

Next ASC April 11th, 2010 due to MNNAC being April 18th

- Moment of silence; Serenity prayer; 12 Traditions; 12 Concepts; Service Prayer;
- Introductions: Ruth, Gary, Sharon, Corinne, Randy, Bob, Quint, Andrew, Tommy Seth, Steve, Bruce, Dan, Paul, Rob, Katie, Jerry, Adrianna, Mike N, Mike P, Harold, Lucy, Krista, Sam, Duane, Dale, Tabi, Jeff, Keith, Scott, Charlie, Alyssa, Jim, Aaron, Arvis, Kristin, Brady, Jasmine
- Establish quorum: yes
- Approval of minutes: January, Dan, Randy Second February Dan, second Randy
- Recognition of new members: Dale, Duane, Harold, Jim, Jasmine
- **Executive Reports:**

- **Chair; Ruth;** Good morning friends in recovery!

First I would like to put a shout out to our World Service Representative, JJ; who took time out of his very busy schedule to come up from Mankato to do a CAR workshop with us. It's nice to know what's going on with our Literature and Key tags; and how we do have a say in what happens to our fellowship. I'd also like to say thank you to the surrounding areas that made the road trips to come to the workshop. I would like to give a big thank you to our members who helped to make it a very nice day. For as large of an area as we have, I guess I was disappointed with how few showed up.

And how about that Spring Thing last night? Thank you for such a nice time last night!! The food was great, the music, good, speakers awesome, and the turnout was fantastic. Thank you everyone that helped to make that a very good time.

Hoping we will have a good representation of our area at the GSR Assembly. All NA members are welcome! March 27th 12:00 pm to 6:00 PM, Chisago Lakes Lutheran Church, 1st Summit Avenue Center City, MN 55012 Thank you for letting me be of service. P.S. Hope to see you at MNNAC 17!! Ruth T. Chair of Central Minnesota Area of Narcotics Anonymous

- **Co-Chair; absent**
- **Secretary; absent,** Krista filling in. I just ask that if you have any comments or criticism, please feel free to contact me at cmascnewsletter@gmail.com

- **Treasurer; Andrew S;**

Beginning Balance	Income	\$	CK# Expenses	\$	Ending balance
3752.40					
	Lit Sales	578.92			
	Group Donations	210.00			
	Total Income	788.92			
			#1913 web maintenance	50.00	
			#1914 area printer paper	78.86	
			#1915 outreach mileage	70.00	
			#1916 H&I Lit	40.08	
			#1917 UMSO Lit	2178.14	
			#1918 Act. Spring Thing Deco	52.95	
	Total Expenses			2470.03	
					2071.42

A question was raised about the prudent reserve amount from several members. It was asked if the amount could be lowered. Some other possibilities were explored.

- **RCM; Gary J;** RCM Report to the CMASC for March 21, 2010
Those getting a ride to the GSR assembly(Chisago Lakes Lutheran Church, 1 Summit Ave, Center City, MN 55012 March 27th 12PM to 6PM will be meeting at Caribou Coffee at 10 AM.
The CAR Motions will be voted on at the GSR Assembly. So GSR's- Review with your groups and carry consensus to the GSR Assembly. I believe that everyone that comes to the GSR Assembly can vote.
I have a PR event notification to pass along to our PI chair for this coming Thursday in Minneapolis.

I have "Request for event insurance coverage" forms that I'll forward to the Activities Chair. Anyone needing one please contact Activities Chair.

There is a need at the region for those willing to serve. Help is needed on the Regional Projects, 5 "Fellowship Services Team" Positions. MNNAC BOD and UMSO BOD positions. We need to get a tax ID# and EIN (Employee ID).

I would like to get quantities of our areas meeting list and Freedom Campout Fliers to bring to the next RSC in April.

Yours in Service,
Gary J (RCM)

- **RCMA; Lucy K;** Gary reported everything.

Sub-committee reports:

- **Activities; Kristen A;** Meeting is held @ McDonald's on Hwy 10 @ 3:00 PM next meetings will be April 11th, May 2nd, and June 19th Spring Thing went well. Planning next events; Freedom Campout and Masquerade Fall Ball. Talking about having a workshop before the Fall Ball. Spring Thing made \$725.00
- **Literature; Tom T;** Last month in my absence some groups weren't issued receipts, these groups will be issued receipts upon request. Thank you for your patience! Thank you Jeff or a job well done!! Last month there were 10 orders totaling \$685.07. Monies turned into area (receipt # 717995) totaled \$747.05. A check was issued to UMSO in the amount of \$2178.14
A handout also reflects new purchases on March 13 of \$938.18
March has had 12 group orders so far totaling \$634.52 Peace and happiness, Tom T.
- **H&I; Dan J;** Meeting is held one hour before ASC @ 10 AM in the Spruce Room Conference Center in the St. Cloud Hospital. Doing good. Doug stepping down from Passages on Friday. Sam is trying to step up. I have meeting lists again for those that need them. I.P.'s available today. I also got the invite to go to MPRC. We need to decide today.
- **PI; Mike N;** Meeting 1 hr before ASC, Talked about addicts with trouble with the law.
- **Outreach; Randy P;** Meets one hour before ASC in the Spruce Room. Looking for a new co-chair, if interested please contact Randy P.
- **Policy; Tommy S;** Meeting is one hour before ASC in the Spruce Room @ 10 AM No needs at this time.
- **Newsletter; Krista W;** Meeting is held first Sunday @ Granite Edge Café @ 5:00 PM next meeting April 11 due to First Sunday being on Easter. There is an ongoing meeting on line and 1 hr before ASC. Next issue of "The Buzz" will be available next ASC
- **Web-maintenance; Joe K;** absent, Gary gave an oral report
- **Group reports; Greater Area Meetings:**

***=upcoming group event/ R=report given/VR Voting Rights status**

- **Albany; Life in Recovery; Seth; Tuesday 7PM Our Savior Lutheran Church 840 Lake Ave Albany;** Brought a donation of \$20.00
- **Annandale; Heart of the Lakes; Keith W; Friday 7:30 PM first Lutheran Church 350 Oak Ave N** We have at least 10-15 weekly, Boys treatment ctr. 2 times per month, we are self supporting meeting ok \$25.00 donation
- **Big Lake; Refuge in Recovery; Scott N; Thursdays 7 PM Community Convent Church; Hwy.15 & Co Rd 10 Big Lake,** 15-20 addicts. Meeting going well.
- **Cold Spring; Recovery in the Sticks; Sharon J; Sundays 7 PM Gloria Dei Lutheran Church**
- **Clearwater; Clean in Clearwater; Paul G. Wednesdays 7 PM United Methodist Church 405 Main St.** Nothing special to report.
- ***Eden Valley; Works if you work It; Shannon P; Tuesdays 7:30 PM Church of God 553 Maple St. Eden Valley** Speaker meeting March 30th @ 7:30 PM Tommy S. speaking
- **Eden Valley; Ladies Steppin' in the Valley; Deb K; Thursdays 11 AM Church of God 553 Maple St.** NO report
- **Foley; No BS; Tabi; Thursdays 7:30 PM Gustavus Adolphus Lutheran Church** We have about 15 core members. The meeting has grown greatly. Come check us out. Really good recovery. We brought an \$85.00 donation
- **Little Falls; Recovery in Progress; Scott D; No Report**
- **Monday 6PM**
- **Friday 7PM**
- **Long Prairie; Road to Recovery; No Report**
- **Milaca; Milaca NA; Aaron; Tuesdays 7 PM Rum River Dr N.** Last meeting attendance 22, 7th tradition \$28.00 paid \$30.00 rent. No donation to Area
- **Monticello; Monticello Miracles; No Report**
- **Onamia; It Takes Two Addicts; Darryl; Sunday 7 PM; Holy Cross Lutheran Church 102 N Crosier Dr. Basement Classroom.** No Report
- **Paynesville; Keeping it Simple; Jeff H; Outreach was there 3-18.** Thank you! We desperately need support
- ***Princeton; Serenity Sunday NA; Charlie; 7PM Princeton Alano 1315 N 3rd St.** Feb att. 55 7th tradition, \$33.53 1-6 month, 1-90 day, 1- 5 yr, 1- 18 month/March att. 52, 7th tradition \$44.36 March 7th had speaker meeting 1-5 yr
- **Princeton; Lost Dreams Awaken; GSR; Tracie Christianson; 6:45 PM; Princeton Alano 1315 N 3rd St. Princeton;** Charlie filling in because Tracie got accepted for Habitat for humanities and is very busy. Feb att. 53, 7th tradition,\$43.81 1-90 day, 1-2 yr, 1- 1 yr/ March att. 57; 7th tradition \$55.00; 1-60 day, 1-30 day 1-3 yr, 1-9 month

- **Princeton; Rum River Recovery; Alyssa W; 7:30 PM Princeton Alano 1315 N 3rd St. Princeton Feb att. 36; 7th tradition \$20.50; 2- 90 days, 1-30 day / March att.52; 7th tradition \$43.21; 1-1 yr**
- **Rockville; Recovery on the Rocks; Lucy K GSR; Krista W. GSRA; Sundays 6 PM Granite Edge Café Complex 244 W. Broadway St.**
Nothing special to report
- **Sauk Centre; NA Lengths; Steve A. GSRA; Monday 7 PM First UCC Church 620 5th St. S. Sauk Centre** Nothing special to report
- **Sauk Rapids; Home Fires NA; Jerry G; Sundays 7 – 8:30 PM Sacred Heart Church 2875 10th Ave S** avg.25 addicts, avg.2 newcomers, \$20.00 donation
- **Sauk Rapids; Productive Members of Society; Steve G; Wednesdays 7 PM Bridge Community Church 1702 West Highview Dr. Sauk Rapids**
No Report
- **St. Cloud:**
 - **Monday**
 - **Focus on Recovery; Jasmine F; 8 PM Life Assembly of God 2409 Clearwater Rd** 25-30 avg. attendance, up to 5 newcomers, Jasmine new GSR, \$20.00 donation
 - **Tuesday**
 - ***It Works NA; Rob D; Atonement Lutheran Church 1144 29th Ave. N** 7-9 PM **Speaker meeting on first Tuesday of the month.** 40-50 members, 3-5 newcomers; Speaker 1st Tuesday every month. \$25.00 donation
 - **Absolute NA; Mike G; 7:30 PM** No Report
 - **Attitude Adjustment Hour; Jason L; 8 PM Salvation Army 400 Hwy 10 S** No Report
 - **Wednesday**
 - **You're Not Alone; No Report**
 - **Thursday**
 - ***Homeward Bound NA; Stacy B GSR; Bruce S. GSRA; 7 PM Salem Lutheran Church** 35 -50 addicts 3 newcomers Strong message of recovery, \$20.00 donation
 - ***Women's "No Excuses"; Ladian R; 4 PM Boys and Girls Club Of St. Cloud 1205 6th Ave S** Speaker Jam & Picnic Saturday August 28th 2-8PM
 - **Friday**
 - **Just for Today; Katie GSRA; Bethlehem Lutheran Church 4310 Co Rd 137;** avg.60-70 with 2-3 newcomers
 - **Saturday**
 - **"How and Why" Men's NA meeting; Quint S; GSR; 10 AM Atonement Lutheran Church 1144 29th Ave N; 10 members; We work out of the "It Works How & Why" Workbook Study. Steps and**

- **Traditions;** Last two weeks meeting fell off from 6-4 members. We don't have much money-no donation this month. Please update meeting list.
- *** Upper Mississippi Shakedown; Corine; GSRA; 7 PM Bethlehem Lutheran church 4310 Co Rd 137;** Average attendance 48, average newcomers 4-5; April 17th Parking lot cleanup at the church
- **We do Recover; Andrew S;** No Report
- **Old Business: Guide to local services booklets \$7.48**
- **Open Forum:**
GSR Assembly March 27, Vans are available, each GSR is asked to donate \$10.00 for gas, and anything left over will be donated to Area.
- Motion # 03212010-1 Change voting of PI & H&I from Announcing in June, to announcing in January, vote in April to make use of workshops in different areas and to give the new incoming chair person more education on the position- Maker of motion Dan J. second by Sharon
- Motion to move by Tom to table this until an ADhoc committee can get together and work through the problems.

- **New Business**
- **Elections**
 - **Policy chair**-vote on Jerry Congratulations to Jerry! He is our new Policy Chair
 - **Treasurer**- vote Quint Congratulations to Quint! He is our new Treasurer
 - **Secretary**-close vote April-Krista
 - **Chair**-close April vote May-Tommy (resume at the end of the minutes) Ruth withdrew her nomination
 - **Co-Chair**-close April vote May- position still open for nominations
 - **Literature**-chair Announce March closes May vote in June Tom is willing to stick with it position is still open
 - **PI Chair**-Sharon could step in as Pro temp until position announces in June, Mike will still be chair until May. Nominations are still open for this position.
 - **Announcements:** April 17th 7PM parking lot and yard cleanup; Freedom Campout June 25-27 Cedar lake Campgrounds
 - **Meetings needing support;** Sat Men's How & Why / Clean in Clearwater / Paynesville Keep it Simple

Motion to close Sharon second Charlie

CMASC Minutes March 21, 2010

Position	Announces	Closes	Election Held
Chair	February	April	May
Co-Chair	February	April	May
RCM	July	September	October
RCMA	July	September	October
Activities Chair	September	November	December
PI Chair	June	August	September
Secretary	January	March	April
H&I Chair	June	August	September
Treasurer	September	November	December
Literature Chair	March	May	June
Policy Chair	November	January	February
Outreach Chair	May	July	August
Newsletter Chair	May	July	August
Website Chair	April	June	July

Service Resume
Position nominated for: CMASC Chair

Name: Tommy S.

Clean Date: Nov. 21, 2004

Address: 807 11th Ave N St. Cloud

Phone: 320-761-7869

Please list all the group, area, regional, and world service positions you've held that you consider relevant to the position to which you are nominated. Please include the positions served within the past five years and approximate dates of service for each position.

I have been very active in NA service in the last 5 years. I have held several various positions at the group level, ie; secretary, treasurer, chair, GSR, GSRA at meetings in the St. Cloud and surrounding area. Am currently the Saturday night HomeFires Treasurer and have completed my second term as CMASC Policy Chair. I have also worked directly with other subcommittees. Ie: Activities, H&I, PI, and Outreach.

If you have not completed a term or have been removed from a service position in the last five years, please explain.

Not Applicable

What resources do you believe you can bring to the position to which you were nominated?

I have been involved at the area level for 4 years, so I believe that experience is invaluable, also my 2 years as Policy Chair. I have a very good understanding of our guidelines as well as 12 Steps and 12 Traditions of NA and the 12 Concepts for Service.

What life experiences (i.e. school, work, volunteer, etc.) have you had that you believe will help you serve in the position to which you are nominated?

I was in the military for 4 years, very aware of procedures and policies guidelines

Have you read the attached letter and are you willing to make the necessary commitment?

yes