SUNDAY

11:00AM 1HR That's It NA, Alano Club, 215 E Junius, Fergus Falls, MN, 56537 **(IW,M,SG)**

6:00PM 1.5HR Vision Of Hope NA, Calvary Lutheran Church, 112 Park Avenue South, Park Rapids, MN, 56470 **(O,To,WC)** *Paul S 218 255-1109*

7:00PM 1HR Inspire Recovery, Inspiration Church, 1130 Main Street, Breckenridge, MN, 56520-1620 **(O,B,CH,CS,JT,RF,To,Tr,CF)**

7:00PM 1HR New Hope, Twin Rivers Building, 614 Davis Avenue, Thief River Falls, MN, 56701 **(C)** *Shawn O. 218-686-3185*

7:00PM 1HR That's It NA, Alano Club, 215 East Junius, Fergus Falls, MN, 56537 **(LD)** *Julie S. 218-671-3709*

MONDAY

NOON 1HR That's It NA, Alano Club, 215 East Junius, Fergus Falls, MN, 56537 **(O,CS,JT)** *Julie S. 218-671-3709*

6:30PM 1HR That's It NA, Alano Club, 215 East Junius, Fergus Falls, MN, 56537 **(O)** *Julie S. 218-671-3709*

7:00PM 1HR DL Keys to Freedom, Grace Lutheran Church, 213 Roosevelt Ave, Detroit Lakes, MN, 56501 **(O)**

7:00PM 1HR Just For Today, River of Life Church, 739 Hwy 75 North, Breckenridge, MN, 56520 **(C,JT)** *Mark H. 701-899-3505*

7:00PM 1HR Waska Warriors, Restoration Church, 18151 County Road 21, Glenwood, MN, 56334 **(O)** *Jacey 320-442-0431*

TUESDAY

6:00PM 1HR Serenity at 6, Alano Club, Gratitude Hall, 3802 Greenleaf Ave NW, Bemidji, MN, 56601 **(BT)**

7:00PM 1HR Alexandria NA, Alano club, 1604 Jefferson Street, Alexandria, MN, 56308 **(O)** *Jesse 218-579-0297*

7:00PM 1HR Mixed Nuts, Twin Rivers Building, 614 Davis Avenue, Thief River Falls, MN, 56701 **(BT)** *Shawn O. 218-686-3185*

7:00PM 1HR Off the Hook, Perham Alano Club, 43452 County Highway 34, Perham, MN, 56573 **(O,JT)** *Matt T. 218-457-2653*

7:00PM 1HR That's It NA, Zion Lutheran Church, 202 East Summit Avenue, Fergus Falls, MN, 56537 **(O,JT)** *Chris S. 218-531-3545*

WEDNESDAY

NOON 1HR That's It NA, Alano Club, 215 East Junius, Fergus Falls, MN, 56537 **(O)** *Julie S. 218-671-3709*

7:30PM 1.5HR Battle Lake NA, Battle Lake Senior Citizen Center, 205 Main Street West, Battle Lake, MN, 56515 **(O,JT)** *Audrey K. 605-651-9745*

THURSDAY

7:00PM 1HR Alexandria NA, Alano club, 1604 Jefferson Street, Alexandria, MN, 56308 **(O,RF)**

7:00PM 1HR Off the Hook, Perham Alano Club, 43452 County Highway 34, Perham, MN, 56573 **(O,JT)** *Serena O. 218-261-1131*

8:00PM 1HR That's It NA, Grace United Methodist, 1100 Friberg Avenue, Fergus Falls, MN, 56537 **(O,JT)** *Dustin S. 218-731-8144*

FRIDAY

7:00PM 1HR Alexandria NA, Alano club, 1604 Jefferson Street, Alexandria, MN, 56308 **(O)** *Willie W. 320-815-6710*

7:00PM 1HR Detroit Lakes NA, Alano Clubhouse, 827 Summit Ave, Detroit Lakes, MN, 56501 **(JT)**

7:00PM 1HR Detroit Lakes NA, Alano Clubhouse, 827 Summit Ave, Detroit Lakes, MN, 56501 **(JT)**

7:00PM 1HR Stepping Stones, Twin Rivers Building, 614 Davis Avenue, Thief River Falls, MN, 56701 *Shawn O. 218-686-3185*

7:00PM 1HR That's It NA, Alano Club, 215 East Junius, Fergus Falls, MN, 56537 **(O)** *Julie S. 218-671-3709*

SATURDAY

7:00PM 1HR Off the Hook, Perham Alano Club, 43452 County Highway 34, Perham, MN, 56573 **(O,JT)** *Serena O. 218-261-1131*

7:00PM 0.5HR Roseau Narcotics Anonymous, First Baptist Church, 402 11th Ave SE, Roseau, MN, 56751 **(BT)** *Open meeting For those who think they have a drug problem and want to stop, as well as anyone who is interested in NA.*

7:00PM 1HR That's It NA, Federated Church, 224 North Union Avenue, Fergus Falls, MN, 56537 **(O)** *Julie S. 218-671-3709*

MEETING FORMAT LEGEND

B	Beginners	BT	Basic Text
C	Closed	CH	Closed Holidays
CS	Children under Supervision	JT	Just for Today
M	Men	O	Open
RF	Rotating Format	SG	Step Working Guide
Tr	Tradition	To	Topic/Discussion
WC	Wheelchair	LD	Literature Discussion
CF	Child Friendly	IW	It Works: How and Why

PHONE NUMBERS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, *page 65*

WEST CENTRAL LAKES

MEETING LIST

NOVEMBER 2026

24 HOUR HELPLINE
(877) 767-7676

https://naminnesota.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 28