person to fill this it does not need to be added to the guidelines since it is a volunteer position.
2. Wed. night Library meeting: Debbie O brought a group issue to ask for guidance from the AREA. People are not attending this meeting because of issues within the group. People are putting personalities before principles **and the reported threats were not physical**. This body suggested that they request outsiders come in to observe and ask for help to resolve the issues at the group level first. If there is no success they can bring the issue back to this body for further suggestions.
3. 12-concepts: Connie made a suggestion to read one concept per month to help the AREA participants understand the concepts of service. Everyone was in favor, will start reading one per month.
4. Next AREA falls on Father's Day: In the past we have met one hour early everyone in favor, subcommittees will meet at 9AM and AREA will begin at 10AM.
5. New pricing for Literature: Dexter has inventory at old price and new price and questions how to charge appropriately. This body approved him to charge the new prices for all merchandise moving forward.
6. Literature Orders: All literature orders need to be submitted 2 Thursdays prior to AREA when Dexter received 5 or 6 orders a few days prior to AREA he does not have time to fill them all. Moving forward if the orders are not received in time they will NOT be filled until the next month.
7. Big Lake/Monticello Miracles mtg: Joan read a report from this meeting:
I am writing to let you know that as of 5/21/12. The doors of the Big Lake Monticello NA meeting will be closed. I find that there is no support for this meeting. I also find that I have better things to do with my time. I am sending a check for 44 dollars along with this letter; it is what remains of the seventh tradition. The remaining articles left behind will be distributed to several other meetings in the area, as per group conscience. I will return the keys to the church. I would hope that the meeting will be removed from the meeting list, so no one will show up for the meeting and not find one. It has been a pleasure serving thanks, Ned S.

Next month topics:

Vote **Motion 31812-2**

Vote Co-Chair Tabi Z

Vote PI Chair Sam M

Subcommittee e-mail addresses

Remove Brainard from CMASC meeting list

OPEN AREA Positions for nominations:

Outreach

Policy

Newletter Chair

Upcoming events & requests:

June 9th Highway clean-up 10AM at Caribou Coffee @ Crossroad's Mall suggest one person from each subcommittee and one person from each group show up to get this done.

June 9th AdHoc for Service Awareness day @ 3PM

6/9 UMSD Audrey from South Dakota

6/21Salem Luthern Bryan B. Recovery in the Daytime needs support

Saturday night We Do Recover has moved to the new church location Discovery Church 700 18th St NW

H&I subcommittee meets each 2nd **Thursday** of the month 6 PM at Caribou Coffee @ Crossroad's Mall. Needs help for Stearns Co, Benton Co Jails and Passages, Detox, and Clara's House

For more information please contact Delbert S 320-260-5070

Sunday Home Fires Mtg needs support

Activities every 2nd and 4th Sunday at downtown Perkins at 2PM

Literature Subcommittee June 14th St Cloud Library 6PM in the lounge

June 17th Tuesday night “It Works” picnic

Annual Speaker Jam August 25th Women’s “No Excuses” at Wilson park looking for speakers call Debbi O 291-2286

Position	Announces	Closes	Election Held
Chair	February	April	May
Co-Chair	February	April	May
RCM	July	September	October
RCMA	July	September	October
Activities Chair	September	November	December
PI Chair	December	February	March
Secretary	January	March	April
H&I Chair	December	February	March
Treasurer	September	November	December
Literature Chair	March	May	June
Policy Chair	November	January	February
Outreach Chair	May	July	August
Newsletter Chair	May	July	August

**Narcotics Anonymous
Service Resume**

(Please print legibly in black ink.)

Name SAMUEL
Date: 3-26-2012

Clean Date 6-29-06
Phone Number 320 295 9688

Position under consideration: AREA subcommittee Chair PI
MNNAC SERVICE COMMITTEE

Please list all service positions you've held that you consider relevant to the position you are considering. Please include positions within the past three years and approximate dates of service for each position.

TREASURER IVE IT WORKS JAN 09 MAR 2010
CMASC COCHAIR MAY 2010 Inherited CMASC Chair
July 2010 will complete SERVICE REQUIREMENT MAY
2012

If you have not completed a term or have been removed from a service position in the last three years, please explain:

DID NOT COMPLETE COCHAIR POSITION BECAUSE CHAIR
STEPPED DOWN.

What resources do you believe you can bring to the position you are considering?

IN THE 4 YEARS I HAVE BEEN INVOLVED WITH CMASC
I'VE BECOME VERY KNOWLEDGABLE OF AREA + FELLOWSHIP
GUIDELINES. I'VE ALSO BEEN OF SERVICE AT SOME LEVEL AT
EVERY AREA FUNCTION SINCE APRIL 2008. ALSO DID SERVICE
ON MNNAC ST. CLOUD 2009

What life experiences (such as school, work, volunteer, etc.) have you had that you believe will help you serve in the position that you are considering?

MY ORGANIZATIONAL SKILLS HAVE GROWN IMMENSELY AS
A RESULT OF LIVING IN THE SOLUTION AND BEING OF
SERVICE.

Please include any other information that you consider relevant.

I HAVE A SPONSOR I WORK STEPS. I SPONSOR MEN
WHO WORK STEPS. MY LIFE IS BEING RESTORED BY THIS
FELLOWSHIP AND I AM WILLING TO DO ANYTHING IN
MY POWER TO SUPPORT AND INSURE THE FELLOWSHIP
SURVIVES.