

SUNDAY

Country NA 5:30PM West Side
Entrance By Playground

301 8th Avenue Northwest,
Kasson, MN, 55944 **(O,RF,WC)**

NA Basics 7:00PM

25 16th Street Northeast,
Rochester, MN, 55906 **(O,RF)**

MONDAY

Doc's Group of NA 6:00PM
Rec Hall

1821 Restoration Road
Southwest, Rochester, MN, 55902
(BT) *Sandy S. 507-990-1777*

Keep it Simple 6:00PM Use
Entrance Connected To Parking
Lot

512 3rd Street Southwest,
Rochester, MN, 55902 **(O,JT,WC)**
Tasha 507-358-5397

TUESDAY

COOP Sweet Surrender
8:00PM West Entrance

512 Third Street Southwest,
Rochester, MN, 55902 **(O,RF,WC)**

WEDNESDAY

Primary Purpose 7:30PM

111 3rd Avenue Southwest,
Rochester, MN, 55902 **(O,BT,JT)**

THURSDAY

COOP Lifeboat 8:00PM West
Entrance

512 Third Street Southwest,
Rochester, MN, 55902 **(O,WC,LD)**

FRIDAY

COOP Awareness 8:00PM West
Entrance

512 Third Street Southwest,
Rochester, MN, 55902
(O,RF,WC,HY)

SATURDAY

Kindred Spirits 11:00AM
Peace United Church, North Door

1503 2nd Avenue Northeast,
Rochester, MN, 55906 **(O,RF)**

https://zoom.us/j/402729493
Password 536931

T9 7:00PM St Pauls Church,
Enter on lower level

749 Main Street, Zumbrota, MN,
55992 **(O,RF,WC)**

MEETING FORMAT LEGEND

BT	Basic Text	HY	Hybrid Meeting
JT	Just for Today	LD	Literature Discussion
O	Open	RF	Rotating Format
WC	Wheelchair		

PHONE NUMBERS



OPEN DOOR

MEETING LIST

DECEMBER 2023

24 HOUR HELPLINE

(877) 767-7676

<https://naminnesota.org>

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, page 65

SUGGESTIONS FOR EVERYONE

**DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE**

KEEP COMING BACK. IT WORKS

Meetings Weekly: 10