

SUNDAY

7:00PM 1.5HR 3rd Ave NA, Episcopal Church, 301 3rd Avenue Northwest, Austin, MN, 55912 **(C,B,RF,LD)** *Jackie 507-460-9533*

7:00PM 1HR A New Day, United Methodist Church, 702 Highway 69 south, Albert Lea, MN, 56007 **(O,B,RF,CF)** *Amanda L 320-260-1774*

7:00PM 1HR A New Way To Live, 202 1st Street South, Montgomery, MN, 56069 **(O,RF,To)**

7:00PM 1HR Austin NA, Episcopal Church, 301 3rd Ave NW, Austin, MN, 55912 **(C,B,RF,BK)**

7:00PM 1HR Dunnell NA, Immanuel Lutheran Church, 315 N Seeley Ave, Dunnell, MN, 56127 **(O,B,To)**

7:00PM 1HR Hopeless to Dopeless, Alano Building, 214 Downtown Plaza, Fairmont, MN, 56031 **(C,BT,CS,WC,YP)** *Kevin T 507-236-6044*

7:00PM 1.5HR O.T.N.A (out there not alone), Immanuel Lutheran church, In the basement, 315 N Seeley Ave, Dunnell, MN, 56127 **(O)**

7:00PM 1HR Sunday Night NA, Hosanna Church, 105 Hosanna Drive, Mankato, MN, 56001 **(O,JT,So)**

7:00PM 1HR Turn The Page, Trinity Lutheran Church, 609 Lincoln Avenue South, Owatonna, MN, 55060 **(B,CS,RF,VW)** *Adam S (507) 616-6866*

8:00PM 1HR Out of the Darkness and Into the Light, 5th Ave Alano Club, 1430 5th Ave, Mankato, MN, 56001 *Aleshea 507-327-5304*

MONDAY

7:00PM 1HR Austin NA, Austin Alano, 1504 10th Drive SE, Austin, MN, 55912 **(O,JT)**

7:00PM 1.5HR Just For Monday, Faribault Alano Club, Downstairs, 217 Central Avenue, Faribault, MN, 55021 **(C,JT,To)** *Justin L 507-412-1142*

7:00PM 1HR Just for Today, 1504 10th Drive Southeast, Austin, MN, 55912 **(O,IW,LD)** *Bridgette 507-440-8052*

7:00PM 1HR Monday Night Fight, West Hills Alano Club, 605 Florence Avenue, Owatonna, MN, 55060 **(O,BT,CS,RF,LD)** *Chyanne 507-951-7294*

7:00PM 1.5HR Monday Night NA, First Presbyterian Church, 706 3rd Street South, St James, MN, 56081 **(C)** *Jay S 507-327-6571*

7:00PM 1HR More Out of Life, Living Word Lutheran Church, 800 E Southview Ct, Marshall, MN, 56258 **(C,CS,St,WC)**

7:00PM 1HR Witnessing The Miracle, Ulstad Club, 1005 Ulstad Avenue, Albert Lea, MN, 56007 **(HY)** *Steve S 507-402-7498 https://zoom.us/j/84698085925 Password: 1986*

8:00PM 1HR Dopeless Hope Fiends, Shop, 922 North Swift Street - Door 918, St. Peter, MN, 56082 **(O,To,LD,CF)** *Lizzi 507-382-2397 https://zoom.us/j/148420471*

8:00PM 1.5HR Recovering Together For Today, Alano Building, 1430 5th Avenue South, Mankato, MN, 56001 *Roger 507-508-6463*

TUESDAY

1:00PM 1HR Our Secrets Die In The Light of Day, Fillin' Station, 630 South Front Street, Mankato, MN, 56001 **(O,To)** *Danielle 612-450-9719*

6:30PM 1HR Just For Tuesdays, St Pauls Episcopal Church, 220 South Cedar Avenue, Owatonna, MN, 55060 **(O,B,CL,RF)** *Heath B. 507-363-0194*

7:00PM 1HR More Out of Life, Living Word Lutheran Church, 800 E Southview Ct, Marshall, MN, 56258 **(C,BT,CS,WC)**

7:00PM 1HR Ties That Bind, Alano Building, 214 Downtown Plaza, Fairmont, MN, 56031 **(C,SG,St,WC)** *Cindi C 507-236-9373*

WEDNESDAY

9:30AM 1.5HR Wednesday Morning Wake Up, West Hills Alano Club, 605 Florence Avenue, Owatonna, MN, 55060 **(JT)** *Steve C 507-369-5045*

6:00PM 1HR Le Center NA, Alano Society, 165 E Ottawa St, Le Center, MN, 56057 **(O,RF)**

7:00PM 1HR Austin NA, Austin Congregational Church, 1910 3rd Ave NW, Austin, MN, 55912 **(O,BT)**

7:00PM 1HR Hope Works, Belgrade Avenue United Methodist Church, Downstairs, 325 Sherman Street, North Mankato, MN, 56003 **(C,To)** *Jim 507-363-1871*

7:00PM 1HR Hugs not Drugs, 1504 10th Drive Southeast, Austin, MN, 55912 **(O,IW,LD)** *Bridgette 507-440-8052*

7:00PM 1HR Keeping It Simple, Ulstad Club, 1005 Ulstad Avenue, Albert Lea, MN, 56007 **(O,BT)** *Byron 507-826-3377*

THURSDAY

7:00PM 1HR Addicts in Recovery, Alano Building, 214 Downtown Plaza, Fairmont, MN, 56031 **(O,WC,YP)** *Al H 507-230-0109*

7:00PM 1HR Crossroads NA, Elevate Church, 191 North Victory Drive, Mankato, MN, 56001 **(O,CL,JT,To,WC)** *Mike 507-774-2772*

7:00PM 1HR The NA Way, West Hills Alano Club, 605 Florence Avenue, Owatonna, MN, 55060 **(C,BT,BK,LD)** *Nikki 507-456-3757*

7:30PM 1HR New Beginnings NA, Ulstad Club, 1005 Ulstad Avenue, Albert Lea, MN, 56007 **(O,JT,St)** *Byron J: 507-826-3377*

8:00PM 1.5HR More Out of Life, Living Word Lutheran Church, Open first Thursday of the month, 800 E Southview Ct, Marshall, MN, 56258 **(C,CL,To,WC)**

8:15PM 1HR Grace's Garage, Grace Lutheran Church Annex, 105 2nd Street Southeast, Waseca, MN, *Jack 507-461-6233*

FRIDAY

7:00PM 1HR 3rd Ave Group, The Congregational Church, 1910 3rd Ave NW, Austin, MN, 55912 **(To)**

7:00PM 1HR Austin NA, Austin Congregational Church, 1910 3rd Ave NW, Austin, MN, 55912 **(C,JT)**

7:00PM 1HR Friday Night Freedom Seekers, Trinity Lutheran Church, Enter on East Side of Building, 609 Lincoln Ave, Owatonna, MN, 55060 **(C,RF,WC)** *Colleen S. 507-456-8039*

7:00PM 1.5HR KISS, Elevate Church, 191 North Victory Drive, Mankato, MN, 56001 **(CS,RF)** *Jeni P 507-382-6258*

7:00PM 1.5HR More Out of Life, Living Word Lutheran Church, 800 E Southview Ct, Marshall, MN, 56258 **(C,WC,BK)**

7:00PM 1HR New Ulm NA, First United Methodist Church, 1 N. Broadway St., New Ulm, MN, 56073

7:30PM 1HR Flicker of Hope, Ulstad Club, 1005 Ulstad Avenue, Albert Lea, MN, 56007 **(O,CL,RF,HY)** *Byron J: 507-826-3377 https://zoom.us/j/82310105215 Password:1986*

8:00PM 1HR Gotta Do Something, First Lutheran Church, 1st Friday of the month is open, 922 N Swift St. Door 918 South Lot, St. Peter, MN, 56082 **(C,RF,To,WC)** *Lizzie 507-382-2397*

SATURDAY

9:00AM 1.5HR FYI - I'm Clean & Serene, Episcopal Guild House, 101 6th Street Northwest, Faribault, MN, 55021 **(C,RF)** *Arthur R. 507-330-3639*

6:30PM 1.5HR Serenity Seekers, Alano Building, 214 Downtown Plaza, Fairmont, MN, 56031 **(B,BT,RF,WC)** *Jenny R. 507-236-9209*

7:00PM 1HR Austin NA, Austin Alano, 1504 10th Drive SE, Austin, MN, 55912 **(O,JT)**

7:00PM 1HR How it works & why, 1504 10th Drive Southeast, Austin, MN, 55912 **(O,IW,LD)** *Bridgette 507-440-8052*

7:00PM 1.5HR More Out of Life, Living Word Lutheran Church, Marshall, 800 E Southview Ct, Marshall, MN, 56258 **(C,RF,WC)**



BACK TO BASICS

MEETING LIST

SEPTEMBER 2023

24 HOUR HELPLINE

(877) 767-7676

<https://naminnesota.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT