

CMASC Minutes
April 22, 2012
Next ASC May 20, 2012

Moment of silence; Serenity prayer; 12 Traditions; 12 Concepts; Service Prayer;

Introductions: Sam, Brandon, Holly, Vern, Kristi, Anthony, Kristi, Debbie O. Sharon, Lucy, Delbert, Lisa, Tommy, Jeff, Debbie M, Janice, Jerry, Jackie, Connie, Krista, Paul, Joan, Desirea, Mike, Dennis R, Margaret, Trianna, Jim, Dexter, Aaron, Randy, Steve O, Tracy, Kevin, Jermaine, Mike,

Establish quorum: Yes

Approval of minutes: March minutes were approved

Recognition of new members: Kristi, Jim, Desirea, Margaret, Janice, Kevin, Kristi

Executive Reports:

Chair; Sam M. No written report

Co-Chair; Open

Secretary; Joan S. Greetings AREA, Recovery has been great to me over the past month, by the Grace of God I celebrated 16 years clean. I attended the "Creating Our Common Welfare" forum and was recharged for service work in recovery. I have a reimbursement request of \$34.13 for postage and copies of minutes, and \$56.60 for meeting lists, we could save 2 cents per copy if we printed on white paper. This would be a savings of \$6.00 per month or total of \$72 per year. Let me know what you think. On another note I would like to remind everyone that AREA is not over until all business is completed. Last AREA we had important discussions after at least 9 GSR's left the meeting. We have no end time to our business although; we like to try and be done by 1PM. Sometimes that just doesn't happen. When you leave early you are hurting your groups by not obtaining information. I have copies of the meeting list, blank GSR and subcommittee forms on the counter. I am only bringing a few copies of minutes and phone list since the cost has been increasing please if you did not get a copy and would like one let me know and I'll either e-mail you or mail you a copy. I have been contacted through the Region's Website by Jim Pew who is a Director of Behavioral Medicine at Stevens Community Medical Center in Morris regarding a new NA group. This was my response to him:

Hi James, I am the AREA Secretary for Central Minnesota Area Service Committee (CMASC). We would love to have the new group come to our AREA and we can talk with them about what help is available for their new meeting. Our next Area Service meeting will be held on April 22nd at 11AM at the

St. Cloud Hospital

Spruce Room on level C (use door "F")

1406 6th Avenue North

St. Cloud, MN 56303

We do have subcommittee meetings that start at 10 AM where they might want to be available for further assistance. If you have any further questions please don't hesitate to contact me. Thanks for your contact through the Regional NA Website.

Also was e-mailed the new Region's meeting list for our AREA and have been in contact with Kit (who updates it) regarding a meeting that was at the college on Thursday nights. Myself and two other trusted servants of this AREA attended 2 weeks ago. We were told by the building supervisor that nobody had showed up for the prior 3 weeks. I asked for that meeting to be removed, and it was. I'm not sure about another meeting that is listed in Browerville and I'm asking you for guidance about that one. Also I know there are others celebrating clean time over the past month congrats to you. On a personal note, my son will be in our home tomorrow after serving in Kwait for the past year and I am one proud mother let me tell ya. I have a return letter for Casey S. Anybody know a correct address for him? Please make sure I get your written reports prior to you leaving today. Also Tabi called and at home with a sick kid today. God is good. Joan

Treasurer; Jackie H

Old Balance:	5112.75	Expenses:	
Income:		#2084 Dexter VA tags	38.61
Donations	235.00	#2085 Dexter Ledger	17.58
Articblast	50.00	#2086 Freedom Campout	709.00
Literature	287.98	#2087 Spring thing t-shirts	319.20
Balance:	5685.73	#2088 MNNAC 19	419.25
		#2080 Lisa spring thing	6.98
Total Expenses:	1687.98	#2081 Joan copies	86.13
		#2082 Outreach sale book	39.28
		#2083 spring thing deposit	50.00
Current Balance:	3997.75	Bank fee check imaging	1.95

As Connie mentioned earlier we have already started the google Doc. There are a few corrections to the Doc we need to make and square away with Kit. All is well, all balances and expenses on the Document are matching with online banking as of Jan 1, 2012! We do need to pay the UMSO \$106.08 from the \$1300 two months ago. Jackie H.

RCM; Lucy K No report given to secretary

RCM-A; Paul No written report

Activities; Lisa Things are going smoothly, working through the quirks. Needs items for raffle at the Spring Thing, sale of tickets has been slow. Having a lot of fun working together. Next meeting Perkins downtown 2pm Sunday the 29th.

Lit; Dexter S Needs help Inventory on hand \$2106.06 plus refund of \$38.66. Next meeting Thurs May 17th 6PM at St Cloud Library (Miller Learning Center), call to confirm 320-217-3079

PI; Open

H&I; Delbert S; Our Paul Leader report will be used at Our House, Passages, Detox, and VA 6 or 7 months. We need help on H&I "I can't but we can" I hope our members step up and call me or Paul leader. We are looking into some difficulties at 1 or 2 H&I meetings. "We can use help on commitments"

Outreach; Randy P; Congratulations to Dale K. Dale was nominated and voted Co-chair of outreach at the last sub-committee meeting. One more roadtrip on current schedule (Sauk Centre) and the next 6 month schedule is complete.

Policy; Jerry G; Position is open. Secretary and I will be working on revisions and will try to have them done by May AREA.

Newsletter; Open

Adhoc committee for MNNAC 21 bid: This subcommittee was dissolved, the bid did not get to the MNNAC committee in time.

Adhoc committee for Service Information day: No written report planning to have on June 23rd.

Group reports:

Albany; Life in Recovery; Holly, average attendance is 4, no donation

Big Lake; Refuge in Recovery; Absent

Brainard; It Works N.A. Absent

Clearwater; Clean in Clearwater; Paul G average 8-13 a week no donation

Cold Spring; Recovery in the Sticks; Brandon T average attendance 10-15 no donation

Foley; No BS; Connie C no written report

Little Falls; Recovery in Progress; Absent

Long Prairie; Road to Recovery; Absent

Milaca; Milaca NA; Aaron GSR 25-30 monthly no donation

Big Lake/Monticello; Monticello Miracles; Absent

Onamia; It Takes Two Addicts Loren W, Absent

Princeton; Serenity Sunday NA, Lost Dreams Awaken Kevin, 22 per meeting, no donation

Rockville; Recovery on the Rocks; Vern 30-40 total attendance, no donation

Sauk Centre; NA Lengths Margaret O, 12-15 per week no donation, 3rd Monday every month Step meeting

Sauk Rapids; Home Fires NA; Avery W, average monthly attendance 40, no donation

Sauk Rapids; Productive Members of Society; Steve O. 18 average monthly attendance, \$70 donation. The meeting location and time will change to Wed May 2nd, the meeting moves to Municipal Park the time will also change to 7PM
The group is looking for a GSRA.

Sauk Rapids; We Do Recover; Absent

St. Cloud:

Monday:

Focus on Recovery;

It Works NA; Speaker meeting on first Tuesday of the month. Anthony S, 20-30 per week, no donation Saturday June 17th Picnic, no donation.

Salvation Army Attitude Adjustment Hour; Tommy O, average attendance 18, \$10 donation. In need of support and serious service commitments.

Wednesday

You're Not Alone; Debbie O. average attendance 100 addicts, no donation

Recovery in the Daytime; Janice S, We are a new group that meets on Wed afternoon from 12:30-2PM at High Ground Church. "Recovery in the Daytime no donation

Thursday

Homeward Bound NA; Mike B, 40 per week attending no donation

Women's "No Excuses"; Debbie M, 15-20 weekly attendance, no donation. Group is good, lots of new ladies we are in the process of planning our annual speaker jam Aug 25th at Wilson Park, flyers next month.

Friday

Just for Today; Treonna GSR, no donation, average attendance is 300. Speaker every 1st Friday of the month can be nominated and voted at our business mtg. Jamie P. May 4th and Dale K. June 1st

Saturday

"How and Why" Rocky C. Average monthly attendance: 20-30 no donation Men study Step and Traditions

Upper Mississippi Shakedown Shane R GSR average 80 per month, no donation

Old Business:

Motion 31812-1 vote was in favor to pass. 3 abstentions (donations to Region will be made in months of Feb and Aug

Motion 31812-2 Tabled again, Jackie to present co-chair duties

Newsletter:

Krista read apology to this body and asked to be re-instated as Newsletter Chair. Discussion was held by GSR's and information from their groups about interest in continuing the AREA Newsletter:

Holly- groups wants to keep the newsletter

Paul- no reason to continue except the calendar

Trionna- Newcomers pick it up there is good creativity there

Dexter- We hand the newsletter along with the meeting list, want to keep

Steve O-supportive in keeping

Brandon-lack of interest, funds could be used better elsewhere.

Joan expressed frustration that after the last AREA this body decided that an April Newsletter was not supposed to be published. Sam was to contact Krista and the Newsletter was published and brought today.

MNNAC-21: This committee was dissolved

Service Awareness: The next meeting will be May 5th. The AREA body voted to allow the committee to use \$200 towards this event. Emergency motion 42212-2 (frivolous motion) this is a golden opportunity to educate addicts in our AREA about service opportunities.

New Business:

Motion 42212-1 To dis-ban our Newsletter Sub-Committee for lack of interest: Maker Connie C second Joan S, This subcommittee struggles for interest and support. We are not sure that many people even read it. This is a waste of our NA Funds and another AREA within trying to carry the message to the addict.

Pro's:

Paul: There is not a lot of support.

Delbert: The past year- I bring the newsletter and it doesn't get picked up or looked at.

Kevin: A lot of recycling IP material it's a waste of NA funds.

Con's:

Dale: Personally like the newsletter, not only for the calendar. Brings a good NA message 30-60-90 day clean addicts like it.

Desiria: As a newcomer I like it, the GSR's could announce at meetings that it is there.

Debbie- I've been somewhat involved, continually find peoples stories to help.

Open Forum:

AREA inventory: This would be a spiritual inventory. Are we serving our groups and sub-committees? This body would have an idea of how we are doing. In policy it is a responsibility of the Co-Chair to head up this task every odd numbered year. Delbert passed around a inventory sheet from WSO. Tabled till next month, to keep as a topic of discussion.

Meeting List: Joan asked for guidance about printing the meeting list on white paper rather than yellow. This would save the AREA about \$145 a year. Lots of discussion, that newcomer doesn't care what color the list is printed on. The yellow stands out and the old timers know what to look for. If the meeting list is brought to AREA on white paper if groups want to make copies on yellow themselves it could be done that way. Group consensus was to have the meeting list printed on white paper.

\$15.75 was collected for coffee/donuts Sam will get the money to Rocky C.

Votes:

Activities: Lisa Congratulations

Secretary: Joan congratulations

Q&A Chair position Jerry G.

Q: Will you be able to remain unbiased?

A: I can, the chair is not supposed to have any comments during discussion. This position is only to run the meeting.

Q: Will you let this go to your head?

A: Questions should be answered by other people. There should be no discussion by this position only in case of a tie vote would there be any discussion by the Chair.

Q: Do you have a sponsor?

A: I have a sponsor and work the steps; I have sponsee's who work the steps with me.

Q: How would it work, your position now being up if you get chair?

A: The policy chair position would remain open until filled. This would be a Co-chair responsibility to fill or the Chair could appoint someone.

Q: What is your clean date?

A: April 23, 2008

Next month topics:

Treasure co-chair

Motion 31812-2 (co-chair for treasure)-Jackie to present info

Vote Motion 4-2212-1 (disband Newsletter)

Vote Chair position

Q&A Co-Chair

OPEN AREA Positions for nominations:

Outreach

Policy

PI Chair

Upcoming events & requests:

Highway clean up May 12th meet @ Caribou Coffee @ Crossroads Mall

Spring Thing May 12th Atonement Lutheran Church

H&I subcommittee meets each 2nd Tuesday of the month 6 PM at Caribou Coffee @ Crossroad's Mall.

For more information please contact Delbert S 320-260-5070

Literature Subcommittee May 17th St Cloud Library 6PM (Miller learning Center)

Jamie P May 4th Friday night Bethlehem Lutheran 7PM

Dale K June 1st Bethlehem Lutheran 7PM

Activity meeting April 29th 2pm Perkins

Wed Sauk Rapids meeting moves to Municipal Park May 2nd

June 17th Tuesday night "It Works" picnic

Annual Speaker Jam August 25th Women's "No Excuses" at Wilson park looking for speakers call Debbi O 291-2286

Position	Announces	Closes	Election Held
Chair	February	April	May
Co-Chair	February	April	May
RCM	July	September	October
RCMA	July	September	October
Activities Chair	September	November	December
PI Chair	December	February	March
Secretary	January	March	April
H&I Chair	December	February	March
Treasurer	September	November	December
Literature Chair	March	May	June
Policy Chair	November	January	February
Outreach Chair	May	July	August
Newsletter Chair	May	July	August

**Narcotics Anonymous
Service Resume**

(Please print legibly in black ink.)

Name SAMUEL
Date: 3-26-2012

Clean Date 6-29-06
Phone Number 320 295 9688

Position under consideration: AREA subcommittee Chair PI
MNNAC SERVICE COMMITTEE

Please list all service positions you've held that you consider relevant to the position you are considering. Please include positions within the past three years and approximate dates of service for each position.

TREASURER IVE IT WORKS JAN 09 MAR 2010
CMASC COCHAIR MAY 2010 Inherited CMASC Chair
July 2010 will complete SERVICE REQUIREMENT MAY
2012

If you have not completed a term or have been removed from a service position in the last three years, please explain:

DID NOT COMPLETE COCHAIR POSITION BECAUSE CHAIR
STEPPED DOWN.

What resources do you believe you can bring to the position you are considering?

IN THE 4 YEARS I HAVE BEEN INVOLVED WITH CMASC
I'VE BECOME VERY KNOWLEDGABLE OF AREA + FELLOWSHIP
GUIDELINES. I'VE ALSO BEEN OF SERVICE AT SOME LEVEL AT
EVERY AREA FUNCTION SINCE APRIL 2008. ALSO DID SERVICE
ON MNNAC ST. CLOUD 2009

What life experiences (such as school, work, volunteer, etc.) have you had that you believe will help you serve in the position that you are considering?

MY ORGANIZATIONAL SKILLS HAVE GROWN IMMENSELY AS
A RESULT OF LIVING IN THE SOLUTION AND BEING OF
SERVICE.

Please include any other information that you consider relevant.

I HAVE A SPONSOR I WORK STEPS. I SPONSOR MEN
WHO WORK STEPS. MY LIFE IS BEING RESTORED BY THIS
FELLOWSHIP AND I AM WILLING TO DO ANYTHING IN
MY POWER TO SUPPORT AND INSURE THE FELLOWSHIP
SURVIVES.