

Moment of silence; Serenity prayer; 12 Traditions; 12 Concepts; Service Prayer;

Introductions: Sam, Harold, Tommy, Randy, Tony, Steve' O, Dexter, Derik, Debbie, Paul, Treonna, Shantel, Jackie, Jerry, Debbie, Eric, Delbert, Mike, Sharon, Lucy, Krista, Ladian, Vern, Calvin, Rocky, Bob, Bob, Jason

Establish quorum: Yes

Approval of minutes: Approved October minutes

Recognition of new members: none

Executive Reports:

Chair; Sam M. Good morning CMASC, I am truly grateful to be at another meeting of Narcotics Anonymous. The spiritual principles of this fellowship suggest that we do service in a selfless manner with integrity. It has been very disturbing to witness members of this ASC Executive committee, unable or unwilling to do this to the best of their ability. If we are to attract members, especially the newcomer to not only keep coming back, hopefully coming with a desire and willingness to do selfless service. We have to lead by example, performing our trusted servant commitments with integrity as well as selflessly. It is imperative that we, especially the GSR's give a complete report at the group level to insure that information flows in both directions.

Thank You

Co-Chair; Scott N. NOT PRESENT

Secretary; Joan S. Hello, everyone I am filling in for Joan S. this month. Please bear with me! Her work schedule conflicted with Area this month. Thank you! -Ladian R.

Sub-committee reports:

Activities; Arvis S: CMAS, Sorry, I needed to check on my mother and family in Illinois at this time of season. I would like to say thank you for the opportunity to serve as your Central Minnesota Activities Service Committee chair person. I would like to say sorry for any misunderstandings anyone has had, but it comes with the job. As I serve this area it's been great and I hope your groups as a whole enjoy great message along with fun in recovery. Thanks for my team, Arvis Fall Ball a success. Thank you. Activities Chair OPEN. Arctic Blast Feb. or Mar.?

Jerry motioned to give a round of applause to Arvis' services as Activities Chair.

Steve' O thinking of running for Activities Chair. Steve' O nominated. Must submit resume. Debbie O offered to help

Lit; Scott N (Pro-Tem): NOT PRESENT

Treasurer; Jackie H. See Next page...

RCM; Lucy K: Good morning NA family We need to talk about money we haven't send the region no money for a while also we need know if there and special project we to see come to our area I need to know this remember Lit store open in evening Vice Chair still open Board members and Rifi has a bid for the Regional assembly. Helpline Love in service, Lucy K.

April Regional Assembly Regional Meeting- December is a CONFERENCE CALL.

H&I; Sharon J. we will like the NA Groups of Central MN get involved with the H & I especially Clara's House, Our House, Passage Home, Children Home, Detox Center where one addicts is going. Need to refill some of the commitment literature. Next meeting 2nd Tuesday of the month at Caribou Coffee 6pm, we also meet 1hr before the ASC. Sharon

PI; Open

Outreach; Randy P; Clearwater Oct 26- 28 people in attendance, Little Falls Nov 14 well- received. Good meeting, good recovery. No meeting on Fridays. Outreach schedule only on regional website. Outreach Chair position still OPEN. Opens in May.

Policy; Jerry;

Newsletter; Krista W; Meeting is held first Sunday @ Granite Edge Café @ 5:00 PM next. There is an ongoing meeting by e-mail on going and 1 hr before ASC; Contest ends today. Winner: December New name: Jan/ Feb No non- approved literature submitted in newsletter. The contest for renaming the newsletter ends today. Thank you to all who participated & good luck to all. The winner will be announced in Dec. at Area. The new name will be on the Jan./ Feb. newsletter. An addict has brought some books of quips and quotes (not NA approved). It was decided that using these books would be going against our primary purpose of carrying a clear message.

The rough draft of the newsletter is here for suggestions. Please feel free to write your comments on the rough draft and return it to me by the end of Area today. It was suggested that the newsletter have a column for clean dates. We are passing around a list, if you want your clean date posted on the newsletter in the corresponding month; please add your name to the list. We have not heard any more from Marco, so we are not addressing that issue today. In service, Krista W

Treasurer; Jackie H. Good morning CMASC:

Group Donations: 239.12

Fall Ball Tickets: 820.00

Fall Ball Activities: 1,619.60

Literature: 633.29

Total: 3,312.01

Old Balance: 1,660.23

Income: + 3,312.01

4,972.24

In service, Jackie H.

Group reports:

Albany; Life in Recovery; Derik, 4- 6 people/ week \$20.00 Donation meeting stays strong with core members, would be nice to get some new people. Great meeting.

Big Lake; Refuge in Recovery; Absent

Brainard; It Works N.A. Absent

Cold Spring; Recovery in the Sticks; Tiffany T, absent

Clearwater; Clean in Clearwater; Paul, 7- 10 average attendance no donation

Foley; No BS; Tabi Z., Absent

Little Falls; Recovery in Progress; Scott D, Absent

Long Prairie; Road to Recovery; Absent

Milaca; Milaca NA; Aaron Absent

Big Lake/Monticello; Monticello Miracles; Absent

Onamia; It Takes Two Addicts Loren W, Absent

Princeton; Serenity Sunday NA, Lost Dreams Awaken Jane GSR, Tracy GSR-A; Absent

Rockville; Recovery on the Rocks; Lucy K. 30- 40 monthly attendance no donation

Sauk Centre; NA Lengths Bob S, 52 monthly attendance \$10.00 Donation

Sauk Rapids; Home Fires NA; Dexter S. 35+ monthly attendance In need of support of members. Also need Sec. and maybe a GSR & GSRA

Sauk Rapids; Productive Members of Society; Eric N, meeting now starts at 8pm. 100 people average attendance. \$20.00 donation

St. Cloud:

Monday:

Focus on Recovery; Michelle H.-Absent, GSR-A in attendance 20-25 average monthly attendance \$25.00 Area Donation Great meeting- come 1, come all!!!

Tuesday

It Works NA; Speaker meeting on first Tuesday of the month. Calvin. No written report

Attitude Adjustment Hour; Tommy No written report

Wednesday

You're Not Alone; Debbie O. Average monthly attendance: 240 Area Donation: \$25.00

Thursday

Homeward Bound NA; Shantel D., Brad Z. GSR-A (temp) Average monthly attendance: 55 Area donation: \$25.00

Women's "No Excuses"; Debbie M, Average monthly attendance: 30 Area donation: \$0

Friday

Just for Today; Treonna GSR, Tony GSR- A Average weekly attendance: 30- 40 November Area Donation: \$100.00

Saturday

"How and Why" Rocky C. (612)804- 5274 Average monthly attendance: 12- 20 Area Donation: \$25.00

Upper Mississippi Shakedown Mike B. ABSENT

We do Recover; Ned S. ABSENT

Old Business

New Business:

Steve' O nominated for Activities Chair

Dale K. nominated for Area Co- Chair Paul G. elected RCM-A Dexter S. elected Lit. Chair

Open Forum:

Web Publisher: Joan added this only for clarification. Last month two people volunteered Krista and Joan. Discussion of who was willing at this time Joan will be the contact to the Region.

Area Budget: Connie asked questions about the budget that is in the guidelines and that it is reviewed. It was announced in Jan this year that the budget would be reviewed. The budget will be reviewed after the "FallBall" is over. We will have that \$1700 back in our account. There was discussion about lack of funds and spending. Budget review will be held 2 hours prior to January ASC. There will be audit in Dec and Jan.

Next month topics:

Outreach Chair position still open (Need Nomination)
Activities position open for nomination (closes for nomination)
PI Chair is still open

Upcoming events & requests:

2nd Tuesday of the month H&I subcommittee @ Caribou Coffee
January 22 @ 8AM Budget review at hospital
November 29 Outreach to Milaca

Position	Announces	Closes	Election Held
Chair	February	April	May
Co-Chair	February	April	May
RCM	July	September	October
RCMA	July	September	October
Activities Chair	September	November	December
PI Chair	December	February	March
Secretary	January	March	April
H&I Chair	December	February	March
Treasurer	September	November	December
Literature Chair	March	May	June
Policy Chair	November	January	February
Outreach Chair	May	July	August
Newsletter Chair	May	July	August
Website Chair	April	June	July