

Please note that Lucy scheduled Calab for the CAR review after January's AREA. Bring your breakfast 8 AM budget review, subcommittee's 10AM, AREA 11AM, bring your lunch CAR review at 1PM

Moment of silence; Serenity prayer; 12 Traditions; 12 Concepts; Service Prayer;

Introductions: Sam, Scott, Rocky, Jeff, Ladian, Delbert, Krista, Lucy, Mike, Shane, Mike, Jerry, Joan, Jackie, Connie, Aaron, Paul, Debbie, Mark, Anthony, Steve O, Randy, Herold, Calvin, Matt, Debbie

Establish quorum: Yes

Approval of minutes: Krista noted there are corrections that need to be made for introductions. Krista will get with Joan for corrections and Joan will send out corrected minutes with December minutes to be approved during January AREA.

Recognition of new members: Mark, Anthony, Matt, Shane, Jeff

Executive Reports:

Chair; Sam M. Good Morning CMASC, I am always grateful to be at another meeting of Narcotics Anonymous. I would like to announce our intentions to have a service awareness event sometime after MNNAC. We will be forming an ADHOC committee for this event soon after our Annual Audit in Jan. Anyone interested in serving on this committee please contact myself or Calvin. I also have had an opportunity to attend more meetings, and in doing this it has been brought to my attention 2 possible situations that truly disturb me. 1.) being the possibility of drugs being sold and or used by people attending meetings. Although I have no first-hand knowledge of this, GSR's please relay this message; this behavior will not be tolerated in this fellowship. 2: Allegedly there is a commercial on public broadcast TV promoting Narcotics Anonymous in the Little Falls Area of NA. I am sure that this in some way violates a number of traditions. If anyone has input about either of these issues we will be trying to get some preliminary direction concerning these issues on open forum today. Thank you for letting me be a servant of this fellowship, Sam M.

Co-Chair; Dale ProTem Absent There was some discussion brought to this body today that Dale is no longer wanting to continue with this position. Co-chair position is open and to be announced in February

Secretary; Joan S. First of all I want to thank Ladian for filling in for me last month. I am glad to be here today. Meeting list are here, I am passing around a master phone/address/e-mail list please make changes on the back and return to me. Hope everybody has a Merry Christmas. In Service, Joan

Activities; Arvis S: Next meeting January 7th @ 11AM MacDonalds on HWY 10 will be discussing the Artic Blast

Lit; Dexter S: Absent Jerry G, did bring literature orders for those that had submitted. Jerry also reported that Dexter will not be back to town until Jan 4th. Connie C and Rocky offered to make a trip to the Service Office to pick up lit if needed by groups contact her 320-493-1799 or Rocky at 612-804-5274

Treasurer; Jackie H. Old Balance 4834.06, Income: donations \$280 Fall Ball 68.15 Expenses Check #2053 Randy P outreach \$30 New Balance \$5152.21

RCM; Lucy K Hello NA family, We did conference call I was not crazy about it but it was OK. I want to thank Krista for letting us use her home. Talk about put money in the region, we need to know if we want Calab to present the CAR to use before region assembly. I don't know where it is going to be at in March or April. The helpline is doing good, Bridge the Gap doing good and at Rochester the rooms are going fast, not quite sold out yet. MNNAC they need logo and place to go yet it is still being look into and at Duluth. Lit store is open in the evening. Have a great Christmas and great New Year. See you in the New Year, your RCM, Lucy K.

RCM-A; Paul asked about reimbursement for mileage to Region. He was told to submit miles driven or start with a full tank of gas and fill when you get home and submit the gas receipt.

H&I; Sharon J. No written report, Delbert (co-chair) did ask for meetings to come to H&I commitments, with budget cuts the facilities are not sending addicts to meetings.

PI; Open

Outreach; Randy P; All outreach meetings are currently doing very well in numbers and spirit. \$10 under budget

Policy; Jerry; Policy chair is open

Newsletter; Krista W; Meeting is held first Sunday @ Granite Edge Café @ 5:00 PM next. There is an ongoing meeting by e-mail on going and 1 hr before ASC; Congratulations to Mike P the winner of the rename the newsletter contest. He will receive \$20 worth of literature of his choice. The new name is "The Message" GSR's please take 5 copies for your group, make copies if needed. Thank you Steve O for your work on the calendar. If anyone notices something missing or incorrect please let Steve or Randy or myself know so we can make changes. Krista

Printer Ad-Hoc committee: Randy reports not receiving anymore communication from Marco the committee is closed.

Group reports:

Albany; Life in Recovery; Derik, Absent

Big Lake; Refuge in Recovery; Absent

Brainard; It Works N.A. Absent

Cold Spring; Recovery in the Sticks; Tiffany T, absent

Clearwater; Clean in Clearwater; Paul, 9-12 average attendance \$30 donation Co-Group New Year Eve Party at church 7PM-1AM Pot Luck, please bring a dish!!!

Foley; No BS; Tabi Z., 40-50 monthly attendance doing very well and good \$50 donation

Little Falls; Recovery in Progress; Scott D, Absent

Long Prairie; Road to Recovery; Absent

Milaca; Milaca NA; Aaron 28-30 a month and \$20 donation

Big Lake/Monticello; Monticello Miracles; Absent

Onamia; It Takes Two Addicts Loren W, Absent

Princeton; Serenity Sunday NA, Lost Dreams Awaken Tracy GSR, Scott GSR-A; Princeton groups are going well. 8-20 per meeting no donation. GSR stepped down, GSR-A Tracy stepped up. I stepped in as GSR-A which her kids have teeth issues that's why I'm filling in for her.

Rockville; Recovery on the Rocks; Lucy K. 10 monthly attendance no donation

Sauk Centre; NA Lengths Bob S, Absent

Sauk Rapids; Home Fires NA; Anthony A. In need of more participation

Sauk Rapids; Productive Members of Society; Derk H GSR, Steve O GSR-A 20-25 monthly attendance

St. Cloud:

Monday:

Focus on Recovery; Michelle H.-Absent

Tuesday

It Works NA; Speaker meeting on first Tuesday of the month. Calvin. Absent

Salvation Army Attitude Adjustment Hour; Jeff T GSR-A no written report

Wednesday

You're Not Alone; Debbie O. Average monthly attendance: 300 No Donation

Thursday

Homeward Bound NA; Shantel D., Brad Z. GSR-A (temp) Absent

Women's "No Excuses"; Debbie M, Average monthly attendance: 20 donation \$18.00 Group is in need of support, we are down to 4 people

Friday

Just for Today; Treonna GSR, Tony GSR- A Absent \$13.50 donation

Saturday

"How and Why" Rocky C. Average monthly attendance: 10-20 No Donation

Upper Mississippi Shakedown Shane R GSR average 20 per week, no donation

We do Recover; Mark H GSR average attendance 25 addicts \$50 donation

Old Business:

No Old business to finish

New Business:

What to do with our Area Website. CMASC website is still active but not current. Need this body's approval to disable CMASC website. No motion needed 2/3 majority. We removed the web publisher position several months ago with the intent to have Region maintain/update our information. Joan will contact Jeff Spencer to complete this task. All information of changes needs to be directed to Joan. She offered to be the contact person with Region.

Krista would like to make apology to AREA about November minutes and her earlier statement of names being wrong. She was looking at the October minutes not November. One new member name was left off however the name is in the introductions. November minutes were approved.

Delbert nominated for H&I chair submitted resume attached to minutes.

Open Forum:

Promotion of NA meetings: There is a commercial on PBS about NA meetings in Little Falls. This is not a commercial it is a public service announcement, no different than hanging a flyer on a bulletin board in a store or ad in the newspaper about meeting information.

Drug use & sales at meetings: The only requirement for membership is the desire to stop using. We read at our meetings if you have used today please listen and speak with a member after the meeting. During the readings we say; cannot have

drugs or paraphernalia on the property for the protection of the group and the facility. Discussion about how to handle the situation, ask the member to take items out to vehicle and return to the meeting or leave the meeting all together.

CAR- Lucy will contact the RD, Calab and request he come to our area to discuss the CAR. Lucy will get a few dates and bring back to AREA next month.

PI is not getting done, meeting list are not getting out. Dexter has all the PI information will get a list from him at next area. Co-Chair should fill that position with that position being open it is our responsibility to get it done. Tabi offered to deliver meeting list, but can't get the list till next AREA.

RCM mileage budget- to start with full tank and fill when returning and submit gas receipt.

Meeting list copies \$25.13 this month for copies.

Next month topics:

Secretary announces for nominations

OPEN Subcommittee Chair Positions:

Outreach

Policy

H&I

P&I

Co-Chair

Activities

Upcoming events & requests:

Jan 7th 11 AM @ McDonalds on Hwy 10 Activity meeting Mike P 320-774-7460

2nd Tuesday of the month H&I subcommittee @ Caribou Coffee

Clean in Clearwater New Years Eve pot luck 7pm-1am

Womens no excuses needs help

Speakers: Randy P Fri Jan 6th Bethlehem 7PM

Sun Jan 15th Onamia Outreach 7PM Caribou @ 5:45PM

Sun Jan 29th Princeton 7 PM Caribou @ 6:30PM

January 22 @ 8AM Budget review at hospital before next AREA

Position	Announces	Closes	Election Held
Chair	February	April	May
Co-Chair	February	April	May
RCM	July	September	October
RCMA	July	September	October
Activities Chair	September	November	December
PI Chair	December	February	March
Secretary	January	March	April
H&I Chair	December	February	March
Treasurer	September	November	December
Literature Chair	March	May	June
Policy Chair	November	January	February
Outreach Chair	May	July	August
Newsletter Chair	May	July	August
Website Chair	April	June	July

Attached is a resume from Dale K who contacted me after December's AREA, he would like to be considered for the H&I Chair position.

**Narcotics Anonymous
Service Resume**

(Please print legibly in black ink.)

Name Delbert S.
Date 12/18/12

Clean Date 2-8-10
Phone Number 320-2605070

Position under consideration: H & I Chair

Please list all service positions you've held that you consider relevant to the position you are considering. Please include positions within the past three years and approximate dates of service for each position.

I delbert starting out as a GSA, step-up to GSA
Both serve 8 months at the you're Not Alone meeting.

If you have not completed a term or have been removed from a service position in the last three years, please explain.

No I haven't been removed

What resources do you believe you can bring to the position you are considering?

When I said a life time of using, I feel I can help
another side of life.

What life experiences (such as school, work, volunteer, etc.) have you had that you believe will help you serve in the position that you are considering?

I have volunteered at the Salvation Army, help cook
food for people in need, And I volunteer for Freedom
Campout

Please include any other information that you consider relevant.

I had worked with Sharon J. which she had help
me learn all of the position that were required for
this position, great person, hard working, always on
time, great personality, get along with people, always
willing to give a helping hand to others.

My name is Dale Kieffer sorry i was absent from the Decembers CMASC because i was physically sick.

I would like to be considered for the H&I chair position,i have a little over 2 1/2 years clean, my clean time birthday is April 16, 2009.

I have been GSR for Sunday in 2009 to 2010, also been chair for six months in 2010 at Tuesday,also been secutary for 6 months held that for two terms it is a three month term, also been GSR for Thursday meeting in 2011.

Am currently on the NA helpline which i been doing for a little over a year; also i am a panel leader at detox for which i been doing about nine months which is a part of the H&I committee.

I have not been removed from a service and i've completed all terms that i have been in.

I have compassion and understanding for the insitutionalized addict and i also have the willingness and desire to carry the message to those people.

I have been an insitutionalized addict so i know what there going through in that time in there life, letting them know they dont have to use know matter what.

I believe i can dedicate myself to filling the duties of the H&I chair for i love carring the message to those addicts inside or outside the rooms am about one addict helping another.