SUNDAY

5:30PM 1HR Living Clean Around Candlelight, Atonement Lutheran Church, 1144 29th Avenue North, Saint Cloud, MN, 56303 **(C,O)**

7:00PM 1HR Home Fires NA, Sacred Heart Church, outside, 2875 10th Avenue Northeast, Sauk Rapids, MN, 56379 **(O)**

7:00PM 1HR It Takes Two Addicts, Holy Cross Community Center, 102 North Crosier Drive, Onamia, MN, 56359 **(WC)**

7:00PM 1HR Life, Chaos & Recovery, Aitkin Alano, 322 1st Avenue NE, Aitkin, MN, 56431 **(O,SD)**

7:00PM 1HR Reading Topic, Ironton Alano, 249 Curtis Avenue, Ironton, MN, 56455 **(O,SD)**

7:00PM 1HR Recovery in the Sticks, Gloria Dei Lutheran Church, 601 Red River Avenue South, Cold Spring, MN, 56320 **(C,CS)**

7:00PM 1HR Serenity Sunday, Princeton Alano, 1315 North 3rd Street, Princeton, MN, 55371

MONDAY

6:00PM 1HR A New Way NA, Alano Club, 600 5th Street NW, Little Falls, MN, 56345

7:00PM 1.5HR Focus on Recovery, First Presbyterian Church, Please Use 4th Street Entrance, 340 5th Ave South, Saint Cloud, MN, 56301 **(O,WC,CF)**

7:00PM 1.5HR Monday NA, Eagle's Nest, Building #881, 310 US Highway 71 North, Sauk Centre, MN, 56378

7:00PM 1HR NA Lengths, River Of Life Church, Upstairs Use West Side Door, 705 12th Street South, Sauk Centre, MN, 56378 **(O,B,CS,RF,VW)** *Gary H 320-429-0028*

7:00PM 1.5HR Rebels with a Cause, Lakes Area Alano, 7829 State Highway 210, Baxter, MN, 56425 **(O,NC,RF,WC)**

8:00PM 1HR NA, Ironton Alano, 49 Curtis Ave, Ironton, MN, 56455 **(O,SD)**

TUESDAY

7:00PM 1HR It Works, Atonement Lutheran Church, 1144 29th Avenue North, Saint Cloud, MN, 56303 **(C)**

7:00PM 1HR Life in Recovery, Our Savior Lutheran Church, 840 Lake Avenue, Albany, MN, 56307 **(O)** *Holly 320-339-5360*

7:00PM 1HR Rum River Recovery, Princeton Alano, 1315 North 3rd Street, Princeton, MN, 55371 **(C,RF,WC)**

7:00PM 1HR Tuesday Night NA, Milaca Alano Club, 260 Southwest River Drive, Milaca, MN, 56353 **(O,B,CS,RF)**

WEDNESDAY

6:00PM 2HR The Rez, Red Brick Building, 42293 Twilight Rd., Onamia, MN, 56359 **(O,B,RF,WC)**

6:00PM 1HR You're Not Alone, Saint Cloud Library, 1300 West Germain Street, Saint Cloud, MN, 56301 **(O,BT,CS)**

7:00PM 1HR Clean in Clearwater, United Methodist Church, 405 Main Street, Clearwater, MN, 55320 **(O)**

7:00PM 1.5HR Wadena NA Meeting, Sunnybrook Park, Dog park side, 217 Harry Rich dr, Wadena, MN, 56482 **(O,BT,RF,CF)**

8:15PM 1HR NA, Ironton Alano, 49 Curtis Ave, Ironton, MN, 56455 **(O)**

8:30PM 1HR By Addicts For Addicts, Upfront Alano Club, 302 4th Avenue Northeast, Brainerd, MN, 56401

THURSDAY

5:00PM 1HR It's 5 O'Clock Somewhere, UpFront Alano, 302 4th Ave NE, Brainerd, MN, 56401 **(O)**

6:00PM 1HR Drug Court Meeting, Lighthouse Open Arms, 8055 Industrial Park Boulevard, Baxter, MN, 56425 **(O)**

7:00PM 1HR Homeward Bound NA, Salem Lutheran Church, 90 Riverside Drive, Saint Cloud, MN, 56304 **(C,CS)**

7:00PM 1HR Refuge in Recovery, Svea Hill Covenant Church, Bonfire Meeting Weather Permitting, 16392 235th Ave NW, Big Lake, MN, 55309

7:30PM 1HR No BS, New Life Church, 931 Norman Ave, Foley, MN, 56329 **(C,CL,JT,NC)**

FRIDAY

7:00PM 1HR A Better Way to Live, _, 1226 255th Avenue, Zimmerman, MN, 55398 **(O,RF)**

7:00PM 1HR Just For Today NA, Bethlehem Lutheran Church, 4310 County Road 137, Saint Cloud, MN, 56301 **(O,CS,WC)**

7:00PM 1.5HR Lost Dreams Awaken, Princeton Alano Club, 1315 3rd Street North, Princeton, MN, 55371 **(CS,RF)** *Kay 763-200-3357*

8:30PM 1.5HR Friday Night Hope, Lakes Area Alano, 7829 State Highway 210, Baxter, MN, 56425 **(O,B,CS,JT)** *Tate H. 218-537-7655*

SATURDAY

10:30AM 1.5HR Broaden the Base, St. Cloud Public Library, Array Room. Please see CMASC Facebook as room may vary., 1300 W St Germain St, St. Cloud, MN, 56303 **(O,BT,BK,LD)**

7:00PM 1.5HR Saturday Night Live, Lakes Area Alano, 7829 State Highway 210, Baxter, MN, 56425 **(O,B,NC,RF,WC)**

7:00PM 1HR Upper Mississippi Shakedown, Atonement Lutheran Church, 1144 29th Avenue North, Saint Cloud, MN, 56303 **(C,B,RF,WC)**

MEETING FORMAT LEGEND

B	Beginners	BT	Basic Text
C	Closed	CL	Candlelight
CS	Children under Supervision	JT	Just for Today
NC	No Children	O	Open
RF	Rotating Format	SD	Speaker/Discussion
WC	Wheelchair	BK	Book Study
LD	Literature Discussion	VW	Veterans Welcoming
CF	Child Friendly		

Email:
Secretary@CMASCNA.org
CMASC
PO Box 374
St. Cloud, MN 56304
www.facebook.com/CMANA2018/

PHONE NUMBERS AND INFO

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, *page 65*

Central Minnesota Narcotics Anonymous Meeting List

OCTOBER 2026

24 HOUR HELPLINE
(877) 767-7676

https://naminnesota.org

The Central Minnesota Area serves the groups in St. Cloud and the surrounding towns. Our Primary Purpose is to carry our message of hope to the addicts who still suffer.

Each NA group sends a representative to the Central Minnesota Area Service Committee (CMASC).

CMASC meets on the 3rd Sunday of every month, 12:30 - 2pm, Midtown Mall room 301 3rd floor
Area Zoom information
89700793774
Password CMASC.

Meetings Weekly: 35